

Attachment 27

Determining Handedness

Name of test: Determining Handedness
Estimated time burden: Less than 1 minute
Estimated number of items: 3

Materials needed:

Tennis ball
Pencil/pen
Paper

Instructions:

The examiner should determine handedness by asking the participant him/herself or the parent/guardian the simple question: **“Are you...” or “Is your child right- or left-handed?”** If the participant or the parent/guardian is unsure or responds that different hands are used for different activities, ask the following 3 questions:

1) Which hand do you (does your child) use to pick up and throw a ball?

Demonstrate with a ball if necessary.

- Right
 Left

2) Which hand do you (does your child) use to write or draw? Demonstrate

with a pencil or pen if necessary.

- Right
 Left

3) Which foot do you (does your child) use to kick a ball? Demonstrate with a

ball if necessary.

- Right
 Left

When the participant is supposed to use the dominant hand for a task, the participant should use the hand/foot that he/she uses for the majority of the tasks above; handedness should be recorded by the examiner for future use.