

## Attachment 45

### Instrumental Activities of Daily Living (IADL) - Adults

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Estimated time burden: 3 minutes

[00IADLs]

On the next screens, we will ask about any difficulties you have doing a variety of activities. Read each question carefully and answer as well as you can.

After you make your choice, the computer will automatically go on to the next question. If you want to change your answer, click on the GO BACK button to return to the previous question and then choose a different answer.

Click on the CONTINUE button when you are ready to begin.

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[01IADLs]

By yourself and without using any special equipment, how much difficulty do you have managing your money (such as keeping track of your expenses or paying bills)?

- NO DIFFICULTY
  - SOME DIFFICULTY
  - MUCH DIFFICULTY
  - UNABLE TO DO
  - DO NOT DO THIS ACTIVITY
  - PREFER NOT TO ANSWER
  - DON'T KNOW
- 

Public reporting burden for this collection of information is estimated to average 2 1/2 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-xxxx\*) EXP: (xx/xxxx). Do not return the completed form to this address.

[02IADLs]

**By yourself and without using any special equipment, how much difficulty do you have doing chores around the house (like vacuuming, sweeping, dusting, or straightening up)?**

- NO DIFFICULTY
  - SOME DIFFICULTY
  - MUCH DIFFICULTY
  - UNABLE TO DO
  - DO NOT DO THIS ACTIVITY
  - PREFER NOT TO ANSWER
  - DON'T KNOW
- 

[03IADLs]

**By yourself and without using any special equipment, how much difficulty do you have preparing your own meals?**

- NO DIFFICULTY
  - SOME DIFFICULTY
  - MUCH DIFFICULTY
  - UNABLE TO DO
  - DO NOT DO THIS ACTIVITY
  - PREFER NOT TO ANSWER
  - DON'T KNOW
-

**[04IADLs]**

**By yourself and without using any special equipment, how much difficulty do you have going out to things like shopping, movies, or sporting events?**

- NO DIFFICULTY
  - SOME DIFFICULTY
  - MUCH DIFFICULTY
  - UNABLE TO DO
  - DO NOT DO THIS ACTIVITY
  - PREFER NOT TO ANSWER
  - DON'T KNOW
- 

**By yourself and without using any special equipment, how much difficulty do you have participating in social activities (visiting friends, attending clubs or meetings, or going to parties)?**

- NO DIFFICULTY
- SOME DIFFICULTY
- MUCH DIFFICULTY
- UNABLE TO DO
- DO NOT DO THIS ACTIVITY
- PREFER NOT TO ANSWER
- DON'T KNOW

**[06IADLs]**

**By yourself and without using any special equipment, how much difficulty do you have doing things to relax at home or for leisure (reading, watching TV, sewing, listening to music)?**

- NO DIFFICULTY

- SOME DIFFICULTY
  - MUCH DIFFICULTY
  - UNABLE TO DO
  - DO NOT DO THIS ACTIVITY
  - PREFER NOT TO ANSWER
  - DON'T KNOW
- 

**[07IADLs]**

**Can you use the telephone without help (including looking up numbers and dialing)?**

- Yes
  - No
- 

**[08IADLs]**

**Can you drive your own car or travel alone on buses or taxis?**

- Yes
  - No
- 

**[09IADLs]**

**Can you go shopping for groceries or clothes without help (taking care of all shopping needs yourself, assuming you had transportation)?**

- Yes
  - No
- 

**[10IADLs]**

**Can you take your medicine without help (in the right doses at the right time)?**

- Yes
- No

[11IADLs]

**Are you able to do heavy work around the house like washing windows, walls or floors without help?**

Yes

No

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