

<https://act24demo.westat.com>

ACT24

OMB#: #####-##### EXP.DATE: ##/##/####

NOTIFICATION TO RESPONDENT OF ESTIMATED BURDEN

Public reporting burden for this collection of information is estimated to average 30 minutes for this questionnaire, including the time to review instructions, search existing data sources, gather and maintain the data needed, and complete and review the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a current, valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN:PRA (#####-#####).



Please report your activities for yesterday, Sunday March 06, 2011

Activities

Browse Activities

Search Exercise/Sports

- ▶ Personal care ⓘ
- ▶ Household chores ⓘ
- ▶ Transportation, commuting, or travel ⓘ
- ▶ Communicating with others ⓘ
- ▶ Leisure, relaxation, social activities ⓘ
- ▶ Shopping, errands, and appointments ⓘ
- ▶ Caring for or playing with others ⓘ
- ▶ Occupation, working for pay ⓘ
- ▶ Exercise, sports, active recreation ⓘ
- ▶ Lawn and garden ⓘ
- ▶ Home and auto maintenance or repair ⓘ
- ▶ Church or spiritual pursuits ⓘ
- ▶ Miscellaneous activities ⓘ

Instructions

To find your first activity:

- 1) Review the activity categories on the left side of the screen.
- 2) To see a few example activities within a category, click on the ⓘ icon.
- 3) To see all activities within a category, click on the category.
- 4) Click on the activity that best describes what you did.

For example, if you were "Watching TV" at the beginning of the time-period, click on the "Leisure, relaxation, social activities" category, then select "Watching TV, movies, DVDs".

After you answer each follow-up question, remember to click the green checkbox .

