

[SURVEY PREVIEW MODE] Heart Disease Risk Perceptions Survey - Google Chrome

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Heart Disease Risk Perceptions

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Risk Perceptions Study
Consent Form

Purpose:
This study is being conducted by the National Cancer Institute. In this study, we are interested in learning more about whether and how much people believe they are at risk for disease (risk perceptions).

Procedure:
If you agree to be in this study, you will be asked to answer questions about your risk perceptions and health behaviors.

The total time required to complete the study should be approximately 25 minutes. You will receive \$1 as an incentive to thank you for participating in this study.

Benefits/Risks to Participant:
Participants will help contribute to the body of knowledge in psychology. Minor risks include any discomfort you may feel while thinking about your disease risk perceptions.

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Voluntary Nature of the Study:
Your participation in this study is entirely voluntary and you may refuse to complete the study at any point, or refuse to answer any questions with which you are uncomfortable. Your name and other identifying information will not be collected. The data will be accessible only to those working on the project. The information you provide will be kept secure to the extent provided by law.

Contacts and Questions:
If you have questions about this study, you may contact Rebecca Ferrer at rebecca.ferrer@nih.gov.

Statement of Consent:
I have read the above information, and I consent to participate in this study.

Please click to continue to the studies. Clicking to continue indicates your consent to participate in this study.

Thanks for your participation!

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Heart disease Risk Perceptions

1. Please select the best answer choice for the following questions:

	1 Very low	2	3	4 Neither high nor low	5	6	7 Very high
How would you rate your chance of developing heart disease in the future?	☐	☐	☐	☐	☐	☐	☐
The way I look after my health means that my odds of getting heart disease are:	☐	☐	☐	☐	☐	☐	☐
When I think about it rationally, my chances of getting of heart disease are:	☐	☐	☐	☐	☐	☐	☐
Overall, my chances of getting of heart disease feel:	☐	☐	☐	☐	☐	☐	☐
My feelings tell me that my chances of getting of heart disease are:	☐	☐	☐	☐	☐	☐	☐

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Heart disease Risk Perceptions

2. Please select the best answer choice for the following questions:

	1 Very unlikely	2	3	4 Neither unlikely nor likely	5	6	7 Very likely
How likely is it that you will get heart disease at some point in your lifetime?	☐	☐	☐	☐	☐	☐	☐

3. On a scale from 0% to 100%, how would you rate the probability that you will develop heart disease in the future?

4. Please select the best answer choice for the following questions:

	1 Much Lower	2	3	4 About the Same	5	6	7 Much Higher
How do you think your chance of developing heart disease in the future compares to the average person of your gender and your age?	☐	☐	☐	☐	☐	☐	☐
Compared to the other people just like me (same gender and age), I believe that my risk of getting heart disease is:	☐	☐	☐	☐	☐	☐	☐

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Heart disease Risk Perceptions

5. Please select the best answer choice for the following questions:

	1 Strongly disagree	2	3	4 Neither disagree nor agree	5	6	7 Strongly agree
When I think carefully about my lifestyle, it does seem possible that I could get heart disease .	☐	☐	☐	☐	☐	☐	☐
If I look at myself as if I was a doctor, I realize that my behavior puts me at risk of getting heart disease .	☐	☐	☐	☐	☐	☐	☐
I feel very vulnerable to heart disease .	☐	☐	☐	☐	☐	☐	☐
My gut feeling is that I am going to get heart disease .	☐	☐	☐	☐	☐	☐	☐
I'm confident that I won't get heart disease .	☐	☐	☐	☐	☐	☐	☐
I suspect that getting heart disease is something that could happen to me.	☐	☐	☐	☐	☐	☐	☐
My first thought about heart disease is 'that could happen to me one day.'	☐	☐	☐	☐	☐	☐	☐
I would be lying if I said "There is no chance of me getting heart disease ."	☐	☐	☐	☐	☐	☐	☐
If I'm honest, heart disease is a possibility for me .	☐	☐	☐	☐	☐	☐	☐
My first reaction when I hear of someone getting heart disease is "that could be me someday."	☐	☐	☐	☐	☐	☐	☐
Even low heart disease risks happen to someone.	☐	☐	☐	☐	☐	☐	☐
When it comes to things that might cause heart disease , it's better to be safe than sorry.	☐	☐	☐	☐	☐	☐	☐
It is better to have fun and enjoy life than to think about your risk of heart disease .	☐	☐	☐	☐	☐	☐	☐
If I had heart disease , I wouldn't want to know.	☐	☐	☐	☐	☐	☐	☐

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Heart disease Risk Perceptions

6. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 Extremely
How worried are you about developing heart disease in your lifetime?	☐	☐	☐	☐	☐	☐	☐
How fearful are you about developing heart disease in your lifetime?	☐	☐	☐	☐	☐	☐	☐
How anxious are you about developing heart disease in your lifetime?	☐	☐	☐	☐	☐	☐	☐
How concerned are you about developing heart disease in your lifetime?	☐	☐	☐	☐	☐	☐	☐
How nervous are you about developing heart disease in your lifetime?	☐	☐	☐	☐	☐	☐	☐
How often do you worry about your risk of getting heart disease ?	☐	☐	☐	☐	☐	☐	☐
How easy is it for you to imagine yourself developing heart disease ?	☐	☐	☐	☐	☐	☐	☐
How interested are you in seeking out additional information about your chances of getting heart disease ?	☐	☐	☐	☐	☐	☐	☐

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Heart disease Risk Perceptions

7. Think about heart disease for a moment. When you hear "heart disease," what is the first word or image that comes to mine?
How does that make you feel?

	1 Not at all	2	3	4	5	6	7 Extremely
Negative	☐	☐	☐	☐	☐	☐	☐
Positive	☐	☐	☐	☐	☐	☐	☐
Fearful	☐	☐	☐	☐	☐	☐	☐
Angry	☐	☐	☐	☐	☐	☐	☐
Disgusted	☐	☐	☐	☐	☐	☐	☐
Upset	☐	☐	☐	☐	☐	☐	☐
Sad	☐	☐	☐	☐	☐	☐	☐
Hopeful	☐	☐	☐	☐	☐	☐	☐
Worried	☐	☐	☐	☐	☐	☐	☐
Displeased	☐	☐	☐	☐	☐	☐	☐
Anxious	☐	☐	☐	☐	☐	☐	☐

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Heart disease Risk Perceptions

8. I feel like I could easily develop heart disease in the future

☐ 1 I feel strongly this will not happen

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7 I feel strongly that this could easily happen

9. How optimistic are you that you will avoid getting heart disease in the future?

☐ 1 Extremely pessimistic

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7 Extremely optimistic

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Heart Disease Risk Perceptions 2

1. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 To a great extent
I intend to protect myself against heart disease.	☐	☐	☐	☐	☐	☐	☐
Avoiding getting heart disease is a key priority for me.	☐	☐	☐	☐	☐	☐	☐

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Heart Disease Risk Perceptions 2

2. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 To a great extent	8 Not applicable to me
To what extent do you think you will actually try to lose weight in the next six months?	☐	☐	☐	☐	☐	☐	☐	☐
To what extent do you think you will actually quit smoking in the next six months?	☐	☐	☐	☐	☐	☐	☐	☐
To what extent are you seriously considering quitting smoking in the next six months?	☐	☐	☐	☐	☐	☐	☐	☐

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Heart Disease Risk Perceptions 2

3. Please select the best answer choice for the following questions:

	1 Strongly disagree	2	3	4 Neither agree nor disagree	5	6	7 Strongly agree	8 Not applicable to me
I intend to start trying to lose weight in the next six months.	☐	☐	☐	☐	☐	☐	☐	☐
I intend to stop smoking in the next six months.	☐	☐	☐	☐	☐	☐	☐	☐

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Heart Disease Risk Perceptions 2

4. Please select the best answer choice for the following questions:

	1 Not at all	2	3	4	5	6	7 To a great extent
To what extent do you think you will actually exercise more in the next six months?	☐	☐	☐	☐	☐	☐	☐
To what extent do you think you will actually eat healthier in the next six months?	☐	☐	☐	☐	☐	☐	☐

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Heart Disease Risk Perceptions 2

5. Please select the best answer choice for the following questions:

	Yes	No	Does not apply to me
At any time in the past year, have you intentionally tried to lose weight?	☐	☐	☐
Was this weight loss attempt successful?	☐	☐	☐
At any time in the past year, have you intentionally tried to exercise more?	☐	☐	☐
Was this exercise attempt successful?	☐	☐	☐
At any time in the past year, have you intentionally tried to eat healthier?	☐	☐	☐
Was this healthy eating attempt successful?	☐	☐	☐
At any time in the past year, have you intentionally tried to stop smoking?	☐	☐	☐
Was this smoking cessation attempt successful?	☐	☐	☐
At any time in the past year, have you intentionally tried to cut down on your alcohol consumption?	☐	☐	☐
Was this attempt to cut down alcohol consumption successful?	☐	☐	☐

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6. What is your height in feet and inches? (Remove shoes before measuring.)

Feet

Inches

7. What is your current weight in pounds?

8. Have you smoked at least 100 cigarettes in your entire life?

☐ Yes

☐ No

9. How often do you smoke cigarettes now?

☐ Every day

☐ Some days

☐ Not at all

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