

C-1: COMMUNITY REPRESENTATIVE INTERVIEW GUIDE
(For use with community health workers, local diabetes educators,
IHS staff, Tribal leaders, etc.)

Public reporting burden of this collection of information is estimated to average one hour per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-xxxx)

I. BACKGROUND AND INTRODUCTIONS (5 mins)

Hi, my name is _____. I am here today on behalf of the Native Diabetes Wellness Program at the Centers for Disease Control and Prevention (CDC). Thank you so much for taking time out to talk with me today. I am here because the Native Diabetes Wellness Program at CDC would like to know what you think about the **Eagle Books**, a group of children's books that teach children about exercise, healthy eating, and how to prevent diabetes. I want to talk to you because these materials have been especially developed for American Indian communities.

The interview should last about 60 minutes. Your participation is totally voluntary and you can leave the discussion at any time. Your name will not be written in the notes and your name will not be linked to anything you have said today. Your name will not be included in any of the reports we write about this discussion or our visit. Everything you say will be kept private, as allowed by law. Do you have any questions?

Before we get started, I need to gather background information.

What is your racial or ethnic background?

Do you have a tribal affiliation?

What is your job title or role?

Length of time in this role: _____

I. SOURCES OF INFORMATION ABOUT DIABETES (10 mins)

1. Have you ever looked for information about diabetes in children? If so, where? [Probe for sources such as doctor, clinics, family, friends, media, church]
 - Of the sources you just described, which is the most trustworthy or reliable? Why?
2. What do adults (such as parents or teachers) need to know about preventing diabetes in children?

What do adults need to know to tell children to keep them from developing diabetes now and when they grow up?
3. What is the role of tribal leaders in preventing diabetes?
 - Religious leaders or groups?
 - Teachers?
 - Schools?

**II. KNOWLEDGE AND AWARENESS OF EAGLE BOOKS
COMMUNICATION & OURTREAC ACTIVITIES (15 mins)**

4. Have there been any efforts in the **schools** to prevent diabetes in children? If so, what? (ask about Eagle Books, DETS curriculum)

Have any of these efforts involved the Eagle Books? If so, please describe.

5. Have there been any efforts in your **community** to prevent diabetes in children? If so, what?

Have any of these efforts involved the Eagle Books? If so, please describe.

6. Have you attended any diabetes prevention activities involving the Eagle Books?

If yes:

- Who conducted the activity?

- When did it occur?
 - What did you think of the activity?
7. How well do you think the Eagle Books messages are getting out, into the community?

III. EAGLE BOOKS ACTIVITIES (20 mins)

8. How do the Eagle Books and their messages fit in with the work you/your organization does?
9. Have you (your organization) been able to utilize the Eagle Books as part of your activities? If so how?
- Are there some concepts or messages in the Eagle Books that are easier to adopt or promote than others? If so, which ones? Why?
10. What have the Eagle Books allowed you (your organization) to do that you could not or did not do before?
11. What challenges have you/your organization faced in trying to adopt or implement the messages of the Eagle Books in your work?
12. How do the Eagle Books compare to other health materials you've used in your work?
13. What makes the Eagle Books effective, as a diabetes prevention effort? What do the books lack, what could they do better?

V. SUGGESTIONS (5-10 mins)

14. Are there any other formats, besides storytelling, that you think could be used to convey the Eagle Books messages or make them more enjoyable to kids?
- Are there any other traditions or traditional ways of living that could be taught to children to help support health and well being?

15. What could CDC do to help your organization in its diabetes prevention efforts for children?

16. What would you like to see the community do to support or advance the Eagle Books messages?

Thank you so much for your participating today. We learned a great deal and appreciate you taking the time to talk with us. Is there anything else you would like to add?