

Attachment 5: Assessment Instrument

Online Skills Training for PCPs on Substance Abuse (NIDA)

January 2011

ASSESSMENT INSTRUMENT

Text of instruments and screenshots follows. The assessment instruments are online at

<http://www.sbirtraining.com/assessment>, with OMB number added appropriately.

OMB # 0925-XXX

Expiration Date xx/xxxx

BURDEN STATEMENT

Public reporting burden for this collection of information is estimated to average 45 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. **An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number.** Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-xxxx*). Do not return the completed form to this address.

Medical Record Patient Encounter Note – SOAP Note: Pre-, Post-, Follow-up

Form will be online at <http://www.sbirtraining.com/assessment>, with OMB number added appropriately

Medical Record Patient Encounter Note (SOAP note)

History

Include significant positives and negatives from history of present illness, past medical history, review of system(s), social history and family history.

Physical Examination

Indicate only pertinent positive and negative findings related to the patient's chief complaint.

Differential Diagnosis

In order of likelihood, write no more than 5 differential diagnoses for this patient's current problems:

- 1.
- 2.
- 3.
- 4.
- 5.

Diagnostic Work Up

Immediate plans for no more than 3 further diagnostic studies:

- 1.
- 2.
- 3.

Tentative Treatment Plan

- 1.
- 2.
- 3.
- 4.
- 5.

Learner Self-Assessment Modified Interpersonal Skills Inventory: Pre-, Post-, Follow-up

Please rate the following questions on a 5 point Likert Scale:

1=Strongly Disagree, 2=Disagree, 3=Neither Disagree or Agree, 4=Agree, 5=Strongly Agree

1. I (he/she) was warm and friendly throughout the encounter, not abrupt or impatient.
2. I (he/she) listened carefully as the patient described the problem and did not interrupt him or her.
3. I (he/she) encouraged the patient to ask questions.
4. I (he/she) gave the patient adequate time to ask any questions and to express his or her thoughts and concerns.
5. I (he/she) used words that the patient could understand when explaining any technical or medical terms.
6. I (he/she) did not lecture or talk down to the patient.
7. I (he/she) showed interest in the patient as a person, did not act bored, or ignore what the patient had to say.
8. I (he/she) expressed empathy for the patient's suffering when appropriate
9. I (he/she) used an appropriate and polite manner to end the interview.
10. Overall, I felt (he/she seemed) comfortable in the interview.

Knowledge and Competency Measure: Pre-, Post- and Follow-up

1. Which of the following statements is true about the Advise step of the 5 A's of tobacco intervention counseling?

A doctor's recommendation to quit smoking is not respected by most patients.

A few brief tobacco interventions by a health professional can be effective.

Patients respond best to advice that is given sternly, as it helps them appreciate the seriousness of the matter.

2. Your patient, Diane Gasping, has told you that she smokes, and you have told her that you believe she should quit. Which of the following is the best next step in tobacco intervention?

Drop the subject and wait to see if she pursues it further

Show her a photo of someone who has had disfiguring surgery for a tobacco-related illness

Ask her directly if she is ready to quit smoking

Give her a brochure on nicotine replacement for her to consider

3. Which drug does the FDA not consider a first-line pharmacotherapy for smoking cessation?

Nicotine patch

Clonidine

Nicotine gum

Bupropion (Zyban™)

Nicotine nasal spray

4. Patient Abe Freeman says that quitting smoking is too hard. Which of the following is the best tobacco intervention?

Recommend that he try a low-tar or low-nicotine cigarette

Prescribe a mild sedative for when he quits

Recommend nicotine replacement therapy or bupropion and offer to support him in a quit attempt

Tell him to wait until he's stronger

5. Which pharmacotherapy costs the least per day for treatment?

Nicotine lozenge

Nicotine inhaler

Nicotine nasal spray

Bupropion (Zyban™)

Nicotine Patch

6. The CSAT and AMA currently recommend which of the following regarding screening in primary care?

Routine screening of all adults

Routine screening of all adults, children, and adolescents

Screening of only those who present with red flags or risk factors

None of the above

7. Which of the following screening instruments is a 4-question screen that performs well in detecting alcohol-dependent patients in a general adult population?

CAGE

MAST

T-ACE

TWEAK

8. The AMA recommends routinely screening adolescents over the age of:

- 10
- 12
- 13
- 14
- 17

9. Which of the following is a barrier to screening for alcohol use problems?

- Patient resistance
- Discomfort discussing substance abuse
- Time constraints
- Lack of insurance coverage
- All of the above

10. Which of the following statements is true about Brief Interventions (BIs)?

- BIs attempt to motivate patients to participate in their own treatment for alcohol use.
- Compared to formal substance abuse treatment, BIs are often shorter in duration and frequency.
- BI uses many of the same techniques used in addressing chronic health problems such as obesity and blood pressure management.
- All of the above
- None of the above

11. When assessing a patient's readiness to change, what is the most stage-appropriate assistance that you can provide to an individual in the contemplation stage?

- Help the patient explore the benefits and challenges of changing the problem behavior
- Provide information about alcohol use, risk levels, and health consequences
- Help the patient anticipate potential difficulties and apply corrective action, if needed
- Assist the patient in developing realistic goals and a plan for changing drinking behavior
- None of the above are appropriate

12. Sally has a history of alcohol use. She has increasingly become concerned about her drinking habits and has decided that she really wants to change. She is hoping that you can assist her in her treatment. What treatment option is the best for her at this point?

- Brief intervention
- Motivational Interviewing
- Pharmacotherapy
- Referral

13. Zack has arrived at your office with an alcohol-related injury. You apply the AUDIT screening instrument in order to determine his level of use and he scores a 28. Based on this score, what can you infer?

- Zack has a drinking issue that may be curtailed by an in-house brief intervention.
- Since he came to your office with an alcohol-related injury, he might be motivated to change.
- Zack's score is very high and might warrant pharmacological intervention.

You need to refer him to a substance abuse specialist because his score is well above what can be handled in-house.

14. Frank comes to your office after having relapsed. He is sure that this is a sign he can't stay sober. What would you say next?

You're right. Erasing a month's worth of sobriety shows a definite lack of willpower.
I am very disappointed that you chose to drink.
Come back when you're committed to getting your drinking under control.
One failure does not mean you lack the willpower to follow through with recovery

15. Alex has had repeated outpatient treatment attempts, but they have not proven successful. He has increased his alcohol consumption dramatically since the last treatment attempt and now he is posing a danger to those around him. What is an appropriate next step in his treatment?

Try another round of outpatient treatment in hopes that this time it will prove successful.
Prescribe him pharmacological treatment in hope that it will curtail his need for alcohol.
Try to motivate him to change through directed conversations and repeated office visits.
Refer him to an inpatient treatment facility which can provide a more intensive treatment regimen.

16. Which of the following have reimbursement codes for Screening and Brief intervention?

Medicare
Commercial insurance
Medicaid
All of these

17. A patient is admitted from the ER into the hospital after an automobile accident. Under the proposed Joint Commission standards for SBIRT, this patient should....

Be screened for alcohol, and if positive receive brief intervention
Be screened for excessive alcohol use, use of illicit drugs, misuse of prescription drugs, and tobacco use, receive brief intervention and follow up after discharge
Be screened if the ER indicated substance use was suspected or confirmed, and brief intervention provided
Be screened at the attending physician's discretion and treatment initiated as necessary for substance use.
Not receive an intervention - no screening required due to Uniform Policy and Provision Law (UPPL) concerns

18. For a physician who treats mostly adults in an urban setting, which screening instrument would you choose?

NIAAA
CAGE
DAST
TICS
NIDA-modified ASSIST

19. Estimating from national statistics, about how many of the patients you see as a primary care provider will have a substance use/abuse problem?

Less than 10%
10%
20%
35%
Over 40%

20. SBIRT is successful with which of the following groups:

Nicotine users
Illicit drug users
Moderate & heavy alcohol users
Non-dependent drinkers
Illicit drug users and moderate & heavy alcohol users only
All of the above

Participant Attitude Measure: Pre-, Post-, and Follow-up

Please rate the following questions on a 5 point Likert Scale:

1= Strongly Disagree, 2=Disagree, 3=Neutral, 4=Agree, 5=Strongly Agree

In my opinion:

1. It is my role as a primary care provider to screen every patient for alcohol, tobacco, and illicit drug use.
2. I can provide better care to my patients if I screen for substance use, including alcohol use and nicotine use.
3. Short, supportive feedback from me as a health care provider can influence positive changes in my patients' behavior related to alcohol, nicotine and illicit drug abuse
4. It is important to screen established patients for these issues, even when there is no indication of a previous problem.
5. It is a worthwhile use of my time to screen and provide brief intervention for alcohol, tobacco, and illicit drug use.
6. Brief intervention alone is not worth my time as a primary care provider.
7. I am familiar with the resources for referral for alcohol, tobacco, and illicit drug treatment in my area.
8. As a primary care provider, my patients and I are better served if I refer treatment for alcohol, tobacco, and illicit drug treatment than if I attempt to address it in the primary care setting.
9. Specialists I have referred patients to communicate appropriately with me about my patients.
10. It is my role as a primary care provider to regularly communicate with specialists in addiction who are treating my patients.
11. It is appropriate is it to deal with alcohol, tobacco, and illicit drug misuse in primary care.

Please choose Yes or No for each option:

These are the most significant barriers to implementing SBIRT in my practice...	This barrier currently exists	This training program helped me address this barrier
My lack of time w/my patients	Yes / No	Yes / No
Patient resistance to discussing these topics	Yes / No	Yes / No
My lack of training in treating these areas	Yes / No	Yes / No
I am not comfortable discussing these areas.	Yes / No	Yes / No
Primary care is not the right setting.	Yes / No	Yes / No
Patients are unlikely to want me to intervene on these topics.	Yes / No	Yes / No
Intervention in the primary care setting is not likely to be successful with these problems.	Yes / No	Yes / No
Difficult to get reimbursed for these services	Yes / No	Yes / No
Distracts from the real reason the patient came in to my office	Yes / No	Yes / No
This is not my role as a physician.	Yes / No	Yes / No
My physician colleagues do not believe in doing this.	Yes / No	Yes / No
My staff is not able to handle additional work	Yes / No	Yes / No

Practice Changes Measure: Pre-, Post- and Follow-up

Please choose Yes or No for each option:

Potential Practice Changes	This change would make sense in my current practice setting.	This is a change I WILL MAKE in the next 2 months.
Increasing screening for alcohol use problems	Yes / No	Yes / No
Increasing screening for tobacco use problems	Yes / No	Yes / No
Increasing screening for illicit drug use	Yes / No	Yes / No

Increasing brief intervention for alcohol use problems	Yes / No	Yes / No
Increasing brief intervention for tobacco use problems	Yes / No	Yes / No
Increasing brief intervention for illicit drug use	Yes / No	Yes / No
Increasing referrals for alcohol use problems	Yes / No	Yes / No
Increasing referrals for tobacco use problems	Yes / No	Yes / No
Increasing referrals for illicit drug use	Yes / No	Yes / No
Other? Please describe...	Yes / No	Yes / No

Assessment Forms

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Tentative Treatment Plan: *

Modified Interpersonal Skills Inventory

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