

# Visit Information Sheet



Thank you for participating in the National Children's Study. When you joined the Study, we explained what it means to take part in this important research effort. This sheet gives more details about what we'd like to do during this visit.

## What will happen during today's visit?

1. *During this visit, we would like to ask you some questions.*

- This interview will take no more than 20 minutes to complete. We will ask you some questions about yourself, your health, where you live, and your feelings about being part of the NCS. We will also ask you to complete some questions on your own about yourself and your experience with the Study. This should take about 5 minutes.
- You can decide what questions you want to answer. If you feel uncomfortable about any question, you can skip it.

2. *During the time before and during pregnancy, we will ask for your permission to collect blood and urine samples from you twice. During this visit, we would like to collect some samples from you.*

*We will ask you to:*

- Collect some of your urine (about 2 ½ ounces) in a cup we provide.
  - We may use your urine for research studies that include biological, genetic and environmental testing based on the permission you gave during the Informed Consent process.

*We also would like to:*

- Collect a small amount (about 3 tablespoons) of your blood by using a small needle.
  - We may use your blood for research studies that include biological, genetic and environmental testing based on the permission you gave during the Informed Consent process.

➤ **Today's visit will take approximately one hour to complete.**

## Are there any risks from today's visit?

- We are trained medical professionals who know how to take blood safely. People sometimes feel brief pain when blood is taken, and there is a very small risk of infection, bruising, bleeding, or fainting.
- Some of the questions we ask and some of the ways we get samples may be uncomfortable. If you are

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uncomfortable, you can skip any part of the Study. You are in charge.

- Although we are taking many steps to protect your information, there is always a chance that your information or identity could be disclosed. We will continue to review and improve the ways we keep your information private. To protect your information, we will keep your name and address separate from our information files.

**Are there any benefits from today’s visit?**

- Taking part in the National Children’s Study may not help you or your family right now. But the Study may help us learn things about health that could benefit all of us—including your children and grandchildren—in the years to come.

**Will I be paid for taking part in today’s visit?**

- To thank you for your time, we will give you \$25 for completing the interview portion of today’s visit. You will receive an additional \$25 dollars for providing any of the samples.

**What if I have questions about this visit?**

- If you have any questions about this visit, you can ask the Study representative you are talking with today. If he or she can’t answer a question, we will give you the name and phone number of someone from our local office who can answer your questions.

**Please remember:**

- Whether or not you stay in the National Children’s Study is your choice. The alternative to taking part in the Study is not taking part in the Study.
- If you leave the Study, you can rejoin it later.
- If you leave the Study, we will not ask you for any new information, but we will keep using the information you have already given us. We will keep everything that you tell us confidential.
- Leaving the Study will not affect your access to health care or any other benefits you may be receiving, like those from Social Security, Medicaid, WIC, or the Supplemental Nutrition Assistance Program.
- If we learn that you or someone else is harming you, your child, or others around you, we may be required by law to report this to the police or a social services agency in your community.
- This is a research study and we cannot give you medical advice. None of the Study visits take the place of your regular doctor or clinic visits. The Study’s environmental measurements do not take the place of any other environmental testing of your home.
- We will contact you in a few months to see if you are available for other Study visits.