OMB Approved No. 2900-XXXX Respondent Burden: 30 minutes

Department of Vete	erans
	Department of Vete

HAND AND FINGER CONDITIONS DISABILITY BENEFITS QUESTIONNAIRE

Affairs IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) WILL NOT PAY OR REIMBURSE ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION ON REVERSE BEFORE COMPLETING FORM. PATIENT/VETERAN'S SOCIAL SECURITY NUMBER NAME OF PATIENT/VETERAN **NOTE TO PHYSICIAN:** Your patient is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the veteran's claim. **SECTION I - DIAGNOSIS** 1A. DOES THE VETERAN HAVE A HAND CONDITION? YES NO (If "Yes," complete Item 1C) (If "No," complete Item 1B) 1B. PROVIDE RATIONALE (e.g. veteran does not currently have any known hand condition) 1C. PROVIDE ONLY DIAGNOSES THAT PERTAIN TO HAND CONDITIONS, UNDER RIGHT AND/OR LEFT HAND(S) SIDE AFFECTED DIAGNOSIS #1 -ICD CODE -DATE OF DIAGNOSIS -Right Left Both SIDE AFFECTED DIAGNOSIS #2 -ICD CODE -DATE OF DIAGNOSIS -Right Left Both SIDE AFFECTED DIAGNOSIS #3 -ICD CODE -DATE OF DIAGNOSIS -Right Left Both 1D. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN TO HAND CONDITIONS, LIST USING ABOVE FORMAT: **SECTION II - MEDICAL HISTORY** 2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S HAND CONDITION(S) (brief summary) 2B. DOMINANT HAND Right Left Ambidextrous 2C. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE FUNCTION OF THE AFFECTED JOINT? ☐ YES ☐ NO If "Yes," document the veteran's description of the impact of flare-ups in his or her own words: SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS 3A. IS THERE LIMITATION OF MOTION FOR ANY FINGERS AND/OR THUMB? ☐ YES ☐ NO If "No," skip to section 4 If "Yes," indicate digit(s) affected: (check all that apply) ☐ None ☐ Thumb ☐ Index finger ☐ Long finger Ring finger Little finger ☐ Index finger Long finger None Thumb Ring finger Little finger 3B. ABILITY TO OPPOSE THUMB: Is there a gap between the thumb pad and the fingers? ☐ YES ☐ NO If "Yes," indicate distance of gap and side affected: Less than 1 inch (2.5cm.) Right Left Both Both 1 to 2 inches (2.5 to 5.1 cm.) Right Left More than 2 inches (5.1 cm.) Right Left Both 3C. FINGER FLEXION: Is there a gap between any fingertips and the proximal transverse crease of the palm? ☐ YES ☐ NO If "Yes," is the gap less than 1 inch (2.5 cm)? If "Yes," indicate finger(s) affected (check all that apply): ☐ Index finger ☐ Long finger Ring finger Little finger Right: Left: ☐ Index finger ☐ Long finger Ring finger Little finger If "Yes," is the gap less than 1 inch (2.5 cm) or more? ☐YES ☐ NO If "Yes," indicate finger(s) affected (check all that apply): ☐ Index finger ☐ Long finger Right: Ring finger Little finger

VA FORM JAN 2011 Left:

Page 1

☐ Index finger ☐ Long finger

Ring finger

Little finger

SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS (Continued)
3D. FINGER EXTENSION: Is there limitation of extension for the index finger and/or long finger?
YES NO If "Yes," is extension limited by no more than 30 degrees (unable to extend finger fully, extension limited to between 0 and 30 degrees of flexion)?
YES NO
If "Yes," indicate finger(s) affected (check all that apply):
Right: Index finger Long finger
Left: Index finger Long finger
If "Yes," is extension limited by more than 30 degrees (unable to extend finger fully, extension limited to 31 degrees or more of flexion)?
□ YES □ NO
If "Yes," indicate finger(s) affected (check all that apply):
Right: Index finger Long finger
Left: Index finger Long finger
3E. IF ROM DOES NOT CONFORM TO THE NORMAL RANGE OF MOTION IDENTIFIED ABOVE BUT IS NORMAL FOR THIS VETERAN (for reasons other than a hand condition, such as age, body habitus, neurologic disease), EXPLAIN:
SECTION IV - ROM MEASUREMENTS AFTER REPETITIVE USE TESTING
NOTE - For VA purposes, repetitive-use testing must also be performed. The VA has determined that 3 repetitions, at minimum, can serve as a representative test for the effect of repetitive
use. Following initial ROM assessment, the clinician must perform repetitive-use testing.
4A. IS VETERAN ABLE TO PERFORM REPETITIVE-USE TESTING WITH 3 REPETITIONS?
L YES L NO
If "No," provide reason:
If "No," skip to section 5)
If veteran is able to perform repetitive-use testing, assess ROM after a minimum of 3 repetitions and report the the post-test results in 4B through 4E. 4B. IS THERE ADDITIONAL LIMITATION OF MOTION FOR ANY FINGERS POST-TEST?
Right: Thumb Index finger Ring finger Little finger
Left:
4C. IS THERE A GAP BETWEEN THE THUMB PAD AND THE FINGERS (ability to oppose thumb) POST-TEST?
☐ YES ☐ NO
If "Yes," indicate distance of gap and side affected)
Less than 1 inch (2.5cm.) Right Left Both
1 to 2 inches (2.5 to 5.1 cm.) Right Eleft Both
More than 2 inches (5.1 cm.) Right Left Both
4D. IS THERE A GAP BETWEEN ANY FINGERTIPS AND THE PROXIMAL TRANSVERSE CREASE OF THE PALM (assessment of limitation of finger flexion) POST-TEST?
☐ YES ☐ NO
If "Yes," is the gap less than 1 inch (2.5 cm)?
YES NO
If "Yes," indicate finger(s) affected <i>(check all that apply):</i> Right: Index finger Long finger Ring finger Little finger
Left: Index finger Long finger Ring finger Little finger
If "Yes," is the gap 1 inch (2.5 cm) or more?
YES NO
If "Yes," indicate finger(s) affected (check all that apply):
Right: Index finger Long finger Ring finger Little finger
Left: Index finger Long finger Ring finger Little finger
4E. IS THERE ADDITIONAL LIMITATION OF EXTENSION FOR THE INDEX FINGER OR LONG FINGER POST-TEST?
☐ YES ☐ NO
If "Yes," is extension limited by no more than 30 degrees? (unable to extend finger fully; extension limited to between 5 and 30 degrees of flexion)
☐ YES ☐ NO
If "Yes," indicate finger(s) affected (check all that apply):
Right:
Left:
If "Yes," is extension limited by more than 30 degrees? (unable to extend finger fully; extension limited to 35 degrees or more of flexion)
YES NO If "Yes," indicate finger(s) affected (check all that apply):
Right: Index finger Long finger
Left: Index finger Long finger

VA FORM JAN 2011, 21-0960M-7 Page 2

SECTION V - FUNCTIONAL LOSS AND ADDITIONAL LIMITATION OF ROM							
5A. DOES THE VETERAN HAVE ANY FUNCTIONAL LOSS AND/OR FUNCTIONAL IMPAIRMENT OF ANY OF THE FINGERS AND/OR THUMB?							
☐ YES ☐ NO							
5B. DOES THE VETERAN HAVE ADDITIONAL LIMITATION IN ROM OF ANY OF THE FINGERS AND/OR THUMB FOLLOWING REPETITIVE-USE TESTING?							
YES NO							
5C. IF THE VETERAN HAS FUNCTIONAL LOSS, FUNCTIONAL IMPAIRMENT AND/OR ADDITIONAL LIMITATION OF ROM OF ANY OF THE FINGERS AND/OR THUMB AFTER REPETITIVE USE, INDICATE THE CONTRIBUTING FACTORS OF DISABILITY BELOW							
CHECK ALL THAT APPLY AND INDICATE DIGIT AND SIDE AFFECTED:							
☐ No functional loss for right hand, thumb or fingers							
☐ No functional loss for left hand, thumb or fingers							
Less movement than normal							
Right:							
Left: Thumb Index finger Long finger Ring finger Little finger							
☐ More movement than normal							
Right:							
Left: Thumb Index finger Long finger Ring finger Little finger							
Weakened movement							
Right:							
Left: ☐ Thumb ☐ Index finger ☐ Long finger ☐ Ring finger ☐ Little finger							
Excess fatigability							
Right: Thumb Index finger Long finger Ring finger Little finger							
Left: ☐ Thumb ☐ Index finger ☐ Long finger ☐ Ring finger ☐ Little finger							
Incoordination, impaired ability to execute skilled movements smoothly							
Right: Thumb Index finger Long finger Ring finger Little finger							
Left: ☐ Thumb ☐ Index finger ☐ Long finger ☐ Ring finger ☐ Little finger							
Pain on movement							
Right:							
Left: ☐ Thumb ☐ Index finger ☐ Long finger ☐ Ring finger ☐ Little finger							
Swelling							
Right: Thumb Index finger Long finger Ring finger Little finger							
Left: Thumb Index finger Long finger Ring finger Little finger							
Deformity							
Right: Thumb Index finger Long finger Ring finger Little finger							
Left: Thumb Index finger Long finger Ring finger Little finger							
Atrophy of disuse							
Right:							
Left: Thumb Index finger Long finger Ring finger Little finger SECTION VI - PAINFUL MOTION AND TENDERNESS							
6A. IS THERE OBJECTIVE EVIDENCE OF PAINFUL MOTION FOR EITHER HAND, INCLUDING THUMB AND FINGER MOVEMENT (evidenced by visible behavior, such							
as facial expression, wincing, etc.)?							
YES NO (If "Yes," hand affected): Right Left Both 6B.DOES THE VETERAN HAVE LOCALIZED TENDERNESS OR PAIN TO PALPATION FOR JOINTS/SOFT TISSUE OF EITHER HAND, INCLUDING THUMB AND							
F NO (If "Yes," hand affected): Right Left Both							
SECTION VII - ANKYLOSIS							
7A. DOES THE VETERAN HAVE ANKYLOSIS OF THE THUMB AND/OR FINGERS?							
YES NO (If "Yes," check all that apply)							
Right thumb							
Carpometacarpal joint ankylosis: In extension In full flexion In rotation or angulation Interphalangeal joint ankylosis: In extension In full flexion In rotation or angulation							
Left thumb							
Carpometacarpal joint ankylosis:							
Interphalangeal joint ankylosis: In extension In full flexion In rotation or angulation							
Right: Index finger Ringer Ring finger Little finger							
☐ Metacarpophalangeal joint ankylosis: ☐ In extension ☐ In full flexion ☐ In rotation or angulation							
Proximal interphalangeal joint ankylosis: In extension In full flexion In rotation or angulation							
Left: Index finger Long finger Ring finger Little finger							
Metacarpophalangeal joint ankylosis: In extension In full flexion In rotation or angulation							
Proximal interphalangeal joint ankylosis: In extension In full flexion In rotation or angulation							
7B. IF THERE IS ANKYLOSIS OF MORE THAN ONE FINGER, PROVIDE DETAILS USING ABOVE DESCRIPTIONS:							
70. DOES THE ANION OSIS CONDITION DESIGN TIN HIMITATION OF MOTION OF OTHER DIGITS OF INTERFERENCE WITH OVERALL FUNCTION OF THE HANDS							
7C. DOES THE ANKYLOSIS CONDITION RESULT IN LIMITATION OF MOTION OF OTHER DIGITS OR INTERFERENCE WITH OVERALL FUNCTION OF THE HAND?							
☐YES ☐ NO							

VA FORM JAN 2011, 21-0960M-7 Page 3

SECTION VIII OTHER REF	TIMENT DUVEIC	AL EINDINGS COMPLICATION	ONC CON	IDITIONS SIGNS AND	VOD CYMDTOMC	
SECTION VIII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS 8. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS?						
	ERTINENT PHYSIC	AL FINDINGS, COMPLICATIONS	, CONDITIC	JNS, SIGNS AND/OR SYN	IPTOMS?	
YES NO (If "Yes," describe):						
SECTION IX - ASSISTIVE DEVICES AND REMAINING FUNCTION OF THE EXTREMITIES						
9A. DOES THE VETERAN USE ANY ASSISTIV	'E DEVICES?					
YES NO						
(If "Yes," identify assistive device(s) used (check all	that apply and indicat	e frequency):				
BRACE(S) Frequency of use	<u>-</u>		t			
OTHER: Frequency of use	e: Occasion	al Regular Constan	τ			
(If "Yes," identify and describe each condition(s) ca	using the need for assi	tive device(s):				
9B. DUE TO THE SERVICE-CONNECTED DIS.	ARLING CONDITION	I(S) IS THERE FUNCTIONAL IMI	PAIRMENT	OF AN EXTREMITY SUC	H THAT NO EFFECTIVE	
FUNCTION REMAINS OTHER THAN THAT	WHICH WOULD BE	EQUALLY WELL SERVED BY A	'N AMPUTA	TION WITH PROSTHESIS	6? (Functions of the upper	
extremity including grasping, manipulation, etc.,	while functions for the	lower extremity include balance and	propulsion, e	etc.)		
Yes, functioning is so diminished that amp	utation with prosthes	is would equally serve the veteran	1			
☐ No						
(If "Yes," indicate extremity(ies)) (check all extremi	ties for which this appl	ies):				
Right upper Left upper	Right lower	Left lower				
		ECTION X - DIAGNOSTIC TE	STING			
NOTE - The diagnosis of arthritis must be confirmed has worsened.	d by imaging studies. C	nce arthritis has been documented, no	further imag	ging studies are indicated, eve	en if arthritis	
10A. HAVE IMAGING STUDIES OF THE HAND	D(S) BEEN PERFOR	MED AND ARE THE RESULTS A	VAILABLE?	1		
☐ YES ☐ NO						
(If "Yes," is arthritis documented in multiple joints of	of the same hand, inclu	ding thumb and fingers?)				
☐ YES ☐ NO						
(If "Yes," indicate hand)						
Right Left Both						
10B. ARE THERE ANY OTHER SIGNIFICANT	DIAGNOSTIC TEST	FINDINGS AND/OR RESULTS?				
YES NO						
(If "Yes," provide type of test or procedure, date and	d results (brief summar	y)):				
SECTION XI - FUNCTIONAL IMPACT AND REMARKS						
11. DOES THE VETERAN'S HAND, THUMB AN						
YES NO (If "Yes," describe the impact of each of the veteran's hand, thumb and/or finger conditions, providing one or more examples):						
12. REMARKS (If any)						
12. REWINK (1) unsy						
	05051011707			0114 TUDE		
SECTION XV - PHYSICIAN'S CERTIFICATION AND SIGNATURE CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.						
	knowledge, the in			complete and current.		
13A. PHYSICIAN'S SIGNATURE		13B. PHYSICIAN'S PRINTED NA	AME		13C. DATE SIGNED	
13D. PHYSICIAN'S PHONE NUMBER	13E. PHYSICIAN'S	MEDICAL LICENSE NUMBER		13F. PHYSICIAN'S ADDR	ESS	
NOTE VA						
NOTE - VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.						
IMPORTANT - Physician please fax the completed form to						
(VA Regional Office FAX No.)						
NOTE - A list of VA Regional Office FAX Numbers can be found at www.vba.va.gov/disabilityexams or obtained by calling 1-800-827-1000.						

PRIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.

VA FORM JAN 2011, 21-0960M-7 Page 4