

## ENVIRONMENTAL OBSERVATION GUIDE

*For site visitors: Please provide brief notes for the sections applicable to the initiative you are assessing. Each section contains suggestions for things to look for when assessing the environment.*

<b>Initiative Name</b>	
<b>Location Observed</b> (building address if applicable)	
<b>Date</b>	
<b>Time</b>	
<b>Occupancy</b> (estimated number of people served in facility, number of customers present, etc.)	
<b>Building Assessment</b> Describe the building that houses the initiative. <ul style="list-style-type: none"><li>• Number of buildings, floors</li><li>• Age of building, overall condition</li><li>• Is it attractive or inviting?</li><li>• Is it accessible?</li></ul>	

### **Indoor Facilities**

If initiative-related activities take place indoors, describe the facilities where the activities take place.

- Are there signs or posters promoting physical activity and/or healthy eating? Describe them.
- Describe the equipment. Is any special equipment being used? Is it in good condition?
- Is the facility attractive or inviting?
- Is the facility accessible?
- Are there items that promote unhealthy behaviors or things that may be a barrier to success (e.g., televisions, vending machines, promotional items for less-healthy foods and beverages)?

### **Outdoor Facilities**

If initiative-related activities take place outdoors, described the grounds where the activities take place.

- Are the grounds and play equipment attractive and inviting?
- Are they accessible?
- Are there items that promote unhealthy behaviors or things that may be a barrier to success?

### **Food Environment**

For initiatives with a healthier foods and beverages component, describe what you observe.

- What is offered? How is it displayed?
- Are healthier foods and beverages highlighted in some way?
- Placement of healthier foods and beverages in comparison to less healthy foods and beverages
- Portion size
- Pricing

### **Participants**

If you are observing participants engaging in initiative-related activities, describe what you observe.

- Do participants appear to be engaged?
- Do they appear to be enjoying themselves?
- Demographic characteristics

**Neighborhood Assessment**

Describe the neighborhood the initiative is located in or targets.

- Urban, suburban, rural
- Commercial, residential, mixed-use development
- Single family, multifamily dwellings
- Condition of the buildings and grounds
- Condition of roadways
- Grassy areas, parks, walking/jogging trails
- Public transportation
- Food venues, such as supermarkets, convenience stores, restaurants, fast food restaurants
- Do you see anything that would enable unhealthy behaviors?

**Other**

Describe anything else that was observed that has not been mentioned above that may have an impact (positive or negative) on the initiative.

