

# Screenshots for Living a Balanced Life with Diabetes Assessment Survey

The screenshot shows a web browser window with the title "[SURVEY PREVIEW MODE] Living a Balanced Life with Diabetes Assessment Survey - Windows Internet Explorer". The address bar contains a long URL starting with "http://www.cdc.gov/...". The main content area has a blue header with the text "Living a Balanced Life with Diabetes Assessment Survey". Below the header is a green bar with the text "1. Assessing Adoption and Use of the Living a Balanced Life with Diabetes Toolkit". The main content area is white and contains the following text:

Consent Form for Living a Balanced Life with Diabetes Assesment Survey

Form Approved  
OMB No. 0920-0864  
Expiration date: 09/30/2013

Public reporting burden of this collection of information is estimated to average 20 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0864).

Thank you for agreeing to complete this survey about your experience with the Living a Balanced Life with Diabetes Toolkit. This survey will be used to assess how the Centers for Disease Control and Prevention (CDC) can best support health care professionals in using the Living a Balanced Life with Diabetes Toolkit to improve the lives of American Indian and Alaska Native Peoples with diabetes and/or at risk for heart disease.

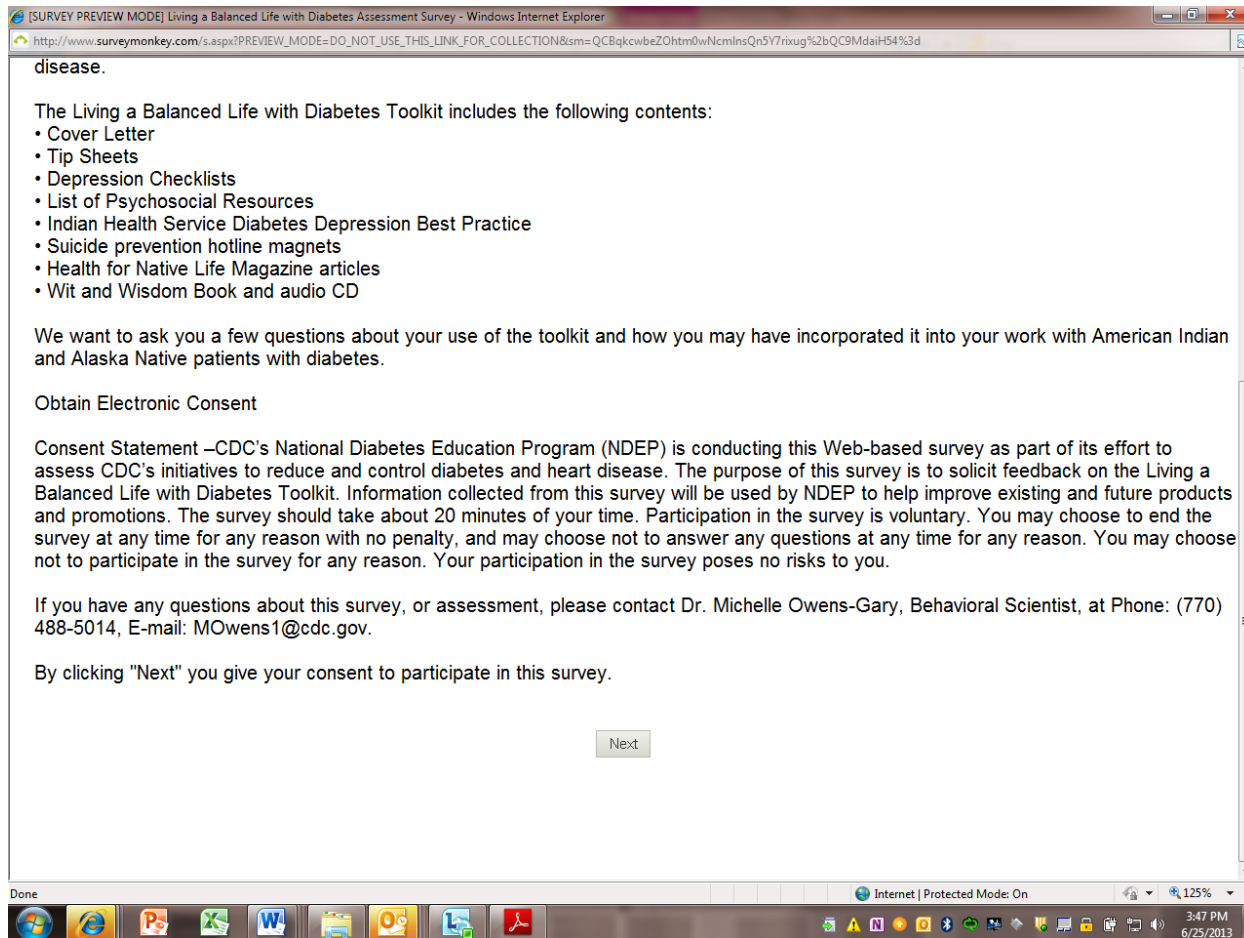
The Living a Balanced Life with Diabetes Toolkit includes the following contents:

- Cover Letter
- Tip Sheets
- Depression Checklists
- List of Psychosocial Resources
- Indian Health Service Diabetes Depression Best Practice
- Suicide prevention hotline magnets
- Health for Native Life Magazine articles
- Wit and Wisdom Book and audio CD

We want to ask you a few questions about your use of the toolkit and how you may have incorporated it into your work with American Indian and Alaska Native patients with diabetes.

The browser's status bar at the bottom shows "Done", "Internet | Protected Mode: On", and the system clock "3:47 PM 6/25/2013". The taskbar at the bottom contains icons for various applications including Internet Explorer, PowerPoint, Word, and several utility icons.

# Screenshots for Living a Balanced Life with Diabetes Assessment Survey



# Screenshots for Living a Balanced Life with Diabetes Assessment Survey

[SURVEY PREVIEW MODE] Living a Balanced Life with Diabetes Assessment Survey - Windows Internet Explorer  
http://www.surveymonkey.com/s.aspx?PREVIEW\_MODE=DO\_NOT\_USE\_THIS\_LINK\_FOR\_COLLECTION&sm=QCBqkcbweZOhtm0wNcmInsQn5Y7rixug%2bQC9MdaiH54%3d

## Living a Balanced Life with Diabetes Assessment Survey

2.

1. What type of organization do you currently work at?

- Public clinic/Community Health Center/Federally Qualified Health Center
- Public hospital
- Private hospital/clinic
- Other (Please specify).

2. What is your job title or role?

- Medical Doctor
- Nurse
- Psychologist
- Social Worker
- Health Educator
- Community Health Representative
- Other (Please specify).

3. Of the patients you see, about what percentage has diabetes? (Select one).

- None
- Less than half

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3. Of the patients you see, about what percentage has diabetes? (Select one).

- None
- Less than half
- Half
- More than half
- All
- I'm not sure

4. Of the patients you see, what percentage has hypertension? (Select one).

- None
- Less than half
- Half
- More than half
- All
- I'm not sure

5. From what online sources do you obtain patient education information about diabetes? (Select all that apply).

- American Diabetes Association
- National Diabetes Education Program
- Centers for Disease Control and Prevention
- Indian Health Service
- National Institute of Diabetes and Digestive and Kidney Diseases
- A search engine
- Other (Please specify)

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## Living a Balanced Life with Diabetes Assessment Survey

3.

**6. From what online sources do you obtain patient education information about hypertension? (Select all that apply).**

- American Heart Association
- Centers for Disease Control and Prevention
- National Heart, Lung, and Blood Institute

Other (Please specify):

**7. At any time since October 2012, or within the past nine months, have you used any materials from the Living a Balanced Life with Diabetes Toolkit directly with American Indian/Alaska Native patients with diabetes during a patient encounter or support group to help address mental health issues?**

- Yes
- No (If "no," then SKIP to question 8).

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## Living a Balanced Life with Diabetes Assessment Survey

4.

**8. Since October 2012, or within the last nine months, how often did you use any materials from the Living a Balanced Life with Diabetes Toolkit?**

- Daily
- Weekly
- Monthly
- As needed
- Never

**9. Did you use the Tip Sheets from the Living a Balanced Life with Diabetes Toolkit?**

- Yes
- No (If "no," then SKIP to question 10).

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## Living a Balanced Life with Diabetes Assessment Survey

5.

10. If you used any of the tip sheets, how or where did you use them? (Select all that apply.)

- Discussed them with a patient during a clinic visit
- Used them in a diabetes support group
- Provided them as resource materials for patients in the lobby or other areas
- Provided them to other health care professionals
- Other (Please specify).

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# Screenshots for Living a Balanced Life with Diabetes Assessment Survey

The screenshot shows a web browser window displaying a survey question. The browser's address bar shows the URL: [http://www.surveymonkey.com/s.aspx?PREVIEW\\_MODE=DO\\_NOT\\_USE\\_THIS\\_LINK\\_FOR\\_COLLECTION&sm=QCBqkcwbeZOht0wNcmInsQn5Y7rixug%2bQC9MdaiH54%3d](http://www.surveymonkey.com/s.aspx?PREVIEW_MODE=DO_NOT_USE_THIS_LINK_FOR_COLLECTION&sm=QCBqkcwbeZOht0wNcmInsQn5Y7rixug%2bQC9MdaiH54%3d). The page title is "Living a Balanced Life with Diabetes Assessment Survey". The question number "6." is displayed in a light green header bar. Below the header, there is a progress bar and the question text: "11. Did you use any of the Health for Native Life magazine articles on grief, anger, coping with diabetes?". Two radio button options are provided: "Yes" and "No (If 'no,' then SKIP to question 12.)". At the bottom of the question area, there are "Prev" and "Next" navigation buttons. The Windows taskbar at the bottom shows the system tray with the date and time: 3:50 PM, 6/25/2013.

[SURVEY PREVIEW MODE] Living a Balanced Life with Diabetes Assessment Survey - Windows Internet Explorer

http://www.surveymonkey.com/s.aspx?PREVIEW\_MODE=DO\_NOT\_USE\_THIS\_LINK\_FOR\_COLLECTION&sm=QCBqkcwbeZOht0wNcmInsQn5Y7rixug%2bQC9MdaiH54%3d

## Living a Balanced Life with Diabetes Assessment Survey

6.

11. Did you use any of the Health for Native Life magazine articles on grief, anger, coping with diabetes?

Yes

No (If "no," then SKIP to question 12).

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## Living a Balanced Life with Diabetes Assessment Survey

7.

**12. If you used any of the Health for Native Life magazine articles, how or where did you use them? (Select all that apply).**

- Discussed them with a patient during a clinic visit
- Used them in a diabetes support group
- Provided them as resource materials for patients in the lobby or other areas
- Provided them to other health care professionals

Other (Please specify).

**13. Which other Living a Balanced Life with Diabetes Toolkit materials did you use? (Select all that apply).**

- All of these materials
- Wit and Wisdom book
- Wit and Wisdom audio CD
- Depression Checklist
- The Patient Health Questionnaire-9
- Indian Health Service Diabetes Depression Best Practice
- Suicide Prevention Hotline magnets
- List of Psychosocial Resources
- None of these materials (if you answer "none of these materials," then SKIP to question 14).

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## Living a Balanced Life with Diabetes Assessment Survey

8.

14. Of the materials that you said you used in Question 13, how did you use those toolkit materials? (Select all that apply).

- Discussed them with a patient during a clinic visit
- Used them in a diabetes support group
- Provided them as resource material for patients in the lobby or other areas
- Used them to develop or accompany other educational information
- Provided them to other health care professionals
- Conducted presentations and/or trainings

Other (Please specify):

15. Which components of the Living a Balanced Life with Diabetes Toolkit were the most useful in addressing diabetes, mental health issues, and psychosocial issues with your patients? (Select all that apply).

- All of these materials
- Wit and Wisdom book
- Wit and Widsdom audio CD
- Tip Sheets
- Depression Checklist
- The Patient Health Questionnaire-9
- Indian Health Service Diabetes Depression Best Practice
- Health for Native Life magazine articles on grief, anger, coping with diabetes

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Indian Health Service Diabetes Depression Best Practice  
 Health for Native Life magazine articles on grief, anger, coping with diabetes  
 Suicide Prevention Hotline magnets  
 List of Psychosocial Resources  
 None of these materials

**16. Which components of the Living a Balanced Life with Diabetes Toolkit were the least useful in addressing diabetes, mental health issues, and psychosocial issues with your patients? (Select all that apply).**

All of these materials  
 Wit and Wisdom book  
 Wit and Wisdom audio CD  
 Tip Sheets  
 Depression Checklist  
 The Patient Health Questionnaire-9  
 Indian Health Service Diabetes Depression Best Practice  
 Health for Native Life magazine articles on grief, anger, coping with diabetes  
 Suicide Prevention Hotline magnets  
 List of Psychosocial Resources  
 None of these materials

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## Living a Balanced Life with Diabetes Assessment Survey

9.

For each of the following statements, please indicate to what extent you agree or disagree, with the options being: Strongly Disagree, Disagree, Neither Agree nor Disagree, Agree, Strongly Agree.

**17. I am satisfied with the Living a Balanced Life with Diabetes Toolkit.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

**18. The Living a Balanced Life with Diabetes Toolkit filled a resource gap for me or my organization.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

**19. The Living a Balanced Life with Diabetes Toolkit is a useful resource for disseminating information about diabetes and depression.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

**20. The Living a Balanced Life with Diabetes Toolkit increased my understanding of how depression and other psychosocial issues can impact diabetes management.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

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**19. The Living a Balanced Life with Diabetes Toolkit is a useful resource for disseminating information about diabetes and depression.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

**20. The Living a Balanced Life with Diabetes Toolkit increased my understanding of how depression and other psychosocial issues can impact diabetes management.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

**21. The Living a Balanced Life with Diabetes Toolkit helped me to address diabetes and psychosocial issues, like depression, in my practice with diabetes patients.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

**22. I plan to continue using the Living a Balanced Life with Diabetes Toolkit as a regular part of my practice to help patients cope with diabetes.**

Strongly Disagree      Disagree      Neither Agree nor Disagree      Agree      Strongly Agree

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## Living a Balanced Life with Diabetes Assessment Survey

10.

Please provide brief responses to the following three open-ended questions in the space below. There are no right or wrong answers. By providing detailed information, respondents will help the National Diabetes Education Program improve the Living a Balanced Life with Diabetes Toolkit and future disease prevention and health promotion products. (Limit: 100 words for each response).

**23. What can the National Diabetes Education Program do to improve the Living a Balanced Life with Diabetes Toolkit?**

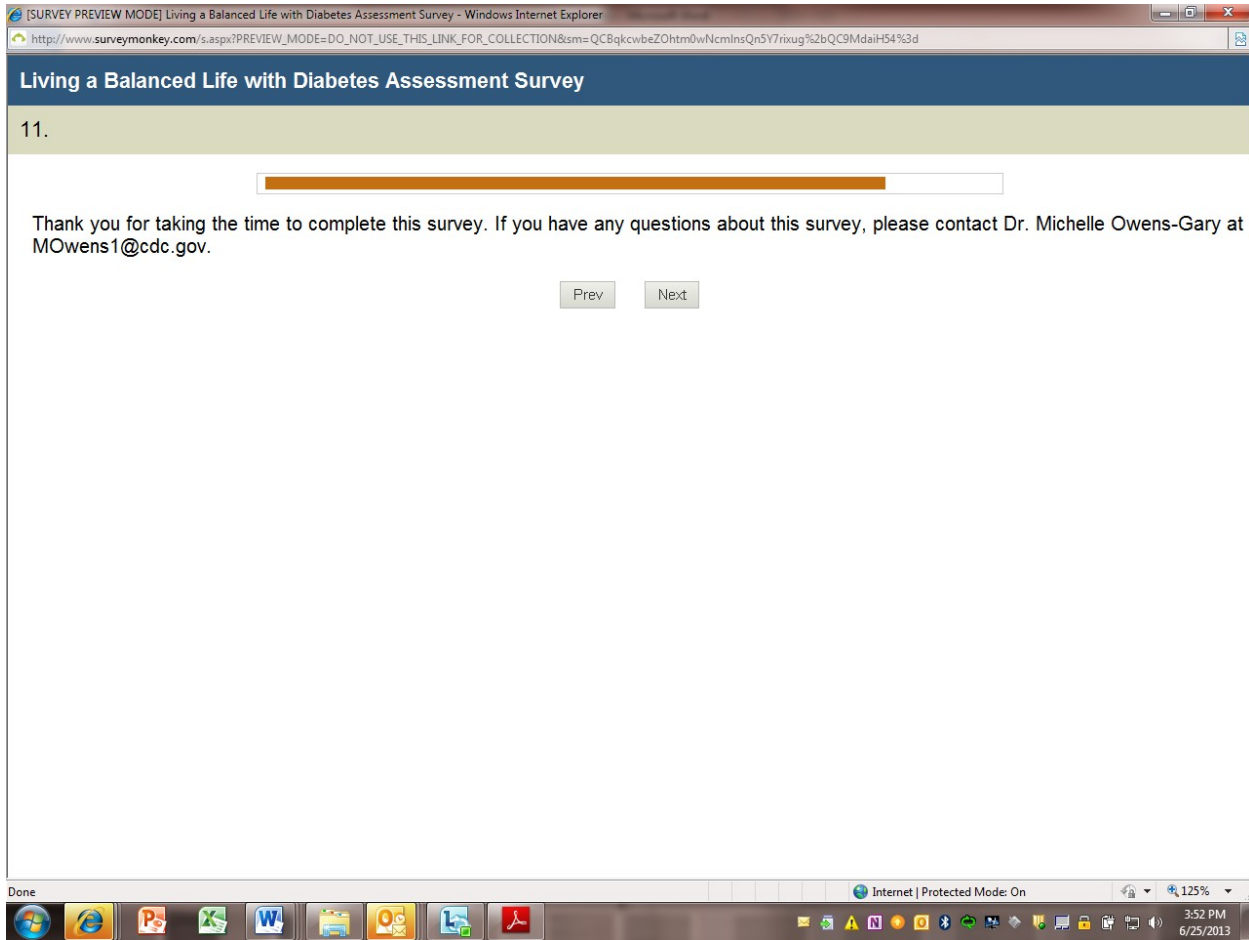
**24. What tools or other resources would you like for CDC to develop for patients coping with diabetes and psychosocial issues?**

**25. What tools or other resources would you like for CDC to develop for patients with hypertension?**

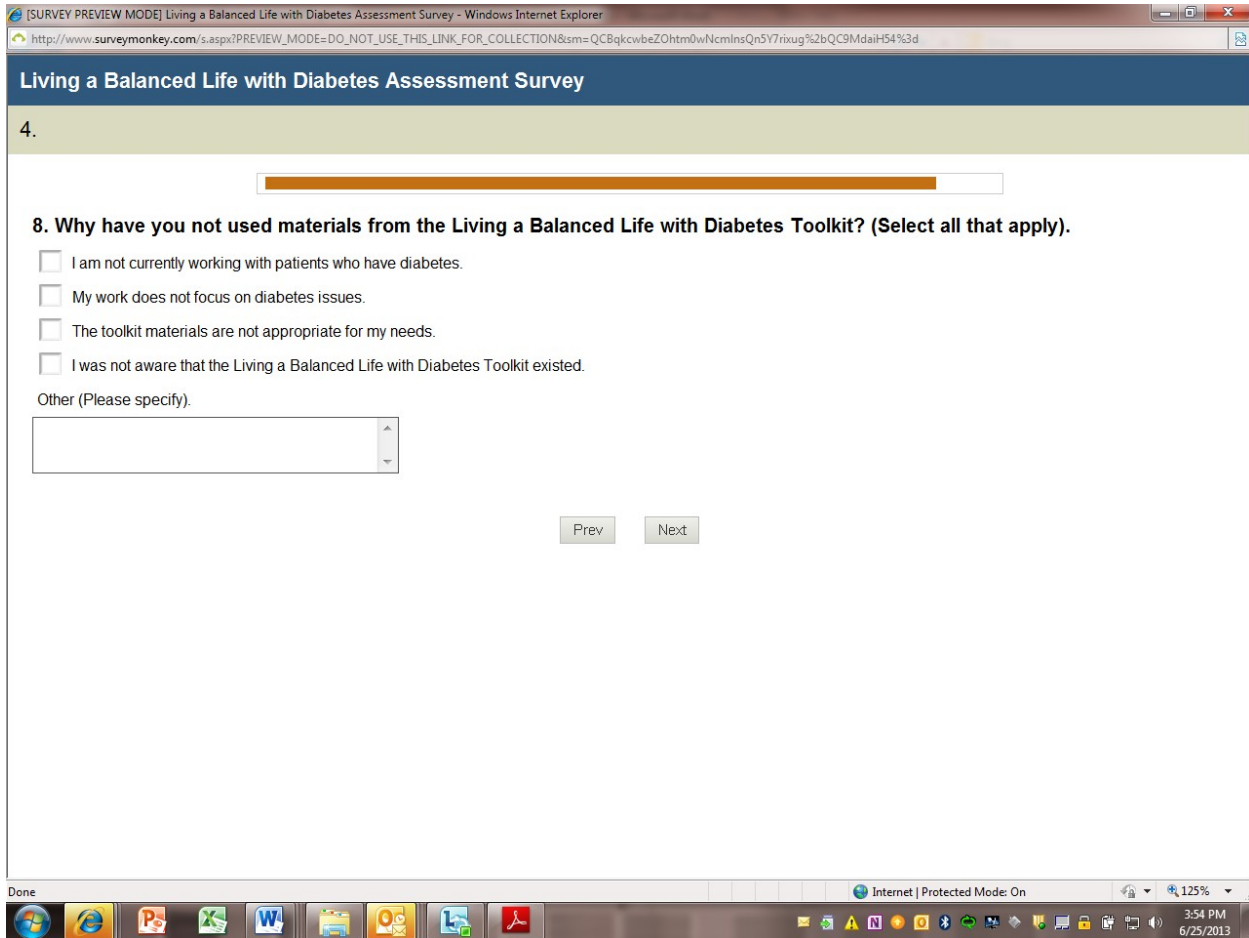
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NOTE: The above question is question #26, but will only be seen if the participants say "NO" to question #7. SurveyMonkey® automatically re-numbers its questions as the built-in skip patterns are used.



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