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# Lifestyle Intervention MDE Field Descriptions

Data User's Manual Version 7.00 July 2008

Public reporting burden of this collection of information is estimated to average 8 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0612)

**Part A: Lifestyle Intervention MDE Field Descriptions** 

	Name	Туре	Location
0. MDE Version			
a. MDE version	MDEVer	Numeric	1 - 3
1. Lifestyle Intervention Location			
a. State/Tribal FIPS Code	StFIPS	Character	4 - 5
2. Record Identification			
a. Unique Lifestyle Intervention Record ID Number	NRec	Numeric	6-11
3. Participant Information			
a. Unique Participant ID Number	EncodeID	Character	12-26
4. Lifestyle Intervention Date			
a. Date of Lifestyle Intervention Session	Intervention	Numeric	27-34
5. Lifestyle Intervention Information			
a. Type of Contact*	ContactType	Numeric	35-36
b. Setting	Setting	Numeric	37
6. Lifestyle Intervention Session Focus			
a. Nutrition	Nutrition	Numeric	38
b. Linked to Community-Based Nutrition Resources	NutLink	Numeric	39
c. Physical Activity	PA	Numeric	40
d. Linked to Community-Based Physical Activity Resources	PALink	Numeric	41
e. Linked to Proactive Tobacco Quit Line	QuitLine	Numeric	42
f. Linked to Community-Based Tobacco Cessation Resources	TobacLink	Numeric	43
g. Indicate whether the participant received smoking cessation counseling during lifestyle intervention session	TobacCoun	Numeric	44

Version 7.00, July 2008 Page 1 of 8

#### Part B: Lifestyle Intervention MDE Field Descriptions

#### Section 0: MDE Version

Item 0a: MDE version

Purpose To specify the version of the MDE that was used to construct the file.

Name MDEVer

Length 3

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 1

Edits Cannot be blank.
Contents 700 Version 7.00

Explanation Enter the version of the MDE that was used to construct the files.

Example MDE version 7.00: 700

### **Section 1: Lifestyle Intervention Location**

Item 1a: State/Tribal FIPS Code

Purpose To specify the FIPS or Tribal Program code for the State or Tribe where

the lifestyle intervention occurred.

Name StFIPS

Length 2

Type Character
Justification Left
Leading Zeros Yes
Beginning Position 4

Edits Valid FIPS State/territorial/tribal code; cannot be blank.

Contents 06 California (CA)

09 Connecticut (CT)

17 Illinois (IL)

19 Iowa (IA)

25 Massachusetts (MA)

26 Michigan (MI)27 Minnesota (MN)

29 Missouri (MO)

31 Nebraska (NE)

37 North Carolina (NC)

41 Oregon (OR)

42 Pennsylvania (PA)

45 South Carolina (SC)

46 South Dakota (SD)

49 Utah (UT)

Version 7.00, July 2008 Page 2 of 8

50 Vermont (VT)51 Virginia (VA)54 West Virginia (WV)55 Wisconsin (WI)

85 Southeast Alaska Region Health Consortium (SEARHC)

92 Southcentral Foundation (SCF)

Explanation The State FIPS codes are the Federal Information Processing Standard

codes developed by the National Bureau of Standards. The Tribal Program codes are codes assigned by CDC to be used by the Tribal

Programs in lieu of State FIPS codes.

Example Connecticut: 09

**Section 2: Record Identification** 

Item 2a: Unique Lifestyle Intervention Record ID Number

Purpose To uniquely identify records within the file.

Name NRec Length 6

Type Numeric Justification Right

**Part B: Lifestyle Intervention MDE Field Descriptions (continued)** 

Leading Zeros No Beginning Position 6

Edits Cannot be blank.

Contents

Explanation The record ID number is unique and is a sequence number from 1 to the

number of records in the file.

Example Sequence number: 254

**Section 3: Participant Information** 

Item 3a: Unique Participant ID Number Purpose To uniquely identify a participant.

Name EncodeID

Length 15

Type Character

Justification Left
Leading Zeros n/a
Beginning Position 12

Edits Cannot be blank.

Contents

Explanation If Social Security number is used, encode it. One simple method is to

Version 7.00, July 2008 Page 3 of 8

rearrange the order of the 9 digits. The ID number is unique and constant for each participant to track the participant over time. WISEWOMAN

uses the NBCCEDP ID number.

Example ID: 1234567890

**Section 4: Lifestyle Intervention Date** 

Item 4a: Date of Lifestyle Intervention Session

Purpose To specify the date of the lifestyle intervention session.

Name Intervention

Length 8

Type Numeric
Justification Right
Leading Zeros Yes
Beginning Position 27

Edits Cannot be blank.

INTERVENTION>=AssessDate, WeightDate, BPDate, TCDate, BGDate

(dates are from the first screening record).

Contents MMDDCCYY Date

Explanation Record the date of the lifestyle intervention session.

Lifestyle intervention date must occur on or after the date that the baseline screening and assessment measurements are completed.

Example March 31, 2010: 03312010

**Section 5: Lifestyle Intervention Information** 

Item 5a: Type of Contact\*

Purpose To specify the type of contact used for the lifestyle intervention session.

Name ContactType

Length 2

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 35

Edits Valid range, cannot be blank.

Contents 1 Face-to-Face

2 Phone

3 Evidence that mailed materials were opened and reviewed 4 Evidence that audiotape or DVD was opened and reviewed

5 Evidence that computer based session was completed

Version 7.00, July 2008 Page 4 of 8

6. Referral to community based resources with no WISEWOMAN LSI – referral confirmed

7. Referral to community based resources with no WISEWOMAN LSI -

referral not confirmed

77 Unknown

These response options may be expanded by CDC to accommodate other

types of lifestyle intervention contacts.

Explanation Record the type of contact used for the lifestyle intervention session.

Example Face-to-Face contact: 1

**Section 5: Lifestyle Intervention Information** 

Item 5b: Setting

Purpose To specify the setting for the lifestyle intervention session.

Name Setting

Length 1

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 37

Edits Valid range, cannot be blank.

Contents 1 Individual

2 Group7 Unknown

Explanation Record the type of setting used for the lifestyle intervention session.

Example Group session: 2

**Section 6: Lifestyle Intervention Session Focus** 

Item 6a: Nutrition

Purpose To indicate whether the participant received nutrition counseling during

the lifestyle intervention session.

Name Nutrition

Length 1

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 38

Edits Valid range; cannot be blank.

Version 7.00, July 2008 Page 5 of 8

Contents

1 Yes
2 No
7 Unknown

Explanation

Indicate whether the participant received nutrition counseling during the lifestyle intervention session.

Example

Did not receive nutrition counseling: 2

Section 6: Lifestyle Intervention Session Focus

Item 6b: Linked to Community-Based Nutrition Resources

Purpose To indicate whether the participant was linked to community-based

nutrition resources during the lifestyle intervention session.

Name NutLink

Length 1

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 39

Edits Valid range; cannot be blank.

Contents 1 Yes

2 No

7 Unknown

Explanation Indicate whether the participant was linked to community-based nutrition

resources during the lifestyle intervention session.

Example Was linked to community-based nutrition resources: 1

**Section 6: Lifestyle Intervention Session Focus** 

Item 6c: Physical Activity

Purpose To indicate whether the participant received physical activity counseling

during the lifestyle intervention session.

Name PA Length 1

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 40

Edits Valid range; cannot be blank.

Contents 1 Yes

Version 7.00, July 2008 Page 6 of 8

2 No 7 Unknown **Explanation** Indicate whether the participant received physical activity counseling during the lifestyle intervention session. Example Received physical activity counseling: 1 **Section 6: Lifestyle Intervention Session Focus** Item 6d: Linked to Community-Based Physical Activity Resources **Purpose** To indicate whether the participant was linked to community-based physical activity resources during the lifestyle intervention session. Name **PALink** Length 1 **Type** Numeric Justification Right Leading Zeros No **Beginning Position** 41 **Edits** Valid range; cannot be blank. Contents 1 Yes 2 No 7 Unknown **Explanation** Indicate whether the participant was linked to community-based physical activity resources during the lifestyle intervention session. Example Was not linked to community-based physical activity resources: 2 **Section 6: Lifestyle Intervention Session Focus** Item 6e: Linked to Proactive Tobacco Quit Line To indicate whether the participant was linked to a proactive tobacco quit **Purpose** line during the lifestyle intervention session. Name QuitLine Length 1 Type Numeric Justification Right

Edits Valid range; cannot be blank.

No 42

Contents 1 Yes

Leading Zeros

**Beginning Position** 

2 No

Version 7.00, July 2008 Page 7 of 8

7 Unknown Indicate whether the participant was linked to a proactive tobacco quit Explanation line during the lifestyle intervention session. Was linked to a proactive tobacco guit line: 1 Example **Section 6: Lifestyle Intervention Session Focus** 6f: Linked to Community-Based Tobacco Cessation Resources Item To indicate whether the participant was linked to community-based Purpose tobacco cessation resources during the lifestyle intervention session. Name **TobacLink** Length 1 Type Numeric Justification Right Leading Zeros No **Beginning Position** 43 **Edits** Valid range; cannot be blank. Contents 1 Yes 2 No 7 Unknown Explanation Indicate whether the participant was linked to community-based tobacco cessation resources during the lifestyle intervention session. Example Not known whether linked to community-based tobacco cessation

**Section 6: Lifestyle Intervention Session Focus** 

Item 6g: Indicate whether participant received smoking cessation counseling

during lifestyle intervention.

resources: 7

Purpose To indicate whether the participant was linked to community-based

tobacco cessation resources during the lifestyle intervention session.

Name TobacLink

Length 1

Type Numeric
Justification Right
Leading Zeros No
Beginning Position 44

Edits Valid range; cannot be blank.

Contents 1 Yes

2 No

Version 7.00, July 2008 Page 8 of 8

7 Unknown

Version 7.00, July 2008 Page 9 of 8