

Attachment J-4:

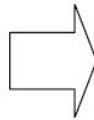
Individual Recruitment Flyer

Delivery Work Research Study



Your company is participating in a research study conducted by the National Institute for Occupational Safety and Health (NIOSH)

WHO: NIOSH is looking for employees who deliver large items (like furniture, vending machines, furnaces, water heaters, or keg beverages) to volunteer for this study.



WHY: NIOSH wants to find out if controls like powered hand carts and truck lift gates are effective in preventing injuries and illnesses on the job.

WHAT: NIOSH will collect questionnaires from delivery workers to self-rate low back and shoulder pain before and after these controls are put into place at your workplace.

Questionnaires are:

- Voluntary and secure (to the extent allowed by the Privacy Act)
- Brief and can be answered online
- Completed every 3 months for 2 years (less than 3 hours total for entire study)

RISKS/ BENEFITS: There are minimal risks for you to participate. The workplace controls (powered hand truck or truck lift gate) are not expected to increase your risk of injury beyond the risks of your regular delivery work. Injury data will also be collected from your company and the Ohio Bureau of Workers Compensation (OBWC). Your questionnaire data will not be provided to your company or OBWC. There may be no immediate direct benefits to you from being in the study, but the information gained from the study may help to prevent low back and shoulder disorders. The information may also help design tools, equipment, and practices to improve delivery tasks. Participants will be given a \$5 debit card upon completion of each combined questionnaire data collection (a total of \$45 for the entire study).

MORE INFORMATION: Contact Steve Wurzelbacher, NIOSH Researcher: srw3@cdc.gov or 513-841-4322