



U.S. Department of State  
Office of Medical Services, Room L101, SA-1, Washington, DC 20522-0102  
**MEDICAL HISTORY AND EXAMINATION FOR FOREIGN SERVICE**  
**FOR INDIVIDUALS AGE 12 AND OLDER**

\*OMB APPROVAL NO. 1405-0068  
EXPIRATION DATE: 04-30-2012  
ESTIMATED BURDEN: 1 HOUR

**PRIVACY ACT NOTICE:** This information is requested pursuant to the Foreign Service Act of 1980, as amended ( 22 U.S.C. 4084, 3901 and 3984). The primary purpose for soliciting this information is to make appropriate assignments abroad. Unless otherwise protected by medical privacy regulations, the information solicited on this form may be made available to appropriate agencies, whether federal, state, local or foreign, for law enforcement and administration purposes. It may also be disclosed pursuant to court order. The information requested is voluntary however failure to provide this information may result in denial of a medical clearance and affect your Foreign Service Eligibility.

**I. To Be Filled Out By Examinee** (Complete all sections, type or in ink.) Date (mm-dd-yyyy)

1. Name of Examinee (Last, First, MI.) 2. Full Name of Employee/Applicant/Sponsor

3. eMED Number if known (Employee/Applicant/Sponsor) 4. Date of Birth (mm-dd-yyyy) 5. Sex  
 Male  Female

6. Place of Birth 7. Status  
City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_  
 Applicant  Spouse  Daughter  
 Son  Other

8. Name of your Health Insurance Plan 10. Agency of Employee/Applicant/Sponsor  
 State  USAID  Foreign Commercial Service

9. Purpose of Exam 10. Agency of Employee/Applicant/Sponsor  
 Separation  In Service  
 Foreign Agricultural Service  Board of Broadcasting Governors

11. Your Mailing Address (Medical Clearance Abstract will be mailed to listed address.)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Telephone Number (where you can be reached for the next 90 days) \_\_\_\_\_  
E-mail Address (where you can be reached for the next 90 days) \_\_\_\_\_

12. Post of Assignment and Dates of Departure/Arrival  
a. Proposed Post \_\_\_\_\_  
EDA \_\_\_\_\_  
(mm-dd-yyyy)  
b. Present Post \_\_\_\_\_  
EDD \_\_\_\_\_  
(mm-dd-yyyy)  
c. Last 3 Posts \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

13. Check and describe medical conditions of blood relatives. Include cancer, alcoholism, diabetes, heart or kidney disease, high blood pressure, mental health disorder, or learning disabilities. The following asks questions about family medical history. Providing this information is strictly voluntary and will only be used for diagnosis and treatment, and only by providers in MED. Medical clearance decisions do not take into consideration family medical history, but only manifested medical conditions. Therefore examinee is not required to answer questions 13 a-h.

- a. Father \_\_\_\_\_
- b. Mother \_\_\_\_\_
- c. Grandmother(s) \_\_\_\_\_
- d. Grandfather(s) \_\_\_\_\_
- e. Sister(s) \_\_\_\_\_
- f. Brother(s) \_\_\_\_\_
- g. Aunt(s) \_\_\_\_\_
- h. Uncle(s) \_\_\_\_\_

14. Marital Status  Married  Never Married  Other 15. Are you adopted?  Yes  No

As part of this examination, you may be asked for Family Medical History. Providing this information is strictly voluntary and will only be used for diagnosis and treatment, and only by medical providers in MED. Medical clearance decisions do not take into account Family Medical History, but only manifest diseases and medical conditions.

\_\_\_\_\_  
Signature \_\_\_\_\_  
Date (mm-dd-yyyy)

<b>II. Have You Had In The Past 5 Years:</b>	<b>Name of Examinee:</b>
--	--------------------------

- |                          |                          |  |
|--------------------------|--------------------------|--|
| <b>Yes</b>               | <b>No</b>                |  |
| <input type="checkbox"/> | <input type="checkbox"/> | 1. Frequent or severe headaches?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 2. Dizzy spells, fainting, or seizures?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 3. Neurological disorders?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 4. Chronic eye trouble, or vision problems?<br>Date of last eye exam (mm-dd-yyyy) _____        |
| <input type="checkbox"/> | <input type="checkbox"/> | 5. Tooth or gum problems?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 6. Ear, nose, or throat problems, including hearing difficulties, hoarseness, or allergies?    |
| <input type="checkbox"/> | <input type="checkbox"/> | 7. Cough, wheezing, shortness of breath or asthma?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 8. Abnormal chest X-ray  |
| <input type="checkbox"/> | <input type="checkbox"/> | 9. History of positive TB skin test or clinical tuberculosis, TB exposure, or BCG vaccination? |
| <input type="checkbox"/> | <input type="checkbox"/> | 10. Palpitations, chest pressure, murmurs or any other heart problems?                         |
| <input type="checkbox"/> | <input type="checkbox"/> | 11. History of aneurysm or blood clots?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 12. High blood pressure or high cholesterol ?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 13. Esophagus, stomach, intestinal, rectal, liver, gallbladder problems or hernia?             |
| <input type="checkbox"/> | <input type="checkbox"/> | 14. Have you had a colonoscopy or sigmoidoscopy?<br>Date (mm-dd-yyyy) _____                    |
| <input type="checkbox"/> | <input type="checkbox"/> | 15. A change in urinary habits, urinary tract infection or stones, blood or protein in urine?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 16. Sexually-transmitted disease?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 17. Serious infection?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 18. Cancer of any type?  |

- |                          |                          |  |
|--------------------------|--------------------------|--|
| <b>Yes</b>               | <b>No</b>                |  |
| <input type="checkbox"/> | <input type="checkbox"/> | 19. Rheumatologic-problems; tendon, joint or back pain/injury; bone-deformity or fracture?     |
| <input type="checkbox"/> | <input type="checkbox"/> | 20. Malaria or other tropical disease?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 21. Any hair, nail or skin problems or disorders?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 22. Diabetes; thyroid or other hormonal/metabolic disease?                                     |
| <input type="checkbox"/> | <input type="checkbox"/> | 23. Anemia or blood transfusion?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 24. Have you ever had an organ transplant or been an organ donor?                              |
| <input type="checkbox"/> | <input type="checkbox"/> | 25. Recent gain or loss of 10 lbs or more?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 26. Thickening or lump in breast, testicle or elsewhere?                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | 27. Felt unusually depressed, sad, blue or had frequent crying spells?                         |
| <input type="checkbox"/> | <input type="checkbox"/> | 28. Difficulty in relaxing or calming down; felt panicky, irritable, angry, hyper or nervous?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 29. Special education needs?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 30. Have you ever used tobacco products?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 31. Have you ever used alcohol?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 32. Have you used marijuana, hallucinogenic drugs, narcotics, or cocaine in the last 10 years? |
| <input type="checkbox"/> | <input type="checkbox"/> | 33. Have you ever been referred to or received mental health treatment?                        |

**Primary Care PTSD Screen**

**This questionnaire is intended to help you identify if you have the symptoms of Post-Traumatic Stress Disorder (PTSD). Please answer the following four questions if you have been assigned to a danger pay post in the last three years.**

**In your life, have you ever had any experience that was so frightening, horrible, or upsetting that, in the past month you:**

- |                          |                          |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 34. Have had nightmares about it or thought about it when you did not want to?                            |
| <input type="checkbox"/> | <input type="checkbox"/> | 35. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it? |
| <input type="checkbox"/> | <input type="checkbox"/> | 36. Were constantly on guard, watchful, or easily startled?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 37. Felt numb or detached from others, activities, or your surroundings?                                  |
| <input type="checkbox"/> | <input type="checkbox"/> | 40. Have you ever had a mammogram?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 41. Are you pregnant?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 42. Are you nursing?  |

**Women Only**

- |                          |                          |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 38. Do you have menstrual cycles?<br>Date of last menstrual period _____  |
| <input type="checkbox"/> | <input type="checkbox"/> | 39. Have you had an abnormal PAP test in the last 5 years?<br>Date (mm-dd-yyyy) of last PAP test _____<br>Date (mm-dd-yyyy) of abnormal PAP _____<br>Result _____ |

**Pregnancy History: (number of times)**

Pregnant \_\_\_\_\_ Miscarriages \_\_\_\_\_ Live births \_\_\_\_\_  
Premature births \_\_\_\_\_ Abortions \_\_\_\_\_ Living children \_\_\_\_\_

**III. Hospitalizations/Operations/Medical Evacuations (Include all medical and psychiatric illnesses.)**

Date (mm-dd-yyyy)	Illness or Operation	Name of Hospital	City and State
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Please recheck all items for completeness and accuracy. DO NOT INDICATE: "Previously Answered."**

**IV. Explanations required for "yes" answers to questions 1 to 42. Attach additional sheet.**

The intentional omission of any crucial medical information is a criminal offense (Section 1001 of the U.S.C. Title 18). Pre-employment applicants who intentionally omit information which would make them ineligible for appointment, will be subject to disciplinary action, including separation for cause if they are hired. Current employees may also be subject to disciplinary action for intentional omission of information.

<b>Signature of Examinee</b> (I certify I have read and understand the above statements).	<b>Date</b> (mm-dd-yyyy)
---	--------------------------

**V. Examiner Comments on Significant History and Examination Findings: Comment on all items checked YES in section II.**

<b>VI. To Be Completed By The Examiner</b>		<b>Name Of Examinee:</b>			
1. Height  _____ in. or  _____ cm.	2. Weight  _____ lbs. or  _____ kgs.	3. Pulse	4. Blood Pressure ( <i>sitting</i> ) If above 140/85 repeat 3 times and record. If consistently elevated consider treatment.		
<b>VII. Clinical Evaluation</b>		Normal	Abnormal	NE	<b>Notes</b> (Describe every abnormality in detail. Include pertinent item number before each comment.)
Check each item as indicated. Check "NE" if not evaluated.					
1. General/Constitution					
2. Skin					
3. Eyes					
4. Ears/Nose/Throat					
5. Neck/Thyroid					
6. Lungs/Thorax					
7. Breasts					
8. Cardiovascular					
9. Abdomen					
10. Male Genitalia					
11. Anus/Rectum/Prostate					
12. Musculoskeletal					
13. Lymphatic					
14. Neurological					
15. Female Gynecologic					
16. Miscellaneous					
17. Papanicolaou done <input type="checkbox"/> Not done <input type="checkbox"/> Reason if not done					
18. Attach cytology report.					
<b>VIII. List Current Medications</b> ( <i>Include prescription, over the counter, vitamins, and herbals</i> )					<b>Drug Or Other Allergies</b>
_____					_____
_____					_____
_____					_____
<b>IX. Instructions</b>					
<p><b>Disposition of Records:</b>  Examinee or sponsor must sign on page 2. Medical provider must sign on page 4.  All reports must be in English and identified with the full name and date of birth of the examinee.  Do Not Submit Reports by US Mail.  Do Not Submit Reports by Professional Courier Service (e.g. FedEx or DHL).  Keep originals as a permanent record.</p> <p><b>For U.S. Department of State Health Units:</b>  The preferred method to submit the DS-1843 is by way of eForms to Medical Records. If this is not possible, please submit the completed document by FAX.</p> <p><b>For Private Health Care Providers:</b>  Please FAX the completed DS-1843 directly to Medical Records.</p> <p><b>Department of State, Medical Records:</b>  The preferred method to submit the DS-1843 is to scan and send by email to: MEDMR@state.gov.  If it is not possible to scan, then please fax the DS-1843 to Medical Records at Fax: 703-875-4850.</p> <p>If you wish to confirm that your exam forms were received please email MEDMR@state.gov</p>					

<b>X. All Tests Required Unless Otherwise Specified. Please attach all reports.</b>		<b>Name of Examinee:</b> _____	
<b>1. Hematology</b>		<b>7. Urinalysis</b> ( <i>pre-employment, separation and when indicated</i> )	
Hematocrit _____ % or Hemoglobin _____ gms%	<b>Differential</b> Granulocytes _____ % Lymphocytes _____ % Eosinophils _____ % Other _____ %	Specific Gravity _____	WBC _____
WBC _____ /cmm		Albumin _____	RBC _____
		Sugar _____	Casts _____
<b>2. Screening Chemistry</b> ( <i>pre-employment and at least every 5 years</i> )		<b>8. ECG</b> ( <i>50 years or earlier when indicated. All pre-employment 40 years and above. Submit all tracings.</i> )	
Blood Sugar _____	Creatinine _____	Results _____	
Cholesterol _____	ALT _____	<b>9. Chest X-Ray</b> ( <i>required for persons 18 years and over for pre-employment and separation, for new TB skin test converters or when indicated. If pregnant, baseline chest X-ray required after delivery</i> )	
HDL/LDL _____	GGT _____	Date ( <i>mm-dd-yyyy</i> ) _____ Results _____	
Triglycerides _____	HbA1C ( <i>when indicated</i> ) _____	<b>10. Tuberculin Test</b> ( <i>5TU PPD</i> ) ( <i>recommended for all examinees including those with previous BCG</i> )	
<b>3. Serology</b> ( <i>specify test and results</i> ) ( <i>12 years and over for pre-employment and approx. every 5 years after</i> )		Date ( <i>mm-dd-yyyy</i> ) _____ Results _____	
RPR/VDRL _____	HIV I/II antibody _____	Date ( <i>mm-dd-yyyy</i> ) _____	
HepB surface antigen ( <i>if known HBsAb pos. or has had immunization, do not repeat</i> ) _____	HepC antibody _____	If Not Done, Explain _____	
<b>4. Stool Exam for Occult Blood</b> ( <i>50 years or earlier when indicated</i> )		Results: _____ mm of Induration	
a. _____ Pos _____ Neg	<b>5. Colon Screen</b> ( <i>age 50 or when indicated by risk factors according to current standards of care</i> )		
b. _____ Pos _____ Neg	Barium Enema, or Colonoscopy.		
c. _____ Pos _____ Neg	Attach most recent results.		
<b>6. PSA</b> ( <i>50 years or earlier when indicated.</i> )		Previous Positive _____ Yes _____ No	
		Previous Rx Complete _____ Yes _____ No	
		Date Completed ( <i>mm-dd-yyyy</i> ) _____	
		New Converter _____ Yes _____ No ( <i>X-Ray required</i> )	
		Treatment _____	
<b>12. Mammogram</b> ( <i>required age 50 years and over, recommended age 40 and over</i> )		<b>11. Pre-employment and in Service if not previously done.</b> ( <i>not for separation</i> )	
<b>XI. Assessment Or Problem List</b>		a. Blood Type	
		ABO _____	
		(Rh) D _____	
		(weak) D <sup>u</sup> _____	
		b. G6PD	
		Normal _____	
		Deficient _____	
<b>XII. Recommendation for Treatment/Further Study/Consultation or Follow-Up</b>			
Typed Name of Examiner _____		Signature _____	
		Date ( <i>mm-dd-yyyy</i> ) _____	
Examining Facility _____		Address _____	
Telephone Number _____			
Fax Number _____			