



## ***Recruitment Strategy Substudy***

Event Name(s):

**Biospecimen Urine Instrument (EH, PB, HI) – 1.0  
(Pre-Pregnancy Visit, Pregnancy Visit 1, Pregnancy Visit 2)**

Instrument Name(s) and Versions:

**Biospecimen Urine Instrument (EH, PB, HI) – 1.0  
(Pre-Pregnancy Visit, Pregnancy Visit 1, Pregnancy Visit 2)**

Recruitment Groups:

**Enhanced Household, Provider-Based, and High Intensity**

**Biospecimen Urine Instrument (EH, PB, HI)  
(Pre-Pregnancy Visit, Pregnancy Visit 1, Pregnancy Visit 2)**

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**Biospecimen Urine Instrument (EH, PB, HI)  
(Pre-Pregnancy Visit, Pregnancy Visit 1, Pregnancy Visit 2)**

**CAPI**

**BIOSPECIMEN URINE COLLECTION**

**(TIME\_STAMP\_1) PROGRAMMER INSTRUCTION: INSERT DATE/TIME STAMP**

UR0900.      You will now collect a urine sample. I will need to ask you some questions before you collect your urine sample.

CONTINUE..... 01  
REFUSED..... 02 (BL2060)

UR1000.      When did you last urinate? █

\_\_\_ : \_\_\_

AM.....01  
PM.....02  
REFUSED.....9-97  
DON'T KNOW.....9-98

DATA COLLECTOR INSTRUCTIONS:  
ENTER TIME AS HH:MM AND AM OR PM.

UR1100      When was the last time you had anything to eat or drink other than water? █

\_\_\_ : \_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_ MM/DD/YYYY

AM.....01  
PM.....02  
REFUSED.....9-97  
DON'T KNOW.....9-98

DATA COLLECTOR INSTRUCTIONS:  
ENTER TIME AS HH:MM and AM OR PM  
ENTER TWO DIGIT MONTH, TWO DIGIT DAY, AND FOUR DIGIT YEAR.

UR1200      How much of what you ate was beef, pork, tuna, or salmon? █

NONE.....	01
Less than one quarter of the meal.....	02
One quarter to one half of the meal.....	03
Less than three quarters of the meal.....	04
Three quarters to all of the meal.....	05
All of the meal.....	06
REFUSED.....	9-97
DON'T KNOW.....	9-98

UR1300 Do you take creatine supplements?

YES.....	01
NO.....	02
REFUSED.....	9-97
DON'T KNOW.....	9-98

DATA COLLECTOR INSTRUCTIONS:  
 IF THE PARTICIPANT ASKS, EXPLAIN THAT CREATINE SUPPLEMENTS ARE OFTEN  
 TAKEN BY ATHLETES WISHING TO GAIN MUSCLE MASS.

**STATEMENT: Here are your urine collection materials. Please review the instructions with me.**