

OMB BURDEN STATEMENT: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-0523. The time required to complete this information collection is estimated to average 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

OMB CONTROL NO.: 0584-0523
EXPIRATION DATE: XX/XX/20XX

Attachement A1 A: Journaling Invitation-Englilsh

**CNPP Journaling Activity
Journaling Invitation**

Dear <NAME>,

Thank you for agreeing to participate in this voluntary journaling research. EurekaFacts is conducting this this research on behalf of the United States Department of Agriculture (USDA) to inform them about how Americans make food choices and think about health related issues. All of the information you provide will be used only for research purposes and will not be disclosed or used, in identifiable form, for any other purpose except as required by Federal guidelines. (If TEXT start new text message)

The journaling exercise will begin as soon as you activate your account. You will be asked to make entries for 14 days. Each entry will take 15 to 20 minutes of your time. To activate your account please click on the link below. Your unique identification is <unique id> and password is <password>

<URL>

(If TEXT start new message)

If you have any further question about this study, or have trouble log in, please contact

<Name> <e-mail> <toll free number>