



**W**e have a few questions we want you to answer about yourself and the sun. Thank you for answering these questions. Please use a pencil to fill in the circle for each answer you choose. If you want to change your answer choice, be sure to erase your first choice completely.

1. What month is it?

- January     February     March     April     May     June  
 July     August     September     October     November     December

2. How old are you?     8     9     10     11     12     13     14

3. Are you a boy or a girl?     Boy     Girl

4. What is the color of your hair?     Blond     Red     Brown     Black

5. Does your skin burn easily in the sun?     Yes     No     I don't know

6. What are some of the ways you can keep your skin safe from the sun?

\* Please fill in as many circles as you need to answer this question.

- Eating cereal     Using sunscreen     Wearing a shirt and hat outside



7. When do you have to use the most sun protection?

When the UV (Ultraviolet) Index is:     1     5     10 or higher     I don't know

8. You can get a sunburn on a cloudy day.     True     False

9. You only need to wear sunscreen when you are at the beach or pool.     True     False

10. Keeping your skin safe from the sun is:     Hard to do     Not too hard, not too easy     Easy to do

11. Some of the reasons why I do NOT always wear sunscreen when I'm outside are because:

\* Please fill in as many circles as you need to answer this question.

- It takes too long to put on sunscreen.     It's hard to put sunscreen on my whole body.  
 I forget to put on sunscreen.     I don't have any sunscreen.  
 It stings my eyes.     None—I always wear sunscreen!  
 Sunscreen feels greasy on my skin.

12. Some of the reasons why I do NOT always wear a hat when I'm outside are because:

\* Please fill in as many circles as you need to answer this question.

- I forget to bring a hat.     I don't like to wear a hat.     I don't have a hat.  
 It's too hot to wear a hat.     None—I always wear a hat!

13. Do you like to get a tan?     Yes     No

14. Do you think people look healthier with a tan?     Yes     No

**CONTINUED ON THE BACK—PLEASE TURN OVER.**

15. When you wear a bathing suit outside, what are all of the places that you put on sunscreen?

\* Please fill in as many circles as you need to answer this question.

- My face       My arms       My shoulders       My legs       My back  
 My ears       My stomach       My neck       I don't put it on

16. Have you ever reminded a:

Friend to put on sunscreen?       Yes       No

Sibling (brother or sister) to put on sunscreen?       Yes       No

Parent or guardian to put on sunscreen?       Yes       No

Parent or guardian to put sunscreen on you?       Yes       No

17. When you are outside in the sun this coming summer, will you try to play in the shade instead of in the sun?

- Yes       Most likely       Probably not       No

18. Will you put sunscreen on when you go outside during the day this coming summer?

- Yes       Most likely       Probably not       No

19. Does your school announce the UV Index?       Yes       No

20. Have you had a school lesson before on sun protection?       Yes       No

## When you were outside in the sun last summer:

21. Did you wear a hat?

- Never       Rarely       Sometimes       Often       Always

22. Did you wear a long-sleeved shirt?

- Never       Rarely       Sometimes       Often       Always

23. Did you wear sunglasses?

- Never       Rarely       Sometimes       Often       Always

24. Did you wear sunscreen?

- Never       Rarely       Sometimes       Often       Always

25. If you wore sunscreen, what number sunscreen or SPF (sun protection factor) did you use?

- Less than 15       15-29       30 or higher       I don't know

26. How many times did you get sunburned?

- None       One or two       Three or more

27. If you got a sunburn, how many of the sunburns were painful?

- None       One or two       Three or more       I did not get sunburned

28. How many days a week did you spend outside during the day between 10 AM and 4 PM?

- 0-1 day per week       2-3 days per week       4-5 days per week       6-7 days per week

29. How many hours a day did you spend outside during the day between 10 AM and 4 PM?

- Less than 1 hour per day       1-2 hours per day       3-4 hours per day       5-6 hours per day



This survey asks questions about how to keep your skin safe from the sun. You do not have to answer any questions that you do not want to. You can stop being part of the study at any time. To keep your answers private, your name will not be on the survey. This survey should take about 10 minutes to fill out.