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# SCHOOL YEAR PARENT QUESTIONNAIRE FALL 2011 (Round 2) BACKPACK AND MEAL DELIVERY PROGRAM

#### INTRODUCTION

**NOTE**: Interviews will be conducted with primary care giver or other adult who can answer questions about children in the household.

INTRO1: Hello, may I speak to [NAME OF ADULT WHO COMPLETED ROUND 1]?

Yes/speaking or available → START No → schedule call-back

START: My name is \_\_\_\_ and I'm calling on behalf of the [PROGRAM]. We contacted you on [R1 COMPLETION DATE] to ask you some questions about [PROGRAM]. Thank you so much for your earlier participation in our study. Now that your child or children has/have been participating in this program for a few weeks, we'd like to ask you some more questions to get some current information about your experiences. The interview takes about 30 minutes to complete. Your participation in this survey is voluntary. You have the right to stop at any time or skip questions. All your answers are private and the information you provide will not be identified by your name. You will receive (INCENTIVE) as a thank you for completing the survey.

Your answers to our survey questions will provide important [PROGRAM] with important information to help improve its services. Any information you provide will remain private.

#### ASK FIRST SURVEY QUESTION.

For this survey, when I say household I mean your family and other people who live in your household and with whom you share food and food expenses.

## PARTICIPATION IN NSLP, SBP, AND AFTER SCHOOL PROGRAMS

| 1. | Thinking about your household please tell me the first name and age of all people in |
|----|--|
|    | your household who are currently enrolled in school.                                 |

| Name | Age (years) |
|------|-------------|
|      |             |
|      |             |
|      |             |
|      |             |

Now I am going to ask you a few questions about their participation in the school lunch and breakfast programs this year (IF NEEDED, SINCE FALL 2011).

2. Please tell me if (NAME) usually eats school lunch or brings a lunch from home? If person usually eats school lunch, ASK – And on how many days does (NAME) usually eat school lunch?

| Name of CHILD | Source of Lunch |      |    |             | Number of days ate school lunch |    |             |  |
|---------------|-----------------|------|----|-------------|---------------------------------|----|-------------|--|
|               | School          | Home | DK | Refuse<br>d | # DAYS                          | DK | Refuse<br>d |  |
|               |                 |      |    |             |                                 |    |             |  |
|               |                 |      |    |             |                                 |    |             |  |
|               |                 |      |    |             |                                 |    |             |  |
|               |                 |      |    |             |                                 |    |             |  |

3. Please tell me if (NAME) usually eats breakfast at home or school? If person usually eats school breakfast, ASK – And on how many days does (NAME) usually eat school breakfast?

| Name of CHILD | Source of breakfast |      |    | Number of days ate school breakfast |        |    |             |
|---------------|---------------------|------|----|-------------------------------------|--------|----|-------------|
|               | School              | Home | DK | Refuse<br>d                         | # DAYS | DK | Refuse<br>d |
|               |                     |      |    |                                     |        |    |             |
|               |                     |      |    |                                     |        |    |             |
|               |                     |      |    |                                     |        |    |             |
|               |                     |      |    |                                     |        |    |             |

4. Please tell me if (NAME) participates in any after school program? If yes, do they provide any food? If yes, ASK – and on how many days does (NAME) usually eat the food at the after school program?

| Name<br>of<br>CHIL<br>D |         |        |        | n after<br>gram | Do they provide snacks? |        |    | If yes, number of days<br>child eats snack at<br>program? |        |    |             |
|-------------------------|---------|--------|--------|-----------------|-------------------------|--------|----|---|--------|----|-------------|
|                         | YE<br>S | N<br>O | D<br>K | Refuse<br>d     | Ye<br>s                 | N<br>O | DK | Refused   | # DAYS | DK | Refuse<br>d |
|                         |         |        |        |                 |                         |        |    |   |        |    |             |
|                         |         |        |        |                 |                         |        |    |   |        |    |             |
|                         |         |        |        |                 |                         |        |    |   |        |    |             |
|                         |         |        |        |                 |                         |        |    |   |        |    |             |
|                         |         |        |        |                 |                         |        |    |   |        |    |             |

| 5. | Did the children (or others) in your household qua<br>school lunches in the current year? | alify to receive free or reduced price |
|----|---|--|
|    | Yes No REFUSED DON'T KNOW   | 2 GO TO Q. 7<br>77 GO TO Q. 7          |
| 6. | How many children (or others) received free or red      children  ENTER NUMBER  REFUSED   | 77                                     |

### **HH Food Security**

The next questions are about the food eaten in your household in the last 30 days, which is (REFER TO START AND END DATE).

7. Which of these statements best describes the food eaten in your household in the last 30 days: —enough of the kinds of food (I/we) want to eat; —enough, but not always the kinds of food (I/we) want; —sometimes not enough to eat; or, —often not enough to eat?

| Enough of the kinds of food we want to eat      | 1 |
|---|---|
| Enough but not always the kinds of food we want | 2 |
| Sometimes <u>not enough</u> to eat              | 3 |
| Often not enough to eat                         | 4 |

|         | REFUSED  |
|---------|--|
| For the | m going to read you several statements that people have made about their food situation. ese statements, please tell me whether the statement was <u>often</u> true, <u>sometimes</u> true, or true for (you/your household) in the last 30 days—that is, since last (name of current ). |
| 8.      | The first statement is "(I/We) worried whether (my/our) food would run out before (I/we) got money to buy more." Was that <u>often</u> true, <u>sometimes</u> true, or <u>never</u> true for (you/your household) in the last 30 days?   |
|         | Often true       1         Sometimes true       2         Never true       3         REFUSED       77         DK       99  |
| 9.      | "The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more." Was that <u>often</u> , <u>sometimes</u> , or <u>never</u> true for (you/your household) in the last 30 days?  |
|         | Often true   |
| 10.     | "(I/we) couldn't afford to eat balanced meals." Was that <u>often</u> , <u>sometimes</u> , or <u>never</u> true for (you/your household) in the last 30 days?  |
|         | Often true   |
| "somet  | ner <b>for Stage 2 Adult-Referenced Questions:</b> If affirmative response (i.e., "often true" or times true") to one or more of Questions 8-10, OR, response [3] or [4] to question 7, then ue to <b>Adult Stage 2</b> ; otherwise, skip to <b>Child Stage 1</b> .                      |
|         | Adult Stage 2  |
| 11.     | In the last 30 days, since last (name of current month), did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?   |
|         | Yes       1         No       2         REFUSED       77  |

|     | DK  |
|-----|---|
| 12. | [IF YES ABOVE, ASK] In the last 30 days, how many days did this happen?   |
|     | <u>           </u> days   |
|     | ENTER NUMBER  |
|     | INTERVIEWER: If needed, did that happen on 3 or more days? Y/N  |
|     | REFUSED   |
| 13. | In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food? |
|     | Yes 1   |
|     | No  |
|     | DON'T KNOW  |

|            | In the last 30 days, were you every hungry but didn't eat because there wasn't enough money for food?   |
|------------|---|
|            | Yes       1         No       2         REFUSED       77         DON'T KNOW       99   |
| 15.        | In the last 30 days, did you lose weight because there wasn't enough money for food?  |
|            | Yes       1         No       2         REFUSED       77         DON'T KNOW       99   |
|            | ner for Stage 3 Adult-Referenced Questions: If affirmative response to one or more of ons 11 through 15, then continue to <i>Adult Stage 3</i> ; otherwise skip to <i>Child Stage 1</i> . |
| 1.0        | Adult Stage 3   |
| 16.        | In the last 30 days, did (you/you or other adults in your household) ever not eat for a whole day because there wasn't enough money for food?   |
| 10.        |   |
| 16.<br>17. | Whole day because there wasn't enough money for food?Yes1No2REFUSED77   |

## Child Stage 1: ADMINISTER TO ALL HOUSEHOLDS WITH CHILDREN UNDER 18

Now I'm going to read you several statements that people have made about the food situation of their children. For these statements, please tell me whether the statement was OFTEN true, SOMETIMES true, or NEVER true in the last 30 days for (your child/children living in the household who are under 18 years old).

|     | hold who are under 18 years old).  |
|-----|--|
| 18. | "(I/we) relied on only a few kinds of low-cost food to feed (my/our) child/the children) because (I was/we were) running out of money to buy food." Was that often, sometimes, or never true for (you/your household) in the last 30 days? |
|     | Often true   |
| 19. | "(I/We) couldn't feed (my/our) child/the children) a balanced meal, because (I/we) couldn't afford that." Was that often, sometimes, or never true for (you/your household) in the last 30 days?   |
|     | Often true       1         Sometimes true       2         Never true       3         REFUSED       77         DK       99  |
| 20. | "(My/Our child was/The children were) not eating enough because (I/we) just couldn't afford enough food." Was that often, sometimes, or never true for (you/your household) in the last 30 days?   |
|     | Often true       1         Sometimes true       2         Never true       3         REFUSED       77         DK       99  |
|     | ner for Stage 2 Child Referenced Questions: If affirmative response (i.e., "often true" or stimes true") to one or more of questions 31-33, then continue to <i>Child Stage 2;</i> otherwise 0 Q.40  |
|     | Child Stage 2  |
| 21. | In the last 30 days, since (current day) of last month, did you ever cut the size of (your child's/any of the children's) meals because there wasn't enough money for food?  |
|     | Yes       1         No       2         REFUSED       77  |

|     | DON'T KNOW  | 99            |
|-----|---|---------------|
| 22. | In the last 30 days, did (CHILD'S NAME/any of the children) ever skip meals be there wasn't enough money for food?  | ecause        |
|     | Yes   | 2             |
| 23. | [IF YES ABOVE ASK] In the last 30 days, how many days did this happen?  |               |
|     | days ENTER NUMBER   |               |
|     | INTERVIEWER: If needed, did that happen on 3 or more days? Y/N<br>REFUSED<br>DK   | 77            |
| 24. | In the last 30 days, (was your child/were the children) ever hungry but you just afford more food?  | t couldn't    |
|     | Yes NoREFUSED DON'T KNOW  | 2<br>77       |
| 25. | In the last 30 days, did (your child/any of the children) ever not eat for a whole because there wasn't enough money for food?  | day           |
|     | Yes   | 2             |
| 26. | Would you say that children in your household eat more balanced meals and leads during the regular school year, during the summer, or about the same in summer and the school year? |               |
|     | Regular school year Summer Eats about the same REFUSED DON'T KNOW   | 2<br>77<br>77 |

27. Thinking about the food available to (NAME OF PERSON) during summer and comparing it to the school year ... (CHECK ONE BOX FOR EACH ROW)

|   | More in the summer | About the same in summer and school year | Less in<br>the<br>summer | DK | Refused |
|---|--------------------|--|--------------------------|----|---------|
| Was the quantity of food available                |                    |  |                          |    |         |
| Was the variety of food available                 |                    |  |                          |    |         |
| Was the amount of fruits and vegetables available |                    |  |                          |    |         |
| Was the amount of meat available                  |                    |  |                          |    |         |
| Was the amount of milk and milk products          |                    |  |                          |    |         |
| Children ate regular meals                        |                    |  |                          |    |         |
| Children ate fast food                            |                    |  |                          |    |         |

#### PARTICIPATION IN OTHER NUTRITION ASSISTANCE PROGRAMS

The next few questions are about your household's participation in other nutrition assistance programs.

| 2 | 28. | Did \ | vour | house | hold | l receive | SNAP | or fo | od s | stamp | benefi | its ir | ı the i | past 30 | ) dav | vs? |
|---|-----|-------|------|-------|------|-----------|------|-------|------|-------|--------|--------|---------|---------|-------|-----|
|   |     |       |      |       |      |           |      |       |      |       |        |        |         |         |       |     |

| res        | Т  |
|------------|----|
| No         | 2  |
| REFUSED    | 77 |
| DON'T KNOW | 99 |

| 29. | Did anyone in your household receive assistance from the Women, Infant, and Children program – also known as the WIC program in the past 30 days? |   |  |  |  |  |
|-----|---|---|--|--|--|--|
|     |   | Yes   |  |  |  |  |
| 30. | How many women participate  | ed in WIC in the past 30 days?  |  |  |  |  |
|     |   | women<br>Enter Number   |  |  |  |  |
|     |   | REFUSED   |  |  |  |  |
| 31. | How many Infants and Childr   | ren participated in WIC in the past 30 days?  |  |  |  |  |
|     |   | infants and children Enter Number   |  |  |  |  |
|     |   | REFUSED   |  |  |  |  |
| 32. |   | sehold attend the Head Start program or a preschool child free meals in the past 30 days? |  |  |  |  |
|     |   | Yes   |  |  |  |  |
| 33. | How many children participa the past 30 days?   | ted in Head Start or other preschool child care program in                                |  |  |  |  |
|     |   | children<br>Enter Number  |  |  |  |  |
|     |   | REFUSED   |  |  |  |  |

| 34.              | Did anyone in your household receive assistance from Meals on Wheels or the Senior Nutrition Progam in the past 30 days? |  |  |  |  |  |
|------------------|--|--|--|--|--|--|
|                  |  | Yes  |  |  |  |  |
| PERC             | EPTION OF CHANGE IN FO   | DD EXPENDITURE   |  |  |  |  |
|                  | am going to ask you a couple<br>I year and summer.   | of questions about the money you spend on food during the  |  |  |  |  |
| 35.              | Compared with the amount of year, would you say you spe  | of money you spend on food each month during the school nd:  |  |  |  |  |
|                  | More on food in the s<br>Less on food in the su<br>REFUSED   | food in the summer months  |  |  |  |  |
| I'm go<br>statem |  | . Please tell me how strongly you agree or disagree with the   |  |  |  |  |
| 36.              |  | ousehold participated in the summer food program, I spent<br>he summer months than if s/he/they had not particpated in |  |  |  |  |
|                  | the program. Do you  | Agree strongly   |  |  |  |  |
| HOUS             | SEHOLD AND RESPONDENT  | CHARACTERISTICS  |  |  |  |  |
| We are           | •  | uestions are about you and the people who live in your   |  |  |  |  |
| 37.              | Are you currently?   |  |  |  |  |  |
|                  |  | Employed for wages   |  |  |  |  |

|     |   | A homemaker A student Retired Unable to work REFUSED DON'T KNOW | 6<br>7<br>8<br>77      |  |  |  |
|-----|---|---|------------------------|--|--|--|
| 38. | Not including yourself, how week?                 | many adults in the household were er                            | mployed full-time last |  |  |  |
|     |   | <br>Enter Number  |                        |  |  |  |
|     |   | REFUSED   |                        |  |  |  |
| 39. | Not including yourself, how week?                 | many adults in the household were em                            | iployed part-time last |  |  |  |
|     |   | <br>Enter Number  |                        |  |  |  |
|     |   | REFUSED   |                        |  |  |  |
| 40. | Not including yourself, how r                     | many adults in the household were not e                         | employed last week?    |  |  |  |
|     |   | <br>Enter Number  |                        |  |  |  |
|     |   | REFUSED   |                        |  |  |  |
| 41. | Is your annual household income from all sources? |   |                        |  |  |  |
|     |   | Less than \$25,000If yes, ask                                   | 1                      |  |  |  |
|     |   | Less than 20,000  | 2                      |  |  |  |
|     |   | Less than 15,000  | 3                      |  |  |  |
|     |   | Less than 10,000  | 4                      |  |  |  |
|     |   | If NO to LESS THAN \$25,000, ask<br>Less than 35,000            | 5                      |  |  |  |
|     |   | Less than 50,000  |                        |  |  |  |
|     |   | Less than 75,000  |                        |  |  |  |

| 75,000 or more | 8  |
|----------------|----|
| REFUSED        | 77 |
| DON'T KNOW     | 99 |

**END1**: Thank you so much for completing this interview. The information you provided will help administrators better understand and improve the [PROGRAM]. Because it is important to learn about people's experiences after they have been in this program for a longer period of time, we'd like to call you again. Will this number [READ CURRENT PHONE NUMBER] the best number to call?

Yes → END3

No → Continue to END2

**END2**: What is the best number to call next time?

**END3:** In case we can't reach you at this number, please tell me one or two other numbers where we might be able to contact you:

**END4**: Thank you again for your time. Goodbye.