Form Approved OMB No. 0920-0736 Exp. Date 3/31/2010

Human Smoking Behavior Study Smoking Diary Form

Public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0736)

	ID #:						
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Human Smoking Behavior Study

Daily Cigarette Use Diary

Battelle

Centers for Public Health Research and Evaluation Human Exposure Assessment Laboratory 2007

Dates:	to	_
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Battelle is conducting this study on behalf of the Centers for Disease Control and Prevention. All information provided will be kept confidential and will be identified by code number only.

The column headings refer to these questions:

- 1. Cigarette number for that day.
- 2. What time did you start smoking this cigarette? Please circle the am or pm.
- 3. What are you doing right now as you smoke; working, resting, driving, on the phone, or other?
- 4. Where are you as you smoke; home, work, car, or other place?
- 5. Are you smoking at a hurried or a normal pace?
- 6. Are you smoking your own cigarette brand, or did you get another brand from somebody else for this smoke?

When you reached for the cigarette:

- 7. On a scale of 1-5, how much did you **crave** the cigarette? 1=Did not crave at all to 5=Craved it very much
- 8. On a scale of 1-5, how active were you? 1=Inactive to 5=Very active
- 9. What was your **mood:** sad, neutral, or happy?

DAY 1

DATE: _____ - ____ - 2007

		While smoking:					When you reached for the cigarette:				
1.	2.	3.		4.		4. 5.		6.	7.	8.	9.
Cig	Time	Doing while smoking	Loc	ation	Pace	Own Brand?	Craving 1–5	Activity 1–5	Mood		
1	am pm	□ Working□ Resting□ Driving□ Other□ On the phone	□ Home □ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
2	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
3	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	□ Home □ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
4	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	☐ Home ☐ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
5	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	☐ Home ☐ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
6	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
7	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy		
8	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
9	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
10	am pm	□ Working□ Resting□ Other□ On the phone	☐ Home ☐ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			☐ Sad ☐ Neutral ☐ Happy		
11	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy		
12	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
13	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
14	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
15	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
16	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
17	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	☐ Work☐ Other	☐ Hurried☐ Normal	□ Yes □ No			☐ Sad ☐ Neutral ☐ Happy		
18	am pm	☐ Working ☐ Resting ☐ Driving ☐ Other ☐ On the phone	☐ Home ☐ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			☐ Sad ☐ Neutral		

DAY 1 (continued)

		While smoking:					When you reached for the cigarette:				
_1.	2.	3.	4.		4.		5.	6.	7.	8.	9.
Cig	Time	Doing while smoking	Location		Pace	Own Brand?	Craving 1–5	Activity 1–5	Mood		
19	am pm	☐ Working☐ Resting☐ Driving☐ On the phone	☐ Home ☐ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral ☐ Happy		
20	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	□ Yes □ No		Ш	□ Sad □ Neutral □ Happy		
21	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	☐ Home ☐ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
22	am pm	☐ Working☐ Resting☐ Orther☐ On the phone	☐ Home ☐ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
23	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
24	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	☐ Home ☐ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
25	am pm	☐ Working☐ Resting☐ Orther☐ On the phone	☐ Home ☐ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
26	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	□ Home □ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
27	am pm	☐ Working☐ Resting☐ Orther☐ On the phone	☐ Home ☐ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy		
28	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No			□ Sad □ Neutral □ Happy		
29	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No			□ Sad □ Neutral □ Happy		
30	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy		
31	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No		Ш	□ Sad □ Neutral □ Happy		
32	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No		Ш	□ Sad □ Neutral □ Happy		
33	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No		Ш	□ Sad □ Neutral □ Happy		
34	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No		Ш	□ Sad □ Neutral □ Happy		
35	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No			☐ Sad ☐ Neutral ☐ Happy		
36	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy		
37	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy		

DAY 2

		While smoking: 3. 4. 5. 6.					When you reached for the cigarette:			
1.	2.	3.	4.		4. 5.		7.	8.	9.	
Cig	Time	Doing while smoking	Loc	Location		Own Brand?	Craving 1–5	Activity 1–5	Mood	
1	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	□ Yes □ No			□ Sad □ Neutral □ Happy	
2	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	□ Home □ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy	
3	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	☐ Home ☐ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy	
4	am pm	☐ Working☐ Resting☐ Oriving☐ On the phone	□ Home □ Car	☐ Work ☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	□ Sad □ Neutral □ Happy	
5	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
6	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
7	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
8	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
9	am pm	☐ Working☐ Resting☐ Other☐ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
10	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
11	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No			□ Sad □ Neutral □ Happy	
12	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	□ Yes □ No			□ Sad □ Neutral □ Happy	
13	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
14	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
15	am pm	□ Working□ Resting□ Other□ On the phone	□ Home □ Car	□ Work□ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
16	am pm	□ Working□ Resting□ Driving□ Other□ On the phone	□ Home □ Car	☐ Work☐ Other	☐ Hurried☐ Normal	□ Yes □ No			□ Sad □ Neutral □ Happy	
17	am pm	□ Working□ Resting□ Driving□ Other□ On the phone	☐ Home ☐ Car	☐ Work☐ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Sad □ Neutral □ Happy	
18	am pm	☐ Working ☐ Resting ☐ Driving ☐ Other ☐ On the phone	□ Home □ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No		Ш	☐ Sad ☐ Neutral	

DAY 2 (continued)

4	•	2	While smoking: 4.		-	•	_	reached for th	_		
	2.	3.	4.		5.	6.	7.	8.	9.		
Cig	Time	Doing while smoking	Loc	Location		Location Pace		Own Brand?	Craving 1–5	Activity 1–5	Mood
Oig		☐ Working ☐ Resting					1 0		□ Sad		
19	am	☐ Driving ☐ Other	☐ Home	□ Work	☐ Hurried	☐ Yes	1 1	1 1 1	□ Neutral		
	pm	☐ On the phone	☐ Car	Other	□ Normal	□ No			□ Нарру		
		☐ Working ☐ Resting	5			D.V.			□ Sad		
20	am	☐ Driving ☐ Other	☐ Home	□ Work	☐ Hurried	☐ Yes			□ Neutral		
	pm	☐ On the phone	□ Car	□ Other	☐ Normal	□ No			□ Happy		
	am	□ Working □ Resting	☐ Home	☐ Work	☐ Hurried	☐ Yes			□ Sad		
21	pm	□ Driving □ Other	☐ Car	☐ Other	□ Normal	□ No			□ Neutral		
	Piii	☐ On the phone	- 0a.	- 011101	— 1101111a1	- 110			□ Happy		
	am	☐ Working ☐ Resting	☐ Home	■ Work	☐ Hurried	☐ Yes			□ Sad		
23	pm	☐ Driving ☐ Other	□ Car	☐ Other	□ Normal	□ No			□ Neutral		
		☐ On the phone							☐ Happy		
23	am	□ Working□ Resting□ Other	☐ Home	■ Work	☐ Hurried	☐ Yes	1 1	1 1	□ Sad□ Neutral		
23	pm	On the phone	☐ Car	Other	□ Normal	☐ No			☐ Happy		
		☐ Working ☐ Resting							□ Sad		
24	am	☐ Driving ☐ Other	☐ Home	☐ Work	☐ Hurried	☐ Yes	1.1	1 1 1	□ Neutral		
	pm	☐ On the phone	□ Car	Other	□ Normal	□ No			□ Нарру		
		☐ Working ☐ Resting	5			D.V.			□ Sad		
25	am	□ Driving □ Other	☐ Home ☐ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Neutral		
	pm	□ On the phone	□ Cai	□ Other	□ Nomai	U NO		_	□ Нарру		
	am	□ Working □ Resting	☐ Home	□ Work	☐ Hurried	☐ Yes			□ Sad		
26	pm	□ Driving □ Other	☐ Car	☐ Other	□ Normal	□ No			□ Neutral		
	Piii	☐ On the phone	- 0a.	- 011101	— 1101111a1				□ Happy		
07	am	☐ Working ☐ Resting	☐ Home	☐ Work	☐ Hurried	☐ Yes			□ Sad		
27	pm	☐ Driving ☐ Other	□ Car	Other	□ Normal	☐ No			□ Neutral□ Happy		
		☐ On the phone							— Парру		
			1		1		T	I	ID 0-4		
20	am	□ Working□ Resting□ Other	☐ Home	■ Work	☐ Hurried	☐ Yes	1 1	1 1	□ Sad□ Neutral		
28	pm	On the phone	□ Car	Other	□ Normal	☐ No			☐ Happy		
		☐ Working ☐ Resting							□ Sad		
29	am	☐ Driving ☐ Other	☐ Home	☐ Work	☐ Hurried	☐ Yes	1.1	1 1 1	□ Neutral		
	pm	☐ On the phone	☐ Car	Other	□ Normal	□ No			□ Нарру		
		☐ Working ☐ Resting	D. 11	D 14/I-	D. H. mai a. d.	D.V.			□ Sad		
30	am	□ Driving □ Other	☐ Home ☐ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Neutral		
	pm	☐ On the phone	u Cai	- Other	■ Nomai	110		-	□ Happy		
	am	□ Working □ Resting	☐ Home	☐ Work	☐ Hurried	☐ Yes			□ Sad		
31	pm	☐ Driving ☐ Other	□ Car	☐ Other	□ Normal	□ No			□ Neutral		
		On the phone				+			☐ Happy		
22	am	☐ Working ☐ Resting	☐ Home	■ Work	☐ Hurried	☐ Yes	1 1	1	□ Sad□ Neutral		
32	pm	□ Driving□ Other□ On the phone	□ Car	Other	□ Normal	☐ No			☐ Happy		
		☐ Working ☐ Resting							□ Sad		
33	am	☐ Driving ☐ Resting	☐ Home	■ Work	☐ Hurried	☐ Yes	1.1	1 1 1	□ Neutral		
	pm	☐ On the phone	☐ Car	Other	□ Normal	□ No			☐ Happy		
		☐ Working ☐ Resting	5			D.V.			☐ Sad		
34	am	☐ Driving ☐ Other	☐ Home ☐ Car	□ Work □ Other	☐ Hurried☐ Normal	☐ Yes ☐ No			□ Neutral		
	pm	□ On the phone	□ Cai	□ Other	□ Nomai	U NO		_	□ Happy		
	am	☐ Working ☐ Resting	☐ Home	□ Work	☐ Hurried	☐ Yes	, ,		□ Sad		
35	pm	☐ Driving ☐ Other	☐ Car	☐ Other	□ Normal	□ No			□ Neutral		
	P	On the phone		= 0101	_ :				☐ Happy		
00	am	☐ Working ☐ Resting	☐ Home	■ Work	□ Hurried	☐ Yes	, ,	, ,	☐ Sad		
36	pm	☐ Driving ☐ Other☐ On the phone	□ Car	□ Other	□ Normal	□ No			□ Neutral□ Happy		
	-	☐ Working ☐ Resting			+	1			□ Sad		
37	am	☐ Driving ☐ Resting	☐ Home	□ Work	☐ Hurried	☐ Yes			□ Neutral		
"	pm	☐ On the phone	☐ Car	Other	□ Normal	□ No			☐ Happy		

If lost, return to:

HEAL 1200 East Joppa Road, Suite G Towson, Maryland 21286

Or call toll free: 1-866-264-0012