Burden Disclosure Statement

Pre-Focus Group Questionnaire

1. How long have you been at your senior center?
    - ❏ <1 year
    - ❏ 1-5 years
    - ❏ 5-10 years
    - ❏ >10 years

2. Approximately, how many older adults belong to your senior center?
    - ❏ <100
    - ❏ 100-200
    - ❏ 200-500
    - ❏ 500-1000
    - ❏ >1000

3. What is the average age of your members (this could also be a range of ages)?
    - ❏ 60-65
    - ❏ 65-70
    - ❏ 70-75
    - ❏ 75-80
    - ❏ >80

4. What is the demographic (race, ethnicity, religion) makeup of your members?

5. Does you senior center have a budget for health information?
    - ❏ No
    - ❏ Yes. What is your budget: _____

6. Have you previously heard of the National Institute on Aging (NIA)? (If yes, please answer questions 7, 8 & 9; if no, please skip to question 10)

7. Does your center distribute/display any of NIA's publications? If so, please list.

8. Do you use the NIA or NIHSeniorHealth.gov website? If so, for what purpose?

9. Does your center use any of NIA's other resources? If so, please explain.

10. Does your center have a computer room?
    - ❑ No
    - ❑ Yes. Does your center offer computer training courses?

11. Does your center have health education or fitness courses?
    - ❑ No
    - ❑ Yes. Please describe:

12. Are you a senior residence as well as a senior center?
    - ❑ No
    - ❑ Yes