# Phase 1 High Cholesterol FDA Online Study Survey Instrument

#### **SCREENING / INTRODUCTION**

Thank you for agreeing to participate in this study today. Make sure you are comfortable and can read the screen from where you sit. The survey will include some audio, so please make sure the sound is on and the speaker volume is turned up.

This study will take about 25 minutes to complete. We ask you to please complete the study in one sitting (without taking any breaks) in order to avoid distractions.

This study is about a new medicine. The study has three parts: First, we will ask you a few health-related questions. Next, we will let you explore a Web site about the new medicine. Finally, we will ask you some questions about the medicine.

#### S1. [Illness Diagnosis #1]

Have you ever been diagnosed by a health professional with any of the following conditions? (Check all that apply)

Arthritis
Sleep Apnea
High Cholesterol→ [Continue]
Crohn's Disease
Diabetes
None of the above

## S2. [Illness Diagnosis #2]

Do you still have high cholesterol?

Yes → [Skip to Q-HC1] No → [Continue to S3]

#### S3. [Illness Diagnosis #3]

Have you taken any medication for high cholesterol in the past 12 months?

Yes → [Continue]
No → [Terminate]

The next few questions ask about high cholesterol. The purpose of these questions is to find out what most people know and understand about high cholesterol. Please answer the questions to the best of your ability. If you don't know the answer to a question, it is okay to check the box that says "Don't know".

## Q-HC1. [High Cholesterol Knowledge #1]

What type of cholesterol is known as "bad cholesterol"?

- LDL (low density lipoprotein)
- HDL (high density lipoprotein)
- VLDL (very low density lipoprotein)
- Chylomicrons
- Don't know

#### Q-HC2. [High Cholesterol Knowledge #2]

What is one way to treat high cholesterol?

- Eat foods with fiber in them, like whole grains
- Get extra rest, such as 8-10 hours of sleep per night
- Take vitamin C supplement each morning
- Eat smaller portions at each meal
- Don't know

## Q-HC4. [High Cholesterol Knowledge #4]

#### High cholesterol can lead to:

- Vertigo
- Rheumatoid arthritis
- Chronic lower back pain
- Stroke
- Don't know

## Q-HC5. [High Cholesterol Knowledge #5]

Which of the following is a symptom of high cholesterol?

- Constipation
- Bloating
- Fatigue
- None High cholesterol is usually detected by lab tests
- Don't know

#### **WEB SITE INSTRUCTIONS**

On the next screen, you will see a Web site for a new product. The Web site will open in a new window. Please read the information on the site. You can take as much time as you want to review it.

The Web site has 5 pages. Feel free to explore the site, click on any links, and read the information as if you wanted to learn more about the new product. Once you finish reading, please click *Next* to move to the next part of the study.

Please make sure you have the speakers on your computer turned up so you can hear any audio.

#### [DIRECT PARTICIPANTS TO APPROPRIATE WEB SITE]

#### **SURVEY INSTRUCTIONS**

Please answer the following questions based on the Web site you visited.

#### Q1. [Web Site Viewing]

Were you able to view and explore the Web site for PEXACOR?

Yes

No → [Terminate]

#### Q2. [Drug Knowledge (indication, illness)]

What condition does PEXACOR treat?

#### **High Cholesterol**

High Blood Pressure Anemia (Low Red Blood Cells)

Congestive Heart Failure

#### Q3. [Embedded Visual Recall / Risk Info Exposure Proxy]

The Web site included a picture of the PEXACOR pill. What did that pill look like?

#### The pill was red and oval

The pill was purple and oval The pill was blue and round The pill was white and round I did not see the pill

[PHASE 1: ASK Q8-11 BEFORE Q4-7]

Q8. [Risk Recall]
What are the side effects and negative outcomes of PEXACOR?
(open ended)
[DISPLAY Q9 AND Q10 ON THE SAME SCREEN]
When considering a new medicine, most people ask two questions:
<ul><li>(1) Will this medicine cause any side effects?</li><li>(2) If it does cause side effects, how serious will the side effects be?</li></ul>
The questions below ask about these two ideas.
Q9. [Perceived Risk - Likelihood of Risk]
In your opinionIf 100 people take PEXACOR, how many will have any side effects or negative outcomes? Please enter a number in the box below.
people
Q10. [Perceived Risk - Magnitude of Risk]
In your opinionIf PEXACOR did cause a person to have side effects or negative outcomes, how serious would they be?

4

5

Very

serious

3

1

Not at all

serious

2

Please check which of the following were mentioned on the Web site as warnings, side effects, or negative outcomes of taking PEXACOR. Even if you think a statement is true, please select it only if it was mentioned on the site.

[RANDOMIZE ORDER]	Mentione d on Web Site	Not Mentione d on Web Site
a. PEXACOR cannot be taken by people who have liver problems.	x	
b. PEXACOR can cause thrombotic thrombocytopenic purpura (TTP).	х	
c. A side effect of PEXACOR is diarrhea.	х	
d. Patients taking PEXACOR may be at higher risk for internal bleeding.		х
e. PEXACOR can cause birth defects.	х	
f. A side effect of PEXACOR is difficulty concentrating.		х
g. Side effects of PEXACOR usually occur within one month of starting therapy.		х
h. People who are taking other cholesterol medications cannot take PEXACOR.		х

# Q4. [Benefit Recall]

What are the benefits of PEXACOR?

(open ended)

## [DISPLAY Q5 AND Q6 ON SAME SCREEN]

When considering a new medicine, most people ask two questions:

- (1) Will this medicine work?
- (2) If it does work, will it help a little or help a lot?

The questions below ask about these two ideas.

#### Q5. [Perceived Efficacy - Likelihood of Benefit]

In your opinion...If 100 people take PEXACOR, for how many will the drug work? Please enter a number in the box below.

	- 1	
peo	n	$\Box$
neo	v	ı

In your o	-	COR did help a p	erson's high ch	olesterol, how e	effective would	
1	2	3	4	5	6	
Would he lot	elp high cholest	erol very little		Would h	elp high cholester	ol a
Q7. [Ben	efit Recall – Clo	sed] [Benefit Kno	owledge]			

Please check which of the following were mentioned on the Web site as benefits of taking PEXACOR. Even if you think a statement is true, please select it only if it was mentioned on the site.

[RANDOMIZE ORDER]	Mentioned on Web Site	Not Mentioned on Web Site
a. PEXACOR can lower levels of LDL cholesterol (bad cholesterol).	х	
b. PEXACOR can lower levels of fats (triglycerides) in the blood.	Х	
c. PEXACOR can raise levels of HDL cholesterol (good cholesterol).	Х	
d. PEXACOR can raise the number of red blood cells (RBCs).		Х
e. PEXACOR contains an enzyme that helps people lose weight.		Х
f. PEXACOR has been proven to reverse heart disease.		Х
g. PEXACOR is a type of statin.	Х	
h. PEXACOR can lower blood pressure.		Х

The next few questions ask about PEXACOR's risk and benefits. By risks, we mean the drug's possible side effects and negative outcomes. By benefits, we mean the drug's ability to improve symptoms of high cholesterol.

Q12. [Dr	ug Balance of Ri	sks / Benefits]				
Thinking	about all its risl	cs and benefits,	how would you	rate PEXACOR:		
1	2	3	4	5	6	7
Risks out	weigh benefits				Benefits	

outweigh risks

# Q18. [Perceived Clarity / Understanding of Site]

Please rate your agreement or disagreement with each of the following statements.

[RANDOMIZE ORDER]	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
a. The Web site clearly communicated the benefits of PEXACOR.					
b. The Web site clearly communicated the risks of PEXACOR.					

# Q13. [Web Site Balance of Risks / Benefits]

Please think about how the risks and benefits of PEXACOR were presented on the Web site. Did the site place more emphasis on risks or more emphasis on benefits?

1	2	3	4	5	6	7
More emphasis on risks					More emphasis	on
henefits						

# Q14. [Behavioral Intentions (seek drug info, talk to doc, etc.)]

**Based on what you learned, p**lease rate how likely or unlikely you are to do each of the following behaviors.

[RANDOMIZE ORDER]	Very Unlikely	Somewhat Unlikely	Neither Likely nor Unlikely	Somewhat Likely	Very Likely
a. Talk to your doctor about PEXACOR					
b. Ask your doctor about getting a sample of PEXACOR					
c. Ask your doctor to prescribe PEXACOR					
e. Join an online community or support group for people with high cholesterol					

f. Join an online community or			
support group sponsored by			
PEXACOR			

# Q15. [Behavioral Intentions (seek drug info, talk to doc, etc.)]

**Based on what you learned, p**lease rate how likely or unlikely you are to do each of the following behaviors.

[RANDOMIZE ORDER]	Very Unlikely	Somewhat Unlikely	Neither Likely nor Unlikely	Somewhat Likely	Very Likely
a. Look for information online about other people's experience with PEXACOR					
b. Look for information <i>about PEXACOR</i> on medical Web sites					
c. Look for information <i>about</i> high cholesterol on medical  Web sites					
d. Print information from PEXACOR.com to discuss with your doctor					

# Q16. [Attitudes Toward Drug]

Based on what you learned, please rate PEXACOR. [RANDOMIZE ORDER OF ROWS]

	1	2	3	4	5	6	7	
Bad product								Good product
Disliked a lot								Liked a lot
Unpleasant								Pleasant
Poor quality								Good quality

# Q19. [Site Skepticism]

How likely true?	or unlil	cely is it	that the	e inform	ation	about PEXACOR presented on this Web site is			
1	2	3	4	5	6	7			
Extremely Unlikely						Extremely Likely			
Q20. [Site	Skeptici	ism]							
How skept this Web s		not skep	tical are	you ab	out th	ne information about PEXACOR presented on			
1	2	3	4	5	6	7			
Not at all Skeptical						Extremely Skeptical			
Q21. [Heal	th Infor	mation	Seeking	- Sourc	e (HN	1TS)]			
_	ooked f	or healt	h or me	dical inf	orma	tion from any of the following sources within			
Of	fline So	urces							
-		_				ner printed materials			
-	Family member, friend, or co-worker								
-		Health care provider							
-	Library or community center Telephone information number (1-800-Number)								
Or	ıline Sou	urces							
-	Search Engine (examples: Google, Bing)								
-		Health and medical Web site (examples: WebMd, MedlinePlus)							
-		Product Web site (example: Lipitor.com)							
_		Government organization Web site (example: National Institutes of Health) Non-profit organization Web site (examples: AARP, American Heart Assoc.)							
_	Commercial organization Web site (examples: Marck, Novartis)								
-		Health insurance Web site (examples: Cigna, BlueCross and BlueShield)							
-	Other:	·				_			
-	Did no	Other: Did not look or go anywhere							
Q22. [Illne	ss Infor	mation (	Seeking	(Knowl	edge [	Proxv)]			
-				-	•	he Internet to look for health or medical			

information about high cholesterol or treatments for high cholesterol?

Once a week

Once a month

Every few months Less often Never

# Q23. [Mobile Phone or Device Ownership]

Do you own any of the following devices? (Check all that apply)

Mobile phone Smart phone or PDA (i.e., iPhone, Blackberry, Droid, iPod Touch) Tablet computer (i.e., iPad) None of the above

# Q24. [Web Navigation Skills]

We would like to know more about your Internet skills. For each statement below, please tell us to what extent you agree or disagree with the statement.

us to what extent you agree or disagree with the statement.								
[Q24A.] I	am extre	emely sk	illed at ι	ısing the	: Web	D.		
1	2	3	4	5	6	7		
Strongly Disagree						Strongly Agree		
[Q24B.] I	consider	myself l	knowled	geable a	about	good search techniques on the Web.		
1	2	3	4	5	6	7		
Strongly Disagree						Strongly Agree		
[Q24C.] I l	know les	s about	using th	e Web t	han m	nost users.		
1	2	3	4	5	6	7		
Strongly Disagree						Strongly Agree		
Q24D.] I	know ho	w to fin	d what I	am look	ing fo	or on the Web.		
1	2	2	4	_	,	7		

Strongly	Strongly
Disagree	Agree

# Q25. [Trust in Online Information (HMTS)]

**In general, how much do you or would you** trust information about prescription drugs from each of the following sources?

[RANDOMIZE ORDER]	Not at all	A little	Some	A lot
Drug Web sites (example:				
Pexacor.com)				
Medical Web sites (example:				
WebMD.com)				
Online communities for people				
with high cholesterol (example:				
Healthboards.com)				
Family and friends				
Doctors, nurses, and healthcare providers				
Food and Drug Administration (FDA)				
Pharmaceutical companies				
Prescription drug advertisements				

# **Q26.** [Current Prescription Drug Use]

Are you currently taking, or have you ever taken, any prescription drugs for high cholesterol?

**Currently taking** 

Have taken in the past but not currently taking

Have never taken

## Q27. [History of Side Effects]

Have you ever had a SERIOUS side effect from a prescription drug?

- Yes
- No
- Don't Know

#### Q28. [Time Since Diagnosis]

When did a healthcare professional first tell you that you had high cholesterol?

- Six months ago or less
- More than six months ago but less than a year ago
- A year ago or more but less than 5 years
- Five years ago or longer

#### Q29. [Severity of Illness - Subjective]

In general, how severe is your high cholesterol? Would you describe it as:

- Very mild
- Mild
- Moderate
- Serious
- Severe

#### Q31. [Health Literacy - Assistance (Leaflet Study)]

How often do you have someone (like a family member or friend) help you read instructions, pamphlets, or other written material from your doctor or pharmacy?

- Never
- Occasionally
- Sometimes
- Often
- Always

#### Q32. [Health Literacy - Self Efficacy (Leaflet Study)]

How confident are you filling out medical forms by yourself?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Extremely

#### Q33. [Survey Device]

What did you use to complete today's survey?

- Laptop computer / Netbook computer
- Desktop computer
- Handheld phone (iPhone, Blackberry, Droid)
- Handheld device other than a phone (iPod Touch, Palm Pilot, iPad)
- Other: \_\_\_\_\_

#### **CLOSING**

The purpose of this study is to learn about how individuals use information from medical Web sites. In order to get a real-life reaction, we used a pretend product in this study.

PEXACOR is not a real product and is not available for sale. Please see your healthcare provider for questions about high cholesterol.

You have been very helpful. Thank you very much for your participation!