By Maria Kovacs, Ph.D.

CDI 2
SELF-REPORT
SHORT

Name/ID: _____

Age:_____   Grade: _____   Sex: Male   Female

Date of Birth: _____/_____/_____
Year   Month   Day

Today's Date: _____/_____/_____
Year   Month

Kids sometimes have different feelings and ideas.

This form lists the feelings and ideas in groups. From each group of three sentences, pick **one** sentence that describes you best for the **past two weeks**. After you pick a sentence from the first group, go on to the next group.

There is no right or wrong answer. Just pick the sentence that best describes the way you have been recently. Put a mark like this ☒ next to your answer. Put the mark in the box next to the sentence that you pick.

Here is an example of how this form works. Try it. Put a mark next to the sentence that describes you best.

Example:
❏ I read books all the time.
❏ I read books once in a while.
❏ I never read books.

Remember, for each group, pick out the sentence that describes you best in the **PAST TWO WEEKS.**

Item 1
❏ I am sad once in a while.
❏ I am sad many times.
❏ I am sad all the time.

Item 2
❏ Nothing will ever work out for me.
❏ I am not sure if things will work out for me.
❏ Things will work out for me O.K.

Item 3
❏ I do most things O.K.
❏ I do many things wrong.
❏ I do everything wrong.

Item 4
❏ I have fun in many things.
❏ I have fun in some things.
❏ Nothing is fun at all.

Item 5
❏ I am important to my family.
❏ I am not sure if I am important to my family.
❏ My family is better off without me.

Item 6
❏ I hate myself.
❏ I do not like myself.
❏ I like myself.

Item 7
❏ I feel cranky all the time.
❏ I feel cranky many times.
❏ I am almost never cranky.

Item 8
❏ I cannot make up my mind about things.
❏ It is hard to make up my mind about things.
❏ I make up my mind about things easily.

Item 9
❏ I have to push myself all the time to do my schoolwork.
❏ I have to push myself many times to do my schoolwork.
❏ Doing schoolwork is not a big problem.

Item 10
❏ I am tired once in a while.
❏ I am tired many days.
❏ I am tired all the time.

Item 11
❏ Most days I do not feel like eating.
❏ Many days I do not feel like eating.
❏ I eat pretty well.

Item 12
❏ I do not feel alone.
❏ I feel alone many times.
❏ I feel alone all the time.

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CDI 2
SELF-REPORT SHORT
Scoring Page

Name/ID: _____

Age: _____   Grade: _____   Sex: Male   Female
Circle one

Date of Birth: _____ / _____ / _____
Year   Month   Day

Today's Date: _____ / _____ / _____
Year   Month   Day

Instructions:

1. Make sure only one box is marked for each item.

2. Add the numbers next to all checked boxes.

3. Write the sum in the **Total Raw Score** box.

4. Transfer the value to the Profile Form on the next page.

Item 1
- ❏ 0
- ❏ 1
- ❏ 2

Item 2
- ❏ 2
- ❏ 1
- ❏ 0

Item 3
- ❏ 0
- ❏ 1
- ❏ 2

Item 4
- ❏ 0
- ❏ 1
- ❏ 2

Item 5
- ❏ 0
- ❏ 1
- ❏ 2

Item 6
- ❏ 2
- ❏ 1
- ❏ 0

Item 7
- ❏ 2
- ❏ 1
- ❏ 0

Item 8
- ❏ 2
- ❏ 1
- ❏ 0

Item 9
- ❏ 2
- ❏ 1
- ❏ 0

Item 10
- ❏ 0
- ❏ 1
- ❏ 2

Item 11
- ❏ 2
- ❏ 1
- ❏ 0

Item 12
- ❏ 0
- ❏ 1
- ❏ 2

TOTAL RAW SCORE

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CDI 2
SELF-REPORT SHORT
Profile

Name/ID: _____

Age: _____   Grade: _____   Sex: Male   Female
Circle one

Date of Birth: _____ / _____ / _____
Year   Month   Day

Today's Date: _____ / _____ / _____
Year   Month   Day

Instructions:

1. Circle the Total Raw Score from the Scoring Page under the appropriate sex and age column.
2. Follow the row across to find the corresponding *T*-score and classification.
3. Transfer the *T*-score to the box on the bottom of the page.

T	Females 7–12	Females 13–17	Total Classification	Males 7–12	Males 13–17	*T*
90+	13+	19+		15+	15+	90+
89						89
88		18		14	14	88
87	12					87
86						86
85		17			13	85
84				13		84
83	11					83
82		16				82
81				12	12	81
80		15	Very Elevated			80
79	10					79
78				11	11	78
77		14				77
76						76
75	9					75
74		13		10	10	74
73						73
72		12				72
71	8			9	9	71
70						70
69		11				69
68						68
67	7		Elevated	8	8	67
66		10				66
65						65
64		9		7	7	64
63	6					63
62			High Average			62
61		8		6		61
60	5				6	60
59						59
58		7				58
57				5	5	57
56	4	6				56
55						55
54				4		54
53		5			4	53
52	3					52
51						51
50		4	Average or Lower	3	3	50
49						49
48	2	3				48
47				2		47
46					2	46
45		2				45
44	1			1		44
43		1			1	43
42						42
41						41
≤40	0	0		0	0	≤40

T = _____

MHS