



School Health Policies and Practices Study (SHPPS) 2012

Health Education

Classroom Questionnaire Content

General Course Characteristics and Content

- Class description
- Topics for student instruction
- Materials used to teach health education

Alcohol or Other Drug Use Prevention Instruction

Tobacco Use Prevention Instruction

Nutrition and Dietary Behavior Instruction

Physical Activity and Fitness Instruction

Human Sexuality Instruction

- Pregnancy prevention
- Human Immunodeficiency Virus (HIV) prevention
- Sexually Transmitted Disease (STD) prevention

Emotional and Mental Health Instruction

Suicide Prevention Instruction

Violence Prevention Instruction

Injury Prevention and Safety Instruction

Personal Health and Wellness Instruction

Teaching Techniques

- Teaching techniques
- Methods to highlight diversity and cultural values
- Family and community involvement in health education
- Student assessments
- Teaching students with long-term disabilities

Health Education Teacher

- Education
- Certifications
- Professional development



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Physical Education and Activity Classroom Questionnaire Content

General Course Characteristics and Content

Physical Activities

- Topics for student instruction
- Contact hours spent on different types of activities
- Selection of activities

Teaching and Evaluation Techniques

- Teaching methods
- Family and community involvement in physical education
- Fitness testing
- Individualized physical activity plans
- Student assessment

Students with Disabilities

Physical Education Teacher

- Education
- Certifications
- Professional development