OMB No. 0930-xxxx Expiration Date: xx/xx/xxxx

# Assertive Adolescent & Family Treatment (AAFT) Program

## AAFT Implementation Survey

# Clinical Supervisors &

Public reporting burden for this collection of information is estimated to average 45 minutes per response per year, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to SAMHSA Reports Clearance Officer, 1 Choke Cherry Road, Room 7-1044, Rockville, Maryland, 20857.

### Thank you for agreeing to participate in the Program Evaluation for Assertive Adolescent & Family Treatment (AAFT) Program!

This survey is being conducted by Advocates for Human Potential, Inc. (AHP). We are a research and consulting firm based in Sudbury, MA and Albany, NY. We're conducting this study as part of our contract to assist the Center for Substance Abuse Treatment (CSAT) in the national evaluation of the implementation of AAFT, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

At the end of each project year, we are asking program administrators, clinical, and research staff across the entire AAFT3 grantee cohort to provide information about their professional background as well as opinions/thoughts on a variety of topics, including substance abuse treatment. We are gathering data from many sources and believe it is <u>important to collect information from many perspectives</u> as well. As you complete this survey, PLEASE RESPOND TO THE QUESTIONS <u>FROM YOUR OWN PERSPECTIVE</u>—choosing an answer that best describes your experience or opinion.

Your responses to the survey will be kept in a private record. Your responses will come directly to AHP staff. Any reports generated as part of this evaluation will contain only aggregate responses (for example, "50% of the program staff had been working for this program for less than two years").

If you have any questions, concerns or comments about the questionnaire or the study, please feel free to contact us by phone or email:

Dr. Terri Tobin Evaluation Director 1-800-795-5486 x418 ttobin@ahpnet.com Denise Lang Research Associate 401-323-9678 dlang@ahpnet.com

**Thank you** again for your participation!

Section A	
Respondent ID: Please provide y	our First, Middle, & Last initials, and the Month & Day of your birthday.
(For example	e: ALA0415 )
What is your primary role in the	project (select one):
Principal Investigator	Clinician/Counselor Other, please specify
Project Director	Researcher/Evaluator
Clinical Supervisor	Data Manager
What is the highest degree that y	ou have obtained?
No high school diploma or equivalent	ent Bachelor's degree
High School Diploma or Equivalent	Master's degree
Some college, but no degree	Doctoral degree or equivalent
Associate's degree	Other, please specify
What is your professional backgr	ound? (check <u>all</u> that apply)
Addictions Counseling	Social Work/Human Services Nurse Practitioner
Other Counseling	Physician Assistant Administration
Education	Medicine: Primary Care None, unemployed
Vocational Rehabilitation	Medicine: Psychiatry None, student
Criminal Justice	Medicine: Other Other, please describe
Psychology	Nurse
Which licenses, credentials, or ce	ertificates do you currently hold? (check <u>all</u> that apply)
ACDP/ACPS LMHC	MD/DO None
LCDP/LCDCS LSW/LCSW/L	ICSW LMFT Other, please describe
How many years of experience d	o you have in the substance use treatment field?
Do you have experience providing	g substance use treatment services to:
Adolescents (ages 12-17)	YES, # years NO
Transition Age Youth (TAY; ages 18-24)	YES, # years NO
Families	YES, # years NO
Please list on what date you beg	an working at your current agency (MONTH/YEAR):
Please list on what date you beg	an working on this AAFT project (MONTH/YEAR):

Grantee experience										
This grant may not be your first experience working with A-CRA/ACC, Chestnut Health Systems or research/evaluation. The following questions ask about your experiences with A-CRA/ACC, Chestnut Health Systems, data collection and research/evaluation projects.										
Prior to this project, did you participate in a CSAT-funded adolescent project?		Ye	Yes No (If NO, skip to next que			to next quest	ion)			
IF YES, please indicate each type(s).	AAFT	EAT	YORP	TCE/	OJJDP	SCY	Other	DK		
Please indicate what your level of A-CRA/ACC [check <u>all</u> that apply]:	C/GAII	N certific	ation <u>wa</u>	as prior	to worki	ng on tl	nis AAFT proje	ect.		
I was a certified GAIN <u>local trainer</u> .			I was a	certifie	d GAIN <u>a</u>	dministı	rator.			
I was an A-CRA-certified <u>clinical supervisor</u> .										
I was an ACC-certified <u>clinical supervisor</u> . I was an ACC-certified <u>clinician</u> .										
None of the above										

#### Section B: Please indicate...

- 1) To what extent have each of these components become part of the program's normal, day-to-day routine?
- 2) How well do each of these components work within your program (e.g., how well do they "fit" with your program)?

	1) To what extent have each of these components become part of the program's normal, day-to-day routine?				2) How well do each of these components work within your program (e.g., how well do they "fit" with your program)?				
	Great change	Moderate change	Slight change	No change	Fits extremely well	Fits moderately	Fits a little	Not a fit	
A-CRA approach									
ACC approach									
GAIN assessment at Intake									
Treatment Satisfaction Index (TxSI)									
EBTx website									
Using ABS web-based system									
Tracking for follow-up interviews (e.g., contacting clients after discharge from program)									
Follow-up interviews (3, 6, 12 months)									
Data management activities (e.g., monthly data submission to CHS, responding to GAIN Edits)									
GAIN certification									
GAIN Clinical Interpretation Certification (GCIC)									
ACRA/ACC certification									
Monitoring & compliance reports (e.g., follow-up rates, enrollment rates, DSRs, 13+week reports)									

Adolescent/TAY reactions to	Always positive	Mostly positive	Mostly negative	Always negative	N/A	DK
A-CRA sessions						
ACC sessions						
Use of digital recorders for DSRs						
GAIN interviews (Baseline/Intake)						
Follow-up interviews (3, 6, 12 months)						
Tracking for follow-up interviews (e.g., contacting clients after discharge from program)						
Family reactions to	Always positive	Mostly positive	Mostly negative	Always negative	N/A	DK
A-CRA sessions						
ACC sessions						
Use of digital recorders for DSRs						
GAIN interviews (Baseline/Intake)						
Follow-up interviews (3, 6, 12 months)						
Tracking for follow-up interviews (e.g., contacting clients after discharge from program)						
Clinician reactions to	Always positive	Mostly positive	Mostly negative	Always negative	N/A	DK
A-CRA sessions						
ACC sessions						
Use of EBTx website						
Use of digital recorders for DSRs						
GAIN interviews (Baseline/Intake)						
Follow-up interviews (3, 6, 12 months)						
Using ABS web-based system						
Tracking for follow-up interviews (e.g., contacting clients after discharge from program)						
The use of monitoring & compliance reports (e.g., follow-up rates, enrollment rates, DSRs, 13+week reports)						
Project leadership (e.g., project director, supervisor) reactions to	Always positive	Mostly positive	Mostly negative	Always negative	N/A	DK
A-CRA sessions						
ACC sessions						
Use of EBTx website						
Use of digital recorders for DSRs						
GAIN interviews (Baseline/Intake)						
Follow-up interviews (3, 6, 12 months)						
Using ABS web-based system						
Tracking for follow-up interviews (e.g., contacting clients after discharge from program)						
The use of monitoring & compliance reports (e.g., follow-up rates, enrollment rates, DSRs, 13+week reports)						

<u>Section C:</u> Based on your experience, please rate the reactions to each of the components of this project. If you feel that the question does not apply to you or you do not know the answer, please mark "N/A" or "DK" (respectively).

<u>Section D</u>: The following questions ask about your experiences with the support provided for the AAFT grant **from Chestnut Health Systems, CSAT and other outside sources.** For each item, please indicate <u>how helpful</u> each support has been. Lastly, please add any comments or recommendations for improvement for each.

Have you had involvement with A-CRA/ACC, EBTx, and/or	DSRs?	YES	N	0	IF "NO" —SKIP o	questions below, continue on next
How helpful has it been in helping you implement the AAFT Program?	Extreme ly	Moderately	Slightly	Not at all	Not enough participation to rate this item	Any comments or recommendations for improvement?
A-CRA/ACC Training						
A-CRA/ACC certification						
A-CRA/ACC coaching calls						
A-CRA/ACC Training manual (e.g., refer back to procedures, certification process)						
A-CRA/ACC Materials (e.g., Happiness Scale, Functional Analysis worksheet)						
EBTx website & DSRs						
EBTx Support team staff						
Program reports (e.g., 13+weeks report)						
A-CRA/ACC team staff						

Have you had involvement with the GAIN, GAIN data, and	d/or ABS?	YES	N	0	IF "NO" —SKIP ( table	questions below, continue on the next
How helpful has it been in helping you implement the AAFT Program?	Extreme ly	Moderately	Slightly	Not at all	Not enough participation to rate this item	Any comments or recommendations for improvement?
GAIN Training						
GAIN certification						
GAIN coaching calls						
GAIN Training manual (e.g., intent of questions, certification process, etc.)						
GAIN Clinical Interpretation Training						
GAIN Clinical Interpretation Certification Individual-level reports (e.g., GRRS, PFR)						
ABS web-based system						
Reports (e.g. Site Profiles Report)						
GAIN data (e.g., analytical files)						
GAIN Support team staff						
How helpful has it been in helping you implement the AAFT Program?	Extreme ly	Moderately	Slightly	Not at all	Not enough participation to rate this item	Any comments or recommendations for improvement?
Implementation calls/site visits to monitor/address progress at grantee sites						
Individualized coaching calls to address areas for improvement (e.g., low recruitment/follow-up rates, DSR uploads, increase TxSI completion, etc.)						
List Serve Information						
Technical assistance available through NIATx						
Special topic calls (e.g., Cultural Responsiveness)						
Monthly calls with CSAT project officer/Chestnut						
Interactions with other grantees at meetings/ calls						
Initial/Annual Grantee Meetings						

<u>Section E:</u> To meet the needs of your target population, you may have felt the need to modify or adapt the A-CRA/ACC treatment model. Please tell us about any changes your program has made to the A-CRA/ACC model for this project.

Has your program made any modification/adaptations to the A-CRA/ACC treatment model?										
YES (If YES, proceed to next qu	uestion below)	NO (If NO, skip	o to next page)							
Has well have these modifications worked for your program?										
Extremely well	Quite well	Not too well	Not well at all							

<u>Section F:</u> <u>Based on your experience</u>, please indicate if the issues listed below have been barriers to implementation at your site. Then, describe the strategies you have used to overcome the MOST CHALLENGING BARRIER at your site.

CHALLENGING BARRIER at your site.		
POSSIBLE BARRIERS	Was t barrie impleme at you	er to entation
PROGRAM/ORGANIZATIONAL ISSUES	YES	NO
Internal communication (e.g., program staff)		
External communication (e.g., CSAT, Chestnut Health Systems)		
Staff attitudes (e.g., morale, enthusiasm, resistance)		
Leadership/management attitudes		
Recruiting clinical staff		
Recruiting supervisory staff		
Turnover; significant loss of staff		
Budget issues		
SERVICE DELIVERY	YES	NO
Enrolling clients		
Client engagement		
Family engagement		
Client retention		
GRANT-RELATED ACTIVITIES	YES	NO
A-CRA/ACC training		
GAIN training		
Collecting GPRA data		
Collecting GAIN data		
Collecting follow-up data		
Using ABS		
Using the SAIS system for GPRA		
Recording treatment sessions (DSRs) & using EBTx website		
Other Grant requirements (e.g., certification, coaching calls, data management)		
RESEARCH/EVALUATION ACTIVITIES	YES	NO
Working with the local evaluator		
Use of data, monitoring, compliance reports (e.g., Site Profile Data, follow-up/enrollment rates, 13+week reports)		

Any other barriers not included above (specify):		
Please describe the strategies you have used to overcome the MOST CHALLENGING BARRIER at your sit	e.	

Section G: Staff turnover is common in this field. Please tell us about any staff turnover and effects it may have had or is having on your program.

During the last project year, did the pro	If YES, how would you rate the	he <u>overall effect</u> of t	his change on the g	rant program?		
Program Manager(s)	YES	□ NO	Positive	Neutral	Negative	Don't know
Clinical Supervisor(s)	YES	□ NO	Positive	Neutral	Negative	Don't know
Clinician(s)/direct care staff	YES	□ NO	Positive	Neutral	Negative	Don't know
Evaluator(s)	YES	□ NO	Positive	Neutral	Negative	Don't know
Data manager(s)	YES	□ NO	Positive	Neutral	Negative	Don't know

<u>Section H:</u> To better understand barriers adolescents and families may have experienced when starting treatment prior to the AAFT grant, please tell us about the barriers adolescents and family may have encountered <u>prior to starting the AAFT grant</u> and <u>after implementation of the AAFT grant</u>.

	Barrier for a	adolescents/ grant		fore the	Barrier	Barrier for adolescents/families no			
	An extreme barrier	Very much a barrier	A slight barrier	Not a barrier at all	An extreme barrier	Very much a barrier	A slight barrier	Not a barrier at all	
Transportation									
Child care									
Need for mental health treatment									
Neighborhood safety (e.g., home visits, gang turf)									
Insurance/cost of treatment									
Family issues (e.g., lack of family involvement)									
Language/cultural issues									
Treatment resistance (e.g., low readiness for change, not understanding substance abuse disorders/treatment, stigma, shame)									
Other (specify):									

Section I: We would like to know about your program's nee	ds.				
Your <u>program needs additional guidance</u> in	<u>Agree</u> <u>Strongly</u>	<u>Agree</u>	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
Assessing client needs.					
Matching needs with services.					
Increasing program participation by clients.					
Measuring client performance.					
Developing more effective group sessions.					
Raising overall quality of counseling.					
Using client assessments to guide clinical and program decisions.					
Using client assessments to document program effectiveness.					
<b>Section J:</b> The next section asks about staffing and staff time.					
	Agree Strongly	Agree	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
There are enough counselors here to meet current client needs.					
A larger support staff is needed to help meet program needs.					
Frequent staff turnover is a problem for this program.					
Counselors here are able to spend enough time with clients.					
Support staff here have the skills they need to do their jobs.					
Clinical staff here are well-trained.					
You are under too many pressures to do your job effectively.					
Staff members often show signs of stress and strain.					
The heavy workload here reduces program effectiveness.					
Staff frustration is common here.					
Section K: We would like to know more about your time man	agement an	d flexibil	ity.		
	Agree Strongly	<u>Agree</u>	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
You consistently plan ahead and carry out your plans.					
You usually accomplish whatever you set your mind on.					
You are effective and confident in doing your job.					
You have the skills needed to conduct effective individual counseling.					
You are willing to try new ideas even if some staff members are reluctant.					
Learning and using new procedures are easy for you.					
You are sometimes too cautious or slow to make changes.					
You are able to adapt quickly when you have to shift focus.					
You consistently plan ahead and carry out your plans.					

**Section L:** Communication is an important part of any organization. Please tell us about how information and ideas are communicated within your organization.

ý G	Agree Strongly	Agre e	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
Ideas and suggestions from staff get fair consideration by program management.					
The formal and informal communication channels here work very well.					
Program staff are always kept well informed.					
More open discussions about program issues are needed here.					
Staff members always feel free to ask questions and express concerns in this program.					

**Section M:** Please rate how much you agree or disagree with the following statements.

Section W. Please rate now much you agree or disagree with	Agree Strongly	<u>Agree</u>	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
Novel treatment ideas by staff are discouraged.					
You can change procedures here quickly to meet new conditions.					
You frequently hear good staff ideas for improving treatment.					
The general attitude here is to use new and changing technology.					
You encourage counselors to try new and different techniques.					
Manuals make therapists more like technicians than caring human beings.					
Using a treatment manual makes a therapist think more about sticking to the manual than the needs of the individual client.					
Treatment manuals are appropriate for research clients but not "real world" clients.					
Using a treatment manual keeps therapists from using his or her intuition in responding to a client.					
Following a treatment manual will enhance therapeutic outcomes by insuring that the treatment being used is supported by research.					
Treatment manuals, if used appropriately, will enhance the average outcomes of clients treated in psychotherapy.					
Treatment manuals can help keep therapists on track during therapy.					

Section N: These next questions ask about your opinions regarding substance abuse treatment.

i	Agree Strongly	Agree	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
Addiction is really a disease.					
12-step programs should be used more in substance abuse treatment.					
Confrontational approaches should be used more in substance abuse treatment.					
Recovering counselors make the best therapists in substance abuse treatment.					
Substance abuse treatment services should routinely include the patient's family members.					
Engaging family members in treatment has a negative impact on the youth's outcomes.					
Family-based treatment is effective with substance-abusing youth.					

Section O: Please read each statement carefully and indicate how much you agree with each of the following statements related to your grantee site's experience with research and evaluation activities.

	<u>Agree</u> Strongly	<u>Agree</u>	<u>Uncertain</u>	<u>Disagree</u>	<u>Disagree</u> <u>Strongly</u>
Policies and procedures are in place to ensure integrity of data collected.					
Staff capacity is adequate to meet the demands of data collection efforts.					
Our program regularly conducts surveys with consumers to identify program strengths and weaknesses.					
Program staff use data to evaluate program services and consider opportunities for improvement.					
Our agency relies on data to set goals and measure success.					
Data collected is analyzed and used to evaluate/enhance program implementation.					
Management shares data with staff about program effectiveness in meeting the needs of clients.					
Data are provided to/discussed with staff.					

Section P. Sustainability:							
Please tell us about any plans your program may have to sustain this program after CSAT funding has ended.							
Are you currently engaged in any activities aimed toward sustainability of your program?	YES (if YES, proceed to next question)	NO (if NO, skip to FINAL THOUGHTS below)					
If YES, please describe the activities.							
What parts/components are likely to continue and why?							
FINAL THOUGHTS							
Given your experience implementing this project, what do you think you would have done differently if you could turn back the clock to the time when you first got involved with this grant?							
Please tell us about your biggest success(es) with this project. This is your opportunity to brag about the work you are doing to help adolescents, transition-age youth, and their families. To what would you attribute the successes (e.g., strong staff, additional funding, morale)?							

#### Thank you for your time and contribution!

Please e-mail to <a href="mailto:ttobin@ahpnet.com">ttobin@ahpnet.com</a> or FAX to (978) 443-4722, Attn: Terri Tobin