


Attachment A: CPPW Online Resource Center Screen Shots

Website: <http://www.cdc.gov/CommunitiesPuttingPreventiontoWork/resources/>

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 Centers for Disease Control and Prevention
CDC 24/7: Saving Lives. Protecting People.™

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The Communities Putting Prevention to Work (CPPW) Online Resource Center provides a host of tools to support environmental changes that address obesity and tobacco use. These resources describe why environmental changes are at the heart of making healthy living easier, and how to execute them. Tools include webinars, model policies, tool kits, databases, fact sheets, and other practical materials. Resources are organized by the following content areas:


Featured Resources


Growing Change
[PDF-1.97MB] [PDF icon](#)
Guide shows the links between community leaders' work and federal agricultural policy and identifies ways local leaders can get involved


Local Food for Local Government
[PDF-422KB] [PDF icon](#)
Overview of factors affecting state and local agencies' ability to procure locally produced food and agricultural products




Model School Board Resolution
[PDF-234KB] [PDF icon](#)
Model resolution for school districts who want to establish a farm-to-school program

Tobacco Use Prevention and Control

Offers guidance for reducing tobacco use and exposure to secondhand smoke in a variety of environments such as schools, bars, restaurants, colleges, medical campuses, multiunit housing, parks, and other outdoor areas.

Obesity Prevention

Focuses on how to communicate effectively about obesity as a public health issue. Included are approaches for describing the environmental conditions that contribute to, and the costs associated with, the obesity epidemic. Resources to support healthy eating and active living strategies also are available.

Nutrition and Food Systems

Provides approaches for improving access to affordable, healthy foods through community gardens, farmers' markets, healthy food incentives, farm-to-table programs, work-site nutrition policies, zoning and licensing, and other initiatives. Additionally, this section offers resources about forming partnerships with food providers, school districts, and other stakeholders.

Physical Activity and Built Environment

Focuses on how to foster environments that encourage physically active lifestyles. Included in this category is guidance on developing health impact assessments, zoning initiatives, master plans, Complete Streets, Safe Routes to School, and joint use agreements.

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[Schools and Child Care](#)

Offers guidance on how to address progressive wellness policies, joint use agreements, food procurement approaches, and guidelines for nutritional and physical activity standards in schools and child care settings.



[Foundational Skills](#)

Discusses the overarching skills and competencies that are critical to implementing successful environmental changes, regardless of the strategy or setting. Content areas include understanding the fundamentals of public health law; promoting health equity; engaging stakeholders; developing multi-sector partnerships; leveraging resources; and sustaining efforts over the long term.

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Page last reviewed: April 10, 2012
Page last updated: April 10, 2012
Content source: Division of Community Health, National Center for Chronic Disease Prevention and Health Promotion

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Example of Resources offered in subtopic (Obesity) of Online Resource Center

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Obesity Prevention


Featured Resources


[Growing Change](#) [PDF-1.97MB]  
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Obesity


[Bringing People to Good Food and Good Food to People](#) [PDF-9.24MB]  
Presents recommendations for attracting and improving food retail by describing the challenges and successes in a Los Angeles neighborhood.


[Chronic Disease: Childhood Obesity Prevention Module](#) 
Focuses on the trends, consequences, and contributing factors to childhood obesity and presents the evidence for intervention strategies to address it.

[Containing the Growth of Spending in the U.S. Health System](#) [PDF-530KB]  
Reviews data on health care spending growth, reasons for persistently high health care rates, and estimates on how savings could be made through prevention and policy changes.

[F as in Fat: How Obesity Threatens America's Future](#) [PDF-7.39MB]  
Describes the growing threat that obesity presents for Americans, how obesity is linked to chronic diseases, and recommends policies to address the rise of obesity.

[Harnessing the Power of Supermarkets to Help Reverse Childhood Obesity](#) [PDF-879KB]  
Makes the case for partnering with and attracting grocery stores to underserved neighborhoods by summarizing key findings and lessons learned at a national conference of public health leaders and professionals in the food industry.

[Healthy Corner Stores for Healthy New Orleans Neighborhoods](#) [PDF-2.95MB]  
Describes food access, the challenges for small stores to offer healthy foods, and strategies and tools (some included) for neighborhood advocates to improve access by partnering with corner store owners.

[Healthy Eating, Active Communities, and Central California Regional Obesity Prevention Program](#) [PDF-877KB]  
Examines the outcomes and impact of an obesity prevention program on food and beverage environments, physical activity environments, and practices of health care providers, and evaluates student attitudes and behaviors after the program.

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[Healthy School Toolkit](#)

Guides teachers and other members of the school community in implementing The Food Trust's highly successful Comprehensive School Nutrition Policy Initiative.

[Make a Difference at Your School! CDC Resources Can Help You Implement Strategies to Prevent Obesity Among Children and Adolescents](#) [PDF-1.65MB]

Offers 10 strategies for schools to promote physical activity and healthy eating and take an active role in preventing childhood obesity.

[Model Local Obesity Prevention Resolution](#) [PDF-622KB]

Offers a model resolution that can help communities implement policies to address the obesity epidemic by improving physical activity environments, healthy food access, and disparities.

[Obesity Prevention on a Budget: Low- and No-Cost Policy Options to Increase Healthy Eating and Active Living](#) [PDF-2.39MB]

Presents a range of budget-conscious policy approaches that leverage existing resources and partnerships to reduce local obesity rates by increasing opportunities for healthy eating and physical activity.

[Obesity Prevention Policies for Middle and High Schools: Are We Doing Enough?](#)

Reviews state-level and district-level policies addressing nutrition and physical activity environments included in NASBE's State School Health Policy Database.

[Recommended Community Strategies and Measurements to Prevent Obesity in the United States](#)

Contains 24 recommended obesity prevention strategies focusing on environmental and policy level change initiatives that can be implemented by local government and school districts to promote healthy eating and active living.

[Rural Obesity: Strategies to Support Rural Counties in Building Capacity](#) [PDF-1.38MB]

Describes strategies that rural counties can use to build capacity for obesity prevention and provides recommendations about how the philanthropic community can help.

[School Health Guidelines to Promote Healthy Eating and Physical Activity](#) [PDF-973KB]

Presents key findings on physical activity environments for youth and provides information on how schools can play an active role in increasing physical activity and decreasing obesity rates.

[The Grocery Gap: Who Has Access to Healthy Food and Why It Matters](#)

Presents findings and policy implications from 132 studies on food access and identifies lack of access to fresh, healthy food in low-income communities, communities of color, and rural areas.

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Page last reviewed: June 11, 2012

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