

Form Approved OMB No: 0920-0864 Exp. Date: 09/30/2013

We would like to thank you for your interest in completing these additional questions about the Toolkit distributed by the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity and Nutrition, and Division for Heart Disease and Stroke Prevention. The purpose of these additional survey questions is to determine the usage and usefulness of the Steps to Wellness Toolkit. The results of this survey will be used to evaluate and improve the toolkit for future use.

We ask that you respond to the survey questions from your perspective either as an employee in a worksite or, if applicable, as a worksite wellness coordinator. The estimated time for completion of this survey is approximately 5 to 10 minutes.

To start the survey, click "Agree & Continue."

Public reporting burden of this collection of information varies from 5 to 10 minutes with an estimated average of 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0864).

TERMS OF USE | PRIVACY POLICY

AGREE & CONTINUE



Assessing Adoption & Use of Steps to Wellness

The Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity and Nutrition, in collaboration with the Division for Heart Disease and Stroke Prevention, is conducting a web-based survey as part of our effort to evaluate the "Steps to Wellness" Toolkit. This survey is aimed to assess the usage and usefulness of the toolkit newsletters and the information collected from this survey will be used to provide recommendations related to future distribution and content of the toolkit.

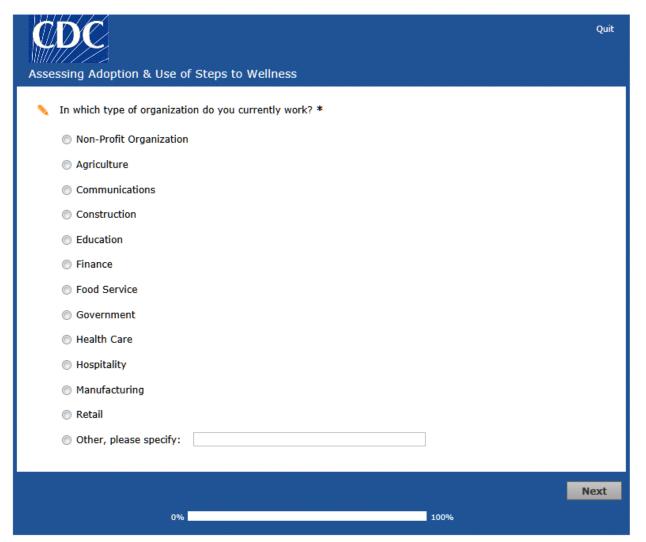
Approximately 2-3 weeks ago you agreed to participate in this survey because you accessed the toolkit on CDC's website. A couple of the questions will ask you about the toolkit and your thoughts on its usefulness. It will help to look it over before completing the survey. The survey should take approximately 5 to 10 minutes of your time.

Participation in the survey is voluntary and you can choose to end the survey at any time. Your unique survey URL will not be linked to your email address. All responses to this survey will be de-identified and maintained in an aggregate database. CDC's analysis will be based only on de-identified summary information.

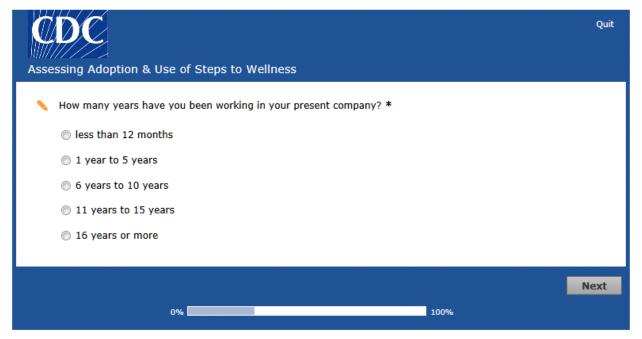
If you have any questions about this survey, or evaluation, please contact Dr. Chris Reinold, Public Health Scientist, at Phone: (770) 488-5407 or E-mail: CReinold@cdc.gov.

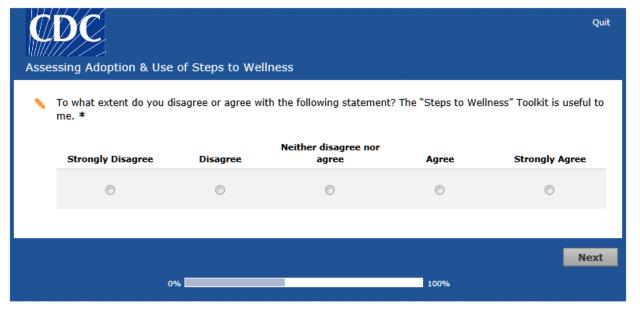
By clicking "Next" you are giving your consent to participate in this survey.

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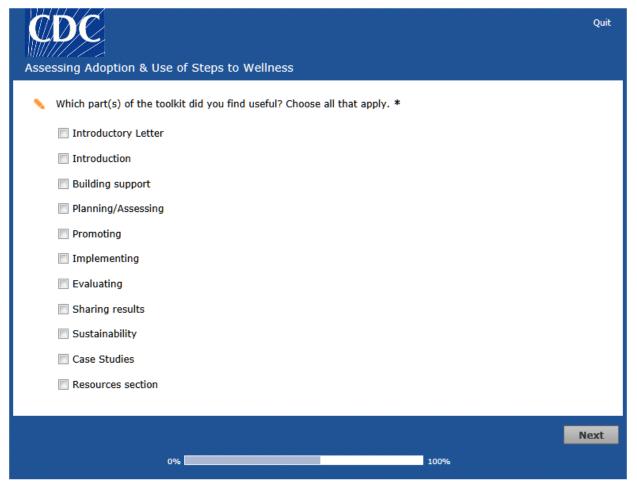


| Assessing Adoption & Use of Steps to Wellness | Quit |
|---|------|
| What is your current job title or role? * Personnel / Human Resources Worksite Wellness Coordinator | |
| Manager/Management Other, please specify: | |
| 100% | Next |

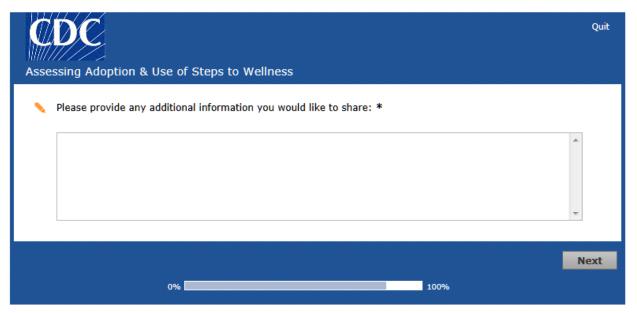




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| Assessing Adoption & Use of Steps to Wellness | Quit |
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| If you found the "Implementing" section of the toolkit useful, please specify which tracks you found helpful. Ch all that apply. * | eck |
| Track one – Getting started examples | |
| Track two – Building momentum examples | |
| Track three – Moving forward examples | |
| Track four – Keeping the pace examples | |
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