### ATTACHMENT H: INSTRUMENT FOR COUNSELOR

H-1 Site Visit Protocol-Counselor Interview

# Attachment H-1

## **Site Visit Protocol – Counselor Interview**

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### **Counselor Interview\***

2-8-10

[Words in italics are notes to the interviewer and are not meant to be read aloud. The optional comments column can include evidence for the provision of specific services.]

Grantee Name:
Counselor Name:
Counselor Gender: M F
Counselor Phone Number (In Case Follow-Up Is Needed):
Interviewer Names And Role (1=Primary Interviewer, 2=Notes, 3=Also Present):
Date Of Interview:
Interview Start and End Times:

### Section 1. Respondent Background

[If DK from introductory phone protocol:]

First, I'd like to find out a little about your background and your job here.

1.1 How long have you worked with the PPW program at <u>(Grantee Name</u>)? Years <u>Months</u>

1.2 What positions have you held here during this time? [Record all positions at prov program and start/end dates below 1

Position	Start Date	End Date	

1.3 What are your current responsibilities?

 $\square$  No $\rightarrow$ Skip Next Item

] Yes→**Describe**.

- a. *[If Yes Above], on* average, approximately what percentage of your time each month is devoted to the PPW program?
- 1.5 Please tell me about your educational background and credentials including any licenses or certifications.
- 1.6 About how many years of counseling experience in total would you say that you have? \_\_\_\_\_Years \_\_\_\_\_Months
  - a. [*If greater than 0 months,]* Please describe your professional experience related to addictions, mental health, health or other healthcare.

Position	Facility Type	Duration (In Years)
-		

[Description of professional experience related to addictions, mental health, or other healthcare.]

- 1.7 Is your level of experience and role typical of other counselors at this facility?
  - 🗌 Yes
  - No
  - a. If No, how does it differ?

### Section 2. Treatment Philosophy/Characteristics/Facility

This study focuses on women and their children who have received treatment (or are currently receiving treatment) in your PPW program. Now I would like to ask you some questions about your PPW program's approach to treatment.

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 $\Box$  Yes $\rightarrow$ Please describe the clinical approach/treatment philosophy

2.2 Are there specific treatment protocols/manuals used in the program?

☐ No ☐ Yes→**Describe** 

a. If Yes above, to what extent do you use these protocols/manuals with clients in your caseload?

Never

Rarely

Sometimes

Often

Always

2.3 Have you received training from this program in areas related to your work with clients (separate from the program's treatment model)?

No

Yes a. What were the topics of these trainings

2.4 Are there any topics that you would like to see covered in a training/professional development activity by this program?

Yes *Describe*.

Now I'm going to ask about the characteristics of the treatment provided in your PPW program. Please think about the following statements and indicate how strongly you agree or disagree about how each statement describes the program.

			Rating	5	1	
Program Characteristic	Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree	<b>Optional Comments</b>
2.5 The therapeutic environment is safe, inviting, non-institutional, homelike, welcoming, with appropriate cultural features. ( <i>This refers primarily to</i> <i>physical features of setting</i> )	1	2	3	4	5	
<ul> <li>2.6 Approaches are respectful, supportive and empowering, not authoritarian, attacking or demeaning.</li> <li>(<i>Particularly how clients are dealt with when they are non-compliant or engaged in treatment interfering behaviors</i>)</li> </ul>	1	2	3	4	5	
<ul> <li>2.7 Treatment is strength (asset) based, with ongoing opportunities for women to experience, practice and explore positive capabilities.</li> <li>(Evidence of how client strengths are used in program)</li> </ul>	1	2	3	4	5	
2.8 Treatment incorporates unique cultural characteristics, strengths and potential supports for each participant.	1	2	3	4	5	

Now I'm going to ask you about the PPW facility and the general program environment. Please think about the following statements and indicate how strongly you agree or disagree about how each statement describes the program.

		]	Respon	se	•	
General Program Environment		Disagree	Undecided	Agree	Strongly Agree	<b>Optional Comments</b>
2.9 The PPW program is located in a safe neighborhood in terms of crime and drug use.	1	2	3	4	5	
2.10 The PPW program environment /setting is safe and secure. That is, entry to program is protected, and security procedures in place.	1	2	3	4	5	
2.11 Some common area(s) of the facility are accessible ONLY to women.	1	2	3	4	5	
2.12 Smoking areas are supervised.	1	2	3	4	5	
2.13 The race/ethnicity of staff reflects the cultural diversity of the clients.	1	2	3	4	5	
2.14 Program includes positive cultural experiences and materials.	1	2	3	4	5	If 4 or 5, describe.
2.15 The PPW visiting hours are sufficient (in your clinical opinion).	1	2	3	4	5	
2.16 In general, PPW clients feel that PPW visiting hours are sufficient.	1	2	3	4	5	

To what extent do the following statements describe the PPW program and the services provided to support client's children?

2.17 There is comfortable play space for children visiting the program.	1	2	3	4	5
2.18 There are areas for mothers and visiting children to interact naturally.	1	2	3	4	5

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### Section 3. Responsibilities

Now I would like to ask you about your responsibilities within this program.

3.1 How many clients do you currently have in **your** caseload?

Clients

- 3.2 How frequently are clients switched from one counselor to another during treatment?
  - Never
    Rarely
    Sometimes
    Often
    Always
  - a. If Sometimes, Often, or Always why are clients switched to another counselor?
- 3.3 When do you first meet with or begin taking care of the PPW clients?
  - Before Admission
  - ... At Admission
  - ... After Admission
  - ... Other, *Specify*:

SERVICE	Response	TIME PROVIDING SERVICE
Do you provide		If Yes, what percentage of your time per week do you spend providing
3.4individual counseling?	$ \square No  \square Yes \longrightarrow $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
3.5 family counseling or conferences?	$ \square No  \square Yes  \longrightarrow $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
3.6group therapy?	$ \square No \\ \square Yes \longrightarrow $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
3.7group education?	$ \square No  \square Yes                                  $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
3.8child counseling?		$ \begin{array}{cccccccccccccccccccccccccccccccccccc$

SERVICE	Response	TIME PROVIDING SERVICE
Do you provide		If Yes, what percentage of your time per week do you spend providing
3.9Intake Assessments?		$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
3.10Case Management (E.G., Helping Clients Find And Access Resources In The Community Including Helping Them Make Calls, Etc)?	$ \square No  \square Yes                                  $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
<ul><li>3.11Any other type of counseling for the PPW program?</li><li><i>Please Specify:</i></li></ul>	$\square No \\ \square Yes \longrightarrow$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$

3.12 In a typical week what percent of your time is spent receiving supervision?

1	2	3	4	5
<u>&lt;</u> 5%	25%	50%	75%	≥95%

- 3.13 Does the PPW program have any agreements with other agencies to provide counseling services/sessions outside of this facility?
  - 🗌 No
  - Yes
  - a. If Yes, *describe*.
- 3.14 Do you or any other program staff provide transportation to other agencies for clients who are in the PPW program? Yes – Respondent or another Counselor
  - Yes –Someone else in Program
  - $\square$  No (Even if join them on public transportation) $\rightarrow$ Go To 3.16
- 3.15 Do you attend offsite appointments with PPW clients?
  - $\square$  No $\rightarrow$ Go To Section 4
  - ☐ Yes→
  - a. If Yes, what determines when you go with them?

### Section 4. Treatment Planning

Now I'm going to ask you about the treatment plans for clients treated in your PPW program.

Treatment Planning	Response	<b>Optional Comments</b>
About what percentage of client's treatment plans		
4.1include integrated / coordinated substance use and mental health objectives (i.e., they are kept separate or parallel)?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	
4.2contain mental health objectives that include strategies to reduce specific symptoms?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	
4.3list the client's strengths and assets and how these will be used to achieve the client's recovery objectives?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	
4.4include the client as an active participant in the process of developing recovery objectives?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	

### Section 5. Treatment Services

Now I'm going to ask you about clients' access to counseling and client monitoring.

5.1 Are clients required to see you?



		R	espon	se		
For the treatment you provide, how often	Never	Rarely	Sometimes	Often	Always	<b>Optional Comments</b>
5.2do PPW clients initiate contact with you outside of regularly scheduled meetings?	1	2	3	4	5	
5.3do you initiate contact with clients?	1	2	3	4	5	

		R	espon	se		
For the treatment you provide, how often	Never	Rarely	Sometimes	Often	Always	<b>Optional Comments</b>
5.4do you plan for a client's discharge throughout the treatment process (vs. doing it right before discharge)?		2	3	4	5	
5.5do you provide printed materials, pamphlets, or workbooks on issues related to co-occurring substance abuse and mental health problems?	1	2	3	4	5	
5.6do you provide printed materials, pamphlets, or workbooks on trauma, domestic violence, or other women-specific topics to your clients?	1	2	3	4	5	
5.7do you provide counseling related to PTSD or trauma such as sexual abuse and domestic violence?		$\overset{2}{\Box}$	3	4	5 □	
5.8do you provide counseling about healthy relationships and how to avoid unhealthy relationships?		2	3	4	5	
5.9do you provide counseling related to substance abuse issues?		$\overset{2}{\Box}$	3	4	5	
5.10do you provide information to clients about healthy pregnancies and the effect of maternal drug use on infants/children?		$\overset{2}{\Box}$	3	4	5	

5.11 What is the program's approach to relapse during treatment? RESPONSES CAN BE USED AS PROBES.

Any substance use leads to automatic discharge

Determined on a case-by-case basis

Other, *Specify*:

a. Is this a formal or informal policy?

Formal

🗌 Informal

Other, *Specify*:

5.12 What is the treatment re-entry policy after premature discharge from the PPW program? [Responses Can Be Used As Probes.]

Mandatory delay before re-entry, *Specify duration and conditions*:

Determined on a case-by-case basis

Other, *Specify*:

5.13 On average, about how many women stay in each room while they are in your program? Women DK
5.14 On average, about how many women share a bathroom while they are in your program? Women
Now I'm going to ask you some questions about client access to their children during treatment

- 5.15 On average, how much time do clients spend with their children who live with them in this program during the day? \_\_\_\_\_\_Hours
  - a. Do clients have different levels of access to older children vs. younger children?

No
Yes
DK

- 5.16 What type of access do clients have to their children who do not live with them in this program but for whom they have custody (i.e., visitation, privacy, phone)?
  - a. Where do clients meet with their children who do not live with them in the program?

### Section 6. Discharge Planning

Now I'm going to ask you about discharge planning for the clients you have treated in this program

Discharge Planning	Never	Ra rely	Sometimes	Often	Always	<b>Optional Comments</b>
By the time women are discharged from your PPW program, about how often						
6.1have they been taught about women's self-help groups (like AA, NA, or other groups)?	1	2	3	4	5	
6.2 have they attended off-site self-help groups for women?	1	2	3	4	5	
6.3have they been connected to recovery supports in the community such as advocacy groups, domestic violence programs, or other women-focused programs?	1	2	3	4	5	

Discharge Planning	Never	Ra rely	Sometimes	Often	Always	<b>Optional Comments</b>
6.4have they received help connecting to social support systems such as recreational or religious groups?	1	2	3	4	5	
6.5have they received help reconnecting to estranged family members or significant others?	1	2	3	4	5	

## Section 7: Post-Treatment Housing Services

Now I'd like to talk about post-treatment and transitional housing services provided to your clients after completing this program.

<b>Post-Treatment Housing Services</b>	Response	<b>Optional Comments</b>		
7.1 About what percentage of clients have a concrete and specific post-treatment housing plan that will support recovery?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$			
Upon <u>completing</u> <b>PPW</b> treatment, about what percentage of your clients actually go				
7.2into an institution (hospital, inpatient or other residential program, or jail/prison)?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$			
7.3into transitional housing?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$			
7.4into a living situation where drugs or alcohol are abused in the home?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$			
7.5into a potentially abusive domestic situation?	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$			

Now I would like to ask you about any recovery support/ continuing care services available to the clients in your PPW program.

8.1 Do you know about the recovery support/continuing care services offered to clients in this program once they have graduated?

\_\_\_\_No→Go To Section 9 \_\_\_Yes

8.2 Does this program offer recovery support / continuing care services to clients who graduate?

□ No→Go To Section 9 □ Yes □ Dk→Go To Section 9

- 8.3 Is continuing care mandatory for all clients who do not go to another treatment program upon discharge?
  - □ No □ Yes □ DK
- 8.4 What determines the duration, frequency, and content of continuing care?
- 8.5 What outreach practices does this program use for following up with clients who do not show up for continuing care? Are there official outreach policies?
- 8.6 Do you or anyone in the program provide transportation for continuing care?
  - Yes, Respondent
  - Yes, Someone else in Program
  - $\square$  No $\rightarrow$ Skip Next Item
  - DK
- 8.7 Do PPW counselors meet clients off-site for continuing care?
  - □ No→Go To Section 9
     □ Yes
     □ DK→Go To Section 9
- 8.8 On average, about how much time do you or other counselors spend each month meeting clients offsite for continuing care?

Days DK

8.9 How do your responsibilities change during continuing care? [Probe For Counseling, Case Management, Etc.]

#### Section 9. Patient Satisfaction

Now, I would like to learn about things clients in your PPW program complain about most often and what they say they like the best about the PPW program.

- 9.1 What is the most common **complaint** that clients have about this program? [*Check All That Appy. Circle Most Common* If More Than One Check. Responses Can Be Used As Probes.] Living conditions in the PPW program Feelings of safety while in the PPW program Other clients PPW staff Quality of treatment and types of services provided by the PPW program (i.e., wanting more services or help) Program rules, restrictions, requirements Don't want to be in treatment, coerced into seeking treatment Access to their children while they are in the program (the visiting hours, phone calls, etc.) Other, specify 9.2 What do clients say they like most about this program? [Check All That Appy. Circle Most Common If More Than One Check. Responses Can Be Used As Probes.] Living conditions in the PPW program (food, physical accommodations) Feelings of safety while in the PPW program Other clients PPW staff Ouality of treatment and types of services provided by the PPW program Access to their children while they are in the program (the visiting hours, phone calls, etc.) Other, specify 9.3 Do pregnant women differ from non-pregnant women in their complaints?
  - - ] Yes→**Describe.** ] DK
- 9.4 Do pregnant women differ from non-pregnant women in the things they say they like best about the PPW program?
  No
  Yes→*Describe*.
  DK

#### Section 10. Program Challenges/Strengths

Now I would like to discuss potential challenges faced by your program in delivering services to women and their children.

10.1 What types of women is the PPW program unable to serve? [Probe: This could be clients with particular health issues, psychiatric issues, non-English speaking clients, etc.]

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- 10.2 What are barriers for women **entering** the PPW program (e.g., are there problems that prevent women who want to enter the program from actually entering the program such as finding someone to care for their children while they are in treatment)?
- 10.3 What services are not currently provided to PPW clients and/or their children that you think would enhance treatment for clients, children and/or their children?

10.4 Of all of the services your program provides, which do you think have had the most influence in:

a. Decreasing client's substance use? Please explain how or in what way?

b. Increasing safe and healthy pregnancies/improved birth outcomes? Please explain how or in what way?

c. Improving mental health of clients and their children? Please explain how or in what way?

d. Improving physical health of clients and their children? Please explain how or in what way?

e. Improving family functioning? Please explain how or in what way?

f. Decreasing involvement/exposure to crime, violence, sexual/physical abuse, and child abuse/neglect? Please explain how or in what way?

g. Improving economic/housing stability? Please explain how or in what way?

#### Section 11. Respondent Demographic Information

Before we finish, I would like to ask you a few questions about your demographic characteristics.

- 11.1 Do you consider yourself to be Hispanic or Latino/a?
  - ☐ Yes ☐ No ☐ DK/Refused
- 11.2 What race or ethnic backgrounds do you most identify with? You can choose all that apply. Would you say...
  - ...Asian
  - ...Black or African American
  - ...Native Hawaiian or other Pacific Islander
  - ...White
  - DK/Refused

□ ...18-25 □ ...26-34 □ ...35-44 □ ...45-54 □ ...65 or older □ Refused

*[Interviewer Script:]* That is all of the questions that I have for you. Do you have any questions for me or would you like to tell me about any other issues that you think are important to understanding the program or the services that you provide? Thank you.