HEAT THY COMMINITIES STILDY

HEALTHY COMMUNITIES STUDY COMMUNITY OBSERVATIONS AND ENVIRONMENTAL ASSESSMENTS PROTOCOL

The following document contains the community observations and environmental assessments for the HCS. This includes the modified and full windshield surveys of the household's immediate neighborhood, interviews with additional school administrators/personnel, community key informants, GIS data, and direct observations of schools and communities to collect program/policy and environmental data. These community and environmental assessments will be conducted in all 279 communities during the initial visit to the community; more detailed community and environmental assessments will be conducted in the RIPA communities when the Battelle community liaison returns to these communities three months after the baseline assessment; furthermore, the school environmental assessments will be repeated in the RIPA communities during the follow-up in-person assessment visit.

"Windshield Survey"

In all 279 communities, at the time of the (initial) Standard Protocol home visit, the EMSI field interviewers will complete a five-item modified windshield survey prior to entering the home. EMSI field interviewers will rate features of the social and physical environment on the street segment associated with each child's home address. A street segment is defined as the street in front of the home, from intersection to intersection, not to exceed 0.5 miles. In the instances where the street segment exceeds 0.5 miles, the EMSI field interviewers will be instructed to consider the street segment that is contained within 0.25 miles from the home in either direction or to the nearest intersection, whichever is closer.

For children who receive the Enhanced Protocol, the modified windshied survey will be conducted during the first home visit, and the full windshield survey (i.e., Neighborhood Attributes Inventory [NAI]) will be completed at the second home visit approximately one week later. The NAI instrument assesses the physical and social environment of the street segment on which a child lives and consists of three scales: Physical Incivilities, Territoriality, and Play and Social Spaces. The Physical Incivilities scale includes items such as vacant residencies, litter, graffiti, and building conditions. Territoriality scale includes items such as crime watch signs, security bars on homes, and homes with decorations. The Play and Social Space scale includes the proportion of homes with a yard, porches, presence of parks, speed limit on street, and sidewalks. In addition, the inventory assesses non-residential land use (i.e., mixed land use).

A paper form of the modified five-item and full windshield survey, included in this attachment, will be completed when the EMSI field interviewer arrives at the child's home and entered into the study database following the home visit. This will be done at baseline and at follow up during the in person assessments in the RIPA communities. GPS coordinates will also be obtained for each participant's household to match to GIS data.

Nutritional Environment

Baseline observational assessments of the nutritional environment will be conducted in up to four randomly selected schools (two elementary and two middle schools) per community. A member of the school's food service staff will complete a brief self-administered questionnaire, and, along with the Battelle community liaison, will observe the school's lunch period and



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complete an observation form (the protocol for the food service personnel is provided in **SSA Attachment 16**). In addition, questions will be asked of the principals of the schools selected for observations during the key informant interview. The protocol for the school principals is provided in **SSA Attachment 14**, as part of the key informant interview protocol.

The principals of the schools that were randomly selected for observations, if they consented to be a key informant, will be sent a link to the food service staff questionnaire and lunch observation form during the follow-up period and asked to forward the link to the appropriate food service person for completion.

GIS mapping and analyses will also be conducted to characterize the community food environment at baseline and retrospectively 10 years prior to coincide to the extent possible with baseline and endpoint BMI data collection. The GIS data will include the density of various types of retail food establishments in the target community as well as their proximity to schools in the target area to characterize the community nutrition environment. In the RIPA communities, the community liaison will return to the community within three months of their baseline visit to conduct limited ground-truthing of the GIS data that were collected. For example, for the nutrition environment, this may entail verifying the existence of commercial food venues identified in the GIS data.

Physical Activity Environment

Baseline observational assessments of the physical activity environment will be conducted in up to four randomly selected schools (two elementary and two middle schools) per community. The Battelle community liaison will interview a member of the physical education staff at the school (see **SSA Attachment 17**), and will also observe the school's physical activity resources using the Physical Activity Resource Assessment (School PARA) form (included in this attachment). The School PARA will be conducted for both indoor and outdoor features of the environment related to physical activity. This form characterizes the features, amenities, and incivilities of the physical activity environment(s) in the school, the hours, availability, and capacity of the facilities, and size and cost of use of these environments.

In addition, questions will be asked of the principals of the schools selected for observations during the key informant interview. Furthermore, key informants who are particularly knowledgeable about parks and recreation and other physical activity resources in the community will answer additional questions The protocol for the school principals and key informants knowledgeable about physical activity resources in the community is provided in **SSA Attachment 14**, as part of the key informant interview protocol.

Geographic information system (GIS) mapping and analyses conducted at baseline will also provide information related to the physical activity environment. When the Battelle community liaison returns to the community within three months of their baseline visit in the RIPA communities, s/he will also conduct limited ground-truthing of the physical activity GIS data. For example, for the physical activity environment, this may entail verifying the existence of parks. The physical activity environment will be further characterized in the RIPA communities by the completion of the full PARA (included in this attachment) for schools, parks, and trails identified within the community.



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HEALTHY COMMUNITIES STUDY MODIFIED WINDSHIELD SURVEY

		of information as it is completed by research staff. An agency may ond to a collection of information unless it displays a currently valid
	HOUSEHOLD ID#: DA	TE:
SEG AS T EXC	DE COMPLETE ON COMPLETE OF THE COMPLETE OF THE CHILD'S HOME OF THE STREET IN FRONT OF THE HOME, FROM IN EED 0.5 MILES. OBSERVE THE STREET SEGMES FORM WHILE PARKED OUTSIDE OF THE PART	ADDRESS. A STREET SEGMENT IS DEFINED NTERSECTION TO INTERSECTION, NOT TO ENT WHILE DRIVING TO THE HOME. FILL OUT
1.	OVERALL CONDITION OF MOST RESIDENTIAL UNITS	EXCELLENT1 GOOD CONDITION/WELL KEPT2
		FAIR CONDITION3
		POOR/DETERIORATED CONDITION4
		MIXED CONDITION5
2.	ANY BURNED, BOARDED UP, OR ABANDONED RESIDENTIAL UNITS?	YES1 NO2
3.	a. AMOUNT OF LITTER	NONE(SKIP TO Q4)0
		A LITTLE1
		A MODERATE AMOUNT2
		A CONSIDERABLE AMOUNT3



	b. TYPE OF LITTER (CODE ALL THAT	NONALCOHOLIC CANS/BOTTLES/PAPER1
	APPLY)	ALCOHOLIC CANS/BOTTLES2
		LARGE ITEMS (TIRES, FURNITURE, APPLIANCES, CARS)
		OTHER LITTER4
4.	(00000000000000000000000000000000000000	MAJOR THOROUGHFARE/BUSY STREET1
	THAT APPLY)	MODERATELY BUSY THOROUGHFARE2
		SIDE STREET
		DEAD-END STREET4
		ONE WAY STREET
		CUL-DE-SAC STREET6
5.	a. PRESENCE OF SIDEWALKS	NONE(END SURVEY)
		SOME OF THE SEGMENT1
		ALL OF THE SEGMENT2
	b. IS THE SIDEWALK CONDUCIVE	YES1
	TO BEING ACTIVE (RIDING A BIKE, SKATEBOARDING)?	IN MOST PLACES2
	BINE, ONATEDOANDINO):	IN SOME BUT NOT ALL PLACES



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HEALTHY COMMUNITIES STUDY FULL WINDSHIELD SURVEY

There is little to no public reporting burden of this collection of information as it is completed by research staff. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number.

H	HOUSEHOLD ID#:	DATE: LLL LLL		
SEGMETHE STORY	completed by EMSI research staff: COMPLE ENT ASSOCIATED WITH THE CHILD'S HO TREET IN FRONT OF THE HOME, FROM I LES. OBSERVE THE STREET SEGMENT N PARKED OUTSIDE OF THE PARTICIPAN	OME ADDRESS. A STREET SEGN NTERSECTION TO INTERSECTION WHILE DRIVING TO THE HOME.	IENT IS D ON, NOT T	EFINED AS O EXCEED
	ACH SECTION, COMPLETE THE COLUMN OLUMN UNDER SIDE B FOR THE OTHER		OF THE S	TREET AND
SECTION	ON A: NEIGHBORHOOD PHYSICAL COND	DITIONS	0.55	0.5=5
A1.	NUMBER OF HOUSING UNITS	#	SIDE A	SIDE B
A2.	NUMBER WITH FRONT YARD	#		
A3.	NUMBER WITH PORCHES	#		
A4.	NUMBER WITH DECORATION	#		
A5.	NUMBER WITH BORDER (FENCES/ SHRUBS)	#(IF <1, SKIP TO A7)		
A6.	AVERAGE HEIGHT OF BORDERS	BELOW SHOULDER LEVEL ABOVE SHOULDER LEVEL MIXED	2	1
A7.	NUMBER SALE/RENT SIGNS	#		
A8.	NUMBER SECURITY BARS/GRATINGS	#		
A9.	NUMBER OF BURNED, BOARDED UP OR ABANDONED	#		

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HEALTHY COMMUNITIES STUDY

A10.	TYPES OF RESIDENTIAL HOUSING (CODE ALL THAT APPLY)	NONE(SKIP TO SECTION B)0 SINGLE FAMILY DETACHED DWELLINGS	
A11.	MAIN TYPE OF RESIDENTIAL HOUSING (CODE MORE THAN ONE IF NECESSARY)	SIDE A SINGLE FAMILY DETACHED DWELLINGS	
A12.	OVERALL CONDITION OF MOST RESIDENTIAL UNITS	EXCELLENT	2 3
A13.	OVERALL CONDITION OF RESIDENT-KEPT GROUNDS	NOT APPLICABLE	2 3 4
A14.	INDICATION OF NEIGHBORHOOD/BLOCK UNIFORMITY	NO	
SECTION	ON B: PUBLIC SPACE		
B1.	AMOUNT OF LITTER	NONE(SKIP TO B3)	1 2

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SSA Attachment 15

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HEALTHY COMMUNITIES STUDY

B2.	TYPE OF LITTER (CODE ALL THAT APPLY)	PAPER, CANS/BOTTLES NONALCOHOLIC	
B3.	AMOUNT OF GRAFFITI	NONE	1 2
B4.	VISIBLE SIGNS (CODE ALL THAT APPLY)	SIDE A NONE	
B5.	PARKING OR TRAFFIC SIGNS (CODE ALL THAT APPLY)	NONE	2

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SSA Attachment 15 HEALTHY COMMUNITIES STUDY

B6.	PRESENCE OF STREET LAMPS	NONE	
В7.	PRESENCE OF SIDEWALKS	NONE(SKIP TO B9)	1
B8.	IS THE SIDEWALK CONDUCIVE TO BEING ACTIVE (RIDING A BIKE, SKATEBOARDING)?	YES	2
B9.	TYPE OF STREET SEGMENT (CODE ALL THAT APPLY)	CUL-DE-SAC STREET6	2
B10.	NUMBER OF LANES ACROSS ROAD	#SIDE A	SIDE B
B11.	GENERAL CONDITION OF PUBLIC SPACES	EXCELLENT 1 GOOD 2 FAIR 3 POOR 4 MIXED CONDITIONS 5	3 4
SECTION	ON C: SOCIAL INTERACTIONS		
C1.	NUMBER OF PEOPLE VISIBLE (ADULTS + CHILDREN)	#(IF 0, SKIP TO SECTION D)	
C2.	NUMBER OF CHILDREN UNDER	#	

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SSA Attachment 15 HEALTHY COMMUNITIES STUDY

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C3. ADULT ACTIVITY (CODE ALL THAT APPLY)

IF NO ADULTS PRESENT0	0
WALKING1	1
SOCIALIZING (TALKING WITH	
NEIGHBORS)2	2
SOCIALIZING IN MIXED RACIAL	
GROUPS3	3
HOME REPAIR, LANDSCAPING, OR	
CAR CARE4	4
SITTING/STANDING ON PORCH OR	
STOOP5	5
SUPERVISING CHILDREN6	6
PATRONIZING BUSINESS	
ESTABLISHMENTS7	7
STANDING ON THE SIDEWALK8	8
SITTING/STANDING AT THE	
BUS STOP9	9
GETTING INTO OR OUT OF	
VEHICLES10	10
WALKING A DOG11	11
CONDUCTING HOME-BASED	
VENDING12	12
RECREATIONAL ACTIVITY	
(EG, JOGGING)13	13
SMOKING14	14
DRINKING ALCOHOL15	15
DRUG RELATED ACTIVITY16	16
SEX TRADE17	17
FIGHTING18	18
OTHER 19	19



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SIDE A SIDE B C4. CHILDREN'S ACTIVITIES (CODE SITTING OR STANDING ON PORCH OR ALL THAT APPLY) FOR FRONT YARD.....1 **CHILDREN 12 AND UNDER** PLAYING ON THE PORCH OR FRONT YARD2 SITTING, STANDING OR PLAYING IN THE STREET......3 SITTING STANDING OR PLAYING IN A VACANT LOT......44 SITTING STANDING OR PLAYING ON THE SIDEWALK......5 PLAYING AT PARK OR OTHER _____.77 C5. PROPORTION OF CHILDREN UNDER ADULT SUPERVISION LESS THAN ONE THIRD.....1 ONE THIRD TO ONE HALF......2 MORE THAN HALF......3 C6. PEOPLE FROM MORE THAN YES......1 ONE RACIAL GROUP C7. REACTION OF PEOPLE TO NONE OR VERY LITTLE NOTICE RATERS (CODE ALL THAT GLANCES CURIOSITY, WAVE OR APPLY) HELLO......1 BLATANT SPECULATIVE STARES......22 RESIDENTS ASK RATERS WHAT THEY PEOPLE TELLING RATERS WHAT TO DO FOR NEIGHBORHOOD.....4 C8. NONRESIDENTIAL VISITORS (CODE ALL THAT APPLY) MORMONS OR OTHER RELIGIOUS BASED VISITS......1 MOBILE VENDORS/FOOD PEDDLERS.22 CIVIC/SOCIAL SERVICE AGENTS......3 POLICE OFFICERS ON FOOT/VEHICLE/HORSE.....4 UTILITY/REPAIR/DELIVERY PEOPLE...55 PEOPLE PASSING THROUGH......6

D1.	BUSIN	IESS/INDUSTRY	NO(SKIP TO D2)0 YES1	
	a.	MANUFACTURING LIGHT	NO(SKIP TO D1b.)0 YES 1	
	b.	MANUFACTURING HEAVY	NO(SKIP TO D1c.)0 YES 1	0
	C.			1
			SIDE A	SIDE B
	d.	PROFESSIONAL OFFICES	NO(SKIP TO D1d.)0 YES 1	
	e.	WAREHOUSE	NO(SKIP TO D2.)0 YES 1	0
				1
D2.	SERVI	TY/PUBLIC ICES/UTILITIES	NO(SKIP TO D3)0 YES1	1
	a.	CRIMINAL JUSTICE FACILITIES	NO(SKIP TO D2b.)0 YES 1	1
	b.	EMPLOYMENT OFFICES	NO(SKIP TO D2c.)0 YES 1	0
	C.	FIRE STATION	NO(SKIP TO D2d.)0 YES 1	
	d.	PARKING LOT	NO(SKIP TO D2e.)0 YES 1	
	e.	POLICE STATION	NO(SKIP TO D2f.)0 YES1	0
	f.	POLITICAL/ COMMUNITY/CIVIC	NO(SKIP TO D2g.)0 YES 1	0
	g.	SOCIAL SERVICE, WELFARE OFFICES	NO(SKIP TO D2h.)0 YES 1	0
	h.	UTILITY COMPANY (E.G., GAS)	NO(SKIP TO D3.)0 YES 1	0

D3.	FOOD		NO(SKIP TO D4)0 YES1	
	a.	CONVENIENCE STORES	NO(SKIP TO D3b.)0 YES 1	
	b.	FAST FOOD/TAKE OUT PLACES	NO(SKIP TO D3c.)0 YES1	
	C.	RESTAURANTS	NO(SKIP TO D3d.)0 YES 1	
	d.	SUPERMARKET/ GROCERY STORES	NO(SKIP TO D4.)0 YES 1	0
D4.	HFALT	THCARE	NO(SKIP TO D5)0	0
J		DRUG STORES/PHARMACIES	YES	1
	b.	HEALTH CLINIC	YES 1 NO(SKIP TO D4c.)0	1 0
	C.	HOSPITALS	YES 1 NO(SKIP TO D4d.) 0	1 0
			YES 1	1
D6.	PRIVA	TE SERVICES	NO(SKIP TO D7)0 YES1	
	a.	AUTOMOBILE REPAIR/BODY SHOP	NO(SKIP TO D6b.)0 YES1	
			SIDE A	1 SIDE B
	b.	BANKS	NO(SKIP TO D6c.)0 YES 1	
	C.	BARBER SHOP OR BEAUTY SALON	NO(SKIP TO D6d.)0 YES1	
	d.	BUSINESS SERVICES- PRINTING/COPYING	NO(SKIP TO D6e.)0 YES1	
				1

	e.	CHECK CASHING SERVICE	NO(SKIP TO DE YES	Sf.)0 1	
	f.	DRY CLEANING/ TAILORING/ LAUNDROMAT	NO(SKIP TO DE YES	6g.)0 1	
	g.	GASOLINE STATION	NO(SKIP TO DE YES	Sh.)0	0
	h.	REAL ESTATE OFFICE	NO(SKIP TO DE YES	Si.)0	
	i.	TRAVEL AGENTS	NO(SKIP TO D7 YES	7.)0 1	0
					1
D7.	RECR	EATION		3)0 1	
	a.	BARS	NO(SKIP TO D7 YES	'b.)0	
	b.	MOVIE THEATER	NO(SKIP TO D7 YES	'c.)0	0
	C.	RECREATIONAL SERVICE	NO(SKIP TO D7 YES	'd.)0	0
	d.	SEX ENTERTAINMENT SHOPS	NO(SKIP TO D7 YES	'e.)0	
	e.	VIDEO GAMES/POOL/BOWLING	NO(SKIP TO DE YES	3.)0	0
D8.	RELIG	IOUS		9) 01	
	a.	CEMETERY		Bb.)0 1	0
	b.	CHURCH/RELIGIOUS CENTER	NO(SKIP TO DE YES	3c.)1	
	C.	RELIGIOUS STORE	NO(SKIP TO DE	3d.)0	0
					1

	d.	FUNERAL HOME	NO(SKIP TO YES	D9.)0	
					⊥
D9.	USED	GOOD SALES	,	D10.)0	
	a.	AUTOMOBILE SALES/RENTAL USED		D9b.)0	0
	b.	FURNITURE STORE USED	NO(SKIP TO YES	D9c.)0	0
	c.	PAWN SHOP	NO(SKIP TO YES	SIDE A D9d.)0	SIDE B0
	d.	SECOND HAND STORES	NO(SKIP TO YES	D10.)0	
					1
D10.	RETAI	L/SALES		D11.)0	
	a.	APPLIANCE SALES, RENTAL, REPAIR		D10b.)0	
	b.	AUTOMOBILE SALES/RENTAL NEW	NO(SKIP TO YES	D10c.)0	0
	C.	CLOTHING STORES	NO(SKIP TO YES	D10d.)0	0
	d.	ELECTRONIC STORES	NO(SKIP TO YES	D10e.)0	
	e.	FURNITURE STORES NEW	NO(SKIP TO YES	D10f.)0	0
	f.	HOME REPAIR/ HARDWARE/LUMBER	NO(SKIP TO YES	D10g.)0	1 0
	g.	LIQUOR STORES	NO(SKIP TO YES	D10h.)0	0
	h.	SPECIALTY RETAILERS	NO(SKIP TO YES	D10i.)0	
					1

	i. VARIETY STORES	NO(SKIP TO D11.)0 YES 1	
D11.	SCHOOLS/CHILDCARE	NO(SKIP TO D12.)0 YES1	
	a. DAY CARE CENTERS	NO(SKIP TO D11b.)0 YES 1	0
	b. PUBLIC SCHOOL (K-12)	NO(SKIP TO D11c.)0 YES 1	0
	c. TECHNICAL SCHOOL	NO(SKIP TO D11d.)0 YES 1	1 0
	d. COLLEGES	NO(SKIP TO D11e.)0 YES 1	1 0
	e. PRIVATE PAROCHIAL SCHOOL	NO(SKIP TO D11f.)0 YES 1	1 0
	f. PRIVATE NON- PAROCHIAL SCHOOL	NO(SKIP TO D12.)0 YES1	1 0
		123	1
D12.	PHYSICAL ACTIVITY FACILITIES	NO(SKIP TO D13.)0 YES1	
	a. GOLF COURSE	NO(SKIP TO D12b.)0 YES 1	
	b. SWIMMING POOL	NO(SKIP TO D12c.)0 YES 1	0
	c.		1
	d. GYM	SIDE A NO(SKIP TO D12d.)0 YES1	0
	e. TENNIS COURTS	NO(SKIP TO D12e.)0 YES 1	0
	f. COUNTRY CLUB	NO(SKIP TO D12f.)0 YES 1	1



	g. BIKE PATH/WALKING TRAIL	NO(SKIP TO D13.)0 YES 1	
D13.	OTHER (INCLUDE FARM LAND HERE)	NO	
D14.	IS COMMERCIAL, NONRESIDENTIAL LAND USE PRESENT?	NO(SKIP TO D18.)	1 2
D15.	OVERALL CONDITION OF MOST OF THE BUILDINGS	EXCELLENT	2 3 4
D16.	PROPORTION WITH SECURITY BARS/GRATINGS	NONE	1 2
D17.	PROPORTION OF BURNED, BOARDED UP, OR ABANDONED	NONE	1 2
D18.	PROPORTION OF THE LAND THAT IS VACANT/UNDER- DEVELOPED	NONE(SKIP TO D20.)	1 2
D19.	OVERALL CONDITION OF UNDERDEVELOPED PROPERTY	EXCELLENT	3 4

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SSA Attachment 15 HEALTHY COMMUNITIES STUDY

D20.	PARK OR PLAYGROUND	NO(END QUESTIONNAIRE)0 YES (PUBLIC)	1
		SIDE A	SIDE B
D21.	CONDITION OF PLAYGROUND/ PARK	EXCELLENT	2 3
D22.	OCCUPANTS OF PLAYGROUND/ PARK (CHECK ALL THAT APPLY)	NONE	

HEAT THY COMMINITIES STILDY

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HEALTHY COMMUNITIES STUDY LUNCH OBSERVATION FORM

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SECTIO	N A: REIMBURSABLE SCHOOL LUNCH FO	ODS AND BEVERAGES
	mm dd yyyy Today's Date	School ID
	L:L AM/PM Time	Liaison ID (Observer)
A1.	Get a copy of the month's menu (if not able to obtain from school/district website prior to visit)	□ Already obtained□ Collected today□ Not available
	LOWING QUESTIONS SHOULD BE ANSWERED BAS 25 MINUTE OBSERVATION (not the menu obtained).	SED ON OBSERVATIONS MADE
A2.	Total # of different entrées offered	# entrées
A3.	Salad bar as entrée	☐ Yes ☐ No
A4.	Salad bar as side dish	☐ Yes ☐ No
A5.	Number of fresh fruits and vegetables in salad bar	# fruits and vegetables □No salad bar offered
A6.	Sandwich bar	☐ Yes ☐ No
A7.	Other entrée bar	Yes Describe:
		□ No



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A8. Indicate how many different entrée options are offered for each category listed in the table below. Include reimbursable meal items only (not a la carte).

Entrée item (part of reimbursable meal)	Offered?	Number of types offered	
Fast food-style			
Chicken burgers	□ No □ Yes ■		
Chicken nuggets (breaded and fried chicken pieces)	□ No □ Yes ■		
Hamburgers	□ No □ Yes ■		
Entrée item (part of reimbursable meal)	Offered?	Number of types offered	
Hot dogs/corn dogs	□ No □ Yes ■		
Nachos (with meat and/or cheese)	□ No □ Yes ■		
Pizza	□ No □ Yes ■		
Sandwiches (not burgers)	□ No □ Yes ■		
Wraps	□ No □ Yes ■		
Salads (meal/entrée sized)	□ No □ Yes ■		
Mexican-style			
Burritos	□ No □ Yes ■		
Quesadillas	□ No □ Yes ■		
Tacos	□ No □ Yes ■		
Other hot entrées			
Pasta with meat	□ No □ Yes ■		
Pasta with cheese	□ No □ Yes ■		
Soups, chilis, stews	□ No □ Yes ■		
Meat and potato	□ No □ Yes ■		
Meat and rice, Asian-style	□ No □ Yes ■		
Other 1:	□ No □ Yes ■		
Other 2:	□ No □ Yes		
Other 3:	□ No □ Yes ■		
Other 4:	□ No □ Yes ■		

A9. Indicate whether the following beverages are offered as part of a reimbursable meal at no extra charge:

Milk - white, whole or 2%	☐ Yes ☐ No
Milk - flavored, whole or 2%	☐ Yes ☐ No
Milk - white, 1% or nonfat	☐ Yes ☐ No
Milk - flavored, 1% or nonfat	☐ Yes ☐ No
Juice (100%) ± water, no added sweeteners	☐ Yes ☐ No



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Juice, sweetened	☐ Yes ☐ No
Sports drinks	☐ Yes ☐ No
Soda, regular	☐ Yes ☐ No
Other sweetened beverage (any beverage with added caloric sweetener not already listed above)	☐ Yes ☐ No
Diet beverage	☐ Yes ☐ No
Water, bottled, unsweetened	☐ Yes ☐ No
Other beverage 1:	☐ Yes ☐ No
Other beverage 2:	☐ Yes ☐ No

A10. Please indicate the number of meal options that include the following:

	# meal options
Grain product (100% whole wheat bread, pasta or tortillas, brown rice, corn tortillas)	
Grain product, not 100% whole grain	
Fruit, fresh	
Fruit, frozen, canned or dried	
Vegetable, French Fries	
Vegetable, other, fried	
	# meal options
Vegetable, fresh	
Vegetable, processed, i.e. canned, frozen	
Salad, side (tossed, raw vegetables)	

A11. Please indicate which **desserts and snack items** are offered as part of a reimbursable meal at no extra charge:



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Cake	☐ Yes	□ No
Cookie	☐ Yes	□ No
Other pastries	☐ Yes	□ No
Candy	☐ Yes	□ No
Ice Cream	☐ Yes	□ No
Low-fat frozen desserts	☐ Yes	□ No
Other frozen desserts	☐ Yes	□ No
Chips (corn, potato, puffed cheese, tortilla)	☐ Yes	□ No
Chips (lower/reduced fat, baked)	☐ Yes	□ No
Other 1:	☐ Yes	□ No
Other 2:	☐ Yes	□ No

SECTION B: SCHOOL DINING FACILITIES

B1.	Presence of <i>indoor</i> dining areas	☐ None (no indoor
DI.	Please ✓ only one.	dining areas Skin to B4
		provided)
		 Informal (students can eat inside but no seating AND tables provided for this purpose)
		☐ Formal (indoor eating with seating AND tables provided for this purpose)
B2.	Size of indoor dining area Please ✓ all that apply.	 Big enough Too small Not enough seating Too crowded Not too crowded
В3.	Indoor dining décor / ambiance: Please ✓ only one.	 □ Exceptional □ Pleasant (clean, cheerful, inviting) □ Acceptable (clean, well-kept, but sparse) □ Some areas of concern (dirty, dingy, needs repairs, etc.)



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B4. Presence of outdoor dining areas None (no outdoor Please ✓ only one. dining areas Skip to B7 provided) ☐ Informal (students can eat outside but no seating AND tables provided for this purpose) ☐ Formal (outdoor eating with seating AND tables provided for this purpose) B5. Size of outdoor dining area □ Bia enouah Please \checkmark all that apply. □ Too small ■ Not enough seating ■ Too crowded ■ Not too crowded B6. Outdoor dining décor / ambiance: ■ Exceptional Please ✓ only one. ☐ Pleasant (clean, cheerful, inviting) ☐ Acceptable (clean, well-kept, but sparse) ☐ Some areas of concern (dirty, dingy, needs repairs, etc.) ☐ Engaging (smiling, interactive, B7. In their interactions with students, most staff encouraging) Please ✓ only one. ☐ Pleasant but not engaging ☐ Neutral (interact enough to process the students' meals) ☐ Impolite, impatient, or negative with students ☐ Unable to observe B8. The longest meal service lines (during the time observed) consisted of approximately _____ # of students students. Meal service lines were observed over a span of ⊥∐ minutes minutes. B10. Most students were served by ____:__ (not including stragglers) □Unable to observe B11. Time when meal period.....started AM/PMended B12. In what forms is unsweetened water available ■ Water fountain free of charge in the dining or serving areas? ☐ Pitcher Please \checkmark all that apply. ■ Bottles ■ Dispenser □ Other

■ None



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HEAT THY COMMINITIES STILDY

B13.	Other observation	ns or clarifi	cations:				
SECTIO	ON C: COMPETI	TIVE FOC	DS SOLD	TO STUD	ENTS ON (CAMPUS	
C1.	Number of Compo	etitive Food	d Venues Op	erating at a	ny time durin	g the school	day:
				Lo	cation		
			(Record a r	number in ea	ch box – write	zero if none.)	
	Venue Type	Cafeteria	Hallway	Quad	Gym	Other	#
	A la carte						
	Vending machine						
	School store						
	Other 1:						
	Other 2:						
	Other 3:						Ш
C2.	Competitive Foo	ods Sold D	Ouring the S	School Day	– Type and	location	
						ll that apply.	
	Be	verages		A la carte	Vending machine	School store	Other
	Diet beverage						
	Juice (100%) ± wa sweeteners (includ						
	smoothies) Juice, sweetened						+
	Milk, white, whole	or 2%			 		
	Milk flavored, whole						
	Milk White, 1% or r						
	Milk flavored, 1% c	or nonfat					
	Soda, regular						
	Sports drinks						
	Other sweetened badded caloric sweet						
					se ✓ all that	apply.	
	Water, no added s	weeteners					
					is box if there whole grain.	appears to be	an option
	Baked Goods -	Dessert	Whole	A la carte	Vending	School	Other



HEAT THY COMMINITIES STILDY

	grain option		machine	store	
Cake type (brownies, cupcakes, Twinkies)					
Cake type (lower/reduced fat)					
Cookies					
Cookies (lower/reduced fat)					
Muffins					
Muffins (lower/reduced fat)					
Pastries (donuts, pies, turnovers, toaster pastries)					
Pastries (lower/reduced fat)					
Cereals	Whole grain option	A la carte	Vending machine	School store	Other
Cereal frosted or flavored					
Cereal not frosted or flavored					
Frozen desserts		A la carte	Vending machine	School store	Other
Frozen, non-dairy (fruit bars, Jell-O pops, Popsicles)					
Ice cream (bars, Fudgesicles, scoops, cups, sundaes, sandwiches)					
Low-fat frozen desserts (frozen milk, sherbet)	n yogurt, ice				٥
Milkshake					
Fruit		A la carte	Vending machine	School store	Other
Canned or cooked fruit					
Dried fruit					
Fresh fruit					
Meat/Meat Alternative Entrées/Mixed Dishes	Whole grain option	A la carte	Vending machine	School store	Other
Burritos	Ō				
Chicken burger					
Chicken pieces/nuggets (breaded)					
Hamburger/cheeseburger					
Hot dog/corn dog					
			Please √ all		1
		A la carte	Vending machine	School store	Other
Meat with rice (Chinese-/Asian-style)					
Nacho chips with salsa					



LEVI LAA COMMINITIES STI IDA

Nacho chips (with meat, beans or cheese)					
Pasta (spaghetti, macaroni and cheese, pasta salad)					
Pizza					
Ramen-type soup/cup of noodles					۵
Salad, meal-sized (chef's, grilled chicken)					۵
Sandwiches, cold					
Sandwiches, grilled/hot					
Soup/chilis/stews with beans or meat (chicken, clam chowder, minestrone)					
Tacos					
Wraps					
Vegetables		A la carte	Vending machine	School store	Other
Fried potatoes (including pre-fried, oven baked, French fries, tater tots, potato skins)					۵
Salad - side (tossed, raw vege	etables)				
Vegetables (not fried)					
Snacks	Whole grain option	A la carte	Vending machine	School store	Other
Candy/chocolate					
Chips (corn, potato, puffed cheese, tortilla)					
Chips (lower/reduced fat/baked)					
Corn nuts					
Crackers,(regular)					
Crackers (lower/reduced fat)/pretzels					
Fruit roll-up or fruit snacks with added sugar					
Granola bars/cereal bars/energy bars/other snack bars					۵
Meat snacks (jerky, salami, po	rk rinds)				
Nuts and seeds (almonds, sun seeds)					

		Please √ al	that apply.	
	A la carte	Vending machine	School store	Other
Popcorn, air-popped or low-fat				



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Popcorn, buttered or flavored					
Trail mix, without candy					
Trail mix with candy					
Yogurt, flavored					
Yogurt, plain					
Other foods (specify):	Whole grain option	A la carte	Vending machine	School store	Other



LUNCH OBSERVATION FORM

Sources and References

- 1) UC Berkeley Atkins Center for Weight and Health (CWH) school nutrition environment observation forms (not published)
- U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS). School Nutrition Dietary Assessment (SNDA) Study III, Pre-Visit Questionnaire and Menu Survey – Reimbursable Meals Form. Retrieved on November 14, 2010 from http://www.fns.usda.gov/oane/MENU/Published/CNP/cnp.htm



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Exp. Date: xx /xx/xxxx

HEALTHY COMMUNITIES STUDY THE SCHOOL PHYSICAL ACTIVITY RESOURCE ASSESSMENT (SCHOOL PARA)

There is little to no public reporting burden of this collection of information as it is completed by research staff. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number.

PLEASE COMPLETE THE FOLLOWING FORM FOR THE FOUR SCHOOLS SELECTED FOR OBSERVATIONS IN THE COMMUNITY DURING THE LIAISON'S INITIAL VISIT.

B1.		
	Start Time (Military time)	End Time (Military time)
B2.	Approximate size (size of entire school	☐ small (1/2 square block)
	property)	medium (>1/2 square block up to 1 square block)
		☐ large (>1 square block)
B3.	Capacity (posted fire capacity for indoor facilities)	
B4.	Cost	☐ Free
		☐ Pay at the door
		☐ Pay for only certain programs
		□ Other
B5.	Hours of Operation (record in military time)	a) open



							b) close	_			
В	6. Signage – Hours						☐ Yes ☐ No				
В	7. Signage – Rules						☐ Yes☐ No				
	QUESTIONS BELOW, PL PICTURES.	EASE	REF	ER T	O PRO	OTOCOL /	AND OPERATIONAL	DEFIN	NOITIO	IS	
descri	e note for B13: Play equip ption is necessary. Wher cessary.						_				
	Rating Feature						Amenity		Rati	ng	
B8.	Baseball field					— B21.	Access points		<u> </u>		
B9.	Basketball courts					B22.	Bathrooms				
B10.	Soccer field					B23.	Benches				
B11.	Bike rack					B24.	Drinking fountain				

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THE HEALTHY COMMUNITIES STUDY

B12.	Exercise stations			B25.	Fountains		
B13.	Play equipment			B26.	Landscaping efforts		
B14.	Pool >3 ft deep			B27.	Lighting		
B15.	Sandbox			B28.	Picnic tables shaded		
B16.	Sidewalk			B29.	Picnic tables no- shade		
B17.	Tennis courts			B30.	Shelters		
B18.	Trails – running/ biking			B31.	Shower/Locker room		
B19.	Volleyball courts			B32.	Trash containers		
B20.	Wading pool <3ft						
	Incivilities				Incivilities		
B33.	Auditory annoyance			B39.	Graffiti/tagging		
B34.	Broken glass			B40.	Litter		
B35.	Dog refuse			B41.	No grass		
B36.	Dogs unattended			B42.	Overgrown grass		
B37.	Evidence of alcohol use			B43.	Sex paraphernalia		
B38.	Evidence of substance use			B44.	Vandalism		
	Comments:	 	 			 	



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HEALTHY COMMUNITIES STUDY	

THE PHYSICAL ACTIVITY RESOURCE ASSESSMENT (PARA)

There is little to no public reporting burden of this collection of information as it is completed by research staff. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number.

PLEASE COMPLETE THE FOLLOWING FORM FOR SCHOOLS AND PHYSICAL ACTIVITY RESOURCES IN THE COMMUNITY

1.	mm dd yyyy Today's Date	2. Liaison ID (Observer)
3.	School ID	
4.		
	Start Time (Military time)	End Time (Military time)
5.	Type of resource	☐ Fitness club
		☐ Park
		☐ Sport facility
		☐ Trail
		☐ Community Center
		☐ Church
		☐ School
		☐ Combination:



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6.	Approximate size (size of entire resource)	☐ small (1/2 square block)
		medium (>1/2 square block up to 1 square block)
		☐ large (>1 square block)
7.	Capacity (posted fire capacity for indoor facilities)	
8.	Cost	☐ Free
		☐ Pay at the door
		☐ Pay for only certain programs
		□ Other
9.	Hours of Operation (record in military time)	a) open
		b) close
10.	Signage – Hours	☐ Yes
		□ No
11.	Signage – Rules	☐ Yes
		□ No

FOR QUESTIONS BELOW, PLEASE REFER TO PROTOCOL AND OPERATIONAL DEFINITIONS WITH PICTURES.

Please note for 13: Play equipment - If it is 'typical' equipment such as a slide, swings, horizontal bar; no description is necessary. When the equipment is unusual, please describe and use the Comments space



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as necessary.

			Rati	ing			Rati	ing	
	Feature	1				Amenity			
8.	Baseball field				21.	Access points			
9.	Basketball courts				22.	Bathrooms			
10.	Soccer field				23.	Benches			
11.	Bike rack				24.	Drinking fountain			
12.	Exercise stations				25.	Fountains			
13.	Play equipment				26.	Landscaping efforts			
14.	Pool >3 ft deep				27.	Lighting			
15.	Sandbox				28.	Picnic tables shaded			
16.	Sidewalk				29.	Picnic tables no- shade			
17.	Tennis courts				30.	Shelters			
18.	Trails – running/ biking				31.	Shower/Locker room			
19.	Volleyball courts				32.	Trash containers			
20.	Wading pool <3ft								
	Incivilities					Incivilities			
33.	Auditory annoyance				39.	Graffiti/tagging			

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THE HEALTHY COMMUNITIES STUDY

34.	Broken glass			40.	Litter		
35.	Dog refuse			41.	No grass		
36.	Dogs unattended			42.	Overgrown grass		
37.	Evidence of alcohol use			43.	Sex paraphernalia		
38.	Evidence of substance use			44.	Vandalism		
	Comments:	 	 			 	



THE HEALTHY COMMUNITIES STUDY

PHYSICAL ACTIVITY OBSERVATIONS

Sources and References

THE SCHOOL PHYSICAL ACTIVITY RESOURCE ASSESSMENT (SCHOOL PARA)

1) Lee RE, Booth KM, Reese-Smith JY, Regan G, Howard HH. The Physical Activity Resource Assessment (PARA) instrument: evaluating features, amenities, and incivilities of physical activity resources in urban neighborhoods. *Int J Behav Nutr Phys Act.* 14 September 2005; 2:13.

THE PHYSICAL ACTIVITY RESOURCE ASSESSMENT (PARA)

1) Lee RE, Booth KM, Reese-Smith JY, Regan G, Howard HH. The Physical Activity Resource Assessment (PARA) instrument: evaluating features, amenities, and incivilities of physical activity resources in urban neighborhoods. *Int J Behav Nutr Phys Act.* 14 September 2005; 2:13.



HEALTHY COMMUNITIES STUDY GROUND-TRUTHING OF

GEOGRAPHIC INFORMATION SYSTEM (GIS) MAPPING

Once GIS data is obtained, it will be formatted into a form containing commercial venues and resources to be verified so that the Battelle community liaison (during his or her second visit to the community) or community documenter may complete "ground-truthing" of GIS data.