

## Selected Readings on Self-Affirmation

- Armitage, C. J., Harris, P. R., Hepton, G., & Napper, L. (2008). Self-affirmation increases acceptance of health-risk information among UK adult smokers with low socioeconomic status. *Psychology of Addictive Behavior, 22*, 88-95.
- Crocker, J., Niiya, Y., & Mischkowski, D. (2008). Why Does Writing About Important Values Reduce Defensiveness? Self-Affirmation and the Role of Positive Other-Directed Feelings. *Psychological Science, 19*, 740-747.
- Croyle, R. T., Sun, Y., & Louie, D. (1993). Psychological minimization of cholesterol test results: Moderators of appraisal in college students and community residents. *Health Psychology, 12*, 503-507.
- Epton, T., & Harris, P. R. (2008). Self-affirmation promotes health behavior change. *Health Psychology, 27*, 746-752.
- Ferrer, R. A., Shmueli, D., Bergman, H. E., Harris, P. R., & Klein, W. M. P. (2011). Effects of Self-Affirmation on Implementation Intentions and the Moderating Role of Affect. *Social Psychological and Personality Science, 3*, 300-307.
- Harris, P. R., Mayle, M. K., Mabbott, L., & Napper, L. (2007). Self-affirmation reduces smokers' defensiveness to graphic on-pack cigarette warning labels. *Health Psychology, 26*, 437-466.
- Harris, P. R., & Napper, L. (2005). Self-affirmation and the biased processing of threatening health-risk information. *Personality and Social Psychology Bulletin, 31*, 1250-1263.
- Jemmott, J. B., Ditto, P., & Croyle, R. T. (1986). Judging health status: Effects of perceived prevalence and personal relevance. *Journal of Personality and Social Psychology, 50*, 899-905.
- Klein, W. M. P., & Harris, P. R. (2009). Self-affirmation enhances attentional bias toward threatening components of a persuasive message. *Psychological Science, 20*, 1463-1467.
- Klein, W. M., Harris, P. R., Ferrer, R. A., & Zajac, L. E. (2011). Feelings of vulnerability in response to threatening messages: Effects of self-affirmation. *Journal of Experimental Social Psychology, 47*(6), 1237-1242.
- Logel, C., & Cohen, G. L. (2012). The Role of the Self in Physical Health Testing the Effect of a Values-Affirmation Intervention on Weight Loss. *Psychological Science, 23*, 53-55.
- Schmeichel, B. J., & Vohs, K. D. (2009). Self-affirmation and self-control: Affirming core values counteracts ego depletion. *Journal of Personality and Social Psychology, 96*, 770-782.
- Sherman, D. K., Nelson, L. D., & Steele, C. M. (2000). Do messages about health risk threaten the self? Increasing the acceptance of threatening health messages via self-affirmation. *Personality and Social Psychology Bulletin, 26*, 1046-1058.
- Steele, C. M. (1988). The psychology of self-affirmation: Sustaining the integrity of the self. In L. Berkowitz (Ed.), *Advances in experimental social psychology* (Vol. 21, pp. 261-302). New York: Academic Press.