

[SURVEY PREVIEW MODE] Heart Disease Risk Perceptions Survey - Google Chrome

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Heart Disease Risk Perceptions

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Risk Perceptions Study
Consent Form

Purpose:
This study is being conducted by the National Cancer Institute. In this study, we are interested in learning more about whether and how much people believe they are at risk for disease (risk perceptions).

Procedure:
If you agree to be in this study, you will be asked to answer questions about your risk perceptions and health behaviors.

The total time required to complete the study should be approximately 25 minutes. You will receive \$1 as an incentive to thank you for participating in this study.

Benefits/Risks to Participant:
Participants will help contribute to the body of knowledge in psychology. Minor risks include any discomfort you may feel while thinking about your disease risk perceptions.

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Voluntary Nature of the Study:
Your participation in this study is entirely voluntary and you may refuse to complete the study at any point, or refuse to answer any questions with which you are uncomfortable. Your name and other identifying information will not be collected. The data will be accessible only to those working on the project. The information you provide will be kept secure to the extent provided by law.

Contacts and Questions:
If you have questions about this study, you may contact Rebecca Ferrer at rebecca.ferrer@nih.gov.

Statement of Consent:
I have read the above information, and I consent to participate in this study.

Please click to continue to the studies. Clicking to continue indicates your consent to participate in this study.

Thanks for your participation!

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Heart disease Risk Perceptions

1. Please select the best answer choice for the following questions:

	1 Very low	2	3	4 Neither high nor low	5	6	7 Very high
How would you rate your chance of developing heart disease in the future?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The way I look after my health means that my odds of getting heart disease are:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I think about it rationally, my chances of getting of heart disease are:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overall, my chances of getting of heart disease feel:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My feelings tell me that my chances of getting of heart disease are:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart disease Risk Perceptions

2. Please select the best answer choice for the following questions:

	1 Very unlikely	2	3	4 Neither unlikely nor likely	5	6	7 Very likely
How likely is it that you will get heart disease at some point in your lifetime?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. On a scale from 0% to 100%, how would you rate the probability that you will develop heart disease in the future?

4. Please select the best answer choice for the following questions:

	1 Much Lower	2	3	4 About the Same	5	6	7 Much Higher
How do you think your chance of developing heart disease in the future compares to the average person of your gender and your age?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Compared to the other people just like me (same gender and age), I believe that my risk of getting heart disease is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart disease Risk Perceptions

5. Please select the best answer choice for the following questions:

	1 Strongly disagree	2	3	4 Neither disagree nor agree	5	6	7 Strongly agree
When I think carefully about my lifestyle, it does seem possible that I could get heart disease .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I look at myself as if I was a doctor, I realize that my behavior puts me at risk of getting heart disease .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel very vulnerable to heart disease .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My gut feeling is that I am going to get heart disease .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm confident that I won't get heart disease .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I suspect that getting heart disease is something that could happen to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My first thought about heart disease is 'that could happen to me one day.'	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would be lying if I said "There is no chance of me getting heart disease ."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I'm honest, heart disease is a possibility for me .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My first reaction when I hear of someone getting heart disease is "that could be me someday."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even low heart disease risks happen to someone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When it comes to things that might cause heart disease , it's better to be safe than sorry.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is better to have fun and enjoy life than to think about your risk of heart disease .	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I had heart disease , I wouldn't want to know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart disease Risk Perceptions

6. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 Extremely
How worried are you about developing heart disease in your lifetime?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How fearful are you about developing heart disease in your lifetime?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How anxious are you about developing heart disease in your lifetime?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How concerned are you about developing heart disease in your lifetime?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How nervous are you about developing heart disease in your lifetime?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often do you worry about your risk of getting heart disease ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How easy is it for you to imagine yourself developing heart disease ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How interested are you in seeking out additional information about your chances of getting heart disease ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart disease Risk Perceptions

7. Think about heart disease for a moment. When you hear "heart disease," what is the first word or image that comes to mine?
How does that make you feel?

	1 Not at all	2	3	4	5	6	7 Extremely
Negative	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Positive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fearful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disgusted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Upset	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hopeful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worried	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Displeased	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anxious	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart disease Risk Perceptions

8. I feel like I could easily develop heart disease in the future

☐ 1 I feel strongly this will not happen

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7 I feel strongly that this could easily happen

9. How optimistic are you that you will avoid getting heart disease in the future?

☐ 1 Extremely pessimistic

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7 Extremely optimistic

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Heart Disease Risk Perceptions 2

1. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 To a great extent
I intend to protect myself against heart disease.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoiding getting heart disease is a key priority for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart Disease Risk Perceptions 2

2. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 To a great extent	8 Not applicable to me
To what extent do you think you will actually try to lose weight in the next six months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To what extent do you think you will actually quit smoking in the next six months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To what extent are you seriously considering quitting smoking in the next six months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart Disease Risk Perceptions 2

3. Please select the best answer choice for the following questions:

	1 Strongly disagree	2	3	4 Neither agree nor disagree	5	6	7 Strongly agree	8 Not applicable to me
I intend to start trying to lose weight in the next six months.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I intend to stop smoking in the next six months.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart Disease Risk Perceptions 2

4. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 To a great extent
To what extent do you think you will actually exercise more in the next six months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To what extent do you think you will actually eat healthier in the next six months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Heart Disease Risk Perceptions 2

5. Please select the best answer choice for the following questions:

	Yes	No	Does not apply to me
At any time in the past year, have you intentionally tried to lose weight?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was this weight loss attempt successful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At any time in the past year, have you intentionally tried to exercise more?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was this exercise attempt successful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At any time in the past year, have you intentionally tried to eat healthier?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was this healthy eating attempt successful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At any time in the past year, have you intentionally tried to stop smoking?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was this smoking cessation attempt successful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At any time in the past year, have you intentionally tried to cut down on your alcohol consumption?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was this attempt to cut down alcohol consumption successful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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6. What is your height in feet and inches? (Remove shoes before measuring.)

Feet

Inches

7. What is your current weight in pounds?

8. Have you smoked at least 100 cigarettes in your entire life?

☐ Yes

☐ No

9. How often do you smoke cigarettes now?

☐ Every day

☐ Some days

☐ Not at all

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