



School Health Policies and Practices Study (SHPPS) 2012

Health Education

District Questionnaire Content

Standards

Elementary, Middle, and High School Instruction

- Health education goals objectives, and student outcomes
- Health topics for student instruction
- Framework or course of study for health education
- Health education curriculum
- Health education requirements for students
- Required education and certifications for health education staff

Staffing and Professional Development

- Requirements for continuing education credits
- Continuing education requirements
- District-provided staff development in health topics and teaching methods

Collaboration with District-Level Agencies and Outside Organizations

Health Education Program Promotion and Evaluation

Health Education Coordinator

- Education
- Certifications



School Health Policies and Practices Study (SHPPS) 2012

Physical Education and Activity

District Questionnaire Content

Physical Education Standards

Elementary, Middle, and High School Instruction

- Physical education requirements
- Student exemption from physical education
- Framework or course of study for physical education
- Physical education curriculum
- District-provided information and other materials
- Student assessment
- Fitness testing
- Required education and certifications for physical education staff
- Physical activity breaks and school recess (for elementary schools)

Physical Education for Students with Disabilities

Use of Protective Gear

Physical Activity and Discipline

Staffing and Professional Development

- Requirements for continuing education credits
- District-provided staff development in physical education topics

Collaboration with District-Level Agencies and Outside Organizations

Physical Education Program Promotion and Evaluation

Interscholastic Sports

- Requirements for interscholastic sports coaches and volunteer athletic aides
- Funding for or provision of staff development for interscholastic coaches
- Concussion among student athletes

Physical Education Coordinator

- Education

- Certifications



School Health Policies and Practices Study (SHPPS) 2012

Health Services

District Questionnaire Content

Student Health Records

Required Immunizations

Tuberculosis Screening and Testing

Procedures for Administering Student Medications

Funding/Medicaid

- Funding for standard health services
- Schools serving as Medicaid providers

Collaboration with District-Level Agencies and Outside Organizations

School Health Services Program Evaluation

Injury and Illness Reports

- Required information on injury reports
- Submission of injury or illness data to school district or local health department
- Other reporting requirements

Standard Precautions

- Policies for availability of supplies for applying standard or universal precautions

Student Health Screening

- Student health screenings
- Parent or guardian notification of student health conditions
- Provision of referrals to community healthcare providers

Other Services

- Other services provided to students
- School nurse participation in Individualized Education Plans (IEPs) and Individualized Health Plans (IHPs)

Staffing Characteristics

- Required education and licensure for school nurses
- Maximum student-to-school nurse ratio
- District-provided professional development in health services topics

School-based Health Center Services**Services at Other Sites****Health Services Coordinator**

- Education
- Licensure



School Health Policies and Practices Study (SHPPS) 2012

Nutrition Services

District Questionnaire Content

Menu Planning and Food Ordering

- Methods used to plan school menus and evaluate nutritional content
- Food procurement contract issues

Food Preparation

- Reduction or substitution of ingredients
- Fat-reducing techniques to prepare meat, poultry, and vegetables
- Use of HACCP-based recipes

Collaboration with District-Level Agencies and Outside Organizations

Nutrition Services Program Promotion and Evaluation

District Wellness Policy

Staffing and Professional Development

- Required education, credentials, and certifications for district food service directors and school food service managers
- District-provided professional development in food service topics

Nutrition Services and Child Nutrition Requirements and Recommendations

- Policies to offer breakfast and lunch to students
- Requirements or recommendations about types of foods offered
- Availability of “junk foods” in school
- Availability of fruits, vegetables, or whole grain foods in school
- Requirements or recommendations about healthful beverages
- Requirements or recommendations about brand name foods offered as part of school meals or a la care
- Unplanned school dismissal or school closure
- Policies regarding the use of food or food coupons as rewards

District Food Services Director

- Education
- Credentials
- Certifications



School Health Policies and Practices Study (SHPPS) 2012

Healthy and Safe School Environment

District Questionnaire Content

General School Environment

- School uniforms, dress codes, and identification badges
- School security and security staff
- Use of personal communication devices, such as cell phones
- Standard distance for busing students
- Routine locker searches

Violence Prevention

- Policies on gang activity
- Policies on bullying and harassment
- Policies on electronic aggression or cyber-bullying

Tobacco Use Prevention

- Policies prohibiting tobacco use by students, faculty, staff, and visitors on school property
- Policies prohibiting tobacco advertisements on school property or at school-sponsored events
- Policies prohibiting tobacco use during any school-related activity for students, faculty, staff and visitors

Student Drug Testing

Injury Prevention and Safety

- Inspection and maintenance of school equipment
- Student use of protective gear
- Playground safety and the use of playground monitors (for districts containing elementary schools)
- Sun safety and protective clothing

Physical School Environment

- District policies on building maintenance, indoor air quality, pest control and chemicals
- Frequency of cleanings, sanitizing, and disinfecting areas within schools
- Policies regarding remediation of mold and response to moisture-related issues in schools
- Policies regarding school buses
- Policies regarding the use of low-emitting products
- Policies regarding hazardous materials

- Policies regarding use of green design for new school facilities
- Phase I environmental assessments

Crisis Preparedness, Response, and Recovery

- District plan to address crisis preparedness, response, and recovery
- Efforts to educate students and parents about crisis preparedness, response, and recovery
- Involvement of students, parents, community agencies, and other community members in the development and evaluation of the crisis preparedness, response, and recovery plan

Community Service and Service Learning

- Policies requiring students to participate in community service
- Participation in role model or mentoring programs (e.g., Big Brothers/Big Sisters)

Foods and Beverages Available Outside of the School Meal Programs

- Policies on providing students access to a free source of drinking water throughout the day
- Policies on prohibiting students access to vending machines
- Policies on the advertisement of soft drinks and junk food on school grounds or school-related events
- Policies on the sale of soft drinks

Transportation To and From School

- Policies that support or promote walking or biking to and from school
- Policies that support or promote the use of public transportation for student, faculty, and or staff to travel to and from school

Joint Use Agreements

Professional Development

School Health Coordination

- School health councils, committees, or teams
- Frequency of school health council, committee, or team meetings
- School-wide health and safety plan to improve health-related policies and activities
- District-level school improvement plans
- Training and responsibilities of the district coordinator of health and safety policies and activities



School Health Policies and Practices Study (SHPPS) 2012

Mental Health and Social Services District Questionnaire Content

Provision of Services

- Policies regarding Student Assistance Programs and Student Support Teams
- Policies regarding mental health or social services staff participation in the development of Individualized Education Plans (IEPs), Individualized Health Plans (IHPs), and 504 plans
- Funding for mental health and social services

Collaboration with District-Level Agencies and Outside Organizations

Mental Health and Social Services Program Promotion and Evaluation

Staffing Characteristics

- Required education and certifications of newly hired guidance counselors, psychologists, and social workers
- Maximum student-to-guidance counselor ratio

Professional Development Offered to Mental Health, Social Services, or Other School Staff

Services Provided at Other Sites

Mental Health and Social Services Coordinator

- Education
- Certifications



School Health Policies and Practices Study (SHPPS) 2012

Faculty and Staff Health Promotion District Questionnaire Content

Health Insurance

- Services covered by health insurance
- Sick leave

Required Examinations and Screenings Prior to and During Employment

- Physical health examinations
- Illegal drug use screening
- Tuberculosis screening and testing
- Influenza vaccinations

Health Promotion Activities and Services

- Health screenings
- Health-related sessions as part of professional development
- Physical activity programs
- Facilities or equipment available to staff for physical activity

Employee Assistance Programs

Health Risk Appraisals

Off-site Health Promotion Activities

Planning and Coordination

- Objectives for planning health-related activities or services
- Conduct of needs assessments on health promotion activities or services
- Incentives to school faculty and staff for participation in health promotion programs
- District-level collaboration with other district-level staff and outside agencies or organizations
- Coordinator of health promotion activities and services