



National Institutes of Health  
National Cancer Institute  
Bethesda, Maryland 20892



**www.webhealthstudy.gov**      **Special Study Code:**

Dear AARP Member,

We would like to ask you to participate in a new evaluation sponsored by the U.S. National Institutes of Health (NIH) and AARP. The name of this study is **iCLIC**, which stands for the *Interactive* Comprehensive Lifestyle Interview by Computer study.

Information from this study will add to our knowledge from an existing study called the NIH-AARP Diet and Health Study. That study began in 1995, and more than 500,000 AARP members have participated. (See <http://dietandhealth.cancer.gov> for more information.)

In **iCLIC**, we ask you to answer online questionnaires about your diet, lifestyle, and health history over the past 24 hours and the past year. You will have 60 to 90 days to complete up to four different questionnaires.

The goal of **iCLIC** is to evaluate a set of new online questionnaires that are replacing the paper questionnaires you've completed in the past. As Internet communication gets easier, researchers believe that online questionnaires will become a better way to gather scientific information about health concerns.

**(more on back)**

We would greatly appreciate your participation in this study. To complete the questionnaires, you will need a high-speed Internet connection and an email address. Please refer to the **iCLIC** instruction card enclosed with this letter for full instructions. As explained on the card, the study website can be found at [www.webhealthstudy.gov](http://www.webhealthstudy.gov). Use the Special Study Code on the front of this letter to enter the site.

Once you have consented to participate in the study and answered some information about yourself, you will create your username and password and be presented with your online questionnaire schedule.

If you encounter problems registering or enrolling in the study, please send an email to [iCLICStudy@westat.com](mailto:iCLICStudy@westat.com) or call toll-free to 1-888-302-6672 and we will get back to you as soon as we can. Your participation is completely voluntary, and you may withdraw at any time. Thanks again for considering participation in this new way to collect health information!

Sincerely,

A handwritten signature in black ink that reads "Arthur Schatzkin". The signature is written in a cursive style with a large initial "A".

Arthur Schatzkin, M.D., Dr.P.H.

Principal Investigator, **iCLIC**

(Interactive Comprehensive Lifestyle Interview by Computer Study)



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Dear NIH-AARP Diet and Health Study Participant,

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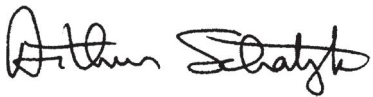
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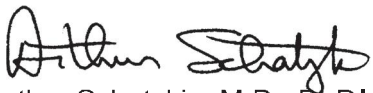
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601 E Street, NW  
Washington, DC 20049

T 202-434-2277  
1-888-OUR-AARP  
1-888-687-2277  
TTY 1-877-434-7598  
www.aarp.org

Dear AARP Member:

I am happy to announce that AARP is working with the National Institutes of Health on a very important research project on health behaviors. The Interactive Comprehensive Lifestyle Interview by Computer (iCLIC) study will ask about your diet, lifestyle and health history over the past year. For the first time ever, this type of study will be conducted by computer over the Internet.

I'd like to ask you to think about participating in this research project because I believe it has the potential to increase our understanding of the health and wellness needs of midlife and older adults in the United States and globally. The opportunity to volunteer for the iCLIC study is only being offered to AARP members. Your participation in the study will help make a difference in the lives of millions of Americans.

The accompanying letter from Dr. Arthur Schatzkin of the National Institutes of Health provides more detail about the study and what is involved in participating. To become a participant, please follow the instructions provided by Dr. Schatzkin.

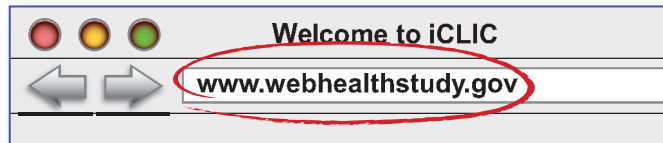
AARP is pleased to be assisting with this important study. I hope you will take the time to participate.

Sincerely,

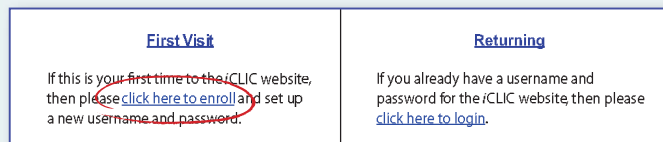
William D. Novelli  
Chief Executive Officer

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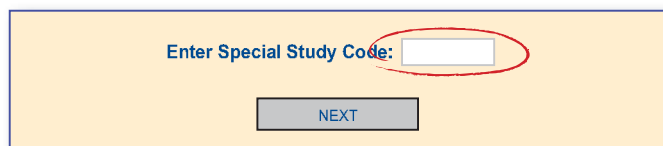
- 1** Enter [www.webhealthstudy.gov](http://www.webhealthstudy.gov) in your web browser.



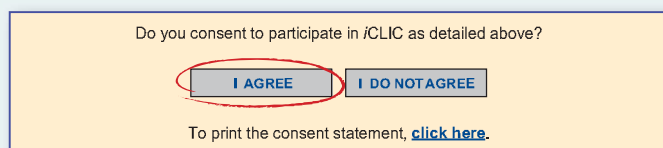
- 2** Select the [click here to enroll](#) link on the left-hand side of the screen.



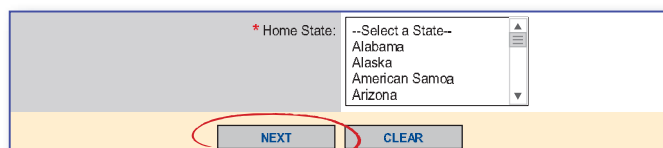
- 3** Enter your Special Study Code from your invitation letter and click **NEXT**.



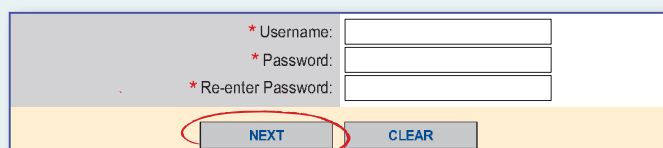
- 4** Read the consent statement. If you agree to participate, please select **"I AGREE."**



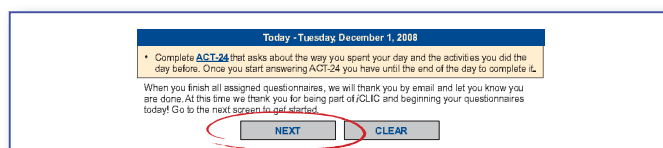
- 5** Please provide information about yourself. Remember to click the **NEXT** button at the bottom of each screen.



- 6** Choose a Username and Password. Click the **NEXT** button.



- 7** Read your activity schedule. Click the **NEXT** button.



- 8** To get started right away, click on **"Start Now."**

Current Survey Items			
Questionnaire	Status	Action	Scheduled Date
LHQ	Ready to Start	<a href="#">Start Now</a>	
ACT-24	Upcoming		Early January 2009
DHQ	Upcoming		Early January 2009

Thank you for enrolling in the iCLIC Study!

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