



## **School Health Policies and Practices Study (SHPPS) 2012**

### **Health Education**

#### **Classroom Questionnaire Content**

##### **General Course Characteristics and Content**

- Class description
- Topics for student instruction
- Materials used to teach health education

##### **Alcohol or Other Drug Use Prevention Instruction**

##### **Tobacco Use Prevention Instruction**

##### **Nutrition and Dietary Behavior Instruction**

##### **Physical Activity and Fitness Instruction**

##### **Human Sexuality Instruction**

- Pregnancy prevention
- Human Immunodeficiency Virus (HIV) prevention
- Sexually Transmitted Disease (STD) prevention

##### **Emotional and Mental Health Instruction**

##### **Suicide Prevention Instruction**

##### **Violence Prevention Instruction**

##### **Injury Prevention and Safety Instruction**

##### **Personal Health and Wellness Instruction**

##### **Teaching Techniques**

- Teaching techniques
- Methods to highlight diversity and cultural values
- Family and community involvement in health education
- Student assessments
- Teaching students with long-term disabilities

##### **Health Education Teacher**

- Education
- Certifications
- Professional development



## **School Health Policies and Practices Study (SHPPS) 2012**

### Physical Education and Activity Classroom Questionnaire Content

#### **General Course Characteristics and Content**

##### **Physical Activities**

- Topics for student instruction
- Contact hours spent on different types of activities
- Selection of activities

##### **Teaching and Evaluation Techniques**

- Teaching methods
- Family and community involvement in physical education
- Fitness testing
- Individualized physical activity plans
- Student assessment

##### **Students with Disabilities**

##### **Physical Education Teacher**

- Education
- Certifications
- Professional development