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#### National Healthy Start Project Survey II ~ SURVEY DRAFT July 29, 2010~

#### PART A. SERVICES

Part A of the survey asks general questions about the 5 service components that comprise the National Healthy Start program (outreach and recruitment, case management, health education, perinatal depression screening and referral, and interconceptional care), followed by more specific questions related to smoking and tobacco use cessation, healthy weight, breastfeeding, cultural competence, family involvement, male involvement, domestic violence, child abuse, case management, home visiting, and medical home.

#### **Section 1: Overview of Service Components**

This section asks general programmatic information on the 5 service components that comprise the National Healthy Start program (outreach and recruitment, case management, health education, perinatal depression screening and referral, and interconceptional care) to gain an understanding of an individual project's service delivery model. Additional detail about case management, certain health education topics, and other aspects of the service components will be covered in subsequent sections of the survey.

1.	Which of the f	following services does your Healthy Start project offer? (Check all that apply)
		Outreach & participant recruitment
		Case management
		Health education
		Perinatal depression screening
		Interconceptional Services

#### 2. How does your Healthy Start project perform the following? (Check all that apply)

	Our Healthy Start project does not perform this activity	Staff employed directly by our Healthy Start project	A local agency or organization under subcontract to our Healthy Start project	Another agency or org in collaboration with our Healthy Start project	Other	If other, please specify
Outreach & participant recruitment						
Case management						
Health education						
Perinatal depression screening						
Interconceptional services						

#### 3. What is the background of the staff who perform: (Check all that apply)

	Our Healthy Start project does not perform this activity	Staff indigenous to the community	Lay/ para- professional	Social work	Nursing	Doula	Public health	Nutrition	Mental health	Education/ health promotion	Other	If other, please specify
Outreach & participant recruitment												
Health education												
Perinatal depression screening				٥	٥	٥	٥		0			
Interconceptional services												

4.	Are any of your staff former Healthy Start participants?
	☐ Yes
	□ No

5. What strategies do you use to...? (Check all that apply)

			Con	nmunity-Bas	sed Strategi	es			Mass Media Strategies					
	Canvass neigh- borhoods or community settings	Organize community events	Conduct classes or make presenta- tions to local groups	Attend community events	Network with health care providers, schools or other agencies	Operate hotline	Other community- based strategies	Our project does not use any community- based strategies (N/A)	TV	Radio	Newspaper/advertising	Brochures	Other mass media strategies	Our project does not use any mass media strategies (N/A)
raise awareness & name recognition of your project in the community							Specify:		☐ If checked, are PSAs used? ☐ Yes ☐ No	☐ If checked, are PSAs used? ☐ Yes ☐ No			Specify:	
conduct outreach & participant recruitment							Specify:		☐ If checked, are PSAs used? ☐ Yes ☐ No	☐ If checked, are PSAs used? ☐ Yes ☐ No			Specify:	
perform health education							Specify:		☐ If checked, are PSAs used? ☐ Yes ☐ No	☐ If checked, are PSAs used? ☐ Yes ☐ No			Specify:	

6. Where does your Healthy Start project provide the following services: (Check all that apply)

	At our Healthy Start project site	At participant's home	Clinics	Other community- based settings	If other, please specify
Outreach and participant recruitment					
Case management					
Health education					
Perinatal depression screening	٥				
Interconceptional services					

7. For each of the following services, what is your Healthy Start project's process for following up with a participant who did not complete a referral? (**Check all that apply**)

	Send participant reminder notice	Contact participant by phone	Discuss with participant in person	Our project does not have a follow up process (N/A)	Other	If other, please specify
Case						
management	If checked, is the reminder		If checked, is discussion			
	sent:  by phone?		☐ at home?			
	□ by email? □ by mail?		on project site?			
Perinatal						
depression screening	If checked, is the reminder		If checked, is discussion			
	sent:  by phone?		☐ at home?			
	□ by email? □ by mail?		on project site?			
Interconception-						
al services	If checked, is the reminder		If checked, is discussion			
	sent:  by phone?		☐ at home?			
	☐ by email? ☐ by mail?		on project site?			

8.	To what extent has retention been a problem for your Healthy Start project?								
	☐ Not a problem								
	☐ Somewhat of problem								
	☐ A problem								
9.	Are there strategies that you use to help retain participants in Healthy Start during pregnancy/								

9.	Are there strategies that you use to help retain participants in Healthy Start during pregnancy/
	prenatal period and postpartum/interconceptional period? (Check all that apply)

	Pregnancy/Prenatal Period	Postpartum/ Interconceptional Period
Engage in frequent contact		
Provide transportation		
Provide child care		
Provide incentives such as books, graduation certificates, toothbrushes, thermometers, etc.		
Follow up at participant's home		
Check with providers, when participant does not follow up	٥	
Other; specify		
Our project does not use any particular strategies for retention		

10. What types of referrals are offered through...? (Check all that apply)

	Clinical referral - MD	Clinical referral - social work, RN	WIC/Food assistance	Housing/ heating	Substance abuse treatment/ counseling	Services/ shelters for women experi- encing domestic violence	Transpor- tation	Other, specify	Our Healthy Start project does not offer referrals
Outreach & participant recruitment									
Case management									
Health education									
Perinatal depression services									
Interconceptional services									

11. What topics does your Healthy Start project address through your health education activities? For each health topic addressed, indicate whether the topic is addressed during pregnancy/prenatal period or postpartum/interconceptional period (or both) and whether the topic is presented to individuals or in group settings (or both). If any topics are addressed in a group setting, please also indicate whether the group is peer-led (i.e., group session led by peer/other participant). (Check all that apply)

	Pregnancy/ Prenatal Period	Postpartum/ Interconceptional Period	Individual	Group Setting	If group is checked, is the group peer-led?	We do not address this topic
Labor and delivery						
Immunizations						
Breastfeeding*						
Sudden Unexplained Infant Death Syndrome						
Parenting						
Child safety/injury prevention						
Perinatal depression						
Stress management						
Disease management						
Substance abuse						
Nutrition*						
Physical activity*						
Weight management*						
Tobacco use cessation*						
Second hand smoke exposure						
Domestic violence/Intimate partner abuse*						
Child abuse*						
Family and partner supports						
HIV/AIDS						
Sexually Transmitted Infections						
Family planning						
Reproductive life planning						
Employment/job training						
Financial planning/budgeting						
Education support/GED classes						
Other (specify)						

<sup>\*</sup> More detailed questions about this topic are asked in subsequent sections of this survey.

### **Section 2: Smoking and Tobacco Use Cessation**

2.

This section asks about the prevalence of smoking and tobacco use among Healthy Start participants, how and whether tobacco use cessation is addressed through the Healthy Start project, what types of supports and services are available to participants and staff—either on site or through referral—to aid tobacco use cessation, and potential barriers to participants' tobacco use cessation efforts.

1.	Does your Healthy Start project collect data on: (Check all that apply)
	☐ Tobacco use [ANSWER 1a -1b]
	1a. In 2009, approximately what percentage of participants in your Healthy Start project used tobacco in any form?
	%
	☐ Unknown
	1b. In 2009, approximately what percentage of participants in your Healthy Start project were current smokers?
	%
	☐ Unknown
	☐ Tobacco use cessation [ANSWER 1c]
	1c. In 2009, approximately what percentage of participants in your Healthy Start project have quit using tobacco during their participation in the project?
	%
	☐ Unknown
	☐ Readiness for change
	☐ Quit attempts
	☐ Tobacco use relapse [ANSWER 1d]
	1d. In 2009, approximately what percentage of participants in your Healthy Start projects have relapsed after quitting smoking?
	%
	☐ Unknown
	☐ Exposure to second hand smoke
	☐ Our Healthy Start project does not collect data smoking and tobacco use cessation

Does your Healthy Start project have a no smoking policy on the project premises?

		Yes
		No
3.	Does your Hea	althy Start project address tobacco use cessation through any project activities?
		Yes
		No [SKIP TO NEXT SECTION]
4.	-	project activities does your Healthy Start project address or discuss tobacco use participants? (Check all that apply)
		During home visits
		During face-to-face meetings at the Healthy Start site
		During other routine care-related contacts
		During group health education classes
		During depression screening
		During outreach activities
		Other (specify):
5.	When does yo (Check all tha	our Healthy Start project address or discuss tobacco use cessation with participants at apply)
		During pregnancy/prenatal period
		During the postpartum/interconceptional period
6.	Does your Hea	althy Start project conduct activities on-site to support tobacco use cessation?
		Yes [ANSWER 6a-6b]
		No [ SKIP TO 7]
	6a. Does	your Healthy Start project offer:
		Group tobacco use counseling
		Which topics are covered in group tobacco use cessation counseling? (Check all nat apply)
		Nicotine replacement options
		Long-term health consequences of smoking
		Health benefits of quitting smoking
		Economic benefits of quitting smoking
		Birth outcomes associated with smoking during pregnancy
		Outcomes associated with second hand smoke exposure during infancy and childhood
		Community/online smoking cessation networks
		Prescription medications for smoking and other tobacco use cessation
	П	Other (specify):

7.

	☐ None of the above
	☐ One-on-one tobacco use counseling
6a2	2. Which topics are covered in one-on-one tobacco use cessation counseling? (Check all that apply)
	☐ Nicotine replacement options
	☐ Long-term health consequences of smoking
	☐ Health benefits of quitting smoking
	☐ Economic benefits of quitting smoking
	☐ Birth outcomes associated with smoking during pregnancy
	☐ Outcomes associated with second hand smoke exposure during infancy and childhood
	☐ Community/online smoking cessation networks
	☐ Prescription medications for smoking and other tobacco use cessation
	☐ Other (specify):
	☐ None of the above
	ich of the following nicotine replacement and other tobacco use cessation medication ions are available on-site for participants trying to quit using tobacco? (Check all that bly)
	Nicotine patch
	Nicotine gum
	Nicotine lozenge
	Nicotine nasal spray
	Buproprion (Zyban or Wellbutrin SR®)
	Varenicline (aka Chantix/Champix®)
	Tobacco cessation-related referrals
	Access to 1-800 quit lines
	Other (specify):
	None of the above
Are tobacco	o use cessation opportunities offered to: (Check all that apply)
	☐ Partners of Healthy Start participants
	☐ Other family members of Healthy Start participants
	☐ Healthy Start Staff
	☐ Only to Healthy Start participants

	7a. [ <b>F</b> 0	OR EA	CH YES]: Which opportunities are offered?
		Group	counseling
		One-o	n-one counseling
		Medic	eation options
		Tobac	co cessation-related referrals
		Acces	s to state-run or other quit lines
8.	What a that ap		mon barriers to smoking cessation for your Healthy Start participants? (Check all
			Household members are smokers
			Household members are other non-smoking tobacco users
			Lack of Medicaid or other funding-source coverage of prescription medications for smoking and other tobacco use cessation
			Lack of dedicated staff available within the Healthy Start project
			Staff prioritize other participant needs over tobacco use cessation
			Participants prioritize other needs over tobacco use cessation
			Daily stress experienced by participants
			Physical nicotine addiction
			Other (specify):
			Unknown

### **Section 3: Healthy Weight**

The Healthy Weight section captures information about the prevalence of overweight and obesity among Healthy Start participants and how and whether three components of healthy weight (nutrition, physical activity, and weight management) are addressed in the Healthy Start project. This section also asks about supports and services available—either on site or through referral—to assist participants in their efforts to achieve a healthy weight.

l.	Does your Healthy Start project collect data on: (Check all that apply)
	☐ Overweight [ANSWER 1a]
	1a. In 2009, approximately what percentage of your participants was overweight?
	☐ Unknown
	☐ Obesity [ANSWER 1b]
	1b. In 2009, approximately what percentage of your participants was obese?%
	☐ Unknown
	☐ Underweight [ANSWER 1c]
	1c. In 2009, approximately what percentage of your participants was underweight?%
	☐ Unknown
	☐ Our Healthy Start project does not collect data on weight
2.	Does your Healthy Start project encourage or promote healthy weight-related activities among Healthy Start <b>staff</b> ?
	☐ Yes [ANSWER 2a]
	□ No

2a. Which of the following healthy weight-related components does your Healthy Start project promote among Healthy Start staff? How are these components addressed? (Check all that apply)

	Literature/ reading materials	Group education	One-on-one counseling	Group counseling	Other, specify:
Nutrition					
Physical activity					
Weight management					
Other, specify:					

3.	Does your Healthy Start project address or discuss healthy weight with <b>participants</b> ?
	☐ Yes [ANSWER 3a]
	□ No [SKIP TO NEXT SECTION]

3a. Which of the following healthy weight-related components does your Healthy Start project address or discuss with participants? (**Check all that apply**)

	During Home Visits	During Face-to Face Meeting at HS Site	During other routine care- related contacts	During group health education classes	During depression screening	During outreach activities	Other, specify:
Nutrition							
Physical activity							
Weight management							
Other, specify:							

4. When is healthy weight addressed with participants? (Check all that apply)

	During pregnancy/ prenatal period	During postpartum/ interconceptional period
Nutrition		
Physical activity		
Weight management		
Other, specify:		

5.	What healthy <b>apply</b> )	weight-related activities does your Healthy Start project offer? (Check all that
		One-on-one weight loss support
		Weight loss support groups
		Literature/reading materials
		Exercise classes
		Nutrition education
		Healthy cooking classes
		Weight and pregnancy education
		Other (specify):
		Our Healthy Start project does not offer weight-related activities
6.	Does your Ho services offer	ealthy Start project measure body mass index (BMI) as part of the healthy weight red?
		Yes [ANSWER 6a-d]
		l No
	6a. Does	your Healthy Start project have a protocol in place for overweight/obese women?
		Yes
		No
	6b. Does	your Healthy Start project have a protocol in place for underweight women?
		Yes
	<b>u</b> 1	No
		your Healthy Start project track (i.e. multiple measurements over time) the number rerweight/obese participants?
		Yes
	□ N	No
		your Healthy Start project track (i.e. multiple measurement over time) the number derweight participants?
		Yes
		No
7.	Does your He site?	ealthy Start project have a nutritionist or someone with a background in nutrition on
		l Yes
		No [ANSWER 7a]

	7a. Does your Healthy Start project make referrals to a nutritionist or someone with a background in nutrition?	
	☐ Yes	
	□ No	
3.	Does your Healthy Start project make referrals to exercise programs?	
	☐ Yes	
	□ No	
€.	Does your Healthy Start project make referrals to weight loss programs?	
	☐ Yes	
	□ No	
10.	Does your Healthy Start project address: (Check all that apply)	
	☐ Children's nutrition	
	☐ Children and exercise	
	☐ Effects of childhood obesity	

### **Section 4: Breastfeeding**

This section asks about rates, exclusivity, and duration of breastfeeding among Healthy Start project participants. The section includes questions about characteristics of local hospitals, breastfeeding training for staff and education for participants, and the types of supports and services available for Healthy Start participants—either on site or through referral—that promote breastfeeding.

l.	Does your Healthy Start project collect data on: (Check all that apply)
	☐ Breastfeeding initiation [ANSWER 1a]
	1a. In 2009, approximately what percentage of your participants began breastfeeding at birth?
	%
	☐ Unknown
	☐ Breastfeeding duration [ANSWER 1b]
	1b. In 2009, approximately what percentage of your participants breastfed, even partially, their infants at 6 months of age?
	%
	☐ Unknown
	☐ Breastfeeding exclusivity [ANSWER 1c]
	1c. In 2009, approximately what percentage of your participants breastfed exclusively in the first 6 months postpartum?
	%
	☐ Unknown
	☐ Reasons for not initiating or stopping breastfeeding
2.	Does your Healthy Start site(s) have a private space available for breastfeeding? (Check all that apply)
	☐ For Healthy Start staff
	☐ For Healthy Start participants
	☐ We do not have such a space

3.	Do the majority (at least 60%) of your participants deliver at hospitals that: ( <b>Check all that apply</b> )					
		Have "rooming in" for newborns				
		Routinely give supplementation (including formula and water)				
		Provide formula discharge packs				
		Have lactation consultants on staff				
		Have midwives or doulas on staff				
		Have been designated a Baby-Friendly Hospital by WHO (World Health Organization)				
4.		althy Start project conduct activities to recognize or promote National Awareness Month?				
		Yes				
		No				
5.	Does your Hea	althy Start project address breastfeeding in any project activities?				
	<u> </u>	Yes [ANSWER 6]				
		No [SKIP TO NEXT SECTION]				
6.	During which (Check all tha	project activities are breastfeeding topics addressed or discussed with participants? <b>at apply</b> )				
		During home visits				
		During face-to-face meetings at the Healthy Start site				
		During other routine care-related contacts				
		During group classes				
		During depression screening				
		During outreach activities				
		Other (specify):				
7.	When are brea	stfeeding topics addressed with participants? (Check all that apply)				
		During pregnancy/prenatal period				
		During the postpartum/interconceptional period				

8.	What speci	fic breastfeeding-related topics are discussed with participants? (Check all that
		☐ Infants' health benefits from breastfeeding
		☐ Mothers' health benefits from breastfeeding
		☐ Common breastfeeding challenges
		☐ Strategies/interventions for overcoming breastfeeding challenges
		☐ Effects of breastfeeding on fertility
		☐ Differences between breast milk and formula
		☐ Technique for proper latch on
		☐ Economic benefits of breastfeeding
		☐ Breastfeeding alternatives for mothers who cannot directly breastfeed (e.g., use of breast pumps)
		☐ Breastfeeding and transitioning back to work
		☐ Other (specify):
9.	Does your	Healthy Start project provide <b>staff</b> training on breastfeeding?
		☐ Yes [ANSWER 9a]
		□ No [SKIP TO 10]
	9a. If	yes, does the training include the following: (Check all that apply)
		Infants' health benefits from breastfeeding
		Mothers' health benefits from breastfeeding
		Common breastfeeding challenges
		Strategies/interventions for overcoming breastfeeding challenges
		Lactational amenorrhea and family planning
		Breastfeeding and birth control methods
		Counseling techniques for mothers with breastfeeding concerns
		The physiology of human milk production
		Differences between breast milk and formula
		Technique for proper latch on
		Economic benefits of breastfeeding
		Breastfeeding alternatives for mothers who cannot directly breastfeed their infants (e.g., use of breast pump)
		Breastfeeding and transitioning back to work
		Other, specify:

10.	Does your Healthy Start project have equipment available to loan or donate to participants to support initiation and continuation of breastfeeding? (Check all that apply)
	☐ Breast Pumps
	☐ Breast Shells/Breast Shields
	☐ Nursing Supplementers
	<ul> <li>Our Healthy Start project does not loan or donate breastfeeding equipment</li> </ul>
11.	Does your Healthy Start project offer individualized breastfeeding counseling to postpartum participants?
	☐ Yes [ANSWER 11a-11c]
	□ No [SKIP TO 11d]
	11a. Does your Healthy Start project have a certified lactation consultant on site?
	□ Yes
	□ No
	11b. Does your Healthy Start project have a doula on site to support breastfeeding?
	□ Yes
	□ No
	11c. Does your Healthy Start project have breastfeeding peer counselors available?
	□ Yes
	□ No
	11d. Does your Healthy Start project refer participants elsewhere for individualized lactation support?
	☐ Yes [ANSWER 11d1]
	□ No
	11d1. Where do you refer participants for lactation support? (Check all that apply)
	□ WIC
	☐ Hospital or clinic
	Other, specify:

#### **Section 5: Cultural Competence**

The Cultural Competence section collects information about the ways in which the Healthy Start project's delivery of services reflects the needs of the population(s) served. Specifically, we ask about staff training and hiring, communication with non-English speaking participants, cultural competence of outreach and recruitment efforts, and assessment of participants' cultural backgrounds.

1.	•	r Healthy Start project promote the cultural competence of your employees and f? (Check all that apply)
		Hire staff who represent racial/ethnic makeup of our target population
		Require contractors to employ staff reflective of target population
		Provide cultural competence/sensitivity training
		Our Healthy Start project does not implement particular strategies to promote cultural competence of our employees and contractor staff
		Other, specify:

2. Please indicate which languages are spoken among your participant population and how your Healthy Start staff communicate with participants who do not speak English?

Respondent Instructions: Please write in the most common languages spoken among your participant population in the column on the left of the table.

Languages spoken	Participants were assigned to HS staff who spoke their language	HS project contracted for translation/ interpretation services.	Friends or family of the participant translated	Staff were unable to communicate with participants	Other, specify

3.	What challenges does your Healthy Start project encounter in promoting the cultural competence of your Healthy Start staff and contracted providers? (Check all that apply)
	☐ We do not have adequate funding to hire culturally competent staff
	☐ There are not enough qualified staff in the community
	☐ We don't have staff to cover all cultural groups
	☐ Other (specify):
4.	How does your Healthy Start project tailor outreach activities for particular cultural or ethnic groups in your community? (Check all that apply)
	☐ Translate written materials into the languages spoken by members of our community [ANSWER 4a]
	4a. For which languages?
	Respondent Instructions: Please write in the most common languages spoken in your community.
	[list of languages selected in #2 will pop up here for selection; otherwise, response categories will include: "All, Some, Few"}
	☐ Learn about customs and cultures and apply this knowledge when interacting with participants [ANSWER 4b]
	4b. For how many cultural groups?
	☐ All or most (more than 60%)
	□ Some (~30-60%)
	☐ Few (less 30%)
	☐ Enlist members of the community to teach and participate in projects that are relevant to their cultures and customs (i.e. making dream catchers) [ANSWER 4c]
	4c. For how many cultural groups?
	☐ All or most (more than 60%)
	□ Some (~30-60%)
	☐ Few (less 30%)
	☐ Contract with translation/interpreter services to attend outreach activities with Healthy Start staff [ANSWER 4d]

	4d. For ho	ow many cultural groups?
	□ A	ll or most (more than 60%)
	□ So	ome (~30-60%)
	☐ Fe	ew (less 30%)
		Enlist staff that reflect the community being served
		Connect with other community initiatives that reflect the cultural groups of our participants
		Our Healthy Start project does not tailor outreach activities for particular cultural or ethnic groups in the community
		Other, specify:
5.		re made by Healthy Start staff to assess new participants' cultures during Check all that apply)
		Ask country of origin
		Listen to dialects
		Ask about customs/spiritual beliefs
		Ask about beliefs about pregnancy and health
		Our Healthy Start project does not perform an assessment of participant's culture
		Other, specify:

### **Section 6: Family Involvement**

This section asks about the kinds of activities that Healthy Start participants' family members may be involved in, the types of family members that are involved, and the number of Healthy Start participants that involve one or more family members.

1.	Does your Healthy Start project encourage family involvement?
	☐ Yes [ANSWER 1a]
	☐ No [SKIP TO NEXT SECTION]
	1a. If yes, how are families involved in services (Check all that apply)?
	☐ Invited to attend health education classes designed specifically for family participation (e.g., depending on the topic)
	☐ Invited to attend any health education
	☐ Invited to attend special outreach activities designed for family involvement
	☐ Invited to attend any outreach activities
	☐ Invited to be present at specific home visits that include family assessment
	☐ Invited to be present at any home visits
	☐ Invited to be present for developing participant written service plan
	☐ Invited to attend consortium meetings
	☐ Other, specify:
2.	What is the "typical family" that attends these activities/services? (Check all that apply)
	☐ Male/female partner
	☐ Parents or grandparents
	☐ Aunts, uncles, or cousins
	☐ Siblings
	☐ Participant's offspring (e.g. older children of participant)
	Persons not related to participant but considered family
	☐ Other, specify:
3.	What percent of Healthy Start participants have their "family" involved in these Healthy Start activities/services?
	☐ All or most (more than 60%)
	□ Some (~30-60%)
	☐ Few (less 30%)

### **Section 7: Male Involvement**

This section captures information about the number of men that participate in Healthy Start activities, the types of activities and services offered to men, and recruitment and retention strategies to increase/maintain male participation in the Healthy Start project.

1.	Does your Healthy Start project provide any services to men?									
	□ Y	es								
		lo [SKIP T	O NEXT	SECTION	]					
2.	In 2009, approxi	mately hov	v many me	n participat	ed in your p	roject?				
	2a. What percen participants?			partners (o	r fathers of o	children) of	f enrolled fen	nale		
3.	Are services offetime or have their			e-only prog	gram (for exa	ample, mal	es meeting at	separate		
	□ Y	es [ANSW	/ER 3a - 3	<b>b</b> ]						
	□ N	lo [SKIP T	<b>CO 4</b> ]							
		3a. Which of the following services does your Healthy Start project offer as part of the male-only program? How often are these services offered? (Check all that apply)  Every								
		Weekly	Twice a week	other week	Monthly	Twice a month	Quarterly	Other, specify:		
	Clinical services									
	Case Management services									
	Mental Health services									
	Health Education									
	Court Advocacy									
	Other, specify:									
		specified pr Yes [ANSW] Jo [SKIP T	/ER 3b1]	ation (i.e. p	rogram ends	after a spe	ecified period	of time)?		

	3b1. W	That is the duration of the male involvement program? (Check one)
		Less than 3 months
		Up to 6 months
		12 months
		Up to, but not including, 2 years
		2 years or more
		Other (specify):
4.	What services	are offered to men? (Check all that apply)
		Clinical services
		Case management services
		Mental health services
		Health Education [ANSWER 4a - 4d]
		Court advocacy
		Other (specify):
	4a. What heal	th education topics are addressed with men in your Healthy Start project? (Chec

4a.	w nat nealth	education	topics are	e addressed	with men	ı ın your	Healtny	Start project?	(Cneck
	all that app	ly)							

	We do not address this topic
Labor and delivery	
Immunizations	
Breastfeeding*	
Sudden Unexplained Infant Death Syndrome	
Parenting	
Child safety/injury prevention	
Perinatal depression	
Stress management	
Disease management	
Substance abuse	
Nutrition*	
Physical activity*	
Weight management*	
Tobacco use cessation*	
Second hand smoke exposure	
Domestic violence/Intimate partner abuse*	
Child abuse*	
Family and partner supports	
HIV/AIDS	
Sexually Transmitted Infections	
Family planning	
Reproductive life planning	
Employment/ job training	
Financial planning/budgeting	
Education support/GED classes	
Other (specify)	

	4b. Do you use a specific male involvement curriculum?  ☐ Yes
	<ul> <li>□ No</li> <li>4c. Can males only participate as long as their partners are enrolled in the Healthy Start project?</li> <li>□ Yes</li> <li>□ No</li> </ul>
	4d. Are health education materials prepared specifically for males?  Yes  No
5.	Does your project have a dedicated male services coordinator?
	☐ Yes [SKIP to 6] ☐ No [ANSWER 5a]
	5a. What staff conduct services for males?
	□ Subcontracted staff [SKIP to 6] □ Healthy Start staff [ANSWER 5a1]
	5a1. Which staff conduct male services/programs? (Check all that apply)
	<ul> <li>Outreach worker(s)</li> <li>Case manager(s)</li> <li>Health educator(s)</li> <li>Clinic staff</li> <li>Other, specify:</li></ul>
6.	How are males recruited? (Check all that apply)
	<ul> <li>□ Referrals through female partner</li> <li>□ Community outreach</li> <li>□ Referrals from others service providers</li> <li>□ Court referral or mandate</li> </ul>
	Other, specify:

7.	What strateg	ties does your Healthy Start project use to facilitate male participant retention?  hat apply)
		Engage in frequent contact (e.g. phone, mail reminders)
		Provide transportation
		Provide child care
	C	Provide financial assistance (e.g. food vouchers, merchandise)
	C	Follow up at the participants home
	C	Offer services or programs specific to male needs
	C	Offer community-based events
		Our Healthy Start project does not use strategies to facilitate male participant retention
		Other, specify:
8.	What are the challenges to retaining males?	
	C	Lack of providers who are sensitive to male needs
		Lack of transportation
		Lack of child care
		Perceived stigma of receiving public services
	C	Participants don't believe they need Healthy Start services
	C	Inconvenient provider hours or locations
		Participants believe they have more pressing needs
		Our Healthy Start project does not have any challenges retaining male participants
		Other, specify:

#### **Section 8: Domestic Violence**

1.

2.

The Domestic Violence section asks about the prevalence of domestic violence in households of Healthy Start participants, staff training on issues related to domestic violence, screening for domestic violence, and the types of services and supports available—either on site or through referral—for Healthy Start participants that experience domestic violence.

Does your Healthy Start project collect data on domestic violence experienced by Healthy Sparticipants?	Start
☐ Yes [ANSWER 1a-c]	
□ No [SKIP TO 2]	
1a. In 2009, approximately what percentage of women participating in your Healthy Start preported experiencing domestic violence?	project
%	
☐ Unknown	
1b. In 2009, approximately what percentage of <u>pregnant</u> women participating in your Healt Start project reported experiencing domestic violence?	thy
%	
☐ Unknown	
1c. In 2009, approximately what percentage of <u>interconceptional</u> women participating in your Healthy Start project reported experiencing domestic violence?	our
%	
☐ Unknown	
Does your Healthy Start project provide staff training on domestic violence?	
☐ Yes [ANSWER 2a]	
□ No [SKIP TO 3]	

	2a. Does the training include the following: (Check all that apply) <sup>1</sup>
	☐ What constitutes domestic violence/intimate partner violence
	☐ Effective and emerging screening tools to assess risk for domestic violence/intimate partner violence
	☐ How to interview survivors of domestic violence/intimate partner violence
	☐ Available resources in the community and through the legal system
	☐ How to make referrals to community/legal resources
	☐ Understanding the relationship between domestic violence and child abuse
	☐ How to assess risk of child abuse in the context of domestic violence
	Other, specify:
3.	Does your Healthy Start project screen for domestic violence?
	☐ Yes [ANSWER 3a-f]
	□ No [SKIP TO NEXT SECTION]
	3a. Does your Healthy Start project use an evidence-based tool to screen for domestic violence?
	☐ Yes
	□ No
	3b. In what settings are participants screened for domestic violence? (Check all that apply)
	☐ During home visits
	☐ During face-to-face meetings at the Healthy Start site
	☐ During other routine care-related contacts
	☐ During group classes
	☐ During depression screening
	☐ During outreach activities
	☐ Other, specify:
	3c. Which participants are screened?
	☐ All participants
	Only pregnant/prenatal participants
	☐ Only postpartum/interconceptional participants

<sup>1</sup> Adapted from Simmons College Domestic Violence Training Program. <a href="http://www.simmons.edu/ssw/dvtraining/">http://www.simmons.edu/ssw/dvtraining/</a>. Accessed March 22, 2010.

3a. W	nen are	Healthy Start participants screened for domestic violence? (Cneck all that apply)
	Durin	ng pregnancy/prenatal period
	Durin	ng postpartum/interconceptional period
	Other	r, specify:
3e. W	hat is th	ne frequency of screening for domestic violence?
	Once	at enrollment
	Mont	hly
	Bi-mo	onthly
	Twice	e per year
	Yearl	y
	Other	r, specify:
3f. Do	es you	r Healthy Start project have a protocol for assessment of domestic abuse
	Yes	[ANSWER 3f1-2]
	No [S	SKIP TO 4]
3f1. H	as the p	protocol been: (Check all that apply)
		Reviewed by participants or family members
		Translated into languages appropriate for the population your project serves
		Designed to account for cultural differences in family practices
		None of the above
3f.		es your protocol address appropriate follow-up actions in response to cases suspected domestic violence?
		Yes
		No
		services/resources are available for participants who screen positive for domestic heck all that apply)
		Individual counseling
		Support groups
		Our Healthy Start project does not offer on-site services/resources for participants who screen positive for domestic violence
		Other, specify:

4.

5.	Does your Healthy Start project provide referrals for women screening positive for domestic violence?
	☐ Yes [ANSWER 5a-b]
	□ No
	5a. If yes, what type of referrals are offered? (Check all that apply)
	☐ Mental health/Counseling referrals:
	☐ For the Healthy Start participant
	☐ For the Healthy Start participant's child
	☐ For other family members of Healthy Start participants
	☐ Referrals to shelters/safe havens for women experiencing domestic violence
	☐ Medical referrals for domestic violence-related injuries
	☐ Referrals within the criminal justice system
	□ Police
	☐ District Attorney's office
	☐ Court advocate
	Other, specify:
	☐ Crisis hotlines
	☐ Support groups
	☐ Other, specify:
	5b. What services/assistance does your Healthy Start project offer to assist Healthy Start participants in completing these referrals? ( <b>Check all that apply</b> )
	☐ Transportation services offered to participants
	☐ Transportation stipends offered to participants
	☐ Healthy Start staff may accompany participant to appointments
	☐ Translation/interpreter services
	☐ Reimbursement for translation/interpreter services
	☐ Assistance securing health insurance
	☐ Supplemental health insurance
	☐ No such enabling services are offered
	☐ Other, specify:

### **Section 9: Child Abuse**

In this section, we ask about the prevalence of child abuse reported by Healthy Start participants, the ways in which child abuse may be addressed through Healthy Start project service components, staff training on child abuse, child abuse assessment, and supports and services available—either on site or through referral—for women whose children experience child abuse.

1.	Does your Healthy Start project collect data on child abuse experienced by children of Healthy Start participants?		
	☐ Yes [ANSWER 1a]		
	□ No [SKIP TO 2]		
	1a. In 2009, approximately what percentage of women participating in your Healthy Start project reported any of their children having experienced child abuse?		
	%		
	☐ Unknown		
2.	Does your Healthy Start project address child abuse through any project activities?		
	□ Yes		
	□ No [SKIP TO NEXT SECTION]		
3.	In what settings is child abuse addressed or discussed with women participating in your project? (Check all that apply)		
	☐ During home visits		
	☐ During face-to-face meetings at the Healthy Start site		
	☐ During other routine care-related contacts		
	☐ During group classes		
	☐ During depression screening		
	<ul> <li>During outreach activities</li> </ul>		
	☐ Other, specify:		
4.	When is child abuse addressed with women participating in your project? (Check all that apply)		
	☐ During the pregnancy/prenatal period		
	☐ During the postpartum/interconceptional period		
5.	Does your Healthy Start project provide staff training on child abuse?		
	☐ Yes [ANSWER 5a]		
	□ No [SKIP TO 6]		

	5a.	Doe	es the training include the following: ( <b>Check all that apply</b> ) <sup>2</sup>
			What constitutes child abuse/neglect
			Effective and emerging screening tools to assess risk for child abuse/neglect
			How to interview parents of children who may have suffered abuse/neglect
			Reporting requirements for suspected child abuse
			Signs and symptoms of child abuse in children who are non-verbal
			Available resources in the community and through the legal system and how to make referrals to these resources
			Understanding the relationship between child abuse and domestic violence and how to assess risk of child abuse in the context of domestic violence
			Other, specify:
6.	Do	es yo	our Healthy Start project directly assess participants' children for child abuse?
			☐ Yes [ANSWER 6a-c]
			□ No [SKIP TO NEXT SECTION]
	6a.	Wh	en do Healthy Start staff directly assess children for child abuse? (Check all that apply)
			During home visits
			At the Healthy Start site
			During phone contacts
			Other, specify:
	6b.	Wh	ich children are screened? (Check all that apply)
			All children
			Those children whose parents report domestic violence
			Those children with risk factors associated with child abuse
			Those children presenting with indicators of abuse
	6c.	Doe abu	es your Healthy Start project have a set of written procedures for assessment of child se?
			Yes [ANSWER 6c1-2]
			No [SKIP TO 7]

<sup>&</sup>lt;sup>2</sup> Adapted from Simmons College Domestic Violence Training Program. <a href="http://www.simmons.edu/ssw/dvtraining/">http://www.simmons.edu/ssw/dvtraining/</a>. Accessed March 22, 2010.

	oc1. Has the set of written procedures been: (Check all that apply)
	☐ Reviewed by participants or family members
	☐ Translated into languages appropriate for the population your project serves
	Designed to account for cultural differences in family practices
	☐ None of the above
	<ul><li>6c2. Does your set of written procedures address appropriate follow-up actions in response to cases of suspected child abuse?</li><li>☐ Yes</li></ul>
	□ No
7.	What on-site services/resources are available for women whose children screen positive for child abuse? (Check all that apply)
	☐ Individual counseling
	☐ Support groups
	<ul> <li>Our Healthy Start project does not offer on-site services/resources for women whose children screen positive for child abuse</li> </ul>
	☐ Other, specify:
8.	Does your Healthy Start project provide referrals for women whose children screen positive for child abuse?
	☐ Yes [ANSWER 8a-b]
	□ No
	8a. What type of referrals are offered? (Check all that apply)
	☐ Mental health/Counseling referrals:
	☐ For the Healthy Start participant
	☐ For the Healthy Start participant's child/children
	☐ Referrals to shelters/safe havens for women experiencing domestic violence
	☐ Medical referrals for domestic violence-related injuries
	☐ Referrals within the criminal justice system
	☐ Police
	☐ District Attorney's office
	☐ Court advocate
	Other, specify:
	☐ Crisis hotlines
	☐ Support groups
	Other, specify:

8b.	What services/assistance does your Healthy Start project offer to assist Healthy Start participants in completing these referrals? (Check all that apply)			
	☐ Transportation services offered to participants			
	☐ Transportation stipends offered to participants			
	☐ Healthy Start staff may accompany participant to appointments			
	☐ Translation/interpreter services			
	☐ Reimbursement for translation/interpreter services			
	☐ Assistance securing health insurance			
	☐ Supplemental health insurance			
	☐ Other, specify:			

## **Section 10: Case Management**

This section asks detailed information about the features of case management activities, including service variations across participants by type (e.g. pregnant women; infants) and risk category, participants' role in the development of service plans, inclusion of partners and other family members in services, and barriers to effective case management.

1. What case management (CM) services does your Healthy Start project provide? (Check all that apply)

	Risk/ screening assessment	Home visiting	Health education	Counseling and guidance	Coordina- tion services	Referrals	CM services are not offered to this group
to participants							
to partners of participants							
to (non- partner) family members							٥

2.	ng assessment is conducted, how are the screening tools adapted to each ultural background? (Check all that apply)
	Administered by staff who speak the participant's language
	Translated
	Assisted by translator
	Adapted for cultural needs/identity
	Advising group reviewed tools
	Screening tools are not adapted
	Other, specify:
	Our Healthy Start project does not conduct screening assessments

3.	How are partic	ipants assigned to case managers? (Check all that apply)						
		Participant health status or risk factors						
		Participant demographics						
		Caseload or staff availability						
		Geographic location						
		Other, specify:						
		No particular assignment criteria are used						
		Our Healthy Start project does not assign participants to case managers						
4.	Does your Hea	lthy Start project develop written service plans for participants?						
		Yes [ANSWER 4a]						
		No [SKIP TO 5]						
	4a. How are participants involved in the development of the service plan? (Check all that apply)							
	☐ Partici	pants attend meeting(s) to develop the service plan						
	☐ Partici	☐ Participants sign/initial the service plan						
	☐ Partici	☐ Participants receive a written copy of the service plan						
	☐ Partici	☐ Participants are not involved in the development of the service plan						
	☐ Other,	☐ Other, specify:						
5.	Does your Hea	Ithy Start project offer different levels of case management, for example, based on risk factors?						
		Yes [ANSWER 5a]						
		No [SKIP TO 6]						
	5a. Please desc	cribe the risk categories that you assign based on your assessment:						
	Risk catego	ory 1:						
	Risk catego	ory 2:						
		ory 3:						
		ory 4:						

6. How do case management features vary across participant risk levels? Please provide details of your case management activities for each category of participant (moderate and highest risk pregnant/prenatal and postpartum/interconceptional women and infants and toddlers) in the table below.

	Healthy Start Participant Categories						
	Pregnant/Prenatal Women		Postpartum/Interconceptional Women		Infant and Toddlers (0-23 mo)		
<b>Case Management Features</b>	Moderate	Highest Risk	Moderate	Highest Risk	Moderate	Highest Risk	
6a. Frequency of case management interactions/appointments (Check the best response for each participant category)	□ ≥ Weekly □ ≥ Monthly □ ≥ Quarterly □ ≥ Once/yr □ Other	<ul> <li>⊇ Weekly</li> <li>⊇ Monthly</li> <li>⊒ ≥ Quarterly</li> <li>⊒ ≥ Once/yr</li> <li>□ Other</li> </ul>	<ul> <li>⊇ Weekly</li> <li>⊇ Monthly</li> <li>⊒ ≥ Quarterly</li> <li>⊒ ≥ Once/yr</li> <li>□ Other</li> </ul>	<ul> <li>□ ≥ Weekly</li> <li>□ ≥ Monthly</li> <li>□ ≥ Quarterly</li> <li>□ ≥ Once/yr</li> <li>□ Other</li> </ul>	<ul> <li>□ ≥ Weekly</li> <li>□ ≥ Monthly</li> <li>□ ≥ Quarterly</li> <li>□ ≥ Once/yr</li> <li>□ Other</li> </ul>	□ ≥ Weekly □ ≥ Monthly □ ≥ Quarterly □ ≥ Once/yr □ Other	
	□ N/A						
6b. Type of interaction/appointment (Check all that apply for each participant category)	☐ Face to face at HS site ☐ Home visit ☐ Telephone call ☐ Face to face at other location ☐ Other ☐ N/A	☐ Face to face at HS site ☐ Home visit ☐ Telephone call ☐ Face to face at other location ☐ Other ☐ N/A	□ Face to face at HS site □ Home visit □ Telephone call □ Face to face at other location □ Other □ N/A	☐ Face to face at HS site ☐ Home visit ☐ Telephone call ☐ Face to face at other location ☐ Other ☐ N/A	□ Face to face at HS site □ Home visit □ Telephone call □ Face to face at other location □ Other □ N/A	□ Face to face at HS site □ Home visit □ Telephone call □ Face to face at other location □ Other □ N/A	
6c. Case management services provided (Check all that apply for each participant category)	□ Risk/ screening assessment □ Home visiting □ Health education □ Counseling and guidance □ Coordination services □ Referrals □ N/A	□ Risk/ screening assessment □ Home visiting □ Health education □ Counseling and guidance □ Coordination services □ Referrals □ N/A	□ Risk/ screening assessment □ Home visiting □ Health education □ Counseling and guidance □ Coordination services □ Referrals □ N/A	□ Risk/ screening assessment □ Home visiting □ Health education □ Counseling and guidance □ Coordination services □ Referrals □ N/A	□ Risk/ screening assessment □ Home visiting □ Health education □ Counseling and guidance □ Coordination services □ Referrals □ N/A	□ Risk/ screening assessment □ Home visiting □ Health education □ Counseling and guidance □ Coordination services □ Referrals □ N/A	

	Healthy Start Participant Categories						
	Pregnant/Prenatal Women		Postpartum/Interconceptional Women		Infant and Toddlers (0-23 mo)		
<b>Case Management Features</b>	Moderate	Highest Risk	Moderate	Highest Risk	Moderate	Highest Risk	
6d. Case management assignment (Check one for each participant category)	☐ Single case manager assigned ☐ Team assigned ☐ Our Healthy Start project does not assign participants to case managers ☐ N/A	☐ Single case manager assigned ☐ Team assigned ☐ Our Healthy Start project does not assign participants to case managers ☐ N/A	☐ Single case manager assigned ☐ Team assigned ☐ Our Healthy Start project does not assign participants to case managers ☐ N/A	☐ Single case manager assigned ☐ Team assigned ☐ Our Healthy Start project does not assign participants to case managers ☐ N/A	☐ Single case manager assigned ☐ Team assigned ☐ Our Healthy Start project does not assign participants to case managers ☐ N/A	☐ Single case manager assigned ☐ Team assigned ☐ Our Healthy Start project does not assign participants to case managers ☐ N/A	
6e. Educational/professional background of assigned case managers (Check all that apply for each participant category)	□ Former participant/peer □ Lay/para- professional □ Social worker □ Nursing □ Behavioral/ mental health □ Public health □ Nutrition □ Health education □ Other (specify):	□ Former participant/peer □ Lay/para- professional □ Social worker □ Nursing □ Behavioral/ mental health □ Public health □ Nutrition □ Health education □ Other (specify):	□ Former participant/peer □ Lay/para- professional □ Social worker □ Nursing □ Behavioral/ mental health □ Public health □ Nutrition □ Health education □ Other (specify):	□ Former participant/peer □ Lay/para- professional □ Social worker □ Nursing □ Behavioral/ mental health □ Public health □ Nutrition □ Health education □ Other (specify):	□ Former participant/peer □ Lay/para- professional □ Social worker □ Nursing □ Behavioral/ mental health □ Public health □ Nutrition □ Health education □ Other (specify):	□ Former participant/peer □ Lay/para- professional □ Social worker □ Nursing □ Behavioral/ mental health □ Public health □ Nutrition □ Health education □ Other (specify):	
6f1. In 2009, what was the average caseload, by category of Healthy Start participant, for Healthy Start case managers?	[# of participants receiving CM services divided by number case manager FTEs]	[# of participants receiving CM services divided by number case manager FTEs]	[# of participants receiving CM services divided by number case manager FTEs]	[# of participants receiving CM services divided by number case manager FTEs]	[# of participants receiving CM services divided by number case manager FTEs]	[# of participants receiving CM services divided by number case manager FTEs]	

	Healthy Start Participant Categories						
	Pregnant/Prenatal Women		Postpartum/Interconceptional Women		Infant and Toddlers (0-23 mo)		
<b>Case Management Features</b>	Moderate	Highest Risk	Moderate	Highest Risk	Moderate	Highest Risk	
6f2. In 2009, what was the range of caseloads, by category of Healthy Start participant, for Healthy Start case managers?	Lowest # of cases/highest # of cases						
6g1.Are case conferences/chart reviews held?	☐ Yes ☐ No						
6g2. Who attends these conferences? Check all that apply for each participant category)	☐ Consistent team of HS staff and HS providers						
	☐ Only HS staff and HS providers involved in the case(s) ☐ External (non- HS) providers ☐ Participants ☐ Other (specify):	☐ Only HS staff and HS providers involved in the case(s) ☐ External (non- HS) providers ☐ Participants ☐ Other (specify):	☐ Only HS staff and HS providers involved in the case(s) ☐ External (non- HS) providers ☐ Participants ☐ Other (specify):	☐ Only HS staff and HS providers involved in the case(s) ☐ External (non- HS) providers ☐ Participants ☐ Other (specify):	☐ Only HS staff and HS providers involved in the case(s) ☐ External (non- HS) providers ☐ Participants ☐ Other (specify):	☐ Only HS staff and HS providers involved in the case(s) ☐ External (non- HS) providers ☐ Participants ☐ Other (specify):	

7.	project? (Che	ck one only)
		through pregnancy
		< 6 months postpartum
		6-11 months postpartum
		12-17 months postpartum
		18-23 months postpartum
		2 years postpartum
		25 months or more postpartum
8.	•	age are case management services typically offered to infants and toddlers in your project? (Check one only)
		< 6 months of age
		6-11 months of age
		12-17 months of age
		18-23 months of age
		2 years of age
		3-5 years of age
9.	What procedur (Check all that	res are in place to coordinate services across various providers and organizations? at apply)
		Informal mechanisms
		Interagency agreements
		Cross-training
		Team meetings
		Unified referral form
		Record sharing
		Other, specify:

10.		entified by the case manager/team? (Check all that apply)
		Lack of insurance coverage
		Lack of access to service providers who are sensitive to participants' beliefs and values
		Lack of transportation
		Lack of child care
		Substance abuse
		Depression or other mental health conditions
		Domestic violence
		Unstable housing
		Language barriers
		Inconvenient provider office hours
		Long waits for appointments with provider
		Lack of culturally appropriate mental health services
		Lack of substance abuse treatments
		Concern of stigma
		Other, specify:
11.		rriers selected in question 10, please select the top 3 barriers to your Healthy Start cipants receiving the necessary services that may be identified by the case.
	Barrier 1:	
	Barrier 2:	

## **Section 11: Home Visiting**

The home visiting section captures features of home visiting implemented by Healthy Start projects including the use of evidence-based home visiting models; staff background and training; population served; the onset, duration, and intensity of visits; and the activities conducted at home visits.

1.	Does your Healthy Start project conduct home visits to clients?
	□ Yes
	□ No [SKIP TO NEXT SECTION]
2.	Are your home visits based on a model?
	☐ Yes [ANSWER 2a-b]
	□ No [SKIP TO 3]
	2a. Which model(s) do you use? (Check all that apply)
	☐ Nurse Family Partnership, a nurse home visitation program developed by David Olds
	☐ Parents as Teachers (PAT), program to promote development of children from birth to age three
	☐ The Home Instruction Program for Preschool Youngsters (HIPPY), seeks to prepare three to five-year olds for kindergarten and first grade
	☐ <i>Healthy Families America (HFA)</i> , a child abuse prevention program that evolved from Hawaii's Healthy Start
	☐ Other, specify:
	☐ We do not use a specific home visiting model. [SKIP TO 3]
	2b. Have you adapted the model for your Healthy Start project?
	□ Yes
	□ No
3.	How is home visiting offered? (Check one only)
	☐ Home visiting is operated as a unique service component separate from the other required components [SKIP TO 4]
	☐ Home visiting is offered through other Healthy Start required service components [ANSWER 3a]

	3a. If offered through other required components, which ones? (Check all that apply)								
	☐ Case management services (integrated into case management)								
	☐ Health education services								
	☐ Outreach services								
	☐ Interconceptional care services								
4.	How many staff conduct home visits?								
5.	Are these Healthy Start staff, contracted staff, or both? (Check one only)								
	☐ Healthy Start staff only								
	☐ Contracted staff only								
	☐ Both Healthy Start and contracted staff								
6.	What is the educational background of the home visitors? (Check all that apply)								

	High School or GED	Bachelor's degree	Master's degree	Other degree (specify)
Nurses				
Doulas		-	٥	
Social workers	_	٥	0	<u> </u>
Health educators	_	٥	٥	<u> </u>
Lay/paraprofessionals			٥	
Other professionals Specify:		٥		

7.	What are the minimum training requirements for home visitors? (Check all that apply)
	☐ Pre-service training [ANSWER 7a-7a1]
	7a. If pre-service training, how many trainings are required?
	# of trainings
	7a1. How many hours of pre-service training is this?# hours [total]
	☐ In-service training [ANSWER 7b-7b1]
	7b. How often does in-service training occur?
	☐ Weekly
	☐ Monthly
	☐ Other, specify:
	$\square$ N/A – There are no specific training requirements beyond educational degrees
	7b1. How many hours of in-service training is this?
	# hours [total]
8.	Who is served through home visits? (Check only one)
	☐ Infants only [SKIP TO 9]
	☐ Women only [ANSWER 8a]
	☐ Women and infants [ANSWER 8a]
	☐ First-time mothers only (can include infants) [ANSWER 8a]
	☐ Families – women, infant and partners [ANSWER 8a]
	8a. Are the women served adults, teens, or both?
	☐ Adults
	☐ Teens
	□ Both
9.	When are home visits <u>initiated</u> ? (Check only one)
	☐ During pregnancy/prenatal period only
	☐ During the postpartum/interconceptional period only
	☐ As needed, determined by initial assessment

10.	When do home visiting services typically <u>end</u> ? (Check only one)
	☐ At birth
	☐ Up to two years postpartum (child's second birthday)
	☐ Beyond two years postpartum – please specify:
	☐ Varies by needs
11.	Iow long is each scheduled home visit? (Check only one)
	□ 30 minutes or less
	☐ 45 to 60 minutes
	□ 2-3 hours
	☐ Half-day (4 hours)
	☐ Varies by needs

12. How often are home visits conducted for a participant? *Check the best response* for each participant served through home visits.

	Moderate Risk Mothers		Highest Risk Mothers		For Infants	
Frequency	Pregnancy/ Prenatal Period	Postpartum/ Interconcep- tional Period	Pregnancy/ Prenatal Period	Postpartum/ Interconcep- tional Period	and Toddlers (0-23 mo)	
Weekly						
Monthly						
2x/month						
Every other month						
Quarterly						
As needed						
Our Healthy Start project does not conduct home visits for these participants		0	٥			

13.	Which activities	es might take place at a home visit? (Check all that apply)				
		Risk assessment				
		Reproductive health, contraception education				
		Health education (e.g., nutrition, substance abuse, etc.)				
		Parenting education				
		Depression screening				
		Child development assessment				
		Group meetings or group education sessions (held at a participant's home)				
		Health services (e.g., well-baby checkups)				
		Referrals to health services				
		Enabling services – transportation, job training/placement, educational support/tutoring				
		Referrals to enabling services				
		Individual counseling				
		Other, specify:				
14.	Are you condu	cting an evaluation of your home visiting?				
		Yes [ANSWER 14a]				
		No [SKIP TO 15]				
	14a. Does the evaluation use: (Check all that apply)					
		☐ Pre-post design				
		☐ Comparison groups				
		Qualitative data (e.g., key informant interviews, focus groups)				
		Other, Specify:				
15.	Do you collect program?	data on any of the following outcomes as a result of your home visitation				
	Maternal outc	omes Parental attitudes, knowledge and parenting behavior				
		Educational and employment outcomes				
		Interconception outcomes (birth spacing, pregnancy deferment, maternal depression status, pregnancy weight gain and nutrition, prenatal care)				
		Health indicators (pre-pregnancy weight, smoking status)				
		Use of preventative health services/medical home access				
		Our Healthy Start project does not collect these types of data				

Child outcomes

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<b>u</b>	Birth outcomes, child's health outcomes
	Child development, achievement and behavior
	Child abuse and neglect
	Use of preventative health services/medical home access –immunizations, well-baby checkups
	Our Healthy Start project does not collect these types of data [SKIP TO NEXT SECTION]
16. How are data	collected?
	Standardized tests or questionnaires
	Interviews
	Observation
	Clinical records or case management records
	Data tracking system
	Other, specify:

# **Section 12: Medical Home**

The medical home section asks about identification of and referrals to regular sources of primary care for Healthy Start participants, partnerships with primary care providers, and processes for tracking referrals and coordinating care.

1.	Do you track the number of women with a primary care provider or a usual source of care?		
	☐ Yes [ANSWER 1a]		
	□ No [SKIP TO 3]		
	1a. The Healthy Start project tracks: (Check all that apply)		
	☐ Medical home providers available for referral of clients		
	☐ Referrals made		
	☐ Referrals completed		
	☐ Services provided		
	☐ Diagnoses, outcomes		
	☐ Other, specify:		
2.	What percentage of women participating in your Healthy Start project during calendar year 2009 had a primary care provider or usual source of care?		
	%		
3.	Does your Healthy Start project make referrals for those participants who <b>do not</b> have a primary care provider or usual source of care?		
	□ Yes		
	□ No		

4.	What services are offered through the primary care providers that your Healthy Start project refers participants to? (Check all that apply)			
	Women			
		Routine primary care/ postpartum care		
		OB/GYN services		
		Preventative care		
		Medical specialist referrals		
		Mental health care/referrals		
		Referrals to other health services (dental, eye care, nutrition)		
		Referrals to other social services (WIC, Housing)		
		Care for chronic conditions		
		Weight management		
		Emergency services		
		Other, specify:		
	Infants	Routine well baby care		
		Medical specialist referrals		
		Referrals to other health services		
		Referrals to other social services		
		Emergency services		
		Other, specify:		
5.	At what point in a participant's involvement in your Healthy Start project is a primary care provider/usual source of care established?			
		Prenatally/during pregnancy		
		Postnatally/during interconceptional period		
		A primary care provider is established immediately upon entry into the project regardless of pregnancy status		
		Our Healthy Start project does not establish a primary care provider for participants.		
6.	How are participants followed by your Healthy Start project once they are referred to a primary care provider?			
	☐ Chart review/medical record review [ANSWER 6a]			
	6a. Are th	ese electronic records?		
	☐ Ye	es		
	□ No			

☐ Case conferences/team meetings [ANSWER 6b-d]
6b. Does the participant attend?
□ Yes
□ No
6c. Does the primary care provider attend?
☐ Yes
□ No
6d. Do other medical specialists attend?
□ Yes
□ No
☐ Regular communication with the participant [ANSWER 6e-g]
6e. What is the frequency of communication?
☐ Daily
☐ Weekly
☐ Two to three times per week
☐ Every other week
☐ Monthly
☐ Two to three times per month
☐ Every other month
☐ Quarterly
6f. Does the frequency vary by participant level of risk?
□ Yes
□ No
6g. How is communication made? (Check all that apply)
□ Phone
☐ In-person
□ Email
☐ Regular communication with the primary care provider [ANSWER 6h-j]

	6h. Wl	hat is the frequency of communication?
		Daily
		Weekly
		Two to three times per week
		Every other week
		Monthly
		Two to three times per month
		Every other month
		Quarterly
	6i. Do	es the frequency vary by participant level of risk?
		Yes
		No
	6j. Ho	w is communication made? (Check all that apply)
		Phone
		In-person
		Email
		Healthy Start project does not have a system to follow participants once they are red to a primary care provider.
7.	Does your complete a	Healthy Start project have a process for following up with participants who do not referral?
		☐ Yes [ANSWER 7a]
		□ No [SKIP TO 8]
		hat is your Healthy Start project's process for following up with a participant who did t complete a referral? (Check all that apply)
		Send participant reminder notice by mail
		Send participant reminder notice by email
		Contact participant by phone
		Discuss with participant in person
		Other, specify:

8.		vices/assistance does your Healthy Start project offer to assist Healthy Start participants shing (or completing a referral to) primary/ usual source of care?
		☐ Transportation services offered to participants
		☐ Transportation stipends offered to participants
		☐ Healthy Start staff may accompany participant to first few appointments
		☐ Translation/interpreter services are paid for participants
		☐ Assistance with securing health insurance
		☐ Supplemental health insurance offered
		☐ Free health services offered onsite at Healthy Start project
		☐ No such enabling services are offered
		☐ Other, specify:
9.	Does you	r Healthy Start project have partnerships with primary care providers?
		☐ Yes [ANSWER 9a-e]
		□ No [SKIP TO 10]
	9a.	How many primary care providers did your Healthy Start project partner with in 2009:
	9b.	How formalized is the partnership? (Check all that apply)
		☐ Informal (verbal agreement)
		# of informal partnerships in 2009
		☐ We have an Memorandum of Understanding (MOU) with the primary care provider
		# of MOUs in 2009
		☐ We have a subcontract with the primary care provider:
		# of subcontracts in 2009
	9c.	Who delivers the primary care to women? (Check all that apply)
		☐ Nurse practitioner
		☐ MD (please specify specialty):
		☐ Internal Medicine
		☐ Primary Care/General Medicine
		☐ Pediatrician
		□ OB/GYN
		Other, specify:

		☐ Nurse practitioner
		☐ MD (please specify specialty):
		☐ Internal Medicine
		☐ Primary Care/General Medicine
		☐ Pediatrician
		□ OB/GYN
		☐ Other, specify:
	9e.	In what setting(s) are the primary care providers located? (Check all that apply)
		Women
		☐ Community Health Center
		☐ Hospital Clinic
		☐ Private practice
		☐ Other, specify:
		Infants
		☐ Community Health Center
		☐ Hospital Clinic
		☐ Private practice
		☐ Other, specify:
10.		artnering primary care providers use electronic medical records or electronic health Electronic Medical Record [EMR]/Electronic Health Record [EHR])?
		☐ Yes [ANSWER 10a]
		□ No [SKIP TO 11]
	10a.	If yes, is there a system in place to link participants to Healthy Start for tracking purposes?
		□ Yes
		□ No
11.	Are the providers	rimary care providers in your Healthy Start project's network considered medical home?
		☐ Yes [ANSWER 11a]
		☐ No [SKIP TO 12]
	11a.	What percentage of primary care providers in your Healthy Start project's network were considered medical home providers in 2009?%

9d. Who delivers the primary care to infants? (Check all that apply)

In 2009, wha	t percent of participants' primary care costs was covered by the following?
% Me	edicaid
% Fr	ee care
% Pr	vate insurance
% Ot	her, specify:
Does your H	ealthy Start project use protocols to: (Check all that apply)
	Assess whether participants have a primary care provider
	Assess whether participants' children have a primary care provider
	Assess the fit between participants and available primary care providers
	Educate participants on the importance of primary care for their health and the health of their children
	No such protocols are used for our Healthy Start project
	Other, specify:
	barriers to Healthy Start participants accessing care through a primary care heck all that apply)
	Lack of health insurance or inability to pay
	Language barrier between participant and provider
	Lack of available referrals (i.e. not enough providers)
	Participant perceptions/misperceptions of primary care
	Lack of transportation to and from appointments
	Other, specify:
	Our Healthy Start participants do not experience barriers accessing a primary care provider
	arriers selected in question 14, please select the top 3 barriers to your Healthy Start accessing care through a primary care provider.
Barrier 1	<u>:</u>
	:
	:

#### PART B. SYSTEMS

Part B of the survey asks general questions about the 4 service components that comprise the National Healthy Start program (consortium, local health action plan, collaboration/coordination with Title V, and sustainability planning), followed by additional questions about consortium.

### **Section 1: Overview of Systems Components**

In this section of the survey, we ask you for some basic information about the 4 systems components of the Healthy Start Program (consortium, Local Health System Action Plan, collaboration with State Title V, and sustainability activities) and how these and other systems activities are implemented by the project. Additional details about consortium are collected in the next section.

1.	Does your Healthy Start project have at least one active consortium that addresses maternal and child issues?	d
	□ Yes	
	□ No	
2.	Does your consortium have an executive or other sub-committee that provides leadership for the entire consortium?	he
	☐ Yes [ANSWER 2a]	
	□ No [SKIP TO 3]	
	2a. If yes: # of members on this executive or sub-committee in 2009	
3.	Does your Healthy Start project have a Local Health System Action Plan (LHSAP)?	
	☐ Yes [ANSWER 3a-b]	
	□ No [ <b>SKIP TO 6</b> ]	
	3a. Is the LHSAP specific to the Healthy Start project?	
	□ Yes	
	□ No	
	3b. Is the LHSAP connected to or part of another community or child health plan?	
	☐ Yes [ANSWER 3b1]	
	□ No [SKIP TO 4]	

	3b1.	What plan is it connected to? (Check all that apply)
		☐ MCH Block grant
		☐ Local public health department
		☐ Other, specify:
4.	Who is involve	ed in the development of the LHSAP? (Check all that apply)
		Healthy Start staff
		Healthy Start consortium or subcommittee of the consortium
		State Title V agency
		Local Title V grantee
		Local health department
		Local government agencies
		Key community partners
		Participants
		Other, specify:
5.		t do you agree with the following statement: The goals outlined in the LHSAP ortium's work. (Check one only)
		Strongly agree
		Agree somewhat
		Neither agree nor disagree
		Disagree somewhat
		Strongly disagree
6.	Were your He	althy Start project's goals drawn from the State Title V plan?
		Yes
		No

7.	Describe relati that apply)	onship between your Healthy Start project and State Title V agency. (Check all
		State Title V agency is the Healthy Start grantee
		Management is shared between Healthy Start project and State Title V agency
		Healthy Start project and State Title V are housed in the same organization
		State Title V funds some Healthy Start programming or services
		Informal relationship
		Other, specify:
		Healthy Start project <b>does not</b> have a relationship with State Title V agency [ <b>SKIP TO 10</b> ]
8.	What are the b	enefits to your Healthy Start project of coordination with the State Title V agency? <b>at apply</b> )
		State Title V provides resource materials for health education programs
		State Title V provides training for staff
		State Title V provides data and other information for needs assessment
		State Title V provides funds or in-kind contributions that helped sustain Healthy Start initiatives
		State Title V helps with efforts to advocate for Healthy Start target populations
		State Title V helps coordinate care for our participants
		State Title V helps increase our visibility in policy arenas
		Other, specify:
		There are no perceived benefits

9.	What are the lethat apply)	penefits to the State Title V agency of coordination with Healthy Start (Check all
		Healthy Start provides the State Title V agency with a community perspective on issues and problems
		Healthy Start's local needs assessment data are used by the State Title V agency in its own needs assessment for the State Block grant
		Healthy Start provides a local partner that could implement and/or augment State Title V initiatives and programs on the local level
		Healthy Start projects could be replicated by the State Title V agency
		Healthy Start provides data to help change policy
		Healthy Start makes policy/funding recommendations to the State Title V agency on important policy and funding issues
		Other, specify:
		The State Title V agency does not perceive any benefit from coordination with Healthy Start
10.	•	althy Start project participate in any formal alliance(s) with other Healthy Start including the National Healthy Start Association)?
		Yes [ANSWER 10a]
		No [SKIP TO 12]
	10a. What	is/are the purpose(s) of this/these alliance(s)? (Check all that apply)
	☐ In	nformation sharing
	□ P	ooling resources
	☐ Jo	pint training
	<b>□</b> E	ducating policy makers
	□ W	Vorking with state agencies
	<b>u</b> 0	other, specify:
11.	What benefits	have resulted from the alliance(s) to date? (Check all that apply)
		Increased access to information
		Expanded resources available to use for common activities such as evaluation, training, and health education
		Enhanced ability to work with state policy makers on common issues
		Other, specify:
		No benefits have resulted to date

12.	•	althy Start project have a sustainability plan, that is, a plan to maintain services to illation after federal Healthy Start funding ends?
		Yes
		No
13.	What strategie apply)	s is your Healthy Start project using to ensure sustainability? (Check all that
		Seeking additional Healthy Start funding
		Seeking other federal funding
		Seeking state or local funding
		Implementing a fund-development strategy
		Incorporating (such as obtaining 501(c)(3) status) in order to apply for other funds
		Developing collaborative efforts with the State or Local Title V
		Developing collaborative efforts with other organizations
		Packaging services to secure Medicaid or other health plan reimbursement
		Other, specify:
14.	•	e services provided by your Healthy Start project be absorbed by the Title V Block funders? (Check all that apply)
		Yes, by Title V
		Yes, by other funders (please explain):
		No
15.	What are the capply)	hallenges to sustainability faced by your Healthy Start project? (Check all that
		Fiscal climate
		Unstable collaborative relationships
		Political climate
		Organizational setting not supportive
		Unable to document results of our Healthy Start project
		Healthy Start is no longer a unique project
		Our Healthy Start project does not have any challenges to sustainability
		Other, specify:

16.	Which of the fall that apply	following "systems activities" does your Healthy Start project engage in? (Check
		Conduct needs assessment
		Develop priorities to direct Healthy Start activities
		Coordinate existing services and resources (such as building referral networks or reducing service duplication)
		Expand existing services for the target population
		Create new services for the target population
		Improve cultural competence of the providers serving the target population
		Address other access barriers in the community
		Enhance community participation in identifying community needs, setting priorities, and implementing changes
		Influence (or change) state or local policy (please provide an example):
		Other, specify:
17.	Is your Health	y Start project involved in community-wide collaborative efforts related to:
		Smoking and tobacco use cessation
		Healthy weight
		Breastfeeding
		Other, specify:
		Our Healthy Start project is not involved in community-wide collaborative efforts

18. What types of collaborative activities does your Healthy Start project establish with the health agencies or providers listed below? NOTE: For each activity, please check only the agencies or providers to which the activity or relationship applies. Check the box in row 18a if the agency does not exist in your community, or check the box in row 18b if the agency does exist in your community but there is no collaborative relationship with that agency.

				s) below for ould be ch			
Collaborative Activities	State Title V Agency	Medicaid	Local health depart- ment	Private Physicians	Hospitals	Mental health agency	Substance abuse treatment
18a. Agency/provider does not exist in my community							
18b. Agency/provider has no collaborative relationship with Healthy Start							
18c. Agency/provider is a member of the Healthy Start consortium							
18d. Agency/provider has a written memorandum of understanding or agreement (MOU/MOA) with Healthy Start							
18e. Agency/provider provides contracted services to Healthy Start				۰			
18f. Agency/provider hosts outstationed Healthy Start staff							
18g. Agency/provider participates in joint training with Healthy Start				٥	٥		
18h. Agency/provider has a shared staffing arrangement with Healthy Start							
18i. Agency/provider coordinates case management or is planning with Healthy Start for shared participants	۵			۵	٥		
18j. Agency/provider shares protocols with Healthy Start (such as intake, risk/needs assessment)				۵			
18k. Agency/provider is involved in Healthy Start sustainability planning							
181. Agency/provider has a data-sharing arrangement with Healthy Start (such as shared case files or MIS)	ם.			۵		۵	
18m. Agency/provider contributes to pooled funding streams to support joint services							
18n. Agency/provider has a Healthy Start employee on their board							
18o. Agency/provider works with Healthy Start to develop consistent health messages for participants				٥			
18p. Agency/provider receives cultural competence training from Healthy Start							

19. What types of collaborative activities does your Healthy Start project establish with the social service agencies or public institutions listed below? NOTE: For each activity, please check only the agencies or providers to which the activity or relationship applies. Check 19a if the agency does not exist in your community or check 19b if the agency does exist in your community but there is no collaborative relationship with that agency.

						service age d in each c	
Collaborative Activities	Welfare	Child pro- tective services	Head Start	Child care agencies	Schools	Courts	WIC
19a. Agency/institution does not exist in my community							
19b. Agency/institution has no collaborative relationship with Healthy Start				ם			
19c. Agency/institution is a member of the Healthy Start consortium				۰			
19d. Agency/institution has a written memorandum of understanding or agreement (MOU/MOA) with Healthy Start							
19e. Agency/institution provides contracted services to Healthy Start				٥	٥	٥	
19f. Agency/institution hosts outstationed Healthy Start staff							
19g. Agency/institution participates in joint training with Healthy Start				٥	٥	٥	
19h. Agency/institution has a shared staffing arrangement with Healthy Start							
19i. Agency/institution coordinates case management or is planning with Healthy Start for shared participants	٥						
19j. Agency/institution shares protocols with Healthy Start (such as intake, risk/needs assessment)							
19k. Agency/institution is involved in Healthy Start sustainability planning							
191. Agency/institution has a data-sharing arrangement with Healthy Start (such as shared case files or MIS)							
19m. Agency/institution contributes to pooled funding streams to support joint services				۰	۵		
19n. Agency/institution has a Healthy Start employee on their board							
19o. Agency/institution works with Healthy Start to develop consistent health messages for participants	٥	٥		۵	٥	٥	
19p. Agency/institution receives cultural competence training from Healthy Start							

20. What types of collaborative activities does your Healthy Start project establish with the community-based agencies or providers listed below? For each activity, please check only the agencies or providers to which the activity or relationship applies. Check the box in row 20a if the agency does not exist in your community, and check the box in row 20b if there is no collaborative relationship.

			te box(es) b e box shoul				gency or
Collaborative Activities	FQHCs (330 Centers)	Faith- based groups	Advocacy groups	Professional assocs.	Ethnic orgs.	Disease- based orgs.	Civic groups
20a. Agency/provider does not exist in my community	٥						
20b. Agency/provider has no collaborative relationship with Healthy Start	ם	۵				۵	
20c. Agency/provider is a member of the Healthy Start consortium	٥			٥		٥	
20d. Agency/provider has a written memorandum of understanding or agreement (MOU/MOA) with Healthy Start							
20e. Agency/provider provides contracted services to Healthy Start	٥	٥				٥	
20f. Agency/provider hosts outstationed Healthy Start staff			٥			۵	
20g. Agency/provider participates in joint training with Healthy Start	٥	٥	٥	٥	۵	٥	۵
20h. Agency/provider shares staffing arrangement with Healthy Start	٥	٥	٥	۵		۵	
20i. Agency/provider coordinates case management or is planning with Healthy Start for shared participants	٥	٥					
20j. Agency/provider shares protocols with Healthy Start (such as intake, risk/needs assessment)	۵	۵					
20k. Agency/provider is involved in Healthy Start sustainability planning	٥	٥	٥	٥	٥	٥	
201. Agency/provider has a data-sharing arrangement with Healthy Start (such as shared case files or MIS)							
20m. Agency/provider contributes to pooled funding streams to support joint services	٥	٥					
20n. Agency/provider has a Healthy Start employee on their board		٥					
20o. Agency/provider works with Healthy Start to develop consistent health messages for participants	۵						
20p. Agency/provider receives cultural competence training from Healthy Start	۵						

### **Section 2: Consortium**

This section asks for information that will enhance our understanding of the various models by which the Healthy Start projects have structured their consortia. Questions also focus on the specific roles, activities and impacts of the consortia, with particular attention to the role of Healthy Start participants in consortium activities and decisions.

1.	How many co	nsortia does your Healthy Start project operate?
2.	•	asortium have an executive committee, board of directors, advisory committee, or body of the whole?
		Yes [SKIP TO #5]
		No [SKIP TO #5]
3.	Do the consor	tia vary by: (Check all that apply)
		Focus (e.g. one consortium focuses on sustainability planning, another on strengthening community partnerships, a third on Healthy Start programming)?
		Composition (e.g. one consortium is composed, by design, solely of Healthy Start participants, another has representatives from community based organizations and providers)?
		Region(s) covered (e.g. one consortium per county within the Healthy Start catchment area)?
		Decision-making authority (e.g. some consortia act in an advisory capacity, others have decision-making authority)?
		Other, specify:
4.	Which model	best describes the structure of your consortia? (Check all that apply)
		All consortia are governed by an overarching executive committee, board of directors, advisory committee, or other smaller body
		Each consortium is governed by a consortium-specific executive committee, board of directors, advisory committee, or other smaller body of the whole
		Individual members of each consortium have equal voting rights/decision-making authority
		Other, specify:
5.	Approximately place in 2009?	y how long had the consortium/set of consortia (in its current structure) been in
	# years:	# months:

6.		onsortium/a's structure(s) changed since the first Healthy Start funds were eck all that apply)
		Larger consortium/a divided into sub-committees or task forces
		Multiple smaller consortia or committees consolidated into one larger group
		Executive committee formed
		Executive committee dissolved
		New consortium/a formed or added
		One or more consortia dissolved
		Other, specify
		No changes to the consortium/a's
location project has a consort consort consort	on of the consort's decision-neconsortium for y Start effort tia considerectium. You metia that your	questions for each <i>level</i> of consortia you have. By <i>level</i> we mean the ortium within the hierarchical structure of all of your Healthy Start naking and advisory bodies. For example, if your Healthy Start project reach site that it operates and a separate consortium that guides at the project level, please respond to questions 7-15 for the site-level das a whole and then repeat questions 7-15 for the project-level may repeat questions 7-15 as many times as needed to cover the levels of Healthy Start project has.
•		t you have one consortium in question #1, above, please respond to the stions for that consortium.
7.		re included in the <i>active membership</i> of the consortium? By <i>active membership</i> , we s that attend at least half of the consortium's meeting. ( <b>Check all that apply</b> )
		Healthy Start staff
		State government
		Local government
		Project participants (i.e., recipient of Healthy Start services)
		Community participants
		Community-based organizations
		Private agencies or organizations (not community –based)
		Providers contracting with the Healthy Start project
		Other providers
		Faith-based participants
		Academic participants
		Other, specify:

8.	What is/are the	e main purpose(s) of the consortium? (Check all that apply)
		Fulfill requirements of grant guidance
		Change MCH policy in the state
		Change maternal and child health practices in the target community or system
		Share information with the community and raise awareness of maternal and child health issues
		Oversee Healthy Start project operations
		Work toward goals in the LHSAP (if applicable) or other action plan
		Bring together potential partners and enhance collaboration
		Other, specify:
9.	What is/are the	e main area(s) of the consortium's activity? (Check all that apply)
		Budget/finance planning and monitoring
		Personnel recruiting/ hiring
		Developing the scope of Healthy Start service offerings
		Bring together potential partners and enhance collaboration
		Awareness, communication, and media efforts
		Data collection/evaluation
		Sustainability planning
		Other, specify:

Activity	Frequency
10a. Meetings	☐ Monthly ☐ Quarterly ☐ Annually ☐ Twice per year ☐ Other (specify):
10b. Public Forums	☐ Monthly ☐ Quarterly ☐ Annually ☐ Twice per year ☐ Other (specify):
10c. Training/conferences	☐ Monthly ☐Quarterly ☐Annually ☐Twice per year ☐Other (specify): ☐N/A
10d. Other (specify):	☐ Monthly ☐Quarterly ☐Annually ☐Twice per year ☐Other (specify):

10.

		UNA
	10d. Other (specify):	☐ Monthly ☐ Quarterly ☐ Annually ☐ Twice per year ☐ Other (specify):
		□N/A
1.	•	the following statement: In 2009, the Healthy Start participants representative of the target community. (Check one only)
	☐ Agree somewhat	
	☐ Neither agree nor o	lisagree
	☐ Disagree somewha	ıt
	☐ Strongly disagree	
	☐ There are no Healt	hy Start participants on the consortium

12.		t do you agree with the following statement: In 2009, the provider membership on was culturally representative of the target population. ( <b>Check one only</b> )
		Strongly agree
		Agree somewhat
		Neither agree nor disagree
		Disagree somewhat
		Strongly disagree
		There are no providers on the consortium
13.	3. To what extent do you agree with the following statement: In 2009, the consortium made considerable progress toward meeting its goals. (Check one only)	
		Strongly Agree
		Agree Somewhat
		Neither Agree nor Disagree
		Disagree Somewhat
		Strongly Disagree
14.	What did the c	consortium accomplished during 2009? (Check all that apply)
		Increased awareness of infant mortality in the community
		Increased service capacity in the community
		Obtained new grants or funding
		Used funds in an innovative manner
		Increased integration of service systems
		Created sustainable partnerships among member agencies
		Influenced policy affecting access to care for the Healthy Start target population
		Enhanced cultural competence of providers
		Enhanced ability of Healthy Start project to address disparities in access and utilizing health services
		Increased Healthy Start participant involvement in our project's decision-making activities
		Increased the amount of, or access to, data available to partner organizations on the health status of the target population
		Other, specify:
		There were no accomplishments made in 2009

15. What barriers	challenged the effectiveness of the consortium in 2009? (Check all that apply)
	Insufficient staff time dedicated to assisting the consortium in its efforts
	Lack of resources for consortium activities
	Lack of collaboration/cooperation from necessary partners/stakeholders
	Irregular consortium attendance by key members
	Competing agendas member organizations
	Unstable relationships among consortium members
	Lack of history of collaborative effort among maternal and child health providers in our Healthy Start project's target area
	Unsupportive political climate
	Insufficient resources in the state or community to support our consortium's goals
	Lack of participant involvement
	Lack of strong consortium leadership
	Lack of a strategic plan for the consortium's work
	Other, specify:
	Our consortium did not have any challenges in 2009
If you indicated that you operate more than one consortium in question #1, above, please respond to the following set of questions for your entire set of consortia considered together. If you indicated that you have one consortium in question #1, above, please respond to the following set of questions for that consortium.	
16. What consorti	um activities are Healthy Start participants involved in?
	Strategic planning
	Budget/finance
	Personnel recruiting/hiring
	Developing the scope of Healthy Start service offerings
	Communication/media efforts
	Data collection/evaluation
	Sustainability activities
	Other, specify:
	There are no Healthy Start participants on the consortium

17. What strategies are used to facilitate involvement of Healthy Start participants in the cons (Check all that apply)		• • •
		Project outreach at local health centers, schools, etc.
		Flyer distribution, mailings
		Design meetings to be welcoming and interesting
		Participation in other local consortia
		Hold meetings and events at times that are convenient for participants
		Hold meetings at locations that are convenient for participants.
		Provide participation supports (e.g. hot meals, transportation, child care) (specify):
		Other, specify:
		No particular strategies are used
		There are no Healthy Start participants on the consortium
18.		es are used to promote leadership among Healthy Start participants in the Check all that apply)
		Conduct leadership training sessions for participants
		Send participants to relevant conferences
		Pay tuition for workshops or institutes
		Invite participants to facilitate meetings
		Invite participants to participate in or lead data collection efforts
		Invite participants to serve on subcommittees
		Hold retreats to include participants
		Other, specify:
		No particular strategies are used
		There are no Healthy Start participants on the consortium
19.	agencies/progr	t do you agree with the following statement: In 2009, leaders within rams/organizations and the community who have a stake in the Healthy Start ware of the Healthy Start consortium and its activities. (Check one only)
		Strongly agree
		Agree somewhat
		Neither agree nor disagree
		Disagree somewhat
		Strongly disagree

20.	To what extent do you agree with the following statement: In 2009, the consortium included members who were decision-makers (that is, people who could influence funding, policy, and programming of the organization that they represent). ( <b>Check one only</b> )	
		Strongly agree
		Agree somewhat
		Neither agree nor disagree
		Disagree somewhat
		Strongly disagree
21.	agencies/progr	t do you agree with the following statement: In 2009, nearly all of the rams/organizations that have a stake in what our Healthy Start project is trying to ere represented in the consortium. (Check one only)
		Strongly agree
		Agree somewhat
		Neither agree nor disagree
		Disagree somewhat
		Strongly disagree
22.	engage with y	stakeholder agencies/programs/organizations that you have <b>not been able to</b> our consortium, or check the box below to indicate that all stakeholder rams/ organizations are represented on your consortium.
	Stakeholo	der group #1:
	Stakeholo	der group #2:
	Stakeholo	der group #3:
	Stakeholo	der group #4:
	Stakeholo	der group #5:
		Our consortium includes representation from all agencies/programs/organizations that have a stake in what our Healthy Start project is trying to accomplish

#### PART C: DATA SYSTEMS AND TRACKING

Part C of the survey asks questions about tracking systems, local evaluation efforts, and mortality reviews that may have been conducted in the communities of Healthy Start projects.

## **Section 1: Tracking Systems**

In this section, we collect information about the Healthy Start project's ability to track information at the participant-level on services received, referrals made and completed, and health outcomes and how these data are used.

1.	Does your Healthy Start project have a tracking system for each Healthy Start participant? (Check all that apply)				
	☐ Yes, a record is maintained by Healthy Start project [ANSWER 1a-b]				
	☐ Yes, a record is maintained by contractor [ANSWER 1a-b]				
	□ No [SKIP TO 2]				
	1a. If yes, please specify what data are collected at the participant level:				
	☐ Referrals made				
	☐ Referrals completed				
	☐ Services provided				
	☐ Diagnoses, health outcomes				
	☐ Other, specify:				
	1b. Are these records maintained electronically or in a hard-copy format? (Check one only)				
	☐ Electronic format only				
	☐ Hard-copy format only				
	☐ Some types of records are maintained electronically and other types are maintained in a hard-copy format				
	<ul> <li>Our project maintains both electronic and hard-copy records for each participant</li> </ul>				
	Other, specify:				
2.	Does your Healthy Start project have a tracking system by service?				
	☐ Yes [ANSWER 2a-b]				
	□ No ISKIP TO 41				

	2a. Is participation tracked for the following services:
	□ Outreach/recruitment
	☐ Health education
	☐ Home visiting
	☐ Case management
	☐ Use of enabling services
	☐ Other, specify:
	2b. Do these records include only services provided within your Healthy Start project or also services delivered by outside providers as a result of a Healthy Start referral? (Check one only)
	☐ Only Healthy Start services
	☐ Both Healthy Start services and services delivered by referral to outside providers
	☐ Other, specify:
3.	[If yes to 1 and 2]: Are the tracking systems for services and participants linked?
	□ Yes
	□ No
4.	Does your Healthy Start project share case files or MIS with other agencies/providers (with appropriate approvals/consent)?
	□ Yes
	□ No
5.	Are data examined?
	☐ Yes [ANSWER 5a]
	□ No [SKIP TO NEXT SECTION]
	5a. For what purpose are data examined?
	☐ Project evaluation
	☐ Project planning
	☐ Required reporting (performance measures, impact reporting)
	☐ Reporting to consortium
	☐ Grant-writing
	☐ Media campaigns
	☐ Other, specify:

# **Section 2: Evaluation of Components**

The Evaluation section of the survey asks about the Healthy Start project's local evaluation efforts, including the types of studies and evaluations that have been conducted and the services that have been evaluated.

1.	Do you have a dedicated staff person for data tracking and analysis?			
	☐ Yes			
	□ No			
2.	Do you have a local evaluator?			
	☐ Yes [ANSWER 2a-c]			
	□ No [SKIP TO 3]			
	2a. Is your local evaluator on staff?			
	☐ Yes [SKIP TO 3]			
	□ No			
	2b. Is your local evaluator contracted?			
	□ Yes			
	□ No [SKIP TO 3]			
	2c. If contracted, is your local evaluator university affiliated?			
	□ Yes			
	□ No			
3.	Does your local evaluator collect data in addition to the requirements of the National Healthy Start program?			
	□ Yes			
	□ No			
4.	Have you ever conducted an evaluation of any of the services offered by your Healthy Start?			
	☐ Yes [ANSWER 4a-b]			
	□ No [SKIP TO 5]			
	4a. Did the evaluation use: (Check all that apply)			
	☐ Pre-post design			
	☐ Comparison group			
	☐ Other, specify:			

	40. Wn	ich ser	vices were evaluated?
		Outre	ach/recruitment
		☐ Health education	
	☐ Home visiting		visiting
		Case 1	management
		Use o	f enabling services
		Other,	, specify:
5.	Do you	collec	t data on any of the following as a result of the services offered?
	Matern		
			Parental attitudes, knowledge and parenting behavior
			Educational and employment outcomes
			Interconception outcomes (birth spacing, pregnancy deferment, maternal depression status, pregnancy weight gain and nutrition, prenatal care)
			Health indicators (pre-pregnancy weight, smoking status)
			Use of preventative health services/medical home access
			Our Healthy Start project does not collect these types of data
	Child		
			Birth outcomes, child's health outcomes
			Child development, achievement and behavior
			Child abuse and neglect
			Use of preventative health services/medical home access –immunizations, well-baby checkups
			Our Healthy Start project does not collect these types of data

# **Section 3: Mortality Review Data**

This section collects information about maternal, fetal, infant, and child mortality reviews that may be conducted in the Healthy Start project's community and how and whether these data reviews are used to inform Health Start project Activities.

1.	In 2009, did any of the following exist in your community?	
	☐ Fetal mortality review	
	☐ Infant mortality review	
	☐ Maternal mortality review	
	☐ Child mortality review	
	Other, specify:	
	☐ No mortality reviews existed in our community during 2009	
	1a. If yes, was Healthy Start represented?	
	□ Yes	
	□ No	
2.	Does your Healthy Start project use data from any mortality reviews?	
	☐ Yes [ANSWER 2a]	
	□ No [SKIP TO NEXT SECTION]	
	2a. In 2009, how were mortality review data used by your project?	
	☐ To track mortality by age group, race/ethnicity, socioeconomic group, and /or neighborhood	
	☐ To target outreach or health promotion	
	☐ To generate systems change goals	
	Other, specify:	

### PART D. REFLECTIONS AND ACCOMPLISHMENTS

# **Section 1: Reflections on Your Healthy Start Project**

This section assesses grantees' perceived accomplishments and progress towards intermediate and long-term outcomes. Finally, questions related to changes over time capture information about key contextual factors and barriers.

1.	Which of the following <u>intermediate</u> outcomes did your Healthy Start project achieve in 200 (Check all that apply)	
		Increased access to the services available for our participants
		Increased positive health behaviors among our participants
		Increased number of participants with a medical home
		Increased integration of prenatal, primary care, and mental health services
		Increased awareness of the importance of interconceptional care
		Increased awareness of disparities in birth outcomes as a priority in the community
		Increased screening for perinatal depression among providers in the community
		Increased cultural competence of providers in our community
		Increased participant involvement in Healthy Start decision-making
		Increased participant involvement in decision-making among partner agencies
		Increased participant involvement in other community activities addressing systems changes
		Other, specify:
		No intermediate outcomes were achieved in 2009

1a.	If any of the above are checked, ask 1a (for each): What evidence/findings does your project have to support this?
	☐ Healthy Start Impact Reports
	☐ MCHB Performance Measures
	☐ New and Continuing Applications
	☐ Local Evaluation Findings
	☐ Anecdotal/ Case Study Findings [ANSWER 1ai]
	1ai Is this verified?
	☐ Yes
	□ No
	Other, specify:
	☐ No intermediate outcomes were achieved in 2009
	that apply)
	☐ Improved birth outcomes
	☐ Improved maternal health
	☐ Increased birth spacing
	☐ Improved child health
	☐ Sustained community capacity to reduce disparities in health status in the community
	□ No long-term outcomes were achieved in 2009
2a.	If any of the above are checked, ask 2a (for each): What evidence/findings does your project have to support this?
	☐ Healthy Start Impact Reports
	☐ MCHB Performance Measures
	☐ New and Continuing Applications
	☐ Local Evaluation Findings
	☐ Anecdotal/ Case Study Findings [ANSWER 2ai]
	2ai Is this verified?
	☐ Yes
	□ No
	☐ Other, specify:

3. To what extent did the following activities conducted by your Healthy Start project contribute to reducing disparities in maternal and infant health outcomes? For each activity listed in 3a –3s, indicate the extent of the contribution. If your Healthy Start project did not perform an activity, please check column E, "No contribution."

	Check one box only for each row below:				
	A	A B C D			E
Activities	Primary contribution	Major contribution	Moderate contribution	Minor contribution	No contribution or N/A
3a. Outreach and client recruitment					
3b. Case management					
3c. Client health education					
3d. Consortium					
3e. Local health systems action plan					
3f. Collaboration with participants					
3g. Collaboration with State Title V					
3h. Collaboration with Local Title V					
3i. Collaboration with other public agencies					
3j. Collaboration with community-based organizations				_	
3k. Collaboration with private agencies (including private health care providers)					
31. Provider education					
3m. Perinatal depression screening					
3n. Interconceptional care					
3o. Enabling services					
3p. Home visiting services					
3q. Male involvement					
3r. Medical Home partnerships					
3s. Other, specify:					

4. Below are some general statements about how a Healthy Start project may relate to the community in which it is based. For each statement (4a-4p), check one box only to indicate how strongly you agree or disagree with the statement.

		Check one box only for each row:				
		A B C D E			E	
		Strongly Agree	Agree Somewhat	Neither Agree nor Disagree	Disagree Somewhat	Strongly Disagree
4a.	Many changes/solutions have been implemented as a result of Healthy Start recommendations					
4b.	Healthy Start is connected to the community's power structure					
4c.	Policy-makers participate in or are accessible to the Healthy Start program					
4d.	An institutional and fiscal base of support sustains Healthy Start activities					
4e.	MCH agencies/providers take ownership of Healthy Start goals					
4f.	Healthy Start contributes to the community's capacity for assessing maternal and child health					
4g.	Healthy Start is an integral part of the delivery system in the community					
4h.	Healthy Start has identified access problems in the health care system					
4i.	Healthy Start has created solutions to address health care access problems					
4j.	Healthy Start has identified strategies for addressing disparities					
4k.	Healthy Start has implemented strategies for reducing disparities					
41.	Healthy Start processes maintain a good balance between medical, public health, and community viewpoints					
4m.	Communication between community agencies and institutions has improved as a result of Healthy Start			0		
4n.	The consortium takes into account participants' views					
40.	Residents of our community are aware of the Healthy Start program					
4p.	Healthy Start can document a positive effect on local maternal and child health issues					

5.	Please indicate whether the following community-related factors remain unchanged, have
	improved, or have declined over the past 5 years:

Community Factors	Unchanged <b>↓</b>	Improved <b>↓</b>	Declined 🗸
5a. Poverty/Income level			
5b. Availability of mental health providers			
5c. Unemployment			
5d. Availability of funding			
5e. Access to health care			
5f. Crime rate			
5g. Quality/adequacy of available care			
5h. Disease burden			
5i. Other, specify:			

6.	Over the past 5 years, has the racial/ethnic make up of the community in which your Health
	Start project operates changed?

Yes
No

7. Please indicate whether the following <u>project-related</u> factors remain unchanged, have increased or decreased over the past 5 years:

Community Factors	Unchanged <b>↓</b>	Improved <b>↓</b>	Declined 🗸
7a. Number of eligible women			
7b. Availability of funding			
7c. Type of collaborations			
7d. Number of collaborations			
7e. Availability of culturally competent staff			
7f. Participant involvement			
7g. Other, specify:			