



# Item Booklet

John Briere, PhD

Please read all of these instructions carefully before beginning. Mark all of your answers on the accompanying Answer Sheet and write only where indicated. **DO NOT** write in this Item Booklet.

On the Answer Sheet, please write the date and the child's name, gender, race, age, and living situation in the spaces provided. Also, please write your name, your gender, and your relationship to the child in the spaces provided.

The following items have to do with things the child does, feels, or experiences. Please indicate how often each of the following things has happened **in the last month**.

Circle 1 if your answer is *Not At All*; it has not happened at all in the last month.      ① 2 3 4

Circle 2 if your answer is *Sometimes*; it has happened in the last month, but has not happened often.      1 ② 3 4

Circle 3 if your answer is *Often*; it has happened often in the last month.      1 2 ③ 4

Circle 4 if your answer is *Very Often*; it has happened very often in the last month.      1 2 3 ④

If you make a mistake or change your mind, **DO NOT ERASE!** Make an "X" through the incorrect response and then draw a circle around the correct response.

Example: 1 ~~2~~ 3 ④

Please answer each item as honestly as you can. Be sure to answer every item. You can take as much time as you need to finish all of the items.

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
Not At All	Sometimes	Often	Very Often

The following items have to do with things the child does, feels, or experiences. Please indicate how often he or she has done, felt, or experienced each of the following things **in the last month**.

1. Temper tantrums
2. Looking sad
3. Telling a lie
4. Bad dreams or nightmares
5. Living in a fantasy world
6. Seeming to know more about sex than he or she should
7. Being easily scared
8. Not wanting to go somewhere that reminded him or her of a bad thing from the past
9. Worrying that his or her food was poisoned
10. Flinching or jumping when someone moved quickly or there was a loud noise
11. Being bothered by memories of something that happened to him or her
12. Worrying that someone might be sexual with him or her

---

13. Not wanting to talk about something that happened to him or her
14. Not doing something he or she was supposed to do
15. Breaking things on purpose
16. Talking about sexual things
17. Having trouble concentrating
18. Blaming himself or herself for things that weren't his or her fault
19. Acting frightened when he or she was reminded of something that happened in the past ✓
20. Pretending to have sex
21. Worrying that bad things would happen in the future
22. Arguing
23. Getting into physical fights
24. Drawing pictures about an upsetting thing that happened to him or her
25. Not noticing what he or she was doing
26. Having trouble sitting still
27. Playing games about something bad that actually happened to him or her in the past
28. Seeming to be in a daze
29. Having trouble remembering an upsetting thing that happened in the past
30. Using drugs
31. Fear of the dark
32. Being afraid to be alone
33. Spacing out
34. Being too aggressive
35. Touching other children's or adults' private parts (under or over clothes)

1	2	3	4
Not At All	Sometimes	Often	Very Often

Please indicate how often the child has done, felt, or experienced each of the following things **in the last month.**

36. Suddenly seeing, feeling, or hearing something bad that happened in the past
37. Hearing voices telling him or her to hurt someone
38. Staring off into space
39. Changing the subject or not answering when he or she was asked about a bad thing that happened to him or her
40. Having a nervous breakdown
41. Not laughing or being happy like other children
42. Crying at night because he or she was frightened
43. Hitting adults (including parents)
44. Being frightened of men
45. Not being able to pay attention
46. Seeming to be a million miles away
47. Being easily startled

---

48. Watching out everywhere for possible danger
49. No longer doing things that he or she used to enjoy
50. Becoming frightened or disturbed when something sexual was mentioned or seen
51. Not sleeping for two or more days
52. Not paying attention because he or she was in his or her own world
53. Making mistakes
54. Crying for no obvious reason
55. Not wanting to be around someone who did something bad to him or her or reminded him or her of something bad
56. Being tense
57. Worrying about other people's safety
58. Becoming very angry over a little thing
59. Drawing pictures about sexual things
60. Pulling his or her hair out
61. Calling himself or herself bad, stupid, or ugly
62. Throwing things at friends or family members
63. Getting upset about something in the past
64. Temporary blindness or paralysis
65. Getting upset about something sexual
66. Not going to bed at night the first time he or she was asked
67. Fear that he or she would be killed by someone
68. Saying that nobody liked him or her
69. Crying when he or she was reminded of something from the past



1      2      3      4  
Not At All    Sometimes    Often    Very Often

Please indicate how often the child has done, felt, or experienced each of the following things in the last month.

70. Saying that something bad didn't happen to him or her even though it did happen
71. Saying he or she wanted to die or be killed
72. Acting as if he or she didn't have any feelings about something bad that happened to him or her
73. Whining
74. Not sleeping well
75. Worrying about sexual things
76. Being frightened by things that didn't used to scare him or her
77. Hallucinating
78. Acting like he or she was in a trance
79. Forgetting his or her own name
80. Getting upset when he or she was reminded of something bad that happened
81. Avoiding things that reminded him or her of a bad thing that had happened in the past
82. Acting jumpy
83. Making a mess
84. Acting sad or depressed
85. Being so absent-minded that he or she didn't notice what was going on around him or her
86. Not wanting to eat certain foods
87. Yelling at family, friends, or teachers
88. Not playing because he or she was depressed
89. Being disobedient
90. Intentionally hurting other children or family members

Additional copies available from:

**PAR** 16204 N. Florida Ave. • Lutz, FL 33549  
1.800.331.8378 • www.parinc.com