

#### **DEPARTMENT OF HEALTH & HUMAN SERVICES** Administration

Public Health Service Food and Drug

# Memorandum

- Date March 09, 2011
- From PRA Specialist, Paperwork Reduction and Records Management Staff, Office of Information Management

Subject Request for Approval of FDA Focus Group, "Examination of Online Direct-to-Consumer

Prescription Drug Promotion"; OMB Control No. 0910-0497

To Human Resources and Housing Branch Office of Information and Regulatory Affairs, OMB Through: HHS Reports Clearance Officer\_\_\_\_\_

The Food and Drug Administration (FDA), Center for Drug Evaluation and Research (CDER)/Division of Drug Marketing, Advertising, and Communications (DDMAC) is seeking OMB approval under the generic clearance 0910-0497 to conduct a focus group project, "Examination of Online Direct-to-Consumer Prescription Drug Promotion," to investigate how consumers use online health communities and social media sites to make health decisions, especially regarding prescription treatments. This information will be critical in our development of future quantitative research studies.

### **Purpose of the Focus Group**

The qualitative focus group is a valuable tool for developing a future research agenda. Currently, DDMAC has an active research program with funds committed for important projects. In order to maximize resources and anticipate future needs, it is necessary for DDMAC to explore avenues for future research so that a solid research plan is in place. The focus groups proposed in this memo will allow us to investigate an area of great interest to DDMAC and other stakeholders and

to sharpen the focus of the research questions for later quantitative studies.

The goal of this project is to conduct exploratory research into how consumers use online health communities and social media sites to make health decisions, especially regarding prescription treatments. Consequently, we intend to examine issues surrounding membership, community selection, activities and participation, discussion topics, treatment decisions and information sources, treatment information seeking, outside participants, and branded drug communities.

## Participants

DDMAC proposes a total of ten focus groups:

- 3 focus groups will include general online health community participants.
- 2 focus groups will include active online health community participants (e.g., those who visit online communities more than once per week and actively participate in discussions).
- 2 focus groups will include passive online health community participants (e.g., those who visit sites less frequently and tend to gather, rather than share, information).
- 1 focus group will include online health community participants with the same medical condition who have recently been diagnosed.
- 1 focus group will include online health community participants with the same medical condition who have recently made a treatment decision.
- 1 focus group will include online health community participants who are all part of the same health community.

The first seven focus groups will be conducted in person (three in the Washington, DC area and four in one or more other U.S. cities). The last three focus groups will be conducted online. All participants shall be 18 years of age or older.

## Incentive

According to Karen Sollod of OMR Market Research and Focus Groups based in Washington, DC, in the fall of 2010, \$75 had been the industry standard for in person focus groups until two or three years ago. At that time, facilities in Washington, DC, Philadelphia, Dallas, and Seattle began to offer a \$100 incentive for consumers. According to these facilities, with the current cost of gas and other travel expenses, \$100 is the new standard for ensuring participation in qualitative research. Given this information, we propose a \$75 incentive for in person focus group participants.

According to Frank Forney, MBA, corporate account executive at iTracks, participant incentives range from \$50-75 for a one-hour session for online focus groups, depending on the "incidence" or rarity of the sample. We propose a \$50 incentive for online participants to ensure that we are able to attract a reasonable cross-section of consumers.

		#	# Participants	
Mode	Participants	Groups	per Group	
In	General online health	3	8-10	
person	community participants			
In	Active online health	2	8-10	
person	community participants			
In	Passive online health	2	8-10	
person	community participants			
Online	Recently diagnosed health	1	8-10	
	community participants			
Online	Treatment decision health	1	8-10	
	community participants			
Online	Core health community	1	8-10	
	participants			
	Total	10	80-100	

Table 1. Participant populations and group breakdown.

Table 2. Estimated Annual Reporting Burden for Selected Respondents

	No. of	Tatal	Average Burden	
	Responses	Total	per	<b>T</b> ( 1
Number of	per	Annual	Response	Total
Respondents	Respondent	Responses	(in hours)	Hours
200	1	200	1/30	7
(screener)				
70	1	70	2	140
(in person				
focus				
groups)				
30	1	30	1	30
(online				
focus				
groups)				
				177

Depending on the results of the focus group, we plan to develop a quantitative study examining the role of social media in DTC advertising of prescription drugs.

We plan to conduct these focus groups during fiscal year 2011.

If you have any questions, please contact Elizabeth Berbakos at 301-796-3792.

Attachments