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Attachment E - Educator Journal

Lesson 1 Meet the Five Food Group Friends

Activities	Did you teach the activity?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply)
Warm Up	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Song	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Book Club	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Food Cards	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Food Club: Hand Washing	<input type="checkbox"/> Yes	<input type="checkbox"/> 20 - 30 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 31- 40 min <input type="checkbox"/> 41-50 min. <input type="checkbox"/> over 51 min.	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Food Club: Look and Cook Friendship Pocket	<input type="checkbox"/> Yes	<input type="checkbox"/> 20 - 30 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 31- 40 min <input type="checkbox"/> 41-50 min. <input type="checkbox"/> over 51 min.	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Dramatic Play	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Cafeteria Connection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Student Workbook Pages	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science

<input type="checkbox"/> <input type="checkbox"/> over 30 min	<input type="checkbox"/> <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
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Lesson 1 Meet the Five Food Group Friends (Continued)

Extra Helpings: A is for Apple

- Yes (In Class)
- Yes Homework
- No

- 1 - 10 min.
- 11 - 20 min.
- 21 - 30 min.
- over 30 min

- Enjoyed a lot
- Enjoyed a little
- Did not enjoy very much
- Did not enjoy at all

- Math
- Language Arts
- Other _____
- Science
- PE/Health

How much do you agree with the following statements:

The materials and activities in this lesson encouraged quality discussion among children.

- | | | | |
|--|--------------------------------|-----------------------------------|--|
| <input type="checkbox"/> <input type="checkbox"/> Strongly Agree | <input type="checkbox"/> Agree | <input type="checkbox"/> Disagree | <input type="checkbox"/> Strongly Disagree |
|--|--------------------------------|-----------------------------------|--|

The materials and activities successfully addressed the learning objectives for this lesson (please circle for each objective):

- Name the five MyPlate food groups and be able to identify food choices within each group
Strongly Agree / Agree / Disagree / Strongly Disagree
- Describe the importance of eating foods from all five food groups
Strongly Agree / Agree / Disagree / Strongly Disagree
- Demonstrate proper hand washing techniques and identify the importance of washing hands before preparing food eating
Strongly Agree / Agree / Disagree / Strongly Disagree

Please list the books used for the book club below:

Lesson 1 Meet the Five Food Group Friends (Continued)

Please describe any changes to the activities or curriculum materials that would better address the learning objectives.	Please describe any changes to the activities and teachers guide that would be easier to implement.
Please describe children's participation in the food preparation activity.	Please describe any modifications you made to the activities.
Please describe the strengths of the activities in this lesson.	Please describe the challenges of the activities in this lesson.

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Lesson 2 Discover MyPlate

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Warm Up	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Song	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Book Club	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Food Cards	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Dramatic Play	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Cafeteria Connection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Student Workbook Pages	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
STAR Chart	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Reflection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science

<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
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Lesson 2 Discover MyPlate (Continued)

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Extra Helpings:	<input type="checkbox"/> Yes (In Class)	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
What's for Dinner?	<input type="checkbox"/> Yes Homework	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
	<input type="checkbox"/> No	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health

<i>How much do you agree with the following statements:</i>				
The materials and activities encouraged quality discussion among children.				
<input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Agree	<input type="checkbox"/> Disagree	<input type="checkbox"/> Strongly Disagree	
The materials and activities successfully addressed the learning objectives for this lesson:				
<ul style="list-style-type: none"> Name the five MyPlate food groups and be able to identify food choices within each group <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> Describe the importance of eating foods from all five food groups <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> Identify the MyPlate icon, and explain that it serves as a reminder to eat from all five food groups <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> 				
Please list the books used for the book club below:				

Please describe any changes to the activities or curriculum materials that would better address the learning objectives.	Please describe any changes to the activities and teachers guide that would be easier to implement.
Please describe any modifications you made to the activities.	
Please describe the strengths of the activities in this lesson.	Please describe the challenges of the activities in this lesson.

Lesson 3 Eat Your Colors

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Warm Up	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
Song	<input type="checkbox"/> Yes	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
	<input type="checkbox"/> No	<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Book Club	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
Super Senses	<input type="checkbox"/> Yes	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
	<input type="checkbox"/> No	<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Food Cards	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
Dramatic Play	<input type="checkbox"/> Yes	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
	<input type="checkbox"/> No	<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Cafeteria Connection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
Student Workbook Pages	<input type="checkbox"/> Yes	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
	<input type="checkbox"/> No	<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
STAR Chart	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health

Lesson 3 Eat Your Colors (Continued)

Activities	Did you teach	Time Spent	Student Response	Into which content area did you use this activity?
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	the lesson?			(check all that apply):
Food Club: Look and Cook Rainbow Wrap	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> 20 - 30 min. <input type="checkbox"/> 31 - 40 min. <input type="checkbox"/> 40 - 50 min. <input type="checkbox"/> over 50 min.	<input type="checkbox"/> Enjoyed a lot <input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts <input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Reflection	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> 1 - 10 min. <input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a lot <input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts <input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Extra Helping: Food Friends	<input type="checkbox"/> Yes (In Class) <input type="checkbox"/> Yes (Homework) <input type="checkbox"/> No	<input type="checkbox"/> 1 - 10 min. <input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a lot <input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts <input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Extra Helping: Sorting Out Sometimes Foods	<input type="checkbox"/> Yes (In Class) <input type="checkbox"/> Yes Homework <input type="checkbox"/> No	<input type="checkbox"/> 1 - 10 min. <input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a lot <input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts <input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health

How much do you agree with the following statements:				
The materials and activities encouraged quality discussion among children.				
<input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Agree	<input type="checkbox"/> Disagree	<input type="checkbox"/> Strongly Disagree	
The materials and activities successfully addressed the learning objectives for this lesson:				
<ul style="list-style-type: none"> Explain the importance of eating fruits and vegetables of every color for good health <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> Identify food choices within the fruit and vegetable group <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> 				
Please list the books used for the book club below:				

Lesson 3 Eat Your Colors (Continued)

Please describe any changes to the activities or curriculum materials that would better address the learning objectives.	Please describe any changes to the activities and teachers guide that would be easier to implement.
Please describe children's participation in the food preparation activity.	Please describe any modifications you made to the activities.
Please describe the strengths of the activities in this lesson.	Please describe the challenges of the activities in this lesson.

Lesson 4 Planting the Seeds for Healthier Eating

Activities	Did you teach	Time Spent	Student Response	Into which content area did you use this activity?
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the lesson?		(check all that apply):			
Warm Up	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
Book Club	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
Planting Demonstration	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
Food Cards	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
Dramatic Play	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
Cafeteria Connection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
Student Workbook Pages	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
STAR Chart	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math	<input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____	
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science	
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health	

Lesson 4 Planting the Seeds for Healthier Eating (Continued)

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Extra Helping: Growing Together	<input type="checkbox"/> Yes (In Class) <input type="checkbox"/> Yes Homework <input type="checkbox"/> No	<input type="checkbox"/> 1 - 10 min. <input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a lot <input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts <input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health

<i>How much do you agree with the following statements:</i>				
The materials and activities encouraged quality discussion among children.				
<input type="checkbox"/> <input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Agree	<input type="checkbox"/> Disagree	<input type="checkbox"/> Strongly Disagree	
The materials and activities successfully addressed the learning objectives for this lesson:				
<ul style="list-style-type: none"> Describe how edible fruits and vegetables grow from a seed to a plant <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> Name things plants need to grow <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> 				
Please list the books used for the book club below:				

Lesson 4 Planting the Seeds for Healthier Eating (Continued)

Please describe any changes to the activities or curriculum materials that would better address the learning objectives.	Please describe any changes to the activities and teachers guide that would be easier to implement.
Please describe any modifications you made to the activities.	
Please describe the strengths of the activities in this lesson.	Please describe the challenges of the activities in this lesson.

Lesson 5 Starting Our Day With MyPlate

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Warm Up	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Book Club	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Food Club: Look and Cook Breakfast Cup	<input type="checkbox"/> Yes	<input type="checkbox"/> 10 - 20 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 31 - 40 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 40 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Dramatic Play	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Cafeteria Connection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Student Workbook Pages	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
STAR Chart	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Reflection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Extra Helping: Breakfast Boost	<input type="checkbox"/> Yes (In Class)	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> Yes Homework	<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
	<input type="checkbox"/> No	<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health

Lesson 5 Starting Our Day With MyPlate (Continued)

<i>How much do you agree with the following statements:</i>				
The materials and activities encouraged quality discussion among children.				
<input type="checkbox"/> <input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Agree	<input type="checkbox"/> Disagree	<input type="checkbox"/> Strongly Disagree	
The materials and activities successfully addressed the learning objectives for this lesson:				
<ul style="list-style-type: none">• Explain the importance of eating breakfast every day <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i> • Describe feelings of full and hungry <i>Strongly Agree / Agree / Disagree / Strongly Disagree</i>				
Please list the books used for the book club below:				

Lesson 5 Starting Our Day With MyPlate (Continued)

Please describe any changes to the activities or curriculum materials that would better address the learning objectives.	Please describe any changes to the activities and teachers guide that would be easier to implement.
Please describe children's participation in the food preparation activity.	Please describe any modifications you made to the activities.
Please describe the strengths of the activities in this lesson.	Please describe the challenges of the activities in this lesson.

Lesson 6 Let's Play, Let's Party

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Warm Up	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Book Club	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Food Club: Look and Cook Food Group Friend	<input type="checkbox"/> Yes	<input type="checkbox"/> 20 - 30 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 31 - 40 min. <input type="checkbox"/> 40 - 50 min. <input type="checkbox"/> over 50 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Song	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Food Cards	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Dramatic Play	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Cafeteria Connection	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
Student Workbook Pages	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health
STAR Chart	<input type="checkbox"/> Yes	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
	<input type="checkbox"/> No	<input type="checkbox"/> 11 - 20 min. <input type="checkbox"/> 21 - 30 min. <input type="checkbox"/> over 30 min	<input type="checkbox"/> Enjoyed a little <input type="checkbox"/> Did not enjoy very much <input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> Other _____ <input type="checkbox"/> Science <input type="checkbox"/> PE/Health

Lesson 6 Let's Play, Let's Party (Continued)

Activities	Did you teach the lesson?	Time Spent	Student Response	Into which content area did you use this activity? (check all that apply):
Reflection	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
		<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health
Discover MyPlate Celebration	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> 1 - 10 min.	<input type="checkbox"/> Enjoyed a lot	<input type="checkbox"/> Math <input type="checkbox"/> Language Arts
		<input type="checkbox"/> 11 - 20 min.	<input type="checkbox"/> Enjoyed a little	<input type="checkbox"/> Other _____
		<input type="checkbox"/> 21 - 30 min.	<input type="checkbox"/> Did not enjoy very much	<input type="checkbox"/> Science
		<input type="checkbox"/> over 30 min	<input type="checkbox"/> Did not enjoy at all	<input type="checkbox"/> PE/Health

How much do you agree with the following statements:

The materials and activities encouraged quality discussion among children.

Strongly Agree
 Agree
 Disagree
 Strongly Disagree

The materials and activities successfully addressed the learning objectives for this lesson:

- Describe the importance of eating from all five food groups and being physically active for good health
Strongly Agree / Agree / Disagree / Strongly Disagree
- List ways to be physically active each day
Strongly Agree / Agree / Disagree / Strongly Disagree

Please list the books used for the book club below:

Lesson 6 Let's Play, Let's Party (Continued)

Please describe any changes to the activities or curriculum materials that would better address the learning objectives.	Please describe any changes to the activities and teachers guide that would be easier to implement.
Please describe children's participation in the food preparation activity.	Please describe any modifications you made to the activities.
Please describe the strengths of the activities in this lesson.	Please describe the challenges of the activities in this lesson.