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# MEAL DELIVERY PROGRAM PARENT QUESTIONNAIRE SUMMER 2012 (ROUND 2)

#### INTRODUCTION

**NOTE:** Interviews will be conducted with primary care giver or other adult who can answer questions about children in the household.

INTRO1: Hello, may I speak to [NAME OF ADULT WHO COMPLETED YEAR 1 SURVEYS]?

Yes/speaking or available → START No → schedule call-back

START: My name is \_\_\_\_ and I'm calling on behalf of the [PROGRAM]. We contacted you in 2011 on [R1 COMPLETION DATE] and [R2 COMPLETION DATE] to ask you some questions about [PROGRAM]. Thank you so much for your earlier participation in our study. To understand how people's experiences with [PROGRAM] change over time, we'd like to complete another interview with you now. The interview takes about 30 minutes to complete. Your participation in this survey is voluntary. You have the right to stop at any time or skip questions. All your answers are confidential and the information you provide will not be identified by your name. You will receive (INCENTIVE) as a thank you for completing the survey.

Your answers to our survey questions will provide [PROGRAM] with important information to help improve its services. Any information you provide will remain confidential.

## ASK FIRST SURVEY QUESTION.

## PARTICIPATION IN SUMMER FOOD SERVICE PROGRAM AND DEMONSTRATION PROJECTS

For this survey, when I say household I mean your family and other people who live in your household and with whom you share food and food expenses.

		Name	Age (years
	Was the meal delivery:		
		At homeDrop-off site	2
		REFUSED DON'T KNOW	
OR I	HOME DELIVERY		
	How often do you receive m	neal delivery for (NAME OF CHIL	D)?
		Everyday	
		Once every week Other specify:	3
		REFUSED DON'T KNOW	
	How many (days/weeks) (	did the (NAME OF PROGRAM)	deliver meals for
	(NAME OF CHILD) at your		
		June:    weeks July:    weeks August:    weeks	
	Did you or someone else ha	ave to be home at the time of mea	al delivery?
		Yes	1

6.	Did you have to sign a (FORM	OR SLIP) each time you received the meal delivery?
	r F	res
7.	Were you satisfied with the scl	nedule of meal delivery?
	r F	res
FOR N	MEAL DELIVERY AT A DROP-	OFF SITE
8.	How far do you have to travel	o pick up the meals from (NAME OF PROGRAM)?
	N F	One mile or less
9.	Who usually picks up the meal	s? (CHECK ALL THAT APPLY)
	S F () F	Parent
10.	Did you have to sign a (FORM	OR SLIP) each time you picked up the meal?
	r F	res
11.	Was there ever an occasion w	hen the meal wasn't picked up?
	r F	'es

4.0	<b>5</b> 1			
12.	Place fell me it the me	ials ward not nicked iii	p on one or more occasion be	Called
<b></b>		als were not picked u	p on one or more occasion be	cause

## INTERVIEWER: Check all that apply.

It takes too long to get to the drop-off site	1			
You did not have transportation to get to the drop-off site	2			
The timing of meal pick up is not conveniet for you				
There is a long wait to pick up a meal	4			
Other, specify:	5			
REFUSED				
DON'T KNOW	99			
MEALS ALWAYS PICKED UP, DOES NOT APPLY	88			

## FOR MEAL DELIVERY AT HOME AND DROP-OFF SITE

13. How did you find out about the meal delivery program?

Flyer	1
Brochure	2
Newsletter	3
Word of mouth	4
Other, specify:	5
REFUSED	77
DON'T KNOW	99

## SFSP MEAL DESCRIPTION, CONSUMPTION, SHARING AND WASTAGE

Now I am going to ask you some questions about the meals that your children received through (NAME OF THE PROGRAM)

14. Now please think about the most meal delivery you received. What foods were provided?

## INTERVIEWER: Do not read, check all that apply.

Name of Person	Milk	Fruit	Juice	Vegetables	Bread <i>l</i> Grains	Meat	Meat alternate (e.g., beans, tofu)

15. Thinking about all the food that was provided in the meal delivery, can you tell me where (NAME OF FOOD) was stored or kept at home?

INTERVIEWER: Do not read, check all that apply.

Food	Fridge	Pantry	Kitchen counter	Child's room	Other, specify	Refused	DK
Milk							
Fruit							
Fruit Juice							
Vegetable							
Bread/Grains							
Meat							
Meat Alternate (such as beans)							

16. For this question, please tell me how often your children (or others who received the meal delivery) ate or drank the (NAME OF FOOD)?

How many always	Always	Most of the time	Sometimes	Rarely	Never	Refuse d	DK
Drank Milk							
Ate Fruit							
Drank Fruit Juice							
Vegetable							
Bread/Grains							
Meat							
Meat alternate (e.g., beans, tofu)							

17. Did any of the PEOPLE in your household share (NAME OF FOOD) from the meal delivery with each other, other children in the household who did not receive a meal delivery, adults in the household, friends, or others?

		Share (NAM	E OF FOOD)	
Food	Yes	No	Refused	DK
Milk				
Fruit				
Fruit Juice				
Vegetable				
Bread/Grains				
Meat				
Meat alternate (e.g., beans, tofu)				

18. If yes to Q.17 (for each food), who did they share (NAME OF FOOD) it with?

	Who was (NAME OF FOOD) shared with?							
Food	Other children who also get a meal delivery	Other children who don't get a meal delivery	Adults in the household	Friends	Pet	Other, Specify	Refused	DK
Milk								
Fruit								
Fruit Juice								
Vegetable								
Bread/Grains								
Meat								
Meat alternate (e.g., beans, tofu)								

19. Were there any foods in the meal delivery package that were not eaten by anyone?

Yes 1	GO TO # 20
No 2	GO TO # 21
REFUSED 77	GO TO # 21
DON'T KNOW99	GO TO # 21

20. I am going to ask you about the foods that were left over. Which foods were left over? What was the reason for not eating these foods? Whatht was done with the food?

Food	Why was (food not eaten)	What was done with food?*
Milk		
Fruit		
Fruit Juice		
Vegetable		
Bread/Grains		
Meat		
Meat alternate (e.g beans, tofu)	,	

*Codes for what was done with foo	<u>d</u>
Thrown away	1
Returned to drop-off site	2
Given away to friend/neighbor	3
Saved for later	4
Other, specify	5
REFUSED	
DON'T KNOW	aa

## PARENT SATISFACTION WITH SFSP DEMONSTRATION AND MEALS

Now I am going to ask you a few questions about your impression of the meals included in the meal delivery.

21. How would you describe the meals that are provided? Would you say the meals are healthy, somewhat healthy, or not at all healthy?

Very healthy	1
Somewhat healthy	
Not at all healthy	
REFUSED	77
DON'T KNOW	99

For the next few questions, please tell me if you agree strongly, agree, neither agree nor disagree, disagree, or disagree strongly with these statements.

22.	The delivery package genera	ally include a variety of foods. Would you say you
		Agree strongly       1         Agree       2         Neither agree nor disagree       3         Disagree       4         Disagree strongly       5         REFUSED       77         DON'T KNOW       99
23.	The delivery package foods	are convenient to eat. Would you say you
		Agree strongly       1         Agree       2         Neither agree nor disagree       3         Disagree       4         Disagree strongly       5         REFUSED       77         DON'T KNOW       99
24.	People who get the meal do Would you say you	elivery in my household like the foods provided in the package
		Agree strongly

## **HH FOOD SECURITY**

The next questions are about the food eaten in your household in the last 30 days, which is (REFER TO START AND END DATE).

25.	Which of these statements best describes the food eaten in your household in the last 30
	days: —enough of the kinds of food (I/we) want to eat; —enough, but not always the kinds of
	food (I/we) want; —sometimes <u>not enough</u> to eat; or, — <u>often</u> not enough to eat?

Enough of the kinds of food we want to eat	1
Enough but not always the kinds of food we want	2
Sometimes <u>not enough</u> to eat	3
Often not enough to eat	4
REFUSED	77
DON'T KNOW	99

Now I'm going to read you several statements that people have made about their food situation. For these statements, please tell me whether the statement was <u>often</u> true, <u>sometimes</u> true, or <u>never</u> true for (you/your household) in the last 30 days—that is, since last (name of current month).

26. The first statement is "(I/We) worried whether (my/our) food would run out before (I/we) got money to buy more." Was that <u>often</u> true, <u>sometimes</u> true, or <u>never</u> true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

27. "The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more." Was that <u>often</u>, <u>sometimes</u>, or <u>never</u> true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

28. "(I/we) couldn't afford to eat balanced meals." Was that <u>often</u>, <u>sometimes</u>, or <u>never</u> true for (you/your household) in the last 30 days?

Often true	1
Sometimes true	2
Never true	3
REFUSED	77
DON'T KNOW	99

Screener for Stage 2 Adult-Referenced Questions: If affirmative response (i.e., "often true" or "sometimes true") to one or more of Questions 26-28, OR, response [3] or [4] to question 25, then continue to *Adult Stage 2*; otherwise, skip to *Child Stage 1*.

## **ADULT STAGE 2**

29.	ast (name of current month), did (you/you or other adults in your size of your meals or skip meals because there wasn't enough	
		Yes
30.	[IF YES ABOVE, ASK] In the	ne last 30 days, how many days did this happen?
	INTERVIEWER: If needed	, did that happen on 3 or more days? Y/N
		days Enter Number
		REFUSED
31.	In the last 30 days, did yo enough money for food?	ou ever eat less than you felt you should because there wasn't
		Yes
32.	In the last 30 days, were money for food?	you every hungry but didn't eat because there wasn't enough
		Yes
33.	In the last 30 days, did you	lose weight because there wasn't enough money for food?
		Yes

Screener for Stage 3 Adult-Referenced Questions: If affirmative response to one or more of questions 29 through 33, then continue to *Adult Stage 3;* otherwise skip to *Child Stage 1.* 

## **ADULT STAGE 3**

34. In the last 30 days, did (you/you or other adults in your household) ever not eat for a w day because there wasn't enough money for food?			
		Yes 1	
		No	
		REFUSED77	
		DON'T KNOW 99	
35.	[IF YES ABOVE, ASK] In the	e last 30 days, how many days did this happen?	
	INTERVIEWER: If needed,	did that happen on 3 or more days? Y/N	
		days	
		Enter Number	
		REFUSED77	
		DON'T KNOW99	
	ADMINISTER TO AL	CHILD STAGE 1: LL HOUSEHOLDS WITH CHILDREN UNDER 18	
N.1 17		atatamanata that manala have made about the food situation of	
		statements that people have made about the food situation of its, please tell me whether the statement was OFTEN true,	
		n the last 30 days for (your child/children living in the household	
	e under 18 years old).	······································	
36.		inds of low-cost food to feed (my/our) child/the children) because	
	(I was/we were) running out for (you/your household) in the	of money to buy food." Was that often, sometimes, or never true ne last 30 days?	
	())	•	
		Often true	
		Sometimes true	
		REFUSED77	
		DON'T KNOW99	
37.	"(I/We) couldn't feed (my/ou	ır) child/the children) a balanced meal, because (I/we) couldn't	
		sometimes, or never true for (you/your household) in the last 30	
	•	Often true 1	
		Sometimes true	
		Never true	
		REFUSED	
		DON 1 KINOW	

38.		en, sometimes, or never true for (you/your household) in the last
		Often true       1         Sometimes true       2         Never true       3         REFUSED       77         DON'T KNOW       99
	times true") to one or more of	renced Questions: If affirmative response (i.e., "often true" or f questions 36-38, then continue to <i>Child Stage 2</i> ; otherwise skip
		CHILD STAGE 2
39.		(current day) of last month, did you ever cut the size of (your meals because there wasn't enough money for food?
		Yes
40.	In the last 30 days, did (CH wasn't enough money for fo	ILD'S NAME/any of the children) ever skip meals because there od?
		Yes
41.	[IF YES ABOVE ASK] In the	e last 30 days, how many days did this happen?
	INTERVIEWER: IF NEEDE	D, DID THAT HAPPEN ON 3 OR MORE DAYS? Y/N
		days Enter Number
		REFUSED
42.	In the last 30 days, (was you more food?	ur child/were the children) ever hungry but you just couldn't afford
		Yes

	N Fi	lo REFUSED		2 77		
44.	Would you say that children in your household eat more balanced meals and healthy foods during the regular school year, during the summer, or about the same in the summer and the school year?					
	Regular school year					
45.	Thinking about the food availa the school year (CHECK ON			ıring summe	r and com	paring it to
		More in the summer	About the same in summer and school year	Less in the summer	DK	Refused
Was t	the quantity of food available					
Was t	the variety of food available					
	the amount of fruits and ables available					
Was t	the amount of meat available					
	the amount of milk and milk acts					
Childr	en ate regular meals					
Childr	ren ate fast food					
PARTICIPATION IN OTHER NUTRITION ASSISTANCE PROGRAMS  The next few questions are about your household's participation in other nutrition assistance programs.						
46.	46. Did your household receive SNAP or food stamp benefits in the past 30 days?					
	Yes       1         No       2         REFUSED       77         DON'T KNOW       99					

In the last 30 days, did (your child/any of the children) ever not eat for a whole day because there wasn't enough money for food?

43.

47.	Did anyone in your household receive assistance from the Women, Infant, and Children program – also known as the WIC program in the past 30 days?	
		Yes
48. How many women participated in WIC in the past 30 days?		ed in WIC in the past 30 days?
		women Enter Number
		REFUSED
49. How many Infants and Children participated in WIC in the past 30 days?		ren participated in WIC in the past 30 days?
		infants and children Enter Number
		REFUSED
50. Did any children in your household attend the Head Start program or a presc program where they get free meals in the past 30 days?		
		Yes
51. How many children participated in Head Start or other preschool past 30 days?		ated in Head Start or other preschool child care program in the
		children Enter Number
		REFUSED
52.	Did anyone in your househ Nutrition Progam in the past	nold receive assistance from Meals on Wheels or the Senior 30 days?
		Yes

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Expiration Date: xx/xx/20xx

REFUSED	77
DON'T KNOW	

## PERCEPTION OF CHANGE IN FOOD EXPENDITURE

Now I am going to ask you a couple of questions about the money you spend on food during the school year and summer.

53. Compared with the amount of money you spend on food each month during the school year, would you say you spend:

The same amount on food in the summer months	1
More on food in the summer months	2
Less on food in the summer months	3
REFUSED	77
DON'T KNOW	99

I'm going to read a statement to you. Please tell me how strongly you agree or disagree with the statement.

54. Because the people in my household participated in the summer food program, I spent less money on food during the summer months than if s/he had not participated in the program. Do you ...

Agree strongly	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Disagree strongly	5
REFUSED	
DON'T KNOW	99

## HOUSEHOLD AND RESPONDENT CHARACTERISTICS

We are almost done. The last few questions are about you and the people who live in your household.

55. Are you currently ...?

Employed for wages	
Out of work for more than 1 year	
Out of work for less than 1 year	4
A homemaker	5
A student	6
Retired	7
Unable to work	8
REFUSED	77
DON'T KNOW	99

56.	Not including yourself, now	Not including yourself, how many adults in the household were employed full-time last week?	
		 Enter Number	
		REFUSED	
57.	Not including yourself, howeek?'	w many adults in the household were employed part-time last	
		_  Enter Number	
		REFUSED	
58.	Not including yourself, how	many adults in the household were not employed last week?	
		 Enter Number	
		REFUSED	
59.	Is your annual household in	ncome from all sources:	
		Less than \$25,000 1 If yes, ask	
		Less than 20,000	
		Less than 15,000 3 If yes, ask	
		Less than 10,000 4	
		If NO to LESS THAN \$25,000, ask	
		Less than 35,000 5 Less than 50,000 6	
		Less than 75,000 7	
		75,000 or more 8	
		REFUSED	
		DON'T KNOW 9	

**END1:** Thank you so much for completing this interview. The information you provided will help administrators better understand and improve the [PROGRAM]. Thank you again for your time. Goodbye.