sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding

## HCHS/SOL Food Propensity Questionnaire

| ID NUMBER: |  |  |  |  |  |  |  |  |
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FORM CODE: FPE VERSION: B
Contact
Occasion $\square$ SEQ \# $\square$

ADMINISTRATIVE INFORMATION
0a.
Completion Date:


Ob. Staff ID: $\square \square \square$

Instructions: Enter the answer given by the participant for each response.

1. Over the past 12 months, how often did you drink orange juice or grapefruit juice? NEVER $\square$

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week
5-6 times per week1 time per day
2-3 times per day
4-5 times per day
6 or more times per day


1 time per day 2-3 times per day $4-5$ times per day 6 or more times per day

1 time per day 2-3 times per day 4-5 times per day 6 or more times per day
4. How often did you drink other $\mathbf{1 0 0 \%}$ fruit juice/nectar or $\mathbf{1 0 0 \%}$ fruit juice/nectar mixtures (such as pineapple, pear, apricot, or others)?

NEVER $\square$

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week
5-6 times per week


1 time per day
2-3 times per day
$4-5$ times per day
6 or more times per day

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## Over the past 12 months...

5. How often did you drink other fruit drinks (such as cranberry cocktail, Hi-C, lemonade, or Kool-Aid, diet or regular)?

NEVER $\square$ (GO TO QUESTION 6)

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week
5-6 times per week1 time per day
2-3 times per day 4-5 times per day 6 or more times per day

5a. How often were your fruit drinks diet or sugar-free drinks?

Almost never or never About $1 / 4$ of the time About $1 / 2$ of the time About $3 / 4$ of the time Almost always or always
6. How often did you drink milk as a beverage (NOT in coffee, NOT in cereal)? (Please include chocolate milk and hot chocolate)

NEVER $\qquad$

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week 5-6 times per week


1 time per day 2-3 times per day 4-5 times per day 6 or more times per day

7. How often did you drink meal replacement, energy, or high-protein beverages such as Instant Breakfast, Ensure, Slimfast, Sustacal or others?

NEVER $\square$

| 1 time per month or less | $\square$ |
| :--- | :--- |
| 2-3 times per month | $\square$ |
| 1-2 times per week | $\square$ |
| 3-4 times per week | $\square$ |
| 5-6 times per week | $\square$ |

1 time per day 2-3 times per day
4-5 times per day
6 or more times per day

8. How often did you drink soft drinks, sodas, or pop?

NEVER $\square$ (GO TO QUESTION 9)

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week 5-6 times per week1 time per day
2-3 times per day 4-5 times per day 6 or more times per day

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## Over the past 12 months...

8a. How often were these soft drinks, soda, or pop diet or sugar-free?
Almost never or never
About $1 / 4$ of the time
About $1 / 2$ of the time
About $3 / 4$ of the time
Almost always or always
9. How often did you drink beer?

NEVER

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week
5-6 times per week

1 time per day 2-3 times per day 4-5 times per day 6 or more times per day
10. How often did you drink wine or wine coolers?

NEVER $\square$

1 time per month or less
2-3 times per month
1-2 times per week
3-4 times per week 5-6 times per week

1 time per day 2-3 times per day 4-5 times per day 6 or more times per day
11. How often did you eat oatmeal, grits, or other cooked cereals?

NEVER $\qquad$ (GO TO QUESTION 12)

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week

2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

11a. How often was the cooked cereal you ate oatmeal?
Almost never or never
About $1 / 4$ of the time
About $1 / 2$ of the time
About $3 / 4$ of the time
Almost always or always

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## Over the past 12 months...

12. How often did you eat cold cereal (box cereal such as Corn Flakes)?

NEVER $\square$ (GO TO QUESTION 13)


2 times per week
3-4 times per week
5-6 times per week
1 time per day
2 or more times per day
12a. How often was the cold cereal you ate a whole grain type (such as shredded wheat, Wheaties, Cheerios, Raisin Bran or other bran, oat, or whole wheat cereal)?

Almost never or never
About $1 / 4$ of the time About $1 / 2$ of the time About $3 / 4$ of the time Almost always or always
13. How often did you eat applesauce?

NEVER

| 1-6 times per year |  | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

14. How often did you eat apples?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

15. How often did you eat pears (fresh, canned, or frozen)?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

16. How often did you eat bananas? (NOT plantains-we will ask about plantains later)

NEVER

| 1-6 times per year | $\square$ | 2 times per week <br> 3-4 times per week | $\square$ |
| :--- | :--- | :--- | :--- |
| 1-11 times per year | $\square$ | 5-6 times per week | $\square$ |
| 2-3 times month month | $\square$ | 1 time per day <br> 2 or more times per day | $\square$ |
| 1 time per week | $\square$ | $\square$ |  |

17. How often did you eat pineapple?

NEVER
1-6 times per year
$7-11$ times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

18. How often did you eat dried fruit, such as prunes or raisins?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week 1 time per day 2 or more times per day
19. How often did you eat peaches, nectarines, or plums?

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

20. How often did you eat grapes?

NEVER $\square$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

21. How often did you eat melons (such as cantaloupe, watermelon, or honeydew)?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ |
| :--- |


| 2 times per week | $\square$ |
| :--- | :--- |
| 3-4 times per week | $\square$ |
| 5-6 times per week | $\square$ |
| 1 time per day | $\square$ |
| 2 or more times per day | $\square$ |

22. How often did you eat strawberries?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week
 2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
23. How often did you eat oranges, tangerines, clementines, or tangelos?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ <br>  $\square$,$\square$ |
| :--- |

2 times per week
3-4 times per week
5-6 times per week 1 time per day 2 or more times per day
24. How often did you eat grapefruit?

| NEVER | $\square$ |  |  |
| :--- | :--- | :--- | :--- |
| 1-6 times per year | $\square$ | 2 times per week <br> $3-4$ times per week <br> 7-11 times per year <br> 1 time per month <br> 2-3 times per month <br> 1 time per week | $\square$ |
|  | $\square$ | 1 times per week day <br> 2 | $\square$ |

25. How often did you eat mango (fresh, canned, or frozen)?

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week

2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

26. How often did you eat papaya, lechosa or fruta bomba (fresh, canned, or frozen)?

NEVER
1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
27. How often did you eat other kinds of fruit?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
28. How often did you eat COOKED greens (such as spinach, turnip, collard, mustard, chard, or kale)?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week

2 times per week
3-4 times per week
5-6 times per week 1 time per day
2 or more times per day


29. How often did you eat RAW greens (such as spinach, turnip, collard, mustard, chard, or kale)? (We will ask about lettuce later.)

NEVER $\square$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

30. How often did you eat carrots (fresh, canned, or frozen)?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day


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## Over the past 12 months...

31. How often did you eat string beans or green beans (fresh, canned, or frozen)?

NEVER

| 1-6 times per year |  | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

32. How often did you eat peas (fresh, canned, or frozen)?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
33. How often did you eat corn (fresh, canned, or frozen)?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ |
| :--- |

2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
34. How often did you eat broccoli (fresh or frozen)?

NEVER $\qquad$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

35. How often did you eat mixed vegetables (fresh, canned, or frozen)?

NEVER $\qquad$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

## Over the past 12 months...

36. How often did you eat fresh tomatoes (including those in salads)?

NEVER

| 1-6 times per year | $\square$ | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week | $\square$ | 2 or more times per day |

37. How often did you eat summer squash (include yellow and green squash)?

## NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

38. How often did you eat lettuce salads (with or without other vegetables)?

NEVER $\square$ (GO TO QUESTION 39)


2 times per week
3-4 times per week
5-6 times per week 1 time per day 2 or more times per day
38a. How often were the lettuce salads you ate made with dark green leaves? (such as spinach or romaine)

| Almost never or never |
| :--- |
| About $1 / 4$ of the time |
| About $1 / 2$ of the time |
| About $3 / 4$ of the time |
| Almost always or always |

39. How often did you eat sweet potatoes or yams?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week 1 time per day
2 or more times per day

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## Over the past 12 months...

40. How often did you eat French fries, home fries, hash browned potatoes, or tater tots?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month $\square$ <br> 1 time per week $\square$$\$ .$$\square$ |
| :--- |


| 2 times per week | $\square$ |
| :--- | :--- |
| 3-4 times per week | $\square$ |
| 5-6 times per week |  |
| 1 time per day | $\square$ |
| 2 or more times per day | $\square$ |

41. How often did you eat potato salad?

NEVER
1-6 times per year
$7-11$ times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

42. How often did you eat baked, boiled, or mashed potatoes?

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
43. How often did you eat salsa or pico de gallo?

NEVER $\qquad$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
44. How often did you eat ketchup?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

45. How often did you eat chili (chili con carne or with beans)?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month $\square$ <br> 1 time per week $\square$$\$ .$$\square$ |
| :--- |


| 2 times per week <br> 3-4 times per week |
| :--- |
| 5-6 times per week $\square$ <br> 1 time per day $\square$ <br> 2 or more times per day $\square$ |

46. How often did you eat tortillas or tacos?

NEVER $\square$ (GO TO QUESTION 47)


| 2 times per week <br> 3-4 times per week <br> $5-6$ times per week <br> 1 <br> 2 time per day |
| :--- |
| $\square$ <br> 2 |
| $\square$ |

46a. How often were your tortillas or tacos corn tortillas or tacos?

47. How often did you eat cooked dried beans (such as baked beans, pintos, kidney, blackeyed peas, lima, lentils, soybeans, or refried beans)? (Please don't include bean soups or chili.)

## NEVER

| 1-6 times per year | $\square$ | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

48. How often did you eat winter squash (including pumpkin, acorn, and butternut squash)?

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week 1 time per day
2 or more times per day

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## Over the past 12 months...

49. How often did you eat avocado?

NEVER
1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week

50. How often did you eat nopal?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week

51. How often did you eat plantain?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
52. How often did you eat other kinds of vegetables?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week
3-4 times per week 5-6 times per week 1 time per day
2 or more times per day

53. How often did you eat rice or other cooked grains (such as bulgur, cracked wheat, or millet)?

NEVER $\square$ (GO TO QUESTION 54)
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week 1 time per day
2 or more times per day


53a. How often was the rice or other cooked grains you ate brown rice, cracked wheat, or millet?
Almost never or never
About $1 / 4$ of the time
About $1 / 2$ of the time About $3 / 4$ of the time Almost always or always
Food Propensity Questionnaire (FPE)

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## Over the past 12 months...

54. How often did you eat pancakes, waffles, or French toast?

NEVER

1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week
1 time per day
2 or more times per day
55. How often did you eat bagels or English muffins?

NEVER

| $\begin{array}{ll}\text { 1-6 times per year } & \square \\ \text { 7-11 times per year } & \square \\ 1 \text { time per month } & \square \\ \text { 2-3 times per month } & \square \\ 1 \text { time per week } & \square\end{array} \$ \square$ |
| :--- |

2 times per week 3-4 times per week 5-6 times per week 1 time per day
2 or more times per day
The next questions ask about your intake of breads other than bagels or English muffins. First, we will ask about bread you ate as part of sandwiches only. Then we will ask about all other bread you ate.
56. How often did you eat breads or rolls AS PART OF SANDWICHES (including burger and hot dog rolls)? NEVER $\square$ (GO TO QUESTION 57)

| 1-6 times per year <br> 7-11 times per year <br> 1 time per month <br> 2-3 times per month <br> 1 time per week |
| :--- |
| $\square$ |
| $\square$ |

2 times per week 3-4 times per week 5-6 times per week 1 time per day
2 or more times per day


56a. How often were the breads or rolls that you used for sandwiches white bread (including burger and hot dog rolls)?

Almost never or never About $1 / 4$ of the time About $1 / 2$ of the time About $3 / 4$ of the time Almost always or always
57. How often did you eat breads or dinner rolls, NOT AS PART OF SANDWICHES?

NEVER $\square$ (GO TO QUESTION 58)


2 times per week 3-4 times per week 5-6 times per week 1 time per day
2 or more times per day


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## Over the past 12 months...

57a. How often were the breads or rolls you ate white bread?

| Almost never or never | $\square$ |
| :--- | :--- |
| About $1 / 4$ of the time | $\square$ |
| About $1 / 2$ of the time | $\square$ |
| About $3 / 4$ of the time | $\square$ |
| Almost always or always | $\square$ |

58. How often did you eat jam, jelly, guava paste or honey on bagels, muffins, bread, rolls, or crackers?

NEVER

| 1-6 times per year | $\square$ | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

59. How often did you eat roast beef or steak IN SANDWICHES?

NEVER

| 1-6 times per year |  | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

60. How often did you eat turkey or chicken COLD CUTS (such as loaf, luncheon meat, turkey ham, turkey salami, or turkey pastrami)? (We will ask about other turkey or chicken later.)

## NEVER

| 1-6 times per year | $\square$ | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month | $\square$ | 1 time per day |
| 1 time per week | $\square$ | 2 or more times per day |

61. How often did you eat luncheon or deli-style ham? (We will ask about other ham later.)

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day



## Over the past 12 months...

62. How often did you eat other cold cuts or luncheon meats (such as bologna, salami, corned beef, pastrami, or others, including low-fat)? (Please do not include ham, turkey, or chicken cold cuts.)

NEVER
1-6 times per year
7-11 times per year
1 time per month
2-3 times per month 1 time per week

63. How often did you eat canned tuna (including in salads, sandwiches, or casseroles)?

NEVER $\square$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

64. How often did you eat beef hamburgers or cheeseburgers?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week

| 2 times per week | $\square$ |
| :--- | :--- |
| $3-4$ times per week | $\square$ |
| 5-6 times per week | $\square$ |
| 1 time per day | $\square$ |
| 2 or more times per day | $\square$ |

65. How often did you eat ground beef in mixtures (such as meatballs, casseroles, or meatloaf)?

NEVER

| $1-6 ~ t i m e s ~ p e r ~ y e a r ~$ $\square$ 2 times per week <br> 7-11 times per year $\square$ $3-4$ times per week <br> 1 time per month <br> $2-3$ times per month <br> 1 time per week <br> $\square$ 5 times per week <br> 1 $\square$ <br> 2 time per day   | $\square$ |  |  |
| :--- | :--- | :--- | :--- |
|  | $\square$ | 2 or more times per day | $\square$ |

66. How often did you eat hot dogs or frankfurters? (Please do not include sausages or vegetarian hot dogs.) NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day



## Over the past 12 months...

67. How often did you eat beef mixtures such as beef stew, beef pot pie, beef and noodles, or beef and vegetables?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
68. How often did you eat roast beef or pot roast? (Please do not include roast beef or pot roast in sandwiches.) NEVER $\qquad$

| 1-6 times per year $\square$  <br> 7-11 times per year $\square$ 2 times per week <br> $3-4$ times per week <br> 1 time per month <br> $2-3$ times per month <br> 1 time per week per week <br>  $\square$ $\square$ | $\square$ | 1 time per day <br> 2 | $\square$ |
| :--- | :--- | :--- | :--- |

69. How often did you eat steak (beef)? (Do not include steak in sandwiches)

NEVER

| 1-6 times per year |  | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

70. How often did you eat ribs (pork or beef)?

NEVER $\qquad$

| 1-6 times per year | $\square$ | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

71. How often did you eat roast turkey, turkey cutlets, or turkey nuggets (including in sandwiches)?

NEVER $\qquad$

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


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## Over the past 12 months...

72. How often did you eat chicken as part of salads, sandwiches, casseroles, stews, or other mixtures?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
73. How often did you eat baked, broiled, roasted, stewed, or fried chicken (including nuggets)? (Please do not include chicken in mixtures.)

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week 1 time per day 2 or more times per day
74. How often did you eat baked ham or ham steak?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
75. How often did you eat pork (including chops, roasts, and in mixed dishes)? (Please do not include ham, ham steak, or sausage.)

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

76. How often did you eat bacon (including low-fat)?

NEVER

1-6 times per year
7-11 times per year
1 time per month
2-3 times per month
1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day



## Over the past 12 months...

77. How often did you eat sausage (including chorizo, breakfast, Polish, Italian and including low-fat)? NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ |
| :--- |


| 2 times per week <br> 3-4 times per week <br> 5-6 times per week <br> 1 time per day <br> 2 or more times per day |
| :--- |
| $\square$ |
| $\square$ |

78. How often did you eat smoked fish or seafood (such as smoked salmon, lox, or others)?

NEVER

| $\begin{array}{ll}\text { 1-6 times per year } & \square \\ \text { 7-11 times per year } & \square \\ \text { 1 time per month } & \square \\ \text { 2-3 times per month } & \square \\ 1 \text { time per week } & \square\end{array} \$ \square$ |
| :--- | | 2 times per week | $\square$ |
| :--- | :--- |
| $3-4$ times per week | $\square$ |
| 5-6 times per week | $\square$ |
| 1 time per day | $\square$ |
| 2 or more times per day | $\square$ |

79. How often did you eat all other fish or seafood (including shellfish) that was NOT SMOKED?

NEVER $\qquad$
1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

80. How often did you eat soups?

NEVER $\square$ (GO TO QUESTION 81)


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
80a. How often were the soups you ate bean soups?
Almost never or never
About $1 / 4$ of the time
About $1 / 2$ of the time
About $3 / 4$ of the time
Almost always or always
80b. How often were the soups you ate cream soups (including chowders)?
Almost never or never
About $1 / 4$ of the time
About $1 / 2$ of the time
About $3 / 4$ of the time Almost always or always


## Over the past 12 months...

80c. How often were the soups you ate tomato or vegetable soups?
Almost never or never
About $11 / 4$ of the time
About $1 / 2$ of the time
About $3 / 4$ of the time
Almost always or always
81. How often did you eat pizza?

NEVER $\square$ (GO TO QUESTION 82)

| 1-6 times per year | $\square$ | 2 times per week <br> 3-4 times per week | $\square$ |
| :--- | :--- | :--- | :--- |
| 1-11 times per year per month | $\square$ | 5-6 times per week | $\square$ |
| 2-3 times per month | $\square$ | 1 time per day |  |
| 1 2 time per week | $\square$ | $\square$ | $\square$ |

81a. How often did you eat pizza with pepperoni, sausage, or other meat?
Almost never or never
About $1 / 4$ of the time About $1 / 2$ of the time About $3 / 4$ of the time Almost always or always

$\square$
$\square \square$
$\square \square$
$\square \square$
82. How often did you eat crackers?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week
5-6 times per week 1 time per day 2 or more times per day
83. How often did you eat corn bread or corn muffins?

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

85. How often did you eat tortilla chips or corn chips (including low-fat, fat-free, or low-salt)?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ |
| :--- |


| 2 times per week | $\square$ |
| :--- | :--- |
| 3-4 times per week | $\square$ |
| 5-6 times per week | $\square$ |
| 1 time per day | $\square$ |
| 2 or more times per day | $\square$ |

86. How often did you eat popcorn (including low-fat)?

NEVER

1-6 times per year
7-11 times per year
1 time per month
2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
87. How often did you eat peanuts, walnuts, seeds, or other nuts?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
88. How often did you eat yogurt (NOT including frozen yogurt)?

NEVER $\qquad$

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

89. How often did you eat cottage cheese (including low-fat)?

NEVER

| 1-6 times per year | $\square$ |
| :--- | :--- |
| 7-11 times per year | $\square$ |
| 1 time per month | $\square$ |
| 2-3 times per month | $\square$ |
| 1 time per week | $\square$ |

2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

90. How often did you eat cheese (including low-fat; including on cheeseburgers or in sandwiches or subs)? NEVER

1-6 times per year 7-11 times per year 1 time per month 2-3 times per month 1 time per week

2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
91. How often did you eat frozen yogurt, sorbet, or ices (including low-fat or fat-free)? NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

92. How often did you eat ice cream, ice cream bars, or sherbet (including low-fat or fat-free)?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ |
| :--- |

2 times per week
3-4 times per week
5-6 times per week 1 time per day 2 or more times per day
93. How often did you eat pudding or custard?

NEVER $\qquad$
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

94. How often did you eat cake (including low-fat or fat-free)?

NEVER

| 1-6 times per year $\square$ <br> 7-11 times per year $\square$ <br> 1 time per month $\square$ <br> 2-3 times per month  <br> 1 time per week $\square$ |
| :--- |

2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

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## Over the past 12 months...

95. How often did you eat cookies or brownies (including low-fat or fat-free)?

NEVER


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

96. How often did you eat doughnuts, sweet rolls, Danish, or pop-tarts?

NEVER

1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

97. How often did you eat sweet muffins or dessert breads (including low-fat or fat-free)?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


| 2 times per week <br> 3-4 times per week | $\square$ |
| :--- | :--- |
| 5-6 times per week | $\square$ |
| 1 time per day | $\square$ |
| 2 or more times per day | $\square$ |

98. How often did you eat fruit crisp, cobbler, or strudel?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
99. How often did you eat pie?

NEVER $\square$ (GO TO QUESTION 100)
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week
3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
99a. How often was the pie you ate fruit pie (such as apple, cherry, peach, blueberry, or others)?


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## Over the past 12 months...

100. How often did you eat chocolate candy?

NEVER
1-6 times per year
7-11 times per year
1 time per month 2-3 times per month 1 time per week


| 2 times per week | $\square$ |
| :--- | :--- |
| 3-4 times per week | $\square$ |
| 5-6 times per week | $\square$ |
| 1 time per day |  |
| 2 or more times per day | $\square$ |

101. How often did you eat other candy?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week


2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day
102. How often did you eat eggs, egg whites, or egg substitutes (NOT counting eggs in baked good and desserts)? (Please include eggs in salads, quiche, and soufflés.)

NEVER

| 1-6 times per year |  | 2 times per week |
| :---: | :---: | :---: |
| 7-11 times per year |  | 3-4 times per week |
| 1 time per month |  | 5-6 times per week |
| 2-3 times per month |  | 1 time per day |
| 1 time per week |  | 2 or more times per day |

103. How many cups of coffee, caffeinated or decaffeinated, did you drink?

NONE

Less than 1 cup per month 1-3 cups per month 1 cup per week 2-4 cups per week 5-6 cups per week

1 cup per day 2-3 cups per day 4-5 cups per day 6 or more cups per day

104. How many glasses of ICED tea, caffeinated or decaffeinated, did you drink?

NONE

| Less than 1 cup per month | $\square$ |
| :--- | :--- |
| $1-3$ cups per month $\square$ <br> 1 cup per week $\square$ <br> $2-4$ cups per week  <br> $5-6$ cups per week $\square$ | $\square$ |

1 cup per day 2-3 cups per day 4-5 cups per day 6 or more cups per day



## Over the past 12 months...

105. How many cups of HOT tea, caffeinated or decaffeinated, did you drink?

NONE

| Less than 1 cup per month | $\square$ | 1 cup per day <br> $2-3$ cups per day <br> $1-3$ cups per month | $\square$ |
| :--- | :--- | :--- | :--- |
| 1 cup per week | $\square$ | $4-5$ cups per day | $\square$ |
| $2-4$ cups per week | $\square$ | 6 or more cups per day | $\square$ |
| $5-6$ cups per week | $\square$ |  |  |

106. How often did you add sugar or honey to your coffee or tea?

NEVER

| Less than 1 time per month | $\square$ | 1 time per day <br> $2-3$ times per day | $\square$ |
| :--- | :--- | :--- | :--- |
| 1-3 times per month | $\square$ | $4-5$ times per day <br> 1 time per week | $\square$ |
| $2-4$ times per week | $\square$ |  |  |
| $5-6$ times per week | $\square$ |  | $\square$ |

107. How often did you add artificial sweetener to your coffee or tea?

NEVER $\qquad$

| Less than 1 time per month | $\square$ | 1 time per day <br> 2-3 times per day | $\square$ |
| :--- | :--- | :--- | :--- |
| $1-3$ times per month | $\square$ | $4-5$ times per day <br> 1 time per week | $\square$ |
| $2-4$ times per week | $\square$ |  | $\square$ or more times per day |
| $5-6$ times per week | $\square$ |  |  |

108. How often was non-dairy creamer added to your coffee or tea?

NEVER

| Less than 1 time per month |  |
| :--- | :--- |
| 1-3 times per month | $\square$ |
| 1 time per week | $\square$ |
| $2-4$ times per week | $\square$ |
| $5-6$ times per week | $\square$ |

1 time per day 2-3 times per day 4-5 times per day 6 or more times per day

109. How often was cream or half and half added to your coffee or tea?

NEVER

| Less than 1 time per month | $\square$ |
| :--- | :--- |
| 1-3 times per month | $\square$ |
| 1 time per week | $\square$ |
| 2-4 times per week | $\square$ |
| 5-6 times per week | $\square$ |

1 time per day 2-3 times per day 4-5 times per day 6 or more times per day

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## Over the past 12 months...

110. How often was milk added to your coffee or tea?

NEVER


1 time per day
2-3 times per day 4-5 times per day 6 or more times per day

111. How often was sugar or honey added to foods you ate? (Please do not include sugar in coffee, tea, other beverages, or baked goods.)

NEVER $\qquad$

| 1-6 times per year | $\square$ | 2 times per week <br> 3-4 times per week | $\square$ |
| :--- | :--- | :--- | :--- |
| 7-11 times per year | $\square$ | 5-6 times per week <br> 1 time per month <br> 2-3 times per month | $\square$ |
| 1 1 time per day |  |  |  |$\quad$| $\square$ |
| :--- |
| 2 or more times per day |$\quad$| $\square$ |
| :--- |

112. How often did you eat sour cream?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week

| 2 times per week <br> 3-4 times per week |
| :--- |
| 5-6 times per week <br> 1 time per day <br> 2 or more times per day |
| $\square$ |

113. How often did you eat fresh cream?

NEVER
1-6 times per year
7-11 times per year 1 time per month 2-3 times per month 1 time per week2 times per week 3-4 times per week 5-6 times per week 1 time per day 2 or more times per day

114. How often did you eat foods with oils added or with oils used in cooking (do not include baked goods or salads)?

NEVER
$\begin{array}{ll}\text { 1-6 times per year } & \square \\ \text { 7-11 times per year } & \square \\ \text { 1 time per month } & \square \\ \begin{array}{ll}2-3 \text { times per month } \\ 1 \text { time per week } & \square \\ & \square\end{array}, \begin{array}{l}\square \\ \end{array} & \end{array}$
2 times per week 3-4 times per week 5-6 times per week 1 time per day
2 or more times per day

| ID |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: | :--- | :--- | :--- |
| NUMBER: |

Over the past 12 months...
115. What kind of oils did you usually eat? (Mark all that apply.)

| Olive | $\square$ |
| :--- | :--- |
| Corn | $\square$ |
| Canola/rapeseed | $\square$ |
| Other | $\square$ |

