

# **Lifestyle Intervention MDE Field Descriptions**

**Data User's Manual  
Version 7.00  
July 2008**

Public reporting burden of this collection of information is estimated to average 8 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0612)

## Part A: Lifestyle Intervention MDE Field Descriptions

	Name	Type	Location
0. MDE Version			
a. MDE version	MDEVer	Numeric	1 – 3
1. Lifestyle Intervention Location			
a. State/Tribal FIPS Code	StFIPS	Character	4 – 5
2. Record Identification			
a. Unique Lifestyle Intervention Record ID Number	NRec	Numeric	6-11
3. Participant Information			
a. Unique Participant ID Number	EncodeID	Character	12-26
4. Lifestyle Intervention Date			
a. Date of Lifestyle Intervention Session	Intervention	Numeric	27-34
5. Lifestyle Intervention Information			
a. Type of Contact	ContactType	Numeric	35-36
b. Setting	Setting	Numeric	37
6. Lifestyle Intervention Session Focus			
a. Nutrition	Nutrition	Numeric	38
b. Linked to Community-Based Nutrition Resources	NutLink	Numeric	39
c. Physical Activity	PA	Numeric	40
d. Linked to Community-Based Physical Activity Resources	PALink	Numeric	41
e. Linked to Proactive Tobacco Quit Line	QuitLine	Numeric	42
f. Linked to Community-Based Tobacco Cessation Resources	TobacLink	Numeric	43

## Part B: Lifestyle Intervention MDE Field Descriptions

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### Section 0: MDE Version

Item	0a: MDE version
Purpose	To specify the version of the MDE that was used to construct the file.
Name	MDEVer
Length	3
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	1
Edits	Cannot be blank.
Contents	700 Version 7.00
Explanation	Enter the version of the MDE that was used to construct the files.
Example	MDE version 7.00: 700

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### Section 1: Lifestyle Intervention Location

Item	1a: State/Tribal FIPS Code
Purpose	To specify the FIPS or Tribal Program code for the State or Tribe where the lifestyle intervention occurred.
Name	StFIPS
Length	2
Type	Character
Justification	Left
Leading Zeros	Yes
Beginning Position	4
Edits	Valid FIPS State/territorial/tribal code; cannot be blank.
Contents	06 California (CA) 09 Connecticut (CT) 17 Illinois (IL) 19 Iowa (IA) 25 Massachusetts (MA) 26 Michigan (MI) 27 Minnesota (MN) 29 Missouri (MO) 31 Nebraska (NE) 37 North Carolina (NC) 41 Oregon (OR) 42 Pennsylvania (PA) 45 South Carolina (SC) 46 South Dakota (SD) 49 Utah (UT)

	50 Vermont (VT)
	51 Virginia (VA)
	54 West Virginia (WV)
	55 Wisconsin (WI)
	85 Southeast Alaska Region Health Consortium (SEARHC)
	92 Southcentral Foundation (SCF)
Explanation	The State FIPS codes are the Federal Information Processing Standard codes developed by the National Bureau of Standards. The Tribal Program codes are codes assigned by CDC to be used by the Tribal Programs in lieu of State FIPS codes.
Example	Connecticut: 09

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### Section 2: Record Identification

Item	2a: Unique Lifestyle Intervention Record ID Number
Purpose	To uniquely identify records within the file.
Name	NRec
Length	6
Type	Numeric
Justification	Right

### Part B: Lifestyle Intervention MDE Field Descriptions (continued)

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Leading Zeros	No
Beginning Position	6
Edits	Cannot be blank.
Contents	
Explanation	The record ID number is unique and is a sequence number from 1 to the number of records in the file.
Example	Sequence number: 254

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### Section 3: Participant Information

Item	3a: Unique Participant ID Number
Purpose	To uniquely identify a participant.
Name	EncodeID
Length	15
Type	Character
Justification	Left
Leading Zeros	n/a
Beginning Position	12
Edits	Cannot be blank.
Contents	
Explanation	If Social Security number is used, encode it. One simple method is to

**Part B: Lifestyle Intervention MDE Field Descriptions (continued)**

rearrange the order of the 9 digits. The ID number is unique and constant for each participant to track the participant over time. WISEWOMAN uses the NBCCEDP ID number.

Example ID: 1234567890

**Section 4: Lifestyle Intervention Date**

Item	4a: Date of Lifestyle Intervention Session
Purpose	To specify the date of the lifestyle intervention session.
Name	Intervention
Length	8
Type	Numeric
Justification	Right
Leading Zeros	Yes
Beginning Position	27
Edits	Cannot be blank. INTERVENTION>=AssessDate, WeightDate, BPDDate, TCDate, BGDate (dates are from the first screening record).
Contents	MMDDCCYY Date
Explanation	Record the date of the lifestyle intervention session. Lifestyle intervention date must occur on or after the date that the baseline screening and assessment measurements are completed.
Example	March 31, 2010: 03312010

**Section 5: Lifestyle Intervention Information**

Item	5a: Type of Contact
Purpose	To specify the type of contact used for the lifestyle intervention session.
Name	ContactType
Length	2
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	35
Edits	Valid range, cannot be blank.
Contents	1 Face-to-Face 2 Phone 3 Evidence that mailed materials were opened and reviewed 4 Evidence that audiotape or DVD was opened and reviewed 5 Evidence that computer based session was completed

## Part B: Lifestyle Intervention MDE Field Descriptions (continued)

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77 Unknown

These response options may be expanded by CDC to accommodate other types of lifestyle intervention contacts.

Explanation Record the type of contact used for the lifestyle intervention session.

Example Face-to-Face contact: 1

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### Section 5: Lifestyle Intervention Information

Item 5b: Setting

Purpose To specify the setting for the lifestyle intervention session.

Name Setting

Length 1

Type Numeric

Justification Right

Leading Zeros No

Beginning Position 37

Edits Valid range, cannot be blank.

Contents 1 Individual

2 Group

7 Unknown

Explanation Record the type of setting used for the lifestyle intervention session.

Example Group session: 2

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### Section 6: Lifestyle Intervention Session Focus

Item 6a: Nutrition

Purpose To indicate whether the participant received nutrition counseling during the lifestyle intervention session.

Name Nutrition

Length 1

Type Numeric

Justification Right

Leading Zeros No

Beginning Position 38

Edits Valid range; cannot be blank.

Contents 1 Yes

2 No

7 Unknown

## Part B: Lifestyle Intervention MDE Field Descriptions (continued)

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Explanation	Indicate whether the participant received nutrition counseling during the lifestyle intervention session.
Example	Did not receive nutrition counseling: 2

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### Section 6: Lifestyle Intervention Session Focus

Item	6b: Linked to Community-Based Nutrition Resources
Purpose	To indicate whether the participant was linked to community-based nutrition resources during the lifestyle intervention session.
Name	NutLink
Length	1
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	39
Edits	Valid range; cannot be blank.
Contents	1 Yes 2 No 7 Unknown
Explanation	Indicate whether the participant was linked to community-based nutrition resources during the lifestyle intervention session.
Example	Was linked to community-based nutrition resources: 1

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### Section 6: Lifestyle Intervention Session Focus

Item	6c: Physical Activity
Purpose	To indicate whether the participant received physical activity counseling during the lifestyle intervention session.
Name	PA
Length	1
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	40
Edits	Valid range; cannot be blank.
Contents	1 Yes 2 No 7 Unknown
Explanation	Indicate whether the participant received physical activity counseling during the lifestyle intervention session.

**Part B: Lifestyle Intervention MDE Field Descriptions (continued)**

Example	Received physical activity counseling: 1
<b>Section 6: Lifestyle Intervention Session Focus</b>	
Item	6d: Linked to Community-Based Physical Activity Resources
Purpose	To indicate whether the participant was linked to community-based physical activity resources during the lifestyle intervention session.
Name	PALink
Length	1
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	41
Edits	Valid range; cannot be blank.
Contents	1 Yes 2 No 7 Unknown
Explanation	Indicate whether the participant was linked to community-based physical activity resources during the lifestyle intervention session.
Example	Was not linked to community-based physical activity resources: 2
<b>Section 6: Lifestyle Intervention Session Focus</b>	
Item	6e: Linked to Proactive Tobacco Quit Line
Purpose	To indicate whether the participant was linked to a proactive tobacco quit line during the lifestyle intervention session.
Name	QuitLine
Length	1
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	42
Edits	Valid range; cannot be blank.
Contents	1 Yes 2 No 7 Unknown
Explanation	Indicate whether the participant was linked to a proactive tobacco quit line during the lifestyle intervention session.
Example	Was linked to a proactive tobacco quit line: 1



**Part B: Lifestyle Intervention MDE Field Descriptions (continued)**

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**Section 6: Lifestyle Intervention Session Focus**

Item	6f: Linked to Community-Based Tobacco Cessation Resources
Purpose	To indicate whether the participant was linked to community-based tobacco cessation resources during the lifestyle intervention session.
Name	TobacLink
Length	1
Type	Numeric
Justification	Right
Leading Zeros	No
Beginning Position	43
Edits	Valid range; cannot be blank.
Contents	1 Yes 2 No 7 Unknown
Explanation	Indicate whether the participant was linked to community-based tobacco cessation resources during the lifestyle intervention session.
Example	Not known whether linked to community-based tobacco cessation resources: 7

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