

# Visit Information Sheet



Thank you for participating in the National Children's Study. When you joined the Study, we explained what it means to take part in this important research effort. This sheet gives more details about what we'd like to do during this visit.

## What will happen after the birth of your baby?

1) *We would like to collect umbilical cord blood shortly after your baby is born.*

- We will work with hospital, clinic, or birthing center staff to collect the umbilical cord blood shortly after your child's birth. The collection of cord blood is done after your baby is born and after the umbilical cord is cut and tied. Thin needles are used to collect the blood from the umbilical cord. This procedure takes about 5 minutes.
  - There is no pain from cord blood collection.
  - If you have decided to participate in a cord blood bank program to store your umbilical cord blood, we will not collect any cord blood for the Study.
  - We may use the umbilical cord blood for research studies that include biological, genetic and environmental testing based on the permission you gave during the Informed Consent process.

## Are there any risks from the birth visits?

- Some of the questions we ask may be uncomfortable. If you are uncomfortable, you can skip any part of the Study. You are in charge.
- Although we are taking many steps to protect your information, there is always a chance that your information or identity could be disclosed. We will continue to review and improve the ways we keep your information private. To protect your information, we will keep your name and address separate from our information files.

## Are there any benefits from today's visit?

- Taking part in the National Children's Study may not help you or your family right now. But the Study may help us learn things about health that could benefit all of us—including your children and grandchildren—in the years to come.

## Will I be paid for taking part in today's visit?

- To thank you for your time, we will give you \$25 for completing the interview portion of today's visit. You will receive an additional \$25 dollars for providing the umbilical cord blood samples.

Public reporting burden for this collection of information is estimated to average 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. **An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number.** Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0593). Do not return the completed form to this address.

**What if I have questions about this visit?**

- If you have any questions about this visit, you can ask the Study representative you're talking with today. If he or she can't answer a question, we will give you the name and phone number of someone from our local office who can answer your questions.

**Please remember:**

- Whether or not you stay in the National Children's Study is your choice. The alternative to taking part in the Study is not taking part in the Study.
- If you leave the Study, you can rejoin it later.
- If you leave the Study, we will not ask you for any new information, but we will keep using the information you have already given us. We will keep everything that you tell us confidential.
- Leaving the Study will not affect your access to health care or any other benefits you may be receiving, like those from Social Security, Medicaid, WIC, or the Supplemental Nutrition Assistance Program.
- If we learn that you or someone else is harming you, your child, or others around you, we may be required by law to report this to the police or a social services agency in your community.
- This is a research study and we cannot give you medical advice. None of the Study visits take the place of your regular doctor or clinic visits.
- We may contact you in about six months to arrange another visit with you and your baby.

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