

Attachment A—Sample *Did You Know?*

? DID YOU KNOW

January 6, 2012

- Folic acid taken before and during pregnancy can help [prevent many neural tube defects](#) (NTDs), which are serious birth defects of the brain and spine.
- [3,000 pregnancies are affected by NTDs every year](#) in the United States, with higher rates among Hispanic women.
- [CDC offers free folic acid resources](#), both in English and Spanish, during National Folic Acid Awareness Week in January and all through the year.



Suggest a Did You Know? topic.

Please share this e-mail with others interested in improving public health practice through evidence-based strategies. Past "[Did You Know?](#)" information is available online. If you have additional questions, please contact [OSTLTS](#).

Provided by the
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