



# Infant and Child Health Care Log

## *Birth to 6 years old*

**BRING THIS LOG TO ALL HEALTH CARE VISITS. USE THIS LOG  
FOR ALL STUDY TELEPHONE CALLS AND VISITS.  
PLEASE TELL NCS STAFF WHEN MORE FORMS ARE NEEDED.**

**Save all bottles and containers of medications. Bring to Study  
visits and have available for telephone calls:**

- Medicines (those prescribed by a health care provider and those bought “over-the-counter”)
  - Vitamins, minerals, herbs, and any other supplements

\_\_\_\_\_  
CHILD'S LAST NAME

\_\_\_\_\_  
CHILD'S FIRST NAME

CHILD'S DATE OF BIRTH: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
                                  mm            dd            yyyy

Public reporting for this collection of information is estimated to average 20 minutes per response including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. **An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number.** Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0593). Do not return the completed form to this address.

This Infant and Child Health Care Log will help you keep track of all your child's visits to doctors or other health care providers from birth to 6 years old. We will ask you about your child's visits whenever we interview you by telephone or in person.

#### A Health Care Provider can be:

- Pediatrician or family medicine doctor
- Specialist (like a surgeon, heart doctor, allergy or skin doctor)
- Nurse practitioner or physician assistant
- Nurse
- Social worker/counselor
- Other

#### Health Care Visits can be to:

- Doctor's office, clinic or health center
- Emergency room
- Urgent care center
- Hospital (inpatient, overnight stay)
- Some other place

The log has two parts:

- 1. Health Care Provider Log** is to record information about where your child visits the doctor or other health care provider.
- 2. Health Care Visit Log** is to record information about all of your child's visits to doctors, other healthcare providers, or an emergency room. This includes overnight hospital stays as well as outpatient visits.

**BRING** this Infant and Child Health Care Log with you to all of your child's health care and National Children's Study visits. Also, have it available for all National Children's Study telephone interviews.

If you forget to bring it with you to a health care visit, please fill it in as soon as possible.

#### Save all bottles and containers of medications and bring to National Children's Study visits and have available for telephone calls:

- Medicines (those prescribed by a health care provider and those bought "over-the-counter")
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## Health Care Provider Log Instructions

The Health Care Provider is the person who cared for your child at this visit (doctor, nurse, social worker, etc.)

**Column 1** A number is listed for each health care provider (for example, 1, 2, 3, 4, etc.). This number will be referred to on the Health Care Visit Log pages.

**Column 2** Attach the health care provider's business card here.

### Fill in columns 3-10 only if you have **not** attached the health care provider's business card.

**Column 3** Write in the name of the health care provider.

**Column 4** Check the box for the type of provider. If it was "Other," write the type of health care provider.

**Column 5** Check the box for the type of place where you saw the provider. If it was "Other place," write in the type of place where your child visited the health care provider.

**Columns 6-9** Write in the address of the place including city/town, state, and ZIP code.

**Column 10** Write in the telephone number of the health care provider including area code.

*See the example in the first line of the log on the next page.*

**After you fill out the Health Care Provider Log, please fill out the Health Care Visit Log.**

**Inform the National Children's Study staff when more Log pages are needed.**

# Health Care Provider Log

Fill in ONLY if you HAVE NOT attached a business card

1	2	3	4	5	6	7	8	9	10
Health Care Provider Number	Attach Health Care Provider Business Card	Name of Health Care Provider/Clinic/Hospital	Type of Health Care Provider	Type of Place	Street Address	City or Town	State	ZIP Code	Telephone Number
0	EXAMPLE	Dr. Joe Jones	<input checked="" type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input checked="" type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____	400 Main Street	Capitol City	MN	56087	(507) 123-4567
1			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					
2			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					
3			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					

Bring this log to all health care visits. Use this log for all National Children's Study telephone calls and visits. Save all bottles and containers of medications and bring to National Children's Study visits and have available for telephone calls:

- Medicines (those prescribed by a health care provider and those bought "over-the-counter")
- Vitamins, minerals, herbs, and any other supplements

Please remember to fill out the Health Care Visit Log. Inform the National Children's Study staff when more pages are needed.



# Health Care Provider Log

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6			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					
7			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					

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# Health Care Provider Log

*Fill in ONLY if you HAVE NOT attached a business card*

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9			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					
10			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					
11			<input type="checkbox"/> Pediatrician or Family Physician <input type="checkbox"/> Specialist <input type="checkbox"/> Nurse practitioner or physician assistant <input type="checkbox"/> Nurse <input type="checkbox"/> Social Worker/counselor <input type="checkbox"/> Other (specify): _____	<input type="checkbox"/> Doctor's office, clinic, or health center <input type="checkbox"/> Emergency room <input type="checkbox"/> Urgent care center <input type="checkbox"/> Hospital <input type="checkbox"/> Other place (specify): _____					

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## Health Care Visit Log Instructions

### Office and Outpatient Visits and Overnight Hospital Stays

Each time your child goes to the doctor or any other health care provider (for example, doctor, nurse, social worker, etc.) or is hospitalized overnight, write down information about the visit on a new line in the Health Care Visit Log.

Please try to fill in columns 1-3 before the visit. If possible, ask your health care provider or the office staff to fill out columns 4-10. If that is not possible, please fill out columns 4-10 at the visit or as soon as possible.

- |                   |                                                                                                                                                                                                                                                                                                                                                        |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Column 1</b>   | Health care visit date (month/day/year).                                                                                                                                                                                                                                                                                                               |
| <b>Column 2</b>   | Write the Health Care Provider number from Column 1 in the Health Care Provider Log.                                                                                                                                                                                                                                                                   |
| <b>Column 3</b>   | Check (✓) the reason(s) for the visit and explain if needed. Include office/outpatient visits and overnight hospital stays. <i>For example:</i> If your child got a well-baby check up, put a check (✓) in the “check-up/well child visit” box.                                                                                                        |
| <b>Column 4-6</b> | Write in your child’s weight, and length or height at the visit. Write in the head circumference through age 2. If these measurements were not done, check (✓) “Not Done.” <i>For example:</i> If your child is 22 inches long at his visit, write in “ <u>22</u> ” inches.                                                                            |
| <b>Column 7</b>   | If your child got an immunization/vaccination/shot during the visit, put a check (✓) in the “YES” box and <b>Go to the Immunization/Vaccination/Shot Log.</b>                                                                                                                                                                                          |
| <b>Column 8</b>   | If your child gets any test, medication, or treatment during his/her visit, put a check (✓) next to the medication/treatment and list each.                                                                                                                                                                                                            |
| <b>Column 9</b>   | Write what the health care provider told you (the diagnosis) at the visit. Include a few key words to describe the event or diagnosis. <i>For example:</i> For a check-up or well child visit, the doctor may have told you that your child is ‘growing normally and is healthy’ or ‘has an ear infection.’ Write this down in the ‘Diagnosis’ column. |
| <b>Column 10</b>  | Check the box to show if the office staff filled out the log or if you did. After you report the visit to the NCS study staff, please write in the date you told us about that visit.                                                                                                                                                                  |

*See the example in the first line of the log on the next page.*  
**Inform the National Children’s Study staff when more Log pages are needed.**



# Log for Outpatient Health Care Visits and Overnight Hospital Stays

1	2	3	4	5	6	7	8	9	10
Date of visit	Health Care Provider # from Health Care Provider Log	Reason for visit (check all that apply)	Weight	Length/ Height	Head circumference (0-2 yrs.)	Immunization/ Vaccination/ Shot	Tests/ Medications/ Treatments e.g., lab tests (blood, urine...), medicines, vitamins, minerals, herbs, supplements, procedures	Diagnosis or Problem	Completed by Office or Self
									Date Reported to National Children's Study
March 3, 2011	0	<input checked="" type="checkbox"/> Routine well visit <input type="checkbox"/> Sick visit <input type="checkbox"/> Specialist doctor visit <input type="checkbox"/> Emergency visit <input type="checkbox"/> Immunization/ vaccination/ shot <input type="checkbox"/> Follow-up visit <input type="checkbox"/> <b>Overnight hospital stay</b> How many nights? <input type="checkbox"/> Some other reason (explain):	$\frac{10}{\text{pounds}}$ $\frac{4}{\text{ounces}}$ OR $\frac{\text{kg}}{\text{kilograms}}$ <input type="checkbox"/> Not Done/ Don't Know	$\frac{23}{\text{inches}}$ OR $\frac{\text{cm}}{\text{centimeters}}$ <input type="checkbox"/> Not Done/ Don't Know	$\frac{37}{\text{inches}}$ OR $\frac{\text{cm}}{\text{centimeters}}$ <input type="checkbox"/> Not Done/ Don't Know	<input type="checkbox"/> No <input checked="" type="checkbox"/> Yes  <b>If 'YES' then go to Immunization/ Vaccination/ Shot Log</b>  EXAMPLE	Lab test (blood)	Well infant, good growth and development	<input checked="" type="checkbox"/> Office <input type="checkbox"/> Self  Date: <u>March 4, 2011</u>
		<input type="checkbox"/> Routine well visit <input type="checkbox"/> Sick visit <input type="checkbox"/> Specialist doctor visit <input type="checkbox"/> Emergency visit <input type="checkbox"/> Immunization/ vaccination/ shot <input type="checkbox"/> Follow-up visit <input type="checkbox"/> <b>Overnight hospital stay</b> How many nights? <input type="checkbox"/> Some other reason (explain):	$\frac{\text{lb}}{\text{pounds}}$ $\frac{\text{oz.}}{\text{ounces}}$ OR $\frac{\text{kg}}{\text{kilograms}}$ <input type="checkbox"/> Not Done/ Don't Know	$\frac{\text{in}}{\text{inches}}$ OR $\frac{\text{cm}}{\text{centimeters}}$ <input type="checkbox"/> Not Done/ Don't Know	$\frac{\text{in}}{\text{inches}}$ OR $\frac{\text{cm}}{\text{centimeters}}$ <input type="checkbox"/> Not Done/ Don't Know	<input type="checkbox"/> No <input type="checkbox"/> Yes  <b>If 'YES' then go to Immunization/ Vaccination/ Shot Log</b>			<input type="checkbox"/> Office <input type="checkbox"/> Self  Date: _____
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Date of visit	Health Care Provider # from Health Care Provider Log	Reason for visit (check all that apply)	Weight	Length/ Height	Head circumference (0-2 yrs.)	Immunization/ Vaccination/ Shot	Tests/ Medications/ Treatments e.g., lab tests (blood, urine...), medicines, vitamins, minerals, herbs, supplements, procedures	Diagnosis or Problem	Completed by Office or Self																																		
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Bring this log to all health care visits. Use this log for all National Children's Study telephone calls and visits. Save all bottles and containers of medications and bring to National Children's Study visits and have available for telephone calls:

- Medicines (those prescribed by a health care provider and those bought "over-the-counter")
- Vitamins, minerals, herbs, and any other supplements

Inform the National Children's Study staff when more pages are needed.





## Immunization/Vaccination/Shot Log Instructions

- Write in the date of the immunization/vaccination/shot.
- Put a ✓ in the box of each vaccine(s) given to your child. Ask your child's Health Care Provider to help you to check all of the right boxes.
- At the bottom of the Log, write in if your child had any problems after any of the immunizations, vaccinations or shots.

*See the example in the first line of the log on the next page.*



Contact your child's doctor if your child has any problems after an immunization/shot/vaccination.

# Immunization/Vaccination/Shot Log

DATE OF IMMUNIZATION	Needles or injections							Needles or injections							By Mouth	Needle	Nasal Mist	Other		
	Hepatitis B (Hep B)	Diphtheria, Tetanus, and Pertussis (whooping cough) (DTaP)	H. Influenza Type B (Hib)	Inactivated Polio (IPV)	Pneumococcal Conjugate (PCV7)	Combination vaccines Measles, Mumps, and Rubella (MMR)	Combination vaccines Measles, Mumps, Rubella, and Varicella (MMRV)	DTaP, Hep B, and IPV	Hib and Hep B	DTaP and Hib	DTaP and IPV	DTaP, IPV, and Hib	Varicella (Chickenpox)	Hepatitis A					Meningococcal	I. Palivizumab to prevent RSV (Respiratory Syncytial Virus)
March 3, 2011		✓		✓																XYZ Vaccine

**ANY PROBLEMS AFTER A SHOT/IMMUNIZATION/VACCINATION?**

Date of the Immunization/Vaccination/Shot	Date you first noticed the problem	Describe the problem

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**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES**

National Institutes of Health

Centers for Disease Control and Prevention

**U.S. ENVIRONMENTAL PROTECTION AGENCY**

PMCLOG01.01EN