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### MEAL DELIVERY PROGRAM PARENT QUESTIONNAIRE SUMMER 2011 (ROUND 1)

#### INTRODUCTION

**NOTE:** Interviews will be conducted with primary care giver or other adult who can answer questions about children in the household.

**INTRO1:** Hello, may I speak to [NAMED ADULT FROM SAMPLE FILE]?

Yes/speaking or available  $\rightarrow$  Continue No  $\rightarrow$  INTRO4

**INTRO2:** My name is \_\_\_\_\_\_ and I'm calling on behalf of the [PROGRAM]. Our records show that one or more children from your household is taking part in this program and we'd like to ask you some questions about this. Are you familiar with your child(ren)'s participation in this program?

Yes  $\rightarrow$  START No  $\rightarrow$  Continue

**INTRO3:** May I speak to an adult in this household who is familiar with this program?

Knowledgeable adult available  $\rightarrow$  INTRO2 [TO NEW ADULT] Adult not available  $\rightarrow$  Collect first name and schedule call-back

**INTRO4:** My name is \_\_\_\_\_\_ and I'm calling on behalf of the [PROGRAM]. Our records show that one or more children from your household is taking part in this program and we'd like to ask you some questions about this. May I speak to an adult in this household who is familiar with this program?

Knowledgeable adult speaking or available  $\rightarrow$  START Adult not available  $\rightarrow$  schedule call-back

**START:** The interview takes about 30 minutes to complete. Your participation in this survey is voluntary. You have the right to stop at any time or skip questions with no penalty. All your answers

are private and the information you provide will not be identified by your name, except as otherwise required by law. You will receive (INCENTIVE) as a thank you for completing the survey. Your answers to our survey questions will provide important [PROGRAM] with important information to help improve its services. Any information you provide will remain private.

### ASK FIRST SURVEY QUESTION.

### PARTICIPATION IN SUMMER FOOD SERVICE PROGRAM AND DEMONSTRATION PROJECTS

For this survey, when I say household I mean your family and other people who live in your household and with whom you share food and food expenses.

1. Thinking about your household please tell me the first name and age of all people in your household who received a meal delivery from (NAME OF MEAL DELIVERY PROGRAM).

Name	Age (years)

#### 2. Was the meal delivery:

At Home	1
Drop-off Site	2
REFUSED	
DON'T KNOW	99

#### FOR MEAL DELIVERY AT HOME

3. How often do you receive meal delivery for (NAME OF PERSON)?

Everyday	1
Once every week	2
Other, specify:	3
REFUSED	
DON'T KNOW	99

4. How many (days/weeks) did the (NAME OF PROGRAM) deliver meals for (NAME OF PERSON) at your home?

June:	weeks
July:	weeks
August:	weeks

5. Did you or someone else have to be home at the time of meal delivery?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

6. Did you have to sign a (FORM OR SLIP) each time you received the meal delivery?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

7. Were you satisfied with the schedule of meal delivery?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

### FOR MEAL DELIVERY AT A DROP-OFF SITE

8. How far do you have to travel to pick up the meals from (name of program)?

One mile or less	1
More than one mile	2
REFUSED	77
DON'T KNOW	99

9. Who usually picks up the meals? (CHECK ALL THAT APPLY)

Parent	1
Sibling	2
Relative	3
Child himself/herself	4
Other, specify:	5
REFUSED	
DON'T KNOW	99

10. Did you have to sign a (FORM OR SLIP) each time you picked up the meal?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

11. Was there ever an occasion when the meal wasn't picked up?

Yes 1	GO TO #12
No 2	GO TO #13
REFUSED	GO TO #13
DON'T KNOW	GO TO #13

12. Please tell me if the meals were not picked up on one or more occasion because ...

## **INTERVIEWER: Check all that apply**

It takes too long to get to the drop-off site	1
You did not have transportation to get to the drop-off site	2
The timing of meal pick up is not convenient for you	
There is a long wait to pick up a meal	4
Other, specify:	5
REFUSED7	7
DON'T KNOW	9
MEALS ALWAYS PICKED UP, DOES NOT APPLY 8	8

### FOR MEAL DELIVERY AT HOME AND DROP-OFF SITE

13. How did you find out about the meal delivery program?

Flyer	 1
Brochure	 2
Newsletter	 3
Word of mouth	 4
Other, specify:	 5
REFUSED	 77
DON'T KNOW	 99

14. Why did you enroll your children (or others) to receive a meal delivery from (NAME OF PROGRAM)?

### SFSP MEAL DESCRIPTION, CONSUMPTION, SHARING AND WASTAGE

Now I am going to ask you some questions about the meals that your children (or others) received through (NAME OF THE PROGRAM)

15. Now please think about the most recent meal delivery you received. What foods were provided?

### INTERVIEWER: Do not read. Check all that apply

Name of Person	Milk	Fruit	Juice	Vegetable	Bread/ Grains	Meat	Meat Alternate

16. Thinking about all the food that was provided in the meal delivery package, can you tell me where (NAME OF FOOD) was stored or kept at home?

### **INTERVIEWER:** Do not read. Check all that apply

Food	Fridge	Pantry	Counter or Table	Child's Room	Other, specify	Refused	DK
Milk							
Fruit							
Fruit Juice							
Vegetable							
Bread/Grains							
Meat							
Meat Alternate							

17. For this question, please tell me how often your children (or others who received the meal delivery) drank or ate (NAME OF FOOD)?

How many	Always	Most of the Time	Sometimes	Rarely	Never	Refuse d	DK
Drank Milk							
Ate Fruit							
Drank Fruit Juice							
Vegetable							
Bread/Grains							
Meat							
Meat Alternate							

18. Did any of the PEOPLE in your household share (NAME OF FOOD) from the meal delivery with each other, other children in the household who did not receive a meal delivery, adults in the household, friends, or others?

	Share (NAME OF FOOD)						
Food	Yes	No	Refused	DK			
Milk							
Fruit							
Fruit Juice							
Vegetable							
Bread/Grains							
Meat							
Meat Alternate							

	Who was (NAME OF FOOD) shared with?								
Food	Children in the HH who also get a meal delivery	Children in the HH who don't get a meal delivery	Adults in the househol d	Friend	Pet	Other, Specify	Refused	DK	
Milk									
Fruit									
Fruit Juice									
Vegetable									
Bread/Grains									
Meat									
Meat Alternate									

19. If yes to #18 (for each food), who did they share (NAME OF FOOD) it with?

20. Were there any foods in the meal delivery package that were not eaten by anyone?

Yes 1	GO TO #21
No 2	GO TO #22
REFUSED	GO TO #22
DON'T KNOW	GO TO #22

21. I am going to ask you about the foods that were left over. Which foods were left over? What was the reason for not eating these foods? What was done with the food?

Food	Why was (food not eaten)	What was done with food?*
Milk		
Fruit		
Fruit Juice		
Vegetable		
Bread/Grains		
Meat		
Meat Alternate		

# \*Codes for what was done with food:

Thrown away	1
Returned to Drop-off site	
Given away to friend/neighbor	3
Saved for later	4

Other, specify	5
REFUSED	77
DON'T KNOW	99

### PARENT SATISFACTION WITH SFSP DEMONSTRATION AND FOODS

Now I am going to ask you a few questions about your impression of the meals included in the meal delivery.

22. How would you describe the meals that are provided? Would you say the foods are healthy, somewhat healthy, or not at all healthy?

Very healthy	1
Somewhat healthy	2
Not at all healthy	
REFUSED	77
DON'T KNOW	99

For the next few questions, please tell me if you agree strongly, agree, neither agree nor disagree, disagree, or disagree strongly with these statements.

23. The delivery packages generally include a variety of foods. Would you say you ...

Agree strongly	L
Agree 2	2
Neither agree nor disagree	3
Disagree	1
Disagree strongly	5
REFUSED7	
DON'T KNOW	9

24. The delivery package foods are convenient to eat. Would you say you ...

Agree strongly	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Disagree strongly	5
REFUSED	
DON'T KNOW	99

25. People who get the meal delivery in my household like the foods provided in the package. Would you say you ...

Agree strongly	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Disagree strongly	5
REFUSED	77
DON'T KNOW	99

### HH FOOD SECURITY

The next questions are about the food eaten in your household in the last 30 days, which is (<u>REFER</u> <u>TO START AND END DATE</u>).

26. Which of these statements best describes the food eaten in your household in the last 30 days: —enough of the kinds of food (I/we) want to eat; —enough, but not always the <u>kinds</u> of food (I/we) want; —sometimes <u>not enough</u> to eat; or, <u>—often</u> not enough to eat?

Enough of the kinds of food we want to eat	1
Enough but not always the kinds of food we want	2
Sometimes not enough to eat	3
Often not enough to eat	4
REFUSED	
DON'T KNOW	99

Now I'm going to read you several statements that people have made about their food situation. For these statements, please tell me whether the statement was <u>often</u> true, <u>sometimes</u> true, or <u>never</u> true for (you/your household) in the last 30 days—that is, since last (name of current month).

27. The first statement is "(I/We) worried whether (my/our) food would run out before (I/we) got money to buy more." Was that <u>often</u> true, <u>sometimes</u> true, or <u>never</u> true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

28. "The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more." Was that <u>often</u>, <u>sometimes</u>, or <u>never</u> true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

29. "(I/we) couldn't afford to eat balanced meals." Was that <u>often</u>, <u>sometimes</u>, or <u>never</u> true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

**Screener for Stage 2 Adult-Referenced Questions:** If affirmative response (i.e., "often true" or "sometimes true") to one or more of Questions 27-29, OR, response [3] or [4] to question 26, then continue to **Adult Stage 2**; otherwise, skip to **Child Stage 1**.

### ADULT STAGE 2

30. In the last 30 days, since last (name of current month), did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

31. [IF YES ABOVE, ASK] In the last 30 days, how many days did this happen?

#### INTERVIEWER: If needed, did that happen on 3 or more days? Y/N

days Enter Number	
REFUSED	

32. In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

33. In the last 30 days, were you every hungry but didn't eat because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

34. In the last 30 days, did you lose weight because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

Screener for Stage 3 Adult-Referenced Questions: If affirmative response to one or more of questions 25 through 29, then continue to Adult Stage 3; otherwise skip to Child Stage 1.

#### ADULT STAGE 3

35. In the last 30 days, did (you/you or other adults in your household) ever not eat for a whole day because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

36. [IF YES ABOVE, ASK] In the last 30 days, how many days did this happen?

INTERVIEWER: If needed, did that happen on 3 or more days? Y/N

	days
Ente	Number

REFUSED	77
DON'T KNOW	99

### CHILD STAGE 1: ADMINISTER TO ALL HOUSEHOLDS WITH CHILDREN UNDER 18

Now I'm going to read you several statements that people have made about the food situation of their children. For these statements, please tell me whether the statement was OFTEN true, SOMETIMES true, or NEVER true in the last 30 days for (your child/children living in the household who are under 18 years old).

37. "(I/we) relied on only a few kinds of low-cost food to feed (my/our) child/the children) because (I was/we were) running out of money to buy food." Was that often, sometimes, or never true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

38. "(I/We) couldn't feed (my/our) child/the children) a balanced meal, because (I/we) couldn't afford that." Was that often, sometimes, or never true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

39. "(My/Our child was/The children were) not eating enough because (I/we) just couldn't afford enough food." Was that often, sometimes, or never true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

Screener for Stage 2 Child Referenced Questions: If affirmative response (i.e., "often true" or "sometimes true") to one or more of questions 37-39, then continue to Child Stage 2; otherwise skip to #45.

#### CHILD STAGE 2

more food?

40. In the last 30 days, since (current day) of last month, did you ever cut the size of (your child's/any of the children's) meals because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

41. In the last 30 days, did (CHILD'S NAME/any of the children) ever skip meals because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

42. [IF YES ABOVE ASK] In the last 30 days, how many days did this happen?

#### INTERVIEWER: If needed, did that happen on 3 or more days? Y/N

days Enter Number	
REFUSED	77

43.	In the last 30 days, (was your child/were the children) ever hungry but you just couldn't afford

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

44. In the last 30 days, did (your child/any of the children) ever not eat for a whole day because there wasn't enough money for food?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

45. Would you say that children in your household eat more balanced meals and healthy foods during the regular school year, during the summer, or about the same in the summer and the school year?

Regular school year	1
Summer	2
Eats about the same	77
REFUSED	77
DON'T KNOW	99

46. Thinking about the food available to (NAME OF CHILD) during summer and comparing it to the school year ... (CHECK ONE BOX FOR EACH ROW)

	More in the summer	About the same in summer and school year	Less in the summer	DK	Refused
Was the quantity of food available					
Was the variety of food available					
Was the amount of fruits and vegetables available					
Was the amount of meat available					
Was the amount of milk and milk products available					
Children ate regular meals					
Children ate fast food					

#### PARTICIPATION IN OTHER NUTRITION ASSISTANCE PROGRAMS

The next few questions are about your household's participation in other nutrition assistance programs.

47. Did your household receive SNAP or food stamp benefits in the past 30 days?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

48. Did anyone in your household receive assistance from the Women, Infant, and Children program – also known as the WIC program in the past 30 days?

Yes	1	GO TO #49
No	2	GO TO #51
REFUSED7	7	GO TO #51

49. How many women participated in WIC in the past 30 days?

|\_\_\_| women Enter Number

REFUSED7	7
DON'T KNOW	99

50. How many Infants and Children participated in WIC in the past 30 days?

|\_\_\_\_| infants and children Enter Number

51. Did any children in your household attend the Head Start program or a preschool child care program where they get free meals in the past 30 days?

Yes 1	GO TO #52
No 2	GO TO #53
REFUSED	GO TO #53
DON'T KNOW 55	GO TO #53

52. How many children participated in Head Start or other preschool child care program in the past 30 days?

I\_\_\_\_ children Enter Number

53. Did any children in your household receive free or reduced price school lunches in the past school year (i.e., in the winter or spring 2011)?

Yes 1	GO TO #54
No 2	GO TO #55
REFUSED	GO TO #55
DON'T KNOW	GO TO #55

54. How many children received free or reduced price lunch in the winter or spring 2011?

|\_\_\_| children Enter Number

REFUSED7	7
DON'T KNOW9	9

55. Did anyone in your household receive assistance from Meals on Wheels or the Senior Nutrition Progam in the past 30 days?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

#### PERCEPTION OF CHANGE IN FOOD EXPENDITURE

Now I am going to ask you a couple of questions about the money you spend on food during the school year and summer.

56. Compared with the amount of money you spend on food each month during the school year, would you say you spend:

The same amount on food in the summer months	1
More on food in the summer months	2
Less on food in the summer months	3
REFUSED	77
DON'T KNOW	99

I'm going to read a statement to you. Please tell me how strongly you agree or disagree with the statement.

57. Because the people in my household participated in the summer food program, I spent less money on food during the summer months than if s/he had not participated in the program. Do you ...

Agree strongly	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Disagree strongly	5
REFUSED	
DON'T KNOW	99

#### HOUSEHOLD AND RESPONDENT CHARACTERISTICS

We are almost done. The last few questions are about you and the people who live in your household.

58. Thinking about your entire household, meaning family or other people living in your home, including family and other people who share food and food expenses, how many people currently live in your household, including yourself?

## |\_\_\_| Enter Number

REFUSED	77
DON'T KNOW	99

59. Of these, how many are adults age 65 or older?

Enter	Number

REFUSED	77
DON'T KNOW	99

60. How many are adults age 18 to 64?

|\_\_\_| Enter Number

REFUSED7	7
DON'T KNOW9	9

61. How many are children age 5 to 17?

### I\_\_\_\_I Enter Number

REFUSED	77
DON'T KNOW	99

62. And, how many are children under five years of age?

Ente	r Number

REFUSED7	7
DON'T KNOW 9	99

63. Does anyone in your family have any difficulty in doing day to day activities because of a physical, mental or emotional (or other health) condition?

Yes	1
No	2
REFUSED	77
DON'T KNOW	99

The next set of questions ask about some basic information about you.

64. Are you male or female?

INTERVIEWER: If gender is obvious, enter item without asking; otherwise ask this question.

Male	1
Female	2
REFUSED	77
DON'T KNOW	99

65. Are you Hispanic or Latino?

Yes	1
No	2
Not Hispanic or Latino	3
REFUSED	77
DON'T KNOW	99

66. Which one or more of the following would you say is your race?

#### INTERVIEWER: Please read. Select all that apply.

American Indian or Alaskan Native	1
Asian	2
Black	3
Native Hawaiian or other Pacific Islander	4
White	5
REFUSED7	77

67. What language or languages do you usually speak at home? (DO NOT READ)

# INTERVIEWER: Select all that apply.

English	1
Spanish	2
Other, specify:	3
REFUSED	
DON'T KNOW	99

# 68. Are you ...?

Married	1
Divorced	3
Widowed	2
Separated	4
Never Married	5
Living With Partner	6
REFUSED	77
DON'T KNOW	99

69. What is the highest grade or year of school you completed?

### INTERVIEWER: Do not read

Never Attended/Kindergarten Only	0
Grades 1 through 8 (elementary/middle school)	1
Grades 8 through 11 (some high school)	2
Grade 12 or GED (high school graduate)	3
College 1 to 3 years (some college or technical school)	4
College 4 years or more (college graduate)	5
REFUSED	77
DON'T KNOW	99

70. What is your date of birth?

/	/    /	
mm	dd	ууууу

71. Are you currently ...?

Employed for wages	1
Self-employed	2
Out of work for more than 1 year	3
Out of work for less than 1 year	4
A homemaker	5
A student	6
Retired	7
Unable to work	8
REFUSED7	7
DON'T KNOW9	9

72. Not including yourself, how many adults in the household were employed full-time last week?

II Enter Number
REFUSED

73. Not including yourself, how many adults in the household were employed part-time last week?

II Enter Number	
REFUSED DON'T KNOW	

74. Not including yourself, how many adults in the household were not employed last week?

Enter	Number

REFUSED	77
DON'T KNOW	99

75. Is your annual household income from all sources ...?

Less than \$25,000	1
If yes, ask Less than \$20,000	2
If yes, ask Less than \$15,000	ა
If yes, ask	ა
Less than \$10,000	4
If NO to LESS THAN \$25,000, ask Less than 35,000 Less than 50,000 Less than 75,000 75,000 or more	5 6 7 8

**END1:** Thank you so much for completing this interview. The information you provided will help administrators better understand and improve the [PROGRAM]. Because it is important to learn about people's experiences after they have been in this program for a longer period of time, we'd like to call you again in about 4 to 6 weeks to conduct a follow-up interview. Will this number [READ CURRENT PHONE NUMBER] be the best number to call?

Yes →.....END3 No →....Continue to END2

END2: What is the best number to call next time?

(\_\_\_\_)\_\_\_-

**END3:** In case we can't reach you at this number, please tell me one or two other numbers where we might be able to contact you:

(\_\_\_\_)\_\_\_-

(\_\_\_\_)\_\_\_-

**END4:** Thank you again for your time. Goodbye.