



Learn about Social Security's work incentives program for people with disabilities.



# Social Security Online

The Official Website of the U.S. Social Security Administration



[Español](#)  
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www.socialsecurity.gov

Thursday Apr 03, 2008 14:26:59 Last updated March 25, 2008 1:51 PM

**New rules for getting a Social Security number and card**



## What you can do online

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[Replace your lost, stolen or damaged Medicare card](#)

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## News

[Social Security Trustees release 2008 Annual Report](#)

[Social Security offers positions to 144 ALJs](#)

[Stimulus payment questions?](#)

[Nation's first Baby Boomer receives her first Social Security retirement benefit](#)

The first Baby Boomer has filed for retirement online. You can too.



Apply now for Extra Help with Medicare drug costs

## Your Social Security records

[Your number & card](#) | [Your Statement](#)

### Retirement

[Plan your retirement](#) | [Calculate your benefits](#)  
[Qualify & apply](#) | [Already receiving benefits](#)

### Medicare

[Medicare Prescription Drug Plan](#) | [Other Medicare information](#)

### Disability & SSI

[Qualify & apply](#) | [Already receiving benefits](#)  
[Ticket to Work](#) | [Adults disabled before age 22](#)  
[More disability information](#) | [SSI for people 65 and older](#)

### Widows, widowers & other survivors

[Report a death](#) | [Qualify & apply](#)  
[Already receiving benefits](#)

### Get help with your situation

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## Frequently Asked Questions

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## Information for:

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## Useful links

[Benefit Eligibility Screening Tool \(BEST\)](#)

[Careers with us](#)

[About Social Security's future](#)

[Actuarial resources](#)

[Our program rules](#)

[Forms](#) | [Publications](#)


-- Other Useful Links --

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**Full Retirement Age is increasing from 65 to 66...67**

**eNews** [Check out our latest electronic newsletter](#)

[Commissioner  
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Government computer system subject to  
Federal law](#)



# Social Security Online **Online Claims & Services**



## What You Can Do Online

Updated: 03/25/08

### Hours of Operation: (All times ET)

Weekdays 5 AM - 1 AM  
Saturday 5 AM - 11 PM  
Sunday 8 AM -  
11:30 PM

### 5 AM - 11 PM on these holidays:

New Years Day  
Independence Day  
Thanksgiving Day  
Christmas Day

### Hours for **all other holidays are:**

5 AM - 1 AM

### Field Office Locator

Use your ZIP code to  
locate the closest Social  
Security Office.

### Available

Weekdays (except  
2 AM - 3 AM)  
Saturday 5 AM - 11 PM  
Sunday 8 AM -  
11:30 PM  
[Holidays](#) 5 AM - 11 PM

## Apply for benefits

- Apply for [Social Security retirement or spouse's benefits](#)

**Note:** If you're an Advocate, Attorney or Third Party Representative, *[we need additional information from you on the application.](#)*

- Apply for [Social Security disability benefits](#) (includes the Adult Disability Report).

**Note:** If you're an Advocate, Attorney or Third Party Representative, *[we need additional information from you on the application.](#)*

Begin or continue the [Adult Disability and Work History Report](#).

When you apply for any type of disability benefits, we need information about your medical, work, and education history to help us decide if you are disabled.

- Apply for [extra help with your Medicare prescription drug costs](#).
- [Check the status of your online application.](#)

If you applied online for Social Security Retirement, Spouse's, or Disability benefits you can check the status of your application.

- [Appeal our recent medical decision](#) about your disability claim or [continue the appeal you already started](#).

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## Do you qualify for benefits?

- [Find out what benefits you can apply for](#). Use our screening tool to help identify all the different Social Security programs for which you may be eligible.
- [Find out if you can get extra help with your Medicare prescription drug costs](#).

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## Other things you can do online

Find out if you qualify  
for ...

- [Social Security, Supplemental Security Income \(SSI\), or other benefits \(En Español\)](#)
- [Extra help with your Medicare prescription drug costs](#)

[Estimate your future benefits](#)

[Request a Social Security Statement](#)

If you get benefits ...

- [Change your address/phone number](#)
- [Get a replacement Medicare Card](#)

If you have a  
password ...

Use [Business Services Online](#) to [Report Wages](#)

[Verify Social Security Numbers](#)

**Full Retirement Age  
is increasing from  
65 to 66...67**

**Find your full  
retirement age**

Year you were born:

1937 or earlier

**Note:** If you were born  
on January 1st, select


## Estimate your future benefits

the previous year.

- [Use our benefit planners](#) to [calculate your retirement, disability and survivors benefits](#). (You can do this any time.)
- [Request a Social Security Statement](#)  
Get your personal earnings report and benefit estimates by mail.  
This service is available (Eastern Time):  
Weekdays - All Day (except 2 AM - 3 AM),  
Saturday 5 AM - 11 PM,  
Sunday 8 AM - 10 PM,  
[Holidays](#) 5 AM - 11 PM.

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## If you get benefits, you can

- [Change your address or telephone number](#).
- [Get a replacement Medicare Card](#).
-  [Request a Proof of Income letter](#).  
Get a letter that verifies your Social Security benefit information.
- [Get a Form 1099/1042S -- Social Security Benefit Statement](#).  
Replace the lost, damaged, or missing tax summary of your Social Security benefits for 2007. (not available for SSI).
- [Get a password](#) when
  - You want password access to information about your benefits.
  - You lost, forgot, or do not have your password or password request code.
  - Your password request code has expired.
- [Block online and automated telephone access](#) to your personal information.

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## If you have a password, you can

- [Check your information and benefits](#).  
See the contact, direct deposit, Medicare and payment information we have on file for you.

- [Change your address or telephone number.](#)
- [Start or change direct deposit.](#)
- [Choose your password.](#)  
If you received a letter from us about password services, you can choose your password or block access to your personal information.
- [Change your password.](#)

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Social Security Online

# Request a Proof of Income Letter

[www.socialsecurity.gov](http://www.socialsecurity.gov)  
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[Home](#)[Questions?](#)[How to Contact Us](#)

## Information about the Proof of Income Letter

If you need proof that you are receiving income and/or services from Social Security, you can request a "Proof of Income" letter at this web site. This is sometimes called a "budget letter," a "benefits letter," or a "proof of award letter."

### What is a Proof of Income Letter?

- The letter can be used as proof of your:
  - income when you apply for a loan or mortgage;
  - income for assisted housing or other state or local benefits;
  - current Medicare health insurance coverage;
  - retirement status;
  - disability; and/or
  - age.
- You can select the information you would like on it.

### What You Should Know

- Your Proof of Income letter will arrive in the mail in **about 10 days**.
- It will be mailed to the address on file for you at Social Security.
- If you need proof sooner, contact your local [Social Security Office](#).
- You can request a letter only for yourself. Family members must request their own letters.
- For security reasons, there is a 30 minute time limit to complete each page. You will be given notice when you are about to time out and can get more time to finish.
- You can read more about [Social Security's Internet policy](#) here.

### If You Have Moved

- If you have moved and have **not** reported this to us, you will need to report this change to us before we can process your request.
- If you have moved and have reported this to

us recently, you will need to [contact us](#) before we can process your request.

## **Block access to your personal information**

If you want to prevent online and automated telephone access to your personal information, you can [block access to your personal information](#).

[Start >](#)

Social Security Online

# Request a Proof of Income Letter

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Form Approved: OMB No. 0960-0595

Expires 06/30/2008

## Public Agreement

Social Security provides this website for your convenience.

### The Privacy Act Statement

Social Security is allowed to collect the facts on this form under Section 205 of the Social Security Act. We need these facts to quickly identify who you are and provide the information you requested. Giving us these facts is voluntary. However, without them we may not be able to give you the information that you want. The Social Security Administration will not use the information for any other purpose. If you want to read more information on this subject, read [The Collection and Use of Information from Your Application](#).

### Paperwork Reduction Act

This information collection meets the requirements of 44 U.S.C. § 3507, as amended by section 2 of the Paperwork Reduction Act of 1995. You do not need to answer these questions unless we display a valid Office of Management and Budget control number. The OMB control number for this form is 0960-0595, expiration date 06/30/2008. We estimate that it will take about 10 minutes to read the instructions, gather the facts, and answer the questions. You may send comments on our time estimate above to: SSA, 1338 Annex Building, Baltimore, MD 21235-0001. **Send only comments on our time estimate to this address, not the completed form.**

By using this website, you agree to its limitations.

 Agree Disagree



Social Security Online

# Request a Proof of Income Letter

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Form Approved: OMB No. 0960-0595

Expires 06/30/2008

## Please Log In

To start your request, we need to know who you are. Please provide the following information to identify yourself.

---

**Your Social Security Number:**

Use your own number even if you are receiving benefits as a spouse, child, or parent under another person's number.

---

**First Name:**

Enter Your First Name

**Middle Initial:**

Enter Your Middle Initial

**Last Name:**

Enter Your Last Name

**Suffix:**

Select A Suffix (if any)

---

**Other Last Name (if any):**

For example, your name as shown on a recent letter from Social Security.

---

**Your Date of Birth:**

Month, Day, Year

---

**Have you had a recent change of address that has not been reported to Social Security?**

Yes  No

---

Social Security Online

[www.socialsecurity.gov](http://www.socialsecurity.gov)

# Request a Proof of Income Letter

## Information To Be Included In The Letter

To complete your request, please indicate what information you would like to include in your letter.

---

**Select any additional  
information that you would  
like to include**

All Benefit Information  
Available

**OR**

You may select **ONE OR MORE** of  
these options.

The amount of your most  
recent monthly Social  
Security benefit and when  
you began to receive that  
amount

The amount of your prior  
monthly Social Security  
benefit and the dates you  
received it

The amount of your current  
monthly Supplemental  
Security Income payment  
and when you began to  
receive that amount

The type of Social Security  
benefits you receive  
(disability, retirement,  
survivor)

The type of SSI payments you receive (aged, blind, disability)

The dates you were entitled to receive Medicare benefits

Your date of birth

---

Quit and Sign Off

Continue >

Social Security Online

# Request a Proof of Income Letter

www.socialsecurity.gov

## Confirmation

### Thank you !

We received your request for a Proof of Income letter on October 24, 2007. The following information will appear in your letter:

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### What You Should Know

- You should receive your letter by November 3, 2007.
  - It will be mailed to the address Social Security has on file for you.
  - If you do not receive it by November 3, 2007, please call us Monday-Friday 7:00 a.m.- 7:00 p.m. at 1-800-772-1213 or, if you are deaf or hard of hearing, on our TTY number at 1-800-325-0778.
- 

**Does someone else in your household want to request a Proof of Income letter now?**

Yes

No

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We suggest you print this page for your records. Use your browser's "print" function to print this transaction.

Continue >