Completion and Follow Up Survey (12-month)

Expect Respect Support Group Survey

OMB No. <u>0920-0861</u> CDC IRB #5937

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Completion and Follow-Up Survey

Instructions

We would like to ask you a few questions about your relationships. This is not a test, so there are no right or wrong answers.

Please read the directions and questions carefully and answer the questions as honestly as you can. The Expect Respect Facilitator will assist you if you need help.

Your answers are completely confidential. School personnel will not see your questionnaire. Your name will not appear on the survey.

By answering the questions you help us to understand what is important to teens like you and how we can improve programs for teens.

| 1. SafePlace ID | | |
|------------------------------|---------------|-----------------|
| 2. School Code | | |
| 3. Facilitator Code | | |
| 4. Date | | |
| 5. Age | | |
| 6. Post and Follow-up Survey | | |
| ☐₁ Post | 2 Follow-up 1 | ☐ ₃ Follow-up 2 |

To be completed by SafePlace staff

Part 1: Are the following statements true for you?

| 7. I always speak out when someone is being harassed. 1 False 2 True |
|--|
| 8. I sometimes feel upset when I don't get my way. 1 False 2 True |
| 9. I like to gossip sometimes. 1 False 2 True |
| 10. I'm always a good listener.☐ ₁ False☐ ₂True |
| 11. I'm always willing to admit it when I make a mistake. \square $_1$ False \square $_2$ True |
| 12. I am always nice with people. 1 False 2 True |
| 13. I have never hurt someone's feelings on purpose. □ ₁ False □ ₂True |

Part 2: Dealing with Anger

Most of us feel angry sometimes. Do not spend a lot of time thinking about the questions – just give your first response.

| In the past 3 months, how often have you | Never | Rarely | Sometimes | Often |
|---|------------|----------|------------|----------|
| 14. Yelled at others when they annoyed you | 0 | 1 | 2 | 3 |
| 15. Had fights with others to show who was on top | 0 | | 2 | 3 |
| 16. Reacted angrily when provoked by others | 0 | | 2 | 3 |
| 17. Taken things from other students | 0 | | 2 | 3 |
| 18. Gotten angry when frustrated | | 1 | 2 | 3 |
| 19. Damaged something for fun | | 1 | 2 2 | 3 |
| 20. Had temper tantrums | 0 | | 2 | 3 |
| 21. Damaged things because you felt mad | 0 | | 2 | 3 |
| 22. Had a gang fight to be cool | \Box_0 | 1 | 2 | 3 |
| 23. Hurt others to win a game | 0 | | 2 | 3 |
| 24. Become angry or mad when you don't get your way | 1 0 | | 2 2 | 3 |
| 25. Used physical force to get others to do what you want | 0 | | Q 2 | 3 |
| 26. Gotten angry or mad when you lost a game | | | 2 | 3 |
| 27. Gotten angry when others threatened you | | | 2 2 | 3 |
| 28. Used force to obtain money or things from others | | 1 | 2 | 3 |
| 29. Felt better after hitting or yelling at someone | | 1 | 2 2 | 3 |
| 30. Threatened or bullied someone | 0 | 1 | 2 2 | 3 |
| 31. Made obscene phone calls for fun | 0 | | 2 | 3 |
| 32. Hit others to defend yourself | \Box_0 | 1 | 2 | 3 |
| 33. Gotten others to gang up on someone else | 0 | 1 | 2 | 3 |
| 34. Carried a weapon to use in a fight | 0 | 1 | 2 | 3 |
| 35. Gotten angry or mad or hit others when teased | 0 | | 2 | 3 |
| 36. Yelled at others so they would do things for you | 0 | 1 | □ 2 | 3 |

Part 3: Your Opinion

| Is it OKAY if you do these things in a dating relationship? | Definitely not okay | Probably not okay | Probably okay | Definitel y okay |
|---|------------------------|----------------------|---------------|---------------------|
| 37. Take charge of everything that goes on. | 0 | | 1 2 | 3 |
| 38. Tell your dating partner to spend all their time with you and drop other friends. | 0 | 1 | Q 2 | 3 |
| 39. Check up or spy on your dating partner. | 0 | | 2 | 3 |
| 40. Put your partner down and call him/her mean names. | 0 | | 2 2 | 3 |
| 41. Make your partner dress a certain way. | 0 | 1 | 2 2 | 3 |
| 42. Constantly send text messages. | 0 | | 2 | 3 |
| 43. Ignore your partner when you are unhappy with him/her. | 0 | | 2 | 3 |
| 44. Try to find out where your partner is every minute. | Q 0 | | Q 2 | 3 |
| 45. Slap, push, or shove your partner. | 0 | | 2 | 3 |
| 46. Forward private emails or photos to other people. | Q 0 | | 1 2 | 3 |
| 47. Act jealous if your partner talks to other people. | 0 | 1 | 2 | 3 |
| 48. Kiss your partner when they say "No." | 0 | | 2 2 | 3 |
| 49. Tell your partner that to show their love they should have sex with you. | 0 | | Q 2 | 3 |

| How strongly do you agree or disagree with each statement? | Strongly agree | Agree somewha t | Disagree somewha t | Strongly disagree |
|---|----------------|-----------------------|--------------------------|-------------------|
| 50. It is OK for a boy to hit his girlfriend if she does something to make him mad. | 0 0 | | 1 2 | 3 |
| 51. It is OK for a boy to hit his girlfriend if she insults him in front of friends. | 0 | 1 | Q 2 | 3 |
| 52. Girls sometimes deserve to be hit by the boys they date. | 0 | | Q 2 | 3 |
| 53. A girl who makes her boyfriend jealous on purpose deserves to be hit. | 0 | 1 | Q 2 | 3 |
| 54. Boys sometimes deserve to be hit by the girls they date. | 0 | | 1 2 | 3 |
| 55. Sometimes boys have to hit their girlfriends to get them to do what they want them to do. | Q 0 | 1 | Q 2 | 3 |
| 56. It is OK for a boy to hit a girl if she hits him first. | 0 | | Q 2 | 3 |
| 57. It is OK for a girl to hit a boy if he hits her first. | 0 | | Q 2 | 3 |

| Part | 4: | Re | lati | on | s | hi | ps |
|------|----|----|------|----|---|----|----|
| | | | | | | | |

By dating we're talking about having a boyfriend or a girlfriend, going out or hanging out in a romantic way, or hooking up with one person. This can be a relationship of any length.

| 58. Have you dated in the past 3 r | months? | | ☐ ₁ Yes | ☐ ₂ No | | |
|--|-------------|----------------|----------------------|--------------|--|--|
| If NO, skip to question 132 (page 13). | | | | | | |
| If YES, continue with the next of | uestions. | | | | | |
| 59. How <i>many</i> people have you dated <i>in the past 3 months?</i> | □ ₁1 | 2 2 - 3 | □ ₃ 4 - 7 | han 7 people | | |

When you answer the following questions, please think about all the dating relationship(s) you've had in the <u>past 3 months</u>.

By dating partner we're talking about a boyfriend or girlfriend, someone you go out with or hang out with in a romantic way, or someone you hook up with.

| In the <u>past 3 months</u> , how often did the following things happen in your dating relationship(s)? | Never | Rarely | Some- times | Often |
|---|------------|----------|----------------|----------|
| 60. I let my partner know what was important to me. | 0 | 1 | 2 | 3 |
| 61. I said "no" when I was uncomfortable with what was going on. | 0 | 1 | 1 2 | 3 |
| 62. I calmed myself down before talking when I was mad. | 0 0 | 1 | 1 2 | 3 |
| 63. I talked to my partner about how I really felt. | \Box 0 | | 2 2 | 3 |
| 64. I tried to keep my partner from spending time with other people. | 0 | 1 | 1 2 | 3 |
| 65. My partner tried to keep me from spending time with other people. | 0 | 1 | 1 2 | 3 |
| 66. I put my partner down. | \Box_0 | | 2 | 3 |
| 67. My partner put me down. | 0 | | 2 | 3 |
| 68. I asked my partner what he/she was feeling. | \Box 0 | | 2 | 3 |
| 69. I offered a solution that would make us both happy. | 0 | 1 | 1 2 | 3 |
| 70. I scratched or slapped my partner. | 0 | | 2 | 3 |
| 71. My partner scratched or slapped me. | 0 | | 2 | 3 |
| 72. I listened to my partner's side of the story. | 0 | | 2 | 3 |
| 73. I called my partner bitch, slut, ho, player or gay. | 0 | | 2 | 3 |
| 74. My partner called me bitch, slut, ho, player or gay. | 0 | | 2 | 3 |
| 75. I made fun of my partner in front of others. | 0 | | 2 | 3 |
| 76. My partner made fun of me in front of others. | 0 | | 2 | 3 |
| 77. I checked where my partner was and who he/she was hanging out with. | 0 | 1 | 1 2 | 3 |
| 78. My partner checked where I was and who I was hanging out with. | 0 | 1 | 1 2 | 3 |
| 79. I let my partner know what I wanted. | 0 | 1 | 2 | 3 |
| 80. I did not let my partner do things with other people. | 0 | 1 | 2 | 3 |
| 81. My partner did not let me do things with other people. | 0 | 1 | 1 2 | 3 |

| In the past 3 months, how often did the following things happen in your dating relationship(s)? | Never | Rarely | Some- times | Often |
|---|------------|-------------|----------------|------------|
| 82. I threatened to end the relationship if my partner didn't do what I wanted. | 0 | | 1 2 | 3 |
| 83. My partner threatened to end the relationship if I didn't do what he/she wanted. | 0 | 1 | 2 | 3 |
| 84. I showed nude or almost nude pictures/ video of my partner to others. | 0 0 | | □ 2 | □ 3 |
| 85. My partner showed nude or almost nude pictures/ video of me to others. | 1 0 | 1 | 1 2 | 3 |
| 86. I threatened to hurt or hit my partner. | 0 | | 2 | 3 |
| 87. My partner threatened to hurt or hit me. | \Box 0 | | 2 2 | 3 |
| 88. I told my partner when I was angry and why. | \Box 0 | | 2 | 3 |
| 89. I told my partner that he/she should touch me in a sexual way to prove their love. | 0 | 1 | 2 | 3 |
| 90. My partner told me that I should touch him/her in a sexual way to prove my love. | 0 | 1 | 1 2 | 3 |
| 91. I yelled and screamed at my partner. | | | 2 2 | 3 |
| 92. My partner yelled and screamed at me. | 0 | | 2 | 3 |
| 93. I spread sexual rumors about my partner. | 0 | | 2 2 | 3 |
| 94. My partner spread sexual rumors about me. | \Box 0 | | 2 | 3 |
| 95. I made nasty comments about my partner to others. | 0 | 1 | 2 | 3 |
| 96. My partner made nasty comments about me to others. | 0 | | 1 2 | 3 |
| 97. I hit my partner with a fist or a hard object. | 0 | 1 | 2 | 3 |
| 98. My partner hit me with a fist or a hard object. | 0 | \square_1 | 2 | 3 |
| 99. I pressured my partner to engage in a sexual act. | 0 | | 2 | 3 |
| 100. My partner pressured me to engage in a sexual act. | 0 | | 1 2 | 3 |
| 101. I showed up at my partner's home, school or work or waited for him/her even when my partner didn't want me to. | 0 | 1 | 2 2 | 3 |
| 102. My partner showed up at my home, school or work or waited for me even when I didn't want him/her to. | 0 0 | | 2 2 | 3 |
| 103. I twisted my partner's arm or bent his/her fingers. | 0 | 1 | 1 2 | 3 |
| 104. My partner twisted my arm or bent my fingers. | 0 | 1 | 1 2 | 3 |

| In the <u>past 3 months</u> , how often did the following things happen in your dating relationship(s)? | Never | Rarely | Some- times | Often |
|---|------------|----------|----------------|----------|
| 105. I grabbed or touched my partner's private parts without his/her consent. | 0 0 | | 1 2 | 3 |
| 106. My partner grabbed or touched my private parts without my consent. | 0 | 1 | 1 2 | 3 |
| 107. I repeatedly used cell phone, text messaging, or e-mail to check up on my partner and to see where he/she was. | 0 | | 1 2 | 3 |
| 108. My partner repeatedly used cell phone, text messaging, or e-mail to check up on me and to see where I was. | 0 | 1 | 2 | 3 |
| 109. I forced my partner to kiss me. | 0 | | 2 | 3 |
| 110. My partner forced me to kiss him/her. | 0 | | □ 2 | 3 |
| 111. I pushed, shoved, or kicked my partner. | 0 0 | | <u></u> 2 | 3 |
| 112. My partner pushed, shoved or kicked me. | | | □ 2 | 3 |
| 113. I got my partner drunk or high to get him/her to do something sexual. | 0 | | 1 2 | 3 |
| 114. My partner got me drunk or high to get me to do something sexual. | 1 0 | 1 | 1 2 | 3 |
| 115. I used e-mails, text messaging, web chat, blog Facebook, MySpace or Twitter to spread rumors about my partner. | 0 | | 2 | 3 |
| 116. My partner used e-mails, text messaging, web chat, blog Facebook, MySpace or Twitter to spread rumors about me. | 0 | 1 | 2 | 3 |
| 117. I beat my partner up. | 0 | | 2 | 3 |
| 118. My partner beat me up. | 0 | 1 | 2 | 3 |
| 119. I was afraid of my partner. | 0 | | Q 2 | 3 |
| 120. My partner was afraid of me. | 0 | | 2 | 3 |
| 121. I used physical force to protect or defend myself. | 0 | | 2 | 3 |
| 122. I had a bruise or small cut. | 0 | 1 | 2 2 | 3 |
| 123. My partner had a bruise or small cut. | 0 | 1 | 2 | 3 |
| 124. I felt physical pain that still hurt the next day. | 1 0 | 1 | 2 2 | 3 |
| 125. My partner felt physical pain that still hurt the next day. | 1 0 | 1 | 1 2 | 3 |

| In the past 3 months, | Neve | Rarel | Some- | Often | |
|--|------|-------|-------|-------|--|
| how often did the following things happen in | r | у | times | | |

| your (| dating relationship(s)? | | | | |
|-------------|--|------------|----------|------------|----------|
| 126. inj | I went to a doctor or nurse because of an ury. | 1 0 | | 1 2 | 3 |
| 127. be | My partner went to a doctor or nurse cause of an injury. | 0 | 1 | 1 2 | 3 |
| 128. | I felt unsafe. | 0 | 1 | 1 2 | 3 |
| 129. | My partner felt unsafe. | 0 | 1 | 2 | 3 |
| 130. | I worried that I could get hurt physically. | 0 | 1 | 1 2 | 3 |
| 131. ph | I worried that I could hurt my partner ysically. | 0 0 | 1 | 1 2 | 3 |

| Part 5: About You |
|--|
| 132. What grade are you in? $\square_1 6^{th} \square_2 7^{th} \square_3 8^{th} \square_4 9^{th} \square_5 10^{th} \square_6 11^{th} \square_7 12^{th}$ |
| 133. Are you? \square_1 Female \square_2 Male \square_3 Transgender |
| 134. What were your grades for the last semester or grading period you completed? (Mark one.) \[\begin{align*} \lefta_1 \text{ mostly A's} \\ \lefta_2 \text{ mostly B's} \\ \lefta_3 \text{ mostly C's} \\ \lefta_4 \text{ mostly D's} \\ \lefta_5 \text{ some A's, some B's and some C's} \end{align*} |
| 135. Which of the following best describes you? (Mark one.) \[\begin{align*} \begin |
| 136. Have you participated in any of the following activities in the past 12 months? (Mark all that apply.) □ 1 I have participated in Expect Respect Support Groups. □ 2 I have participated in a leadership group to prevent bullying, sexual harassment and dating violence of the participated in a poster, poetry or other contest about dating violence and healthy relationships. □ 4 We have talked about dating violence and healthy relationships in class. □ 5 We have talked about dating violence and healthy relationships in my after-school program. □ 6 I have seen a theater performance about bullying, sexual harassment and dating violence. □ 7 I have participated in an assembly about bullying, sexual harassment and dating violence. □ 8 I have seen posters and handouts in my school about dating violence. □ 9 I talk to my parents about how to have good relationships. □ 10 I have talked to my friends about healthy relationships in other ways (please list): |

| How much has group helped you? | Not at all | Somewhat | Very much |
|---|------------|------------|-----------|
| Communicate your thoughts and feelings | 1 | 2 | 3 |
| 2. Increase your personal safety | | 2 2 | 3 |
| 3. Learn healthy ways to cope with problems | | 2 2 | 3 |
| 4. Feel supported | | 2 2 | 3 |
| 5. Stand up for yourself | | 2 2 | 3 |
| Increase your understanding of abusive and respectful relationships | 1 | Q 2 | 3 |
| 7. Increase your skills for healthy relationships | | 2 2 | 3 |
| 8. Know how to help a friend in an abusive relationship | 1 | Q 2 | 3 |
| Feel more comfortable to discuss and report hurtful things that happen in your relationships, such as put downs or hitting. | 1 | Q 2 | 3 |
| Become aware of abusive behaviors in others | 1 | 2 2 | 3 |
| 11. Speak up when you see abusive or harassing behavior in others. | 1 | Q 2 | 3 |
| 12. Become aware of abusive behaviors that you may be using toward others | 1 | 2 | 3 |
| 13. Feel confident that you can have healthy relationships | 1 | 2 | 3 |

Think about what your dating relationships were like <u>before</u> you started this program and think about your dating relationships <u>in the past 3 months</u>.

Only answer these questions if you were dating before you started this program and if you were also dating in the past 3 months.

| In the past 3 months, did these things happen more often, the same or less often than <u>before</u> you started Expect Respect. | More often than before | Same as before | Less often than before | Never happened in the past or now |
|---|---------------------------|----------------------|---------------------------------|--|
| 14. I put down, controlled or threatened a dating partner. | 0 0 | | 2 | 3 |
| 15. My partner put me down, controlled or threatened me. | 0 0 | 1 | 2 | 3 |
| 16. I scratched, slapped, kicked or otherwise physically hurt a dating partner. | 0 0 | 1 | 1 2 | 3 |
| 17. My partner scratched, slapped, kicked or otherwise physically hurt me. | 0 0 | 1 | 2 | 3 |
| 18. I pressured a dating partner to do something sexual when he/she didn't want to. | 0 | | Q 2 | 3 |
| 19. A dating partner pressured me to do something sexual when I didn't want to. | 0 0 | 1 | 2 | 3 |

Thank you for your hard work in answering these questions.