

Healthy Communities Study Key Informant Interview Protocol and Document Abstraction Form

This document provides an overview of the protocol for the community key informants. Protocol materials include the recruitment script, consent form, the verbal consent script, the post-baseline new/replacement key informant verbal consent script and the interview instrument to be administered to the community key informants. These data collection materials will be used at the time of the in-person visit at all 279 communities and the follow-up in-person visit three years later at the 40 RIPA communities by the Battelle community liaison. The remote follow-up, administered by either telephone or the internet with key informants in the first 200 Wave 2 communities, will include specific questions from the interview as denoted in the attached instruments.

Once a potential key informant is successfully screened, the Battelle research staff will continue the call with the individual to preview the content of the in-person interview and request documentation on community programs/policies using the recruitment script. The in-person interview time will also be scheduled. If it is not possible to conduct an in-person visit, a telephone interview will be scheduled instead. The key informant will also be sent an informational letter (**Attachment 11**), along with a study brochure (**Attachment 12**) tailored to community leaders, and confirming the appointment for the structured interview.

Prior to the interview, if any documents provided by the key informant are received, the Battelle community liaison will pre-enter information about the program into the information management system, so that this information is accessible during the interview.

At the time of the interview, the Battelle community liaison will first explain the study, review the consent document, and then answer any questions the key informant may have. If the interview is in person, the key informant will be asked to sign the informed consent form prior to the initiation of the interview. When the key informant is unable to participate in an in-person interview and completes a telephone interview instead, a verbal consent script will be read before the interview begins. A separate verbal consent script will also be used if a key informant is replaced during the study (e.g., a program replaces its director or a school principal changes) and this new key informant is contacted for any study remaining activities.

The standardized key informant interview instrument gathers characteristics for each program and policy operating in the selected communities, such as the target population, target focus area, funding, reach, and (where available) the outcomes examined. Key informants will answer a similar set of interview questions for each specific local program and/or policy identified during the interviews, and data will be combined from different key informant interviews for the same program or policy. At the end of the interview, the Battelle community liaison will request consent for follow-up interviews and give the key informant the incentive gift.

Community key informants in the first 200 Wave 2 communities will undergo a remote follow-up interview either over the telephone or the web to document changes in programs or policies that have occurred since the baseline assessment. For the 40 RIPA communities, a local community documenter -- a key informant in that community that will be offered a yearly stipend -- will document how programs and policies evolve over a three-year follow-up period in that community. A second in-person visit to the 40 RIPA communities will be conducted at the end of the three-year follow-up period to repeat the baseline interview.

**HEALTHY COMMUNITIES STUDY
COMMUNITY KEY INFORMANT RECRUITMENT SCRIPT**

Public reporting burden of this collection of information is estimated at 15 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to S. Sonia Arteaga, Ph.D., project officer at hcs@nhlbi.nih.gov

I would like to take a few moments to tell you about what will take place during the interview. The primary goal is to assemble and understand in specific detail programs, policies, and changes to the physical environment that are in place in each selected community to promote physical activity, healthy eating, and healthy weight. To that end, we will ask you questions like:

- What specific programs were implemented to promote physical activity? What about programs to promote healthy nutrition?
- What specific policies were implemented to promote physical activity? What about policies to promote healthy nutrition?
- What specific changes to the physical environment (such as a new bike path or walking trail) were made to promote physical activity? What about changes in the physical environment to promote healthy nutrition?

For each of the community programs/policies that you tell me about, we will ask you for more detailed information such as the dates that the activity was implemented and the number of people served. If you have some time beforehand, you might start assembling this kind of information. In addition, after this call, I will be sending you a letter reminding you of our interview time and providing specific examples of the kinds of questions that will be asked.

In addition to these interviews, we are collecting documents that may contain information about community programs/ policies to promote healthy weight, healthy eating, and engagement in physical activity.

The types of documents that we would like to collect include: a) Annual Program Reports for your organization or coalitions or partnerships working on this issue; b) Reports provided to funders; and c) Any other available reports or documents that describe community programs/policies brought about to promote physical activity or healthy eating for children and youth.

Would you be able to access any of these documents, or other documents that we might find informative?

*If yes, provide information about how these items can be emailed or shipped.
If no, tell them we will try to collect them during the in-person interview.*

Finally, before we conclude, I wanted to tell you that we are trying to get as complete a picture as possible of the program, policies, and changes to the physical environment to promote physical activity, healthy eating, and healthy weight that have been implemented in your community. Who else would you recommend that we interview?

*[Possible probes: Are there other people within your organization that could be interviewed with you at the same time? Can you think of people across the community that should be interviewed? You might consider those who work at [list all of the sectors, except the one in which the person works in? Are there other people who may know about community efforts back to 2000?]
[Prompt for contact information when possible]*

Great, this is really helpful information. This is all that I was hoping to review today. Do you have any questions for me? *[Answer as best as possible]*

Thank you for your time today. I really appreciate it, and I look forward to speaking to you on (insert date of interview) at (insert time of interview). You have been very helpful. Have a good day.

HEALTHY COMMUNITIES STUDY
MASTER KEY INFORMANT/ COMMUNITY PROGRAM DIRECTOR CONSENT FORM¹

PURPOSE

The purpose of the Healthy Communities Study is to see what programs and policies in communities across the United States help children lead healthy lives and to examine how these programs have changed over time. This study is being conducted by a research company, Battelle Centers for Public Health Research and Evaluation. It is funded by the National Institutes of Health (NIH).

PROCEDURES – NON-RIPA COMMUNITY RESPONDENTS

If you agree to be in this study, a trained member of our research staff will meet with you in person one time to conduct an interview. The interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children. The interview should take about one hour. We will also collect from you any documents you can provide to help us understand how the programs have evolved and the impact they have had on your community.

[One year/Two years] from now, we will contact you again and ask you to answer approximately 50 minutes worth of questions through a web or telephone survey. The questions will be similar to those you answered during the in-person visit.

PROCEDURES – RIPA COMMUNITY RESPONDENTS

If you agree to be in this study, a trained member of our research staff will meet with you in person to conduct an interview two times, now and again three years from now. Each interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children. Each interview should take about one hour. We will also collect from you any documents you can provide to help us understand how the programs have evolved and the impact they have had on your community.

Following this initial interview, and up until your next in-person structured interview three years from now, you will also be contacted approximately every three months by a trained member of our research staff to conduct a very brief survey with you in order to assess any program changes during the previous quarter. The staff member may also request to review any documents you may have related to recent program changes.

Two years from now, we will contact you again and ask you to answer approximately 50 minutes' worth of questions through a web or telephone survey. The questions will be similar to those you answered during the in-person visit.

HOW YOU WERE SELECTED

You were selected to be in the study because you work in one of the 279 communities we are studying and you were identified as a community leader working on this issue. Over 3,500 such community members will eventually participate in this study.

DATA SECURITY

The study team will do everything they can to make sure your information stays private and secure. All study staff are required to complete training on keeping your information safe. Study laptops and equipment are password protected. They also have programs to protect your information. Your information will be stored in a locked building with access limited to authorized study team members only. Study data forms will only have your study identification number on it.

The only reason we would have to reveal your study participation, as required by law, is if the Institutional Review Board (IRB), the body that oversees the protection of study participants, needs to review records. Final study results will be published on groups only. No individual information will be included. No individual in this study will be able to be identified.

RISKS/DISCOMFORTS

¹ This master version of the key informant consent form contains shaded wording indicating where sentences or phrases will differ as appropriate according to the type of community.

There are few known risks to participation in this study. We will not ask you personal questions. Because the study is voluntary, you do not need to answer any question you do not feel comfortable answering. There is a small risk of your data being revealed. Every effort will be made to keep your information safe and secure.

BENEFITS

The results of this study could help improve existing and future programs for children across the United States. This study has no known direct or individual benefits for participation. However, it is important for you to participate because it will help researchers understand what programs in the community help children stay healthy

COSTS AND COMPENSATION

There is no cost for being in this study. In appreciation of your participation, after [the/each] in-person visit you will receive a gift worth \$10.

If you complete the follow-up web or telephone questions in a few years, we will mail you another gift worth \$10. As an additional thank you for your participation in this study, at the end of the study, you will get a summary report of the study results for all communities.

DATA SHARING

Data collected during the course of this study related to the community program with which you are affiliated may be of benefit and value to those operating other federally funded programs or initiatives within your community (for example, programs under the White House's *Let's Move!* Initiative) and may be shared with researchers investigating other community-level factors associated with reducing levels of childhood obesity. Data will only be shared with other entities that are compliant with the Federal Information Security Management Act of 2002 (FISMA), meaning that they have documented protocols for keeping information and information systems secure. As stated in the Data Security Section, no individual information will be shared and no individual will be identifiable.

VOLUNTARY

Participation in this study is voluntary. You may ask questions at any time. You may refuse to answer any question. You may also drop out at any time without penalty.

CONTACT INFORMATION

For questions about your rights as a study participant, contact:
Battelle Institutional Review Board
1-877-810-9530

For questions or concerns about the study:
Dr. Howard Fishbein
Battelle Centers for Public Health Research and Evaluation
703-248-1647

I have read this consent form and the study staff have answered my questions.

I, _____, (PRINTED FULL NAME) agree to participate in the
"HEALTHY COMMUNITIES STUDY."

Signature

Date

Witness Signature

HEALTHY COMMUNITIES STUDY
MASTER KEY INFORMANT/ COMMUNITY PROGRAM DIRECTOR VERBAL CONSENT SCRIPT²

PURPOSE

The purpose of the Healthy Communities Study is to see what programs and policies in communities across the United States help children lead healthy lives and to examine how these programs have changed over time. This study is being conducted by a research company, Battelle Centers for Public Health Research and Evaluation. It is funded by the National Institutes of Health (NIH).

PROCEDURES – NON-RIPA COMMUNITY RESPONDENTS

If you agree to be in this study, a trained member of our research staff will conduct a structured interview with you over the phone. The interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children. The interview should take about one hour. We will also request from you any documents you can provide to help us understand how the programs have evolved and the impact they have had on your community.

[One year/Two years] from now, we will contact you again and ask you to answer approximately 50 minutes worth of questions through a web or telephone survey. The questions will be similar to those you answered during this interview.

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If you agree to be in this study, a trained member of our research staff will conduct a structured interview with you over the phone two times; now and again three years from now. Each interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children. Each interview should take about one hour. We will also request from you any documents you can provide to help us understand how the programs have evolved and the impact they have had on your community.

Following this initial interview, and up until your next structured interview three years from now, you will also be contacted approximately every three months by a trained documenter to conduct a very brief survey with you in order to assess any program changes during the previous quarter. The documenter may also request to review any documents you may have related to recent program changes.

Two years from now, we will contact you again and ask you to answer approximately 50 minutes worth of questions through a web or telephone survey. The questions will be similar to those you answered during this interview.

HOW YOU WERE SELECTED

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DATA SECURITY

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BENEFITS

The results of this study could help improve existing and future programs for children across the United States. This study has no known direct or individual benefits for participation. However, it is important for you to participate because it will help researchers understand what programs in the community help children stay healthy.

COSTS AND COMPENSATION

There is no cost for being in this study. In appreciation of your participation, after [the/each] interview you will receive a gift worth \$10.

If you complete the follow-up web or telephone questions in a few years, we will mail you another gift worth \$10. As an additional thank you for your participation in this study, at the end of the study, you will get a summary report of the study results for all communities.

DATA SHARING

Data collected during the course of this study related to the community program with which you are affiliated may be of benefit and value to those operating other federally funded programs or initiatives within your community (for example, programs under the White House's *Let's Move!* Initiative) and may be shared with researchers investigating other community-level factors associated with reducing levels of childhood obesity. Data will only be shared with other entities that are compliant with the Federal Information Security Management Act of 2002 (FISMA), meaning that they have documented protocols for keeping information and information systems secure. As stated in the Data Security Section, no individual information will be shared and no individual will be identifiable.

VOLUNTARY

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CONTACT INFORMATION

If you have any questions about your rights as a study participant, please contact the Battelle Institutional Review Board at 1-877-810-9530.

If you have any questions or concerns about the study, please contact the Study PI Dr. Howard Fishbein of Battelle Centers for Public Health Research and Evaluation at 1-703-248-1647.

Do you have any questions before we begin?

**HEALTHY COMMUNITIES STUDY
MASTER KEY INFORMANT/ COMMUNITY PROGRAM DIRECTOR
POST BASELINE NEW/REPLACEMENT KEY INFORMANT
VERBAL CONSENT SCRIPT³**

PURPOSE

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PROCEDURES – NON-RIPA COMMUNITY RESPONDENTS

If you agree to be in this study, you will be asked to answer approximately 50 minutes' worth of questions through a web or telephone survey. The interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children.

PROCEDURES – RIPA COMMUNITY RESPONDENTS

If you agree to be in this study, depending on when you join the study, you may be asked to answer approximately 50 minutes' worth of questions through a web or telephone survey. The interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children.

You may also be contacted approximately every three months by a trained member of our research staff to conduct a very brief survey with you in order to assess any program changes during the previous quarter. The staff member may also request to review any documents you may have related to recent program changes.

You will also be contacted by a trained member of our research staff who will meet with you in person in the final year of our study to conduct a structured interview one time.. The interview will be about your community in general as well as your knowledge of and perceptions about various community level programs designed to impact healthy behaviors in children. The interview should take about one hour. We will also collect from you any documents you can provide to help us understand how the programs have evolved and the impact they have had on your community.

HOW YOU WERE SELECTED

You were selected to be in the study because you work in one of the 279 communities we are studying and you were identified as a community leader working on this issue. Over 3,500 such community members will eventually participate in this study.

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The only reason we would have to reveal your study participation, as required by law, is if the Institutional Review Board (IRB), the body that oversees the protection of study participants, needs to review records. Final study results will be published on groups only. No individual information will be included. No individual in this study will be able to be identified.

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³ This master version of the post baseline new/replacement key informant consent script contains shaded wording indicating where sentences or phrases will differ as appropriate according to the type of community.

BENEFITS

The results of this study could help improve existing and future programs for children across the United States. This study has no known direct or individual benefits for participation. However, it is important for you to participate because it will help researchers understand what programs in the community help children stay healthy.

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If you have any questions or concerns about the study, please contact the Study PI Dr. Howard Fishbein of Battelle Centers for Public Health Research and Evaluation at 1-703-248-1647.

Thank you for agreeing to help us with this important study.

**HEALTHY COMMUNITIES STUDY
KEY INFORMANT INTERVIEW**

Public reporting burden of this collection of information has an estimated average of 52.5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to S. Sonia Arteaga, Ph.D., project officer at hcs@nhlbi.nih.gov.

This interview is comprised of the following sections:

- SECTION A: Key Informant Level Data*
- SECTION B: Community/Organization Level Data*
- SECTION C: Program/Policy Level Data (Interview and Document Abstraction/Review Form)*
- SECTION D: Job Specific Addendum Data (Baseline Only)*

***** *Question to also be asked or documented during the Follow-up (In-Person, Telephone, or Website) Interview: Responses to be based on changes and updates since the previous interview (section introductions and question wording will be amended accordingly).*

SECTION A

ENTER INFORMATION; DO NOT ASK RESPONDENT.

A1. DATE OF INTERVIEW.

 | | / /
MONTH DAY YEAR

A2. TIME INTERVIEW BEGAN.

: AM / PM

A2a. LIAISON ID.

A3. KEY INFORMANT STUDY ID.

A4. KEY INFORMANT GENDER.

MALE.....1
FEMALE.....2

Good (morning/afternoon), thank you very much for taking the time to speak with me today. As part of our Healthy Communities Study, funded by the National Institutes of Health (NIH), we will be talking about efforts in (name the community) to promote physical activity, healthy nutrition, and healthy weight among children and youth. The purpose of our study is to identify characteristics of community programs and policies that may have an impact on childhood obesity rates. Because of the work you do within your community, we feel you can provide valuable information to help us address this issue.

Before we get started, I would like to remind you that this is a research study and as such you are a research participant. I will now review our consent form.

IF A FACE-TO-FACE INTERVIEW, HAND RESPONDENT A COPY OF THE CONSENT FORM. ONCE THE FORM IS REVIEWED AND ALL QUESTIONS ARE ANSWERED, HAVE THE RESPONDENT SIGN THE CONSENT FORM AND

RETURN. LEAVE A COPY WITH THEM FOR THEIR RECORDS. OTHERWISE, DOCUMENT VERBAL CONSENT.

Thank you. I would now like to ask you to verify your name and contact information in case we have additional questions or would like to clarify any information we discuss today.

A5. What is your full name? _____
★

A6. What is your mailing address?
★ ADDRESS 1 – Business/Organization Name: _____
ADDRESS 2 – Number / Street Name: _____
ADDRESS 3 – City, State ZIP: _____

A7. What is your preferred phone number? _____
★

A8. What is your preferred e-mail address? _____
★

I now have some basic background and demographic information to ask you. These questions are simple and straightforward and as with all other data we will be collecting today are kept private under the Privacy Act.

A9. What is your job title? READ ANSWERS. ★

Parks and Recreation Administrator/ Staff Member.....	1
Urban Planner.....	2
Local Health Department Administrator/Staff Member.....	3
Chair of an active Community Health Coalition.....	4
School Principal.....	5
School Food Service Administrator...	6
School Health Coordinator.....	7
School Physical Activity Coordinator.....	8
Healthcare Provider.....	9
Non-Profit Staff/Administrator.....	10
Human Service Provider.....	11
Youth-Serving Organization Staff/Administrator.....	12
Other.....	13
REFUSED.....	97
DON'T KNOW.....	98

SPECIFY: _____

IF Q.A9 = ANY RESPONSE 1 - 8, ASK RELATED QUESTIONS IN **SECTIONS B and D**.
ELSE, FOLLOWING COMPLETION OF SECTION C, END THE INTERVIEW.

A10. What company/organization/department do you work with? _____
★

A11. What sector or part of the community do you work within? Education.....1

* READ ANSWERS. USE RESPONSE CHOICES CARD.

Health Organization/Coalition.....2
Government.....3
Non-profit/Community
organization/Service agency.....4
Other.....5
REFUSED.....7
DON'T KNOW.....8

SPECIFY: _____

IF Q.A11 = 1, ASK A11a. ELSE SKIP TO Q.A12

A11a. What type of school do you work with?
READ ANSWERS. USE RESPONSE CHOICES CARD.

*

Elementary School.....1
Middle/Jr. High School.....2
High School.....3
College Level.....4
REFUSED.....7
DON'T KNOW.....8

A11b. Do you plan to still be in your present job in the next
6 – 12 months?

YES.....1
NO.....0
REFUSED.....7
DON'T KNOW.....8

A.11c. Can you provide the name and contact information
of the person who can direct us to the best person to speak
with about your organization's programs should you no
longer be in your present job?

Name: _____
Phone: _____
E-mail: _____

A12. Do you live in this community?

*

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

IF Q. A12 = 1, ASK A12a. ELSE SKIP TO Q.13

A12a. How long have you lived in the community?

*

NUMBER YEARS.....
NUMBER MONTHS.....
REFUSED.....7
DON'T KNOW.....8

A13. How long have you been involved with community issues
related to nutrition, physical activity, and healthy weight of
children and youth?

*

NUMBER YEARS.....
NUMBER MONTHS.....
REFUSED.....7
DON'T KNOW.....8

A14. What is the highest grade or level of education you have
completed or the highest degree you have received?

NEVER ATTENDED/
KINDERGARTEN ONLY.....1
1ST GRADE.....2
2ND GRADE.....3
3RD GRADE.....4
4TH GRADE.....5
5TH GRADE.....6
6TH GRADE.....7
7TH GRADE.....8
8TH GRADE.....9
9TH GRADE.....10
10TH GRADE.....11
11TH GRADE.....12

12TH GRADE.....13
 12TH GRADE, NO DIPLOMA.....14
 HIGH SCHOOL GRADUATE.....15
 GED OR EQUIVALENT.....16
 SOME COLLEGE, NO DEGREE.....17
 ASSOCIATE DEGREE: OCCUPATIONAL,
 TECHNICAL, OR VOCATIONAL PROGRAM.....18
 ASSOCIATE DEGREE:
 ACADEMIC PROGRAM.....19
 BACHELOR'S DEGREE
 (BA, AB, BS, BBA).....20
 MASTER'S DEGREE
 (MA, MS, MENG, MED, MBA).....21
 PROFESSIONAL SCHOOL DEGREE
 (MD, DDS, DVM, JD).....22
 DOCTORAL DEGREE (PHD, EDD).....23
 REFUSED.....7
 DON'T KNOW.....8

A15. Do you consider yourself Hispanic/Latin(o/a)?

YES.....1
 NO.....2
 REFUSED.....7
 DON'T KNOW.....8

IF Q.A15 = 1, ASK A15a. ELSE SKIP TO Q.16

A15a. Which of the following represent your Hispanic origin or ancestry? READ ANSWERS. CODE ALL THAT APPLY.

Puerto Rican.....1
 Dominican (Republic).....2
 Mexican/Mexican American.....3
 Cuban/Cuban American4
 Central/South American.....5
 Other Latin American.....6
 Other Hispanic Or Latino.....7
 REFUSED.....97
 DON'T KNOW.....98

A16. What race do you consider yourself to be? SELECT ONE OR MORE.

WHITE.....1
 BLACK/ AFRICAN AMERICAN.....2
 AMERICAN INDIAN/ALASKA NATIVE....3

 NATIVE HAWAIIAN/PACIFIC ISLANDER4
 ASIAN.....5
 REFUSED.....97
 DON'T KNOW.....98

SPECIFY:

IF Q.A16=4, ASK QA16a

A16A. Which Native Hawaiian and/or Pacific Islander group? [SELECT ONE OR MORE]

NATIVE HAWAIIAN.....1
 GUAMANIAN.....2

SAMOAN.....	3
OTHER PACIFIC ISLANDER (SPECIFY).....	4
REFUSED.....	97
DON'T KNOW.....	98

IF Q.A16=5, ASK QA16B

A16B. Which Asian group? [SELECT ONE OR MORE]

ASIAN INDIAN.....	1
CHINESE.....	2
FILIPINO.....	3
JAPANESE.....	4
KOREAN.....	5
VIETNAMESE.....	6
OTHER ASIAN (SPECIFY).....	7
REFUSED.....	97
DON'T KNOW.....	98

A17. What languages do you speak? CODE ALL THAT APPLY.

ENGLISH.....	1
SPANISH.....	2
OTHER.....	3
REFUSED.....	7
DON'T KNOW.....	8

CONTINUE TO SECTION B: KEY INFORMANT ORGANIZATION INFORMATION.

This form represents the **one module** that should be completed for each individual ORGANIZATION. With each new key informant interview, this one module should be added to.

* Question to also be asked or documented during the Follow-up (In-Person, Telephone, or Website) Interview: Responses to be based on changes and updates since the previous interview (section introductions and question wording will be amended accordingly).

SECTION B

* ORGANIZATION STUDY ID

I would now like for us to talk broadly about your community's efforts to promote physical activity, healthy nutrition, and /or healthy weight, and then more specifically about **your organization's** efforts through particular program and policy development and implementation.

B1. To what extent has your community been active in promoting physical activity, healthy nutrition, and/or healthy weight among children or youth? Think broadly as we want to collect as much information as possible.

[**POSSIBLE PROBES:** Please describe how people have been working together to promote physical activity, healthy eating, or healthy weight among children and youth. What is happening? How has it been going?; What parts of the community have been active in encouraging this – schools, health department, government, United Way agencies, other organizations or community coalitions/partnerships?]

Now, I would like to talk more specifically about what **your organization** (insert organization name) has done to promote physical activity, healthy nutrition and/or healthy weight among children and youth. We are attempting to document what programs or policies have been implemented in the community since 2002.

FOR EACH PROGRAM/POLICY INDICATED BELOW (IN QUESTIONS Q.B2 – Q.B7), OPEN A NEW PROGRAM/POLICY LEVEL MODULE (**SECTION D**) AND COMPLETE.

For **PHYSICAL ACTIVITY**, we are interested in your organization's efforts to make it easier or more likely for children and youth to be more physically active.

B2. What specific **programs** were implemented within or by your organization to promote physical activity? [Since 2007? Since 2002?]

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL PROGRAMS; ENTER ONE PROGRAM NAME AT A TIME – FOR EACH ADDITIONAL PROGRAM, ADD A ROW.

ADD A ROW FOR EACH NEW PROGRAM

B3. What specific **policies** were implemented within or by your organization to promote physical activity? [Since 2007? Since 2002?]

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL POLICIES; ENTER ONE POLICY NAME AT A TIME – FOR EACH ADDITIONAL POLICY, ADD A ROW.

ADD A ROW FOR EACH NEW POLICY

B4. What specific **changes to the physical environment were made** within or by your organization to promote physical activity? [Since 2007? Since 2002?]

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL ENVIRONMENTAL CHANGE; ENTER ONE CHANGE AT A TIME – FOR EACH ADDITIONAL CHANGE, ADD A ROW.

ADD A ROW FOR EACH NEW ENVIRONMENTAL CHANGE

THE FOLLOWING QUESTIONS, (Q.B5 – Q.B8), WHICH ARE RELATED TO PHYSICAL ACTIVITY EFFORTS WITHIN THE COMMUNITY, ARE TO BE ASKED OF A KEY INFORMANT WHO IS EITHER: **PARKS AND RECREATION ADMINISTRATOR/STAFF MEMBER** (Q.A9 = 1) OR **URBAN PLANNER** (Q.A9 = 2).

B5. Has your organization planned and/or implemented programs or events (not yet mentioned) to specifically promote physical activity at your parks or within your community?

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL PROGRAMS/EVENTS; ENTER ONE AT A TIME – FOR EACH ADDITIONAL POLICY, ADD A ROW.

ADD A ROW FOR EACH NEW PROGRAM/EVENT

B6. Has your organization partnered with an outside organization (e.g., health department, non-profit agency, health care organization) specifically to promote physical activity at your parks or within your community (not yet mentioned)?

ALLOW PARTICIPANT TO LIST THE DIFFERENT ACTIVITIES; ENTER ONE AT A TIME – FOR EACH ADDITIONAL ACTIVITY, ADD A ROW.

ADD A ROW FOR EACH NEW ACTIVITY

B7. Has your organization planned and/or implemented improvements to physical features at your parks or within the community, such as additional park lighting, pedestrian/biking routes, new fitness trails and/or parks?

ALLOW PARTICIPANT TO LIST THE DIFFERENT IMPROVEMENTS; ENTER ONE AT A TIME – FOR EACH ADDITIONAL IMPROVEMENT, ADD A ROW.

ADD A ROW FOR EACH NEW IMPROVEMENT

B8. Has your organization partnered with an outside organization (e.g., health department, non-profit agency, health care organization) to plan and/or implement improvements to physical features at your parks or within the community, such as additional park lighting, pedestrian/biking routes, new fitness trails and/or parks?

ALLOW PARTICIPANT TO LIST THE DIFFERENT IMPROVEMENTS; ENTER ONE AT A TIME – FOR EACH ADDITIONAL IMPROVEMENT, ADD A ROW.

ADD A ROW FOR EACH NEW IMPROVEMENT

For **NUTRITION**, we are interested in your organization's efforts to make it easier or more likely for children and youth to eat healthier foods.

B9. What specific **programs** were implemented within or by your organization to promote healthy nutrition? [Since 2007? Since 2002?]

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL PROGRAMS; ENTER ONE PROGRAM NAME AT A TIME – FOR EACH ADDITIONAL PROGRAM, ADD A ROW.

ADD A ROW FOR EACH NEW PROGRAM

B10. What specific **policies** were implemented within or by your organization to promote healthy nutrition? [Since 2007? Since 2002?]

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL POLICIES; ENTER ONE POLICY NAME AT A TIME – FOR EACH ADDITIONAL POLICY, ADD A ROW.

ADD A ROW FOR EACH NEW POLICY

B11. What specific **changes to the physical environment** were made
* within or by your organization to promote healthy nutrition? [Since 2007? Since 2002?]

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL ENVIRONMENTAL CHANGE; ENTER ONE CHANGE AT A TIME – FOR EACH ADDITIONAL CHANGE, ADD A ROW.

ADD A ROW FOR EACH NEW ENVIRONMENTAL CHANGE

THE FOLLOWING QUESTIONS (B12 – B14), WHICH ARE RELATED TO NUTRITION EFFORTS WITHIN THE COMMUNITY, ARE TO BE ASKED OF A KEY INFORMANT WHO IS EITHER: **LOCAL HEALTH DEPARTMENT ADMINISTRATOR/STAFF MEMBER** (Q.A9 = 3) OR **CHAIR OF AN ACTIVE COMMUNITY HEALTH COALITION** (Q.A9 = 4)

B12. Have there been any other policies or programs implemented (not yet mentioned) to improve the foods, food marketing, or nutrition education offered at any type of restaurant (including fast food) or to establish new restaurants with healthy options in this community?

ALLOW PARTICIPANT TO LIST THE DIFFERENT EFFORTS; ENTER ONE EFFORT AT A TIME – FOR EACH ADDITIONAL EFFORT, ADD A ROW.

 ADD A ROW FOR EACH NEW PROGRAM/POLICY

B13. Have there been any other policies or programs implemented (not yet mentioned) to improve the foods, food marketing, or nutrition education available at any type of stores (including supermarkets, convenience stores, etc.) or to establish new stores with healthy options in the community?

ALLOW PARTICIPANT TO LIST THE DIFFERENT EFFORTS; ENTER ONE EFFORT AT A TIME – FOR EACH ADDITIONAL EFFORT, ADD A ROW.

 ADD A ROW FOR EACH NEW PROGRAM/POLICY

B14. Are there additional people we should talk to about store and restaurant-related efforts?

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

IF Q.B14 = 1, COMPLETE Q.B14a FOR EACH CONTACT. ELSE SKIP TO Q.B15.

B14a. Please provide the name and contact information for the individuals we should contact.

THE FOLLOWING QUESTIONS (B15 – B16), WHICH ARE RELATED TO NUTRITION EFFORTS WITHIN THE COMMUNITY, ARE TO BE ASKED OF A KEY INFORMANT WHO IS EITHER: **SCHOOL PRINCIPAL** (Q.A9 = 5) OR **SCHOOL FOOD SERVICE ADMINISTRATOR** (Q.A9 = 6) OR **SCHOOL HEALTH COORDINATOR** (Q.A9 = 7).

B15. Have there been any other programs/policies implemented (not yet mentioned) to improve any of the following at your school/the schools in your community: School meals; Meal facilities and equipment (kitchen, dining, and serving facilities); Competitive foods (foods sold in vending machines, snack bars, stores, etc.); Foods at classroom parties and school events; Food used as reward; Food and beverage marketing; Nutrition education or weight management activities; Nutrition promotion events and activities; Staff wellness activities and environments?

ALLOW PARTICIPANT TO LIST THE DIFFERENT EFFORTS; ENTER ONE EFFORT AT A TIME – FOR EACH ADDITIONAL EFFORT, ADD A ROW.

 ADD A ROW FOR EACH NEW PROGRAM/POLICY

B15a. For each new program/policy, please briefly describe **who**, did **what**, **with whom**, and with what intended **result**.

- B16. Are there additional people we should talk in order to cover all these aspects of schools foods and nutrition?
- YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

IF Q.B16 = 1, COMPLETE Q.B16a FOR EACH CONTACT. ELSE SKIP TO Q.B17.

B16a. Please provide the name and contact information for the individuals we should contact.

Now, I would like to talk more specifically about what **other community organizations** have done to promote physical activity, healthy nutrition and/or healthy weight among children and youth. Since 2002, what programs or policies have been implemented by others outside your organization to promote physical activity, healthy eating, or healthy weight among children and youth?

FOR EACH PROGRAM/POLICY INDICATED BELOW (IN QUESTIONS Q.B17 – Q.B22), OPEN A NEW PROGRAM/POLICY LEVEL MODULE (SECTION D) AND COMPLETE.

For **Physical Activity**, we are interested in community efforts to make it easier or more likely for children and youth to be more physically active.

- B17. What specific **programs** were implemented to promote physical activity? [Since 2007? Since 2002?]

✱

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL PROGRAMS; ENTER ONE PROGRAM NAME AT A TIME – FOR EACH ADDITIONAL PROGRAM, ADD A ROW.

ADD A ROW FOR EACH NEW PROGRAM

- B18. What specific **policies** were implemented to promote physical activity? [Since 2007? Since 2002?]

✱

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL POLICIES; ENTER ONE POLICY NAME AT A TIME – FOR EACH ADDITIONAL POLICY, ADD A ROW.

ADD A ROW FOR EACH NEW POLICY

- B19. What specific **changes to the physical environment** were made to promote physical activity? [Since 2007? Since 2002?]

✱

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL ENVIRONMENTAL CHANGE; ENTER ONE CHANGE AT A TIME – FOR EACH ADDITIONAL CHANGE, ADD A ROW.

ADD A ROW FOR EACH NEW ENVIRONMENTAL CHANGE

For **Nutrition**, we are interested in community efforts to make it easier or more likely for children and youth to eat healthier foods.

- B20. What specific **programs** were implemented to promote healthy nutrition? [Since 2007? Since 2002?]

✱

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL PROGRAMS; ENTER ONE PROGRAM NAME AT A TIME – FOR EACH ADDITIONAL PROGRAM, ADD A ROW.

ADD A ROW FOR EACH NEW PROGRAM

- B21. What specific **policies** were implemented to promote healthy nutrition? [Since 2007? Since 2002?]

✱

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL POLICIES; ENTER ONE POLICY NAME AT A TIME – FOR EACH

ADD A ROW FOR EACH NEW POLICY

ADDITIONAL POLICY, ADD A ROW.

B22. What specific **changes to the physical environment** were made to promote healthy nutrition? [Since 2007? Since 2002?]

✱

ALLOW PARTICIPANT TO LIST THE DIFFERENT ORGANIZATION LEVEL ENVIRONMENTAL CHANGE; ENTER ONE CHANGE AT A TIME – FOR EACH ADDITIONAL CHANGE, ADD A ROW.

☞ ADD A ROW FOR EACH NEW ENVIRONMENTAL CHANGE

CONTINUE TO SECTION C: PROGRAMS AND POLICIES.

This form represents the **one module** that should be completed for **each individual PROGRAM / POLICY** (as listed in SECTION B) and will have information provided via Key Informant Interview AND via document abstraction. With each new key informant interview/ document abstraction, this one module should be added to/updated.

This section – SECTION C – is also to be used by the Community Documenter within the RIPA communities to conduct quarterly program updates (noting new programs and updates to existing programs) with the respective program Key Informant.

✱ Question to also be asked or documented during the Follow-up (In-Person, Telephone, or Website) Interview: Responses to be based on changes and updates since the previous interview (section introductions and question wording will be amended accordingly).

SECTION C

✱ INDICATE INFORMATION SOURCE

KEY INFORMANT.....1
DOCUMENT...(SKIP TO Q.D38).....2

✱ PROGRAM / POLICY STUDY ID

✱ PROGRAM / POLICY NAME

GENERAL (PROGRAM/POLICY) QUESTIONS

[INTERVIEWER: HAND KEY INFORMANT **RESPONSE CHOICES CARD** FOR AID IN ANSWERING QUESTIONS IN THIS AND SUBSEQUENT SECTIONS; FOR REMOTE INTERVIEWS, [SHOW MAP OR ASK RESPONDENT TO REFER TO MAP SENT VIA POST- OR E-MAIL].

C1. Please describe the (program name/policy name). Briefly describe **who**, did **what**, **with whom**, and **toward what goal**. Be specific about the **strategy**, **duration**, and **reach**, of the community program/policy.

WHO: _____
DID WHAT: _____
WITH WHOM: _____
TOWARD WHAT GOAL: _____

GOAL (Hypothesis)

C2a. Describe the **goal(s)** that were addressed by this program/policy during the current year (or in its last form, if no longer in place)?

C2b. As I understand your description of the activity, the **goal(s)** addressed by the program/policy was...

Improve Nutrition.....1
Increase Physical Activity.....2
Both.....3
Other.....4

SELECT GOAL(S) AND ASK THE INTERVIEWEE IF THAT

IS WHAT THEY DESCRIBED. IF NOT, SELECT ANOTHER AND REPEAT PROCESS.

REFUSED.....7
DON'T KNOW 8

C2c. (If different at beginning), what **goal(s)** did this program/policy address when it first began (at the onset, perhaps as far back as 2002)?
★

Improve Nutrition.....1
Increase Physical Activity.....2
Both.....3
Other.....4
REFUSED.....7
DON'T KNOW 8

Q.C3 – Q.C5: BEHAVIOR CHANGE STRATEGY (for Intensity Score)

C3a. Describe the **behavior change strategies** that were used by the program/policy during the current year of the activity (or in its last form, if no longer in place)?
★

C3b. As I understand your description of the activity, the **behavior change strategies** used by the program/policy were...
★

SELECT APPROPRIATE CHOICES AND ASK THE INTERVIEWEE IF THAT IS WHAT THEY DESCRIBED. IF NOT, SELECT ANOTHER AND REPEAT PROCESS.

Providing information and enhancing skills.....1
Enhancing services and support.....2
Modifying access, opportunities, and barriers.....3
Changing consequences.....4
Modifying policies and broader systems.....5
Other.....6
REFUSED.....-1
DON'T KNOW -2

C3c. Brief description of how each identified behavior change strategy was implemented.
★

C3d. (If different at beginning), what **behavior change strategies** did this program/policy implement when it first began (at the onset, perhaps as far back as 2002)?
★

Providing information and enhancing skills.....1
Enhancing services and support. .2
Modifying access, opportunities, and barriers.....3
Changing consequences.....4
Modifying policies and broader systems.....5
Other.....6
REFUSED.....7
DON'T KNOW 8

C4. What is the estimated percentage of the population (i.e., children/adults in school district) who received or was exposed to the community (program/policy)?
★
READ ANSWERS. SELECT ONLY ONE.

0-5%.....1
5-25%.....2
25-50%.....3
50-75%.....4
75-100%.....5
REFUSED.....97
DON'T KNOW 98

C5. What is the estimated level or degree to which this community (program/policy) was actually implemented in the community?
★
READ ANSWERS. SELECT ONLY ONE.

Low (0-33%).....1
Medium (34-66%).....2
High (67-100%).....3
REFUSED.....97
DON'T KNOW.....98

C6. Describe how the (program/policy) was **adapted** or
* (re)designed to fit the culture and context of the community.

DURATION (for Intensity Score)

C7. What was the **onset** or beginning date of this
* (program/policy)?

MONTH / DAY / YEAR

REFUSED.....7
DON'T KNOW.....8

C8. Is this ongoing or still in operation?
*

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

IF Q.C8 = 2, ASK Q.C9. ELSE SKIP TO Q.C10

C9. When did it end?
*

MONTH / DAY / YEAR

REFUSED.....7
DON'T KNOW.....8

C10. Describe the **duration**– how often it occurred during the current
* year – of the activity (or, in its last form, if no longer in place).

C11. As I understand your description of the activity, the **duration**
* was...

One-time event.....1
More than once.....2
Ongoing.....3
REFUSED.....7
DON'T KNOW 8

READ ANSWERS. SELECT ONLY ONE AND ASK THE INTERVIEWEE IF THAT IS WHAT THEY DESCRIBED. IF NOT, SELECT ANOTHER AND REPEAT PROCESS.

C12. (If different at beginning) what was the **duration** – how often it
* occurred – when it first began (at the onset, perhaps as far back as 2002)?

One-time event.....1
More than once.....2
Ongoing.....3
REFUSED.....7
DON'T KNOW 8

REACH (for Intensity Score)

C13. IS THIS A PROGRAM OR A POLICY?
*

PROGRAM.....1
POLICY.....2

C14. Estimate the **number** of people who took part in the program or
* experienced the policy (e.g., 1000 elementary school children) during the current year (or in its last form, if no longer in place)?

REFUSED.....7
DON'T KNOW.....8

C15. As I understand your description of the activity, the **number** of
people who experienced the program/policy was...

* ENTER THE NUMBER AND ASK THE INTERVIEWEE IF THAT IS WHAT THEY DESCRIBED. IF NOT, SELECT ANOTHER AND REPEAT PROCESS.

REFUSED.....7
DON'T KNOW.....8

C16. (If different at beginning), what was the **number** of people who experienced the program/policy when it first began (at the onset, perhaps as far back as 2002)?

REFUSED.....7
DON'T KNOW.....8

C17. Describe the **percent** of the total intended population who experienced the program/policy (e.g., 100 of 5,000 or 2% of eligible pre-school children) currently (or in its last form, if no longer in place)?

PROVIDE CENSUS TRACT POPULATION FIGURES/MAP FOR TARGETED AGE GROUP.

C18. As I understand your description of the activity, the **percent** of the total intended population who experienced the program policy was...

%

REFUSED.....7
DON'T KNOW.....8

Enter the percent and ask the interviewee if that is what they described. If not select another and repeat process.

C19. (If different at beginning), what was the **percent** of the total intended population who experienced the community program/policy when it first began initially (at the onset, perhaps as far back as 2002) .

%

REFUSED.....7
DON'T KNOW.....8

C20. If a program, describe the **frequency** with which the program delivered to the targeted population?

times per

DAY.....1
WEEK.....2
MONTH.....3
YEAR.....4
REFUSED.....7
DON'T KNOW.....8

C21. As I understand your description of the activity the **frequency** with which the program was delivered to the targeted population was?

times per

DAY.....1
WEEK.....2
MONTH.....3
YEAR.....4
REFUSED.....7
DON'T KNOW.....8

ENTER THE NUMBER AND ASK THE INTERVIEWEE IF THAT IS WHAT THEY DESCRIBED. IF NOT, SELECT ANOTHER AND REPEAT PROCESS.

C22. (If different at beginning), what was the **frequency** with which the program was delivered to the targeted population initially (at the onset, perhaps as far back as 2002)?

times per

DAY.....1
WEEK.....2
MONTH.....3
YEAR.....4
REFUSED.....7
DON'T KNOW.....8

C23. What were the key **behavioral objectives** of the community program/policy? (What behaviors of children were supposed to change?)
* You may select more than one answer from the list.
READ ANSWERS.

- Increase consumption of fruits and vegetables.....1
- Increase consumption of wholegrain foods such as breads, rice, pasta, cereals.....2
- Increase eating breakfast.....3
- Increase consumption of water.....4
- Decrease consumption of sugar sweetened beverages.....5
- Decrease consumption of fast food.....6
- Decrease consumption of fat.....7
- Decrease consumption of high calorie snacks, desserts, sweets, and candy...8
- Decrease calories from all food.....9
- Increase breastfeeding/improve infant health.....10
- Other.....11
- REFUSED.....97
- DON'T KNOW.....98

FOR HYPOTHESIS – Combinations of Change Strategies

C24. Which of the following **CDC Community Strategies** were used? (Which of these approaches were used?) You may select more than one answer from the list.
* READ ANSWERS.

- Increase availability of healthier food and beverage choices.....1
- Improve affordability of healthier food and beverage choices.....2
- Improve geographic availability of supermarkets/ food retailers in underserved areas.....3
- Improve production, distribution, and procurement of foods from local farms.....4
- Restrict availability of less healthy foods and beverages.....5
- Institute smaller portion size options...6
- Limit advertisements of less healthy foods and beverages.....7
- Increase support for breastfeeding....8
- Other.....9
- Not Applicable.....10
- REFUSED.....97
- DON'T KNOW.....98

C25. Which of the following **CDC MAPPS Strategies** were used? You may select more than one answer from the list.
* READ ANSWERS.

*NOTE OF CLARIFICATION: MAPPS Strategies refer to a community's use of **Media, Access, Point Of Decision, Price, And Social Support/Services** in helping to change the social and physical environment to positively assist an individual in making healthier lifestyle choices.*

- Use media to promote healthy foods/drinks.....1
- Restrict advertising and employ counter-advertising for unhealthy foods/ drinks.....2
- Increase access to healthy food/ drink choices.....3
- Reduce the availability of unhealthy foods/drinks.....4
- Use point of decision labeling/ signage/ placement to increase consumption of healthy foods/drinks. .5
- Use price to benefit consumption of healthy foods/drinks.....6
- Use social support/services to promote breastfeeding.....7
- Other.....8
- None of the above.....9
- REFUSED.....97

DON'T KNOW.....98

INCREASE PHYSICAL ACTIVITY RELATED QUESTIONS (Ask of respondents who choose "PHYSICAL ACTIVITY" as a Goal; ; Q.C2b = 2 or 3)

- C26. What were the key **behavioral objectives** of the community program/policy? (What behaviors were supposed to change?)
 * You may select more than one answer from the list.
 READ ANSWERS.
- Increase walking or biking to/from school.....1
 - Increase exposure to physical education (i.e., frequency and/or duration of classes).....2
 - Increase moderate to vigorous physical activity in PE classes.....3
 - Increase physical activity during school recess or classroom instruction.....4
 - Increase participation in school sports teams.....5
 - Increase participation in community-based sports teams.....6
 - Increase participation in community-based physical activity lessons, classes, or clubs.....7
 - Increase participation in home/family physical activity.....8
 - Increase physical activity in after school programs.....9
 - Decrease TV watching.....10
 - Decrease recreational computer/internet use.....11
 - Decrease time spent playing inactive video/ handheld electronic games.....12
 - Other.....13
 - REFUSED.....97
 - DON'T KNOW.....98
- C27. Which of the following **CDC Community Strategies** were used? (Which of these approaches were used?)
 * You may select more than one answer from the list.
 READ ANSWERS.
- Require physical education in schools.....1
 - Increase the amount of physical activity in physical education programs in schools.....2
 - Increase opportunities for extracurricular physical activity.....3
 - Reduce screen time in public service venues.....4
 - Improve access to outdoor recreational facilities.....5
 - Enhance infrastructure supporting bicycling.....6
 - Enhance infrastructure supporting walking.....7
 - Support locating schools within easy walking distance of residential areas. .8
 - Improve access to public Transportation.....9
 - Zone for mixed use development.....10
 - Enhance personal safety in areas where persons are or could be physically active.....11
 - Enhance traffic safety in areas where persons are or could be physically active.....12
 - Participate in community coalitions or partnerships to address obesity....13

Other.....14
None of the above.....15
REFUSED.....97
DON'T KNOW.....98

C28. Which of the following **CDC MAPPS Strategies** were used?
* You may select more than one answer from the list.
READ ANSWERS.

Use media to increase activity.....1
Increase access to safe locations
to be active and improve the built
environment.....2
Use of point of decision labeling/
signage/ placement to prompt
physical activity.....3
Use social support/services to
promote increased activity.....4
Other.....5
None of the above.....6
REFUSED.....7
DON'T KNOW.....8

For Hypothesis – Targeting of Populations

C29. What was the **child population** whose behavior was to be
changed by the community program/policy? (Did the activity
target all children/youth regardless of their weight? Did it focus
on overweight youth?)
You may select more than one answer from the list.
READ ANSWERS.

Universal (CP addressed all
children/youth).....1
Targeted (CP focused on overweight
youth).....2
Both.....3
REFUSED.....7
DON'T KNOW.....8

C30. What were the **targeted groups** whose behavior was to be
changed by the community (program/policy)?
You may select more than one answer from the list.
READ ANSWERS.

Children.....1
Parents/Caregivers.....2
Child care providers.....3
Teachers.....4
Government staff/official.....5
Community members.....6
Food service personnel.....7
Health care providers.....8
Business people.....9
Other service providers.....10
Nonprofit staff.....11
Other.....12
REFUSED.....97
DON'T KNOW.....98

C31. What were the **ages** of these groups targeted by the community
(program/policy)?
You may select more than one answer from the list.
READ ANSWERS.

Infants 0-2.....1
Early childhood 3-5.....2
Children 6-11.....3
Adolescents 12-19.....4
Adults 20-older.....5
REFUSED.....97
DON'T KNOW.....98

C32. What was the primary **gender** of the group(s) targeted by the
community (program/policy)?
Select only one READ ANSWERS.

Male.....1
Female.....2
All.....3
REFUSED.....97
DON'T KNOW.....98

C33. What was the primary **income level** of the group(s) targeted by
the community (program/policy)? You may select more than one

Low-Income.....1
All.....2
REFUSED.....97

answer from the list. READ ANSWERS.

DON'T KNOW.....98

- C34. What were the primary **racial/ethnic groups** to benefit from the community (program/policy).
You may select one or more from the list.

WHITE.....1
BLACK/ AFRICAN AMERICAN.....2
AMERICAN INDIAN/ALASKA NATIVE...3
.....4
NATIVE HAWAIIAN/PACIFIC ISLANDER
.....5
ASIAN.....6
SOME OTHER RACE (SPECIFY).....7
REFUSED.....97
DON'T KNOW.....98

SPECIFY:

- C35. Where or in what place (5 digit zip code; County/State) did this community (program/policy) primarily take place?
[SHOW MAP WITH ZIP CODES INCLUDED IN THE HIGH SCHOOL CATCHMENT AREA; OR ASK RESPONDENT TO REFER TO MAP SENT VIA POST- OR E-MAIL].

FOR OTHER / FUTURE HYPOTHESES

- C36. What primary setting did this community (program/policy) affect?
* You may select more than one answer from the list.
READ ANSWERS.

Business.....1
Child care/Preschool sites.....2
Community Organizations.....3
Criminal Justice.....4
Faith-based organizations.....5
Food retailers.....6
Health care organizations.....7
Health Department – Local.....8
Health Department – State.....9
Home.....10
Other Government Organizations....11
Media.....12
Neighborhood.....13
Parks and Recreation.....14
Schools.....15
Transportation.....16
Youth Organizations.....17
Other.....18
REFUSED.....97
DON'T KNOW.....98

- C37. At what level is this community (program/policy) intended to have the most effect?
* READ ANSWERS. SELECT ONLY ONE.

Individual.....1
Family/Interpersonal.....2
Organization.....3
Community.....4
Broader System.....5
REFUSED.....7
DON'T KNOW.....8

- C38. What key **social determinants** or contributors to health disparities were addressed by this community (program/policy)?
* You may select more than one answer from the list.
READ ANSWERS.

Access to healthcare.....1
Community power/influence.....2
Crime/safety.....3
Education.....4
Employment.....5
Housing.....6
Poverty/income inequality.....7
Racism/discrimination.....8
Social cohesion/connectedness...9

Transportation.....10
None.....11
Other.....12
REFUSED.....97
DON'T KNOW.....98

C39. What people or groups (e.g., coalition, partnership) worked together to bring about this community [program/policy]?
★

I'd now like to ask you some questions about funding for this (program/policy) and will ask a series of questions for each type of funding you received.

ADD A SECTION (for Q.D40 – QD.44) FOR EACH ADDITIONAL FUNDING SOURCE.

C40. What is the name of the funding source?
★

C41. What type of funding source is/was this? READ ANSWERS.
★ SELECT ONLY ONE.

Local Government.....1
State Government.....2
Federal Government.....3
Other Government.....4
Non-Profit Foundation.....5
Non-Profit Community
Organization.....6
Other Non-Profit.....7
REFUSED.....97
DON'T KNOW.....98

C42. How much funding was devoted to this (program/policy)?
★

\$
REFUSED.....97
DON'T KNOW.....98

C43. When did the funding start?
★

MONTH / DAY / YEAR
REFUSED.....97
DON'T KNOW.....98

C44. When did the funding end?
★

MONTH / DAY / YEAR
REFUSED.....97
DON'T KNOW.....98

C45. Is there another person or persons in your organization with more knowledge about this [program/policy] that we should be sure to talk with?
★
ADD A QUESTION FOR EACH NEW CONTACT PROVIDED.

YES.....1
NO.....2
REFUSED.....97
DON'T KNOW.....98

IF Q.C45 = 1, COMPLETE Q.C45a FOR EACH ADDITIONAL CONTACT.
ELSE SKIP TO DOCUMENT ABSTRACTION (Q.C46).

C45a. Please provide the name and contact information for the person we should contact about this (program/policy).

✱

CONTEXT/MODERATING FACTORS

I would like to ask you a few **overall** questions about the contributions of your organization's programs/ policies/ environmental changes we discussed today, and the factors in your community or context that made it easier or more difficult to implement them.

- C46. ✱ How do the programs/policies you identified **contribute** to promoting physical activity, healthy nutrition, and/or healthy weight; that is, how do you see these activities influencing the behaviors of healthy nutrition and physical activity among children and youth? _____
- C47. ✱ What **facilitating factors** of the context or situation made it easier to bring about and implement these community programs/policies? _____
- C48. ✱ What **restraining factors** of this context or situation made it more difficult to bring about and implement these community programs/policies? _____

More specifically, we would like to ask you about some particular aspects of the context or situation that might have affected **the community's** efforts to promote physical activity, healthy nutrition, or healthy weight among children and youth.

- C49. ✱ What is the **level of awareness** about the issue and actions to address it in the community? READ ANSWERS. SELECT ONLY ONE.

Low.....	1
Medium.....	2
High.....	3
REFUSED.....	7
DON'T KNOW.....	8
- C50. ✱ Please explain why you selected the answer you did. _____
- C51. ✱ What is the **level of leadership** in the community to address this issue? READ ANSWERS. SELECT ONLY ONE.

Low.....	1
Medium.....	2
High.....	3
REFUSED.....	7
DON'T KNOW.....	8
- C52. ✱ Please explain why you selected the answer you did. _____
- C53. ✱ What is the **level of collaboration or working together** in the community to address this issue? READ ANSWERS. SELECT ONLY ONE.

Low.....	1
Medium.....	2
High.....	3
REFUSED.....	7
DON'T KNOW.....	8
- C54. ✱ Please explain why you selected the answer you did. _____

★

C55. What is the **level of planning for action** to address this issue?
★ READ ANSWERS. SELECT ONLY ONE.

Low.....1
Medium.....2
High.....3
REFUSED.....7
DON'T KNOW.....8

C56. Please explain why you selected the answer you did.
★

C57. What is the **level of resources** available in the community to address
★ this issue? READ ANSWERS. SELECT ONLY ONE.

Low.....1
Medium.....2
High.....3
REFUSED.....7
DON'T KNOW.....8

C58. Please explain why you selected the answer you did.
★

C59. Is there anything else going on in the community—not mentioned yet
★ —to promote physical activity, healthy nutrition, or healthy weight among children and youth? Please describe.

C60. Who in the community has the most knowledge about this kind of
★ activity? Please provide the name and contact information for the person we should contact.

Q.C61 to Q.C63 to be completed by the Community Liaison.
--

C61. Was the Key Informant reporting on the community program or policy responsible for bringing it about?

C62. How consistent is this Key Informant or document with other sources of information?

C63. How would you rate the overall credibility of this source?

DOCUMENT REVIEW/ ABSTRACTION

We are also interested in examining documents that may help identify types of changes in community programs and policies. The types of documents we are interested in reviewing are:

- Publicly available legislative hearing documents;
- Annual Program Reports;
- Management Information System (MIS) Reports often used by funders;
- Available and relevant RFPs that may have been released within the time frame of interest;
- Agency-wide reports such as Healthy People 2000 and 2010;
- Coalition Reports from relevant organizations; and
- School, other institutional, and community wellness policies.

IF THERE ARE DOCUMENTS LISTED FOR THIS PROGRAM/POLICY, REVIEW EACH DOCUMENT RECEIVED AND CATALOGUED WITH THE KEY INFORMANT, REVISE THE LIST AS NEEDED.

IF NO DOCUMENTS ARE LISTED, CONTINUE TO Q.63.

Q64. Are there [any / additional] documents you can provide related to this program/policy?

YES.....	1
NO.....	2
REFUSED.....	97
DON'T KNOW.....	98

IF SPEAKING TO A KEY INFORMANT OF A SPECIAL JOB TITLE CATEGORY (PER SECTION A, Q.9), CONTINUE TO SECTION D [N/A FOR FOLLOW-UP INTERVIEW]; ELSE, END THE INTERVIEW.

This is the last of the questions that I have for you. I really appreciate your time today. If you think of anything else, please feel free to contact me. Here is my card. When I get back to my office, I will be reviewing the notes I have made. If I have any additional questions, I will contact you via the information you provided at the beginning of this interview. Again, thank you very much for your time. The information you have provided is very useful, and we are very appreciative of your time. Good bye!

* RECORD TIME INTERVIEW ENDED : AM / PM

*The questions in this section – **SECTION D** – are specific addendum questions to be asked of Key Informants serving in particular job titles/ categories as indicated in Section A and presented below. This section is part of the BASELINE INTERVIEW PROTOCOL ONLY.*

THE FOLLOWING QUESTIONS, (Q.D1 – Q.D4), WHICH ARE RELATED TO PHYSICAL ACTIVITY EFFORTS WITHIN THE COMMUNITY, ARE TO BE ASKED OF A KEY INFORMANT WHO IS EITHER: **PARKS AND RECREATION ADMINISTRATOR/STAFF MEMBER (Q.A9 = 1) OR URBAN PLANNER (Q.A9 = 2).**

I would now like to ask you questions about the parks within our study catchment area [**SHOW MAP** OR ASK RESPONDENT TO REFER TO MAP SENT VIA POST- OR E-MAIL], and specifically, about the features and amenities at these parks.

<p>D1. Are there any parks within the catchment area that have any of the following features? READ ANSWERS. CODE ALL THAT APPLY.</p>	<p>Playground/Tot lot.....1 Swimming pool deeper than 3 feet deep.....2 Wading pool less than 3 feet deep.....3 Basketball court.....4 Walking path.....5 Running track.....6 Bicycle trail.....7 Single or Multipurpose field....8 Skate park.....9 Streetlights.....10 Floodlights.....11 On-site community center....12 REFUSED.....97 DON'T KNOW.....98</p>
<p>D2. Do the parks in this area generally have a reputation for being safe, unsafe, or a mix of safe and unsafe? READ ANSWERS. SELECT ONLY ONE.</p>	<p>Safe.....1 Unsafe.....2 Mix of safe and unsafe.....3 REFUSED.....97 DON'T KNOW.....98</p>

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D3. Do you think the operating budget for the parks is sufficient to provide adequate maintenance at all parks?
 YES.....1
 NO.....2
 REFUSED.....7
 DON'T KNOW.....8

D3a. Can you please identify the three most influential parks in your community – that is, those parks that are most important in the community in providing programming or facilities for children and adolescents to be active?
 PARK 1: _____
 PARK 2: _____
 PARK 3: _____

D4. Are there additional people we should talk to related to: (1) efforts to plan programs or events to promote physical activity at the parks; (2) understanding physical changes to the community environment; or (3) the physical features at local parks?
 YES.....1
 NO.....2
 REFUSED.....7
 DON'T KNOW.....8

IF Q.D4 = 1, COMPLETE Q.D4a FOR EACH CONTACT. ELSE SKIP TO Q.D5.

D4a. Please provide the name and contact information for the individuals we should contact. _____

IF SPEAKING WITH THE **SCHOOL PRINCIPAL** (Q.A9 = 5), COMPLETE ALL REMAINING QUESTIONS;
 IF SPEAKING WITH THE **SCHOOL HEALTH COORDINATOR** (Q.A9 = 7), COMPLETE Q.D5 – Q.D16.
 IF SPEAKING WITH THE **SCHOOL PHYSICAL ACTIVITY COORDINATOR** (Q.A9 = 8), SKIP TO Q.D17.

I would now like to ask you some additional questions related to nutrition efforts in your school.

D5. What was the average daily attendance for the (current or most recent) school year at this school? RECORD A NUMBER, NOT A PERCENT.
 DAILY ATTENDANCE

D6. For how long and to what extent is nutrition instruction required for all grade levels for a specified number of hours? READ ANSWERS.
 NUMBER OF YEARS....
 Not at all.....1
 To some extent.....2
 To a large extent.....3
 Completely4
 REFUSED.....7
 DON'T KNOW.....8

D7. For how long and to what extent has this school implemented a comprehensive, sequential nutrition education program that includes all grade levels? READ ANSWERS.
 NUMBER OF YEARS....
 Not at all.....1
 To some extent.....2
 To a large extent.....3
 Completely4
 REFUSED.....7
 DON'T KNOW.....8

D8. For how long and to what extent does a team meet on a regular basis to plan or review a comprehensive
 NUMBER OF YEARS....

- nutrition education program or curriculum? READ ANSWERS.
- Not at all.....1
To some extent.....2
To a large extent.....3
Completely4
REFUSED.....7
DON'T KNOW.....8
- D9. For how long and to what extent have nutrition instruction materials been selected based on health education content standards? READ ANSWERS.
- NUMBER OF YEARS....
- Not at all.....1
To some extent.....2
To a large extent.....3
Completely4
REFUSED.....7
DON'T KNOW.....8
- D10. For how long and to what extent have the Nutrition Education Goals of the local wellness policy been implemented at this school? READ ANSWERS.
- NUMBER OF YEARS....
- Not at all (<10%).....1
To some extent (10-50%).....2
To a large extent (50-90%).....3
Completely (>90%).....4
REFUSED.....7
DON'T KNOW.....8
- D11. For how long and to what extent have Physical Activity Goals of the local wellness policy been implemented at this school? READ ANSWERS.
- NUMBER OF YEARS....
- Not at all (<10%).....1
To some extent (10-50%).....2
To a large extent (50-90%).....3
Completely (>90%).....4
REFUSED.....7
DON'T KNOW.....8
- D12. How does this school compare to other schools of the same level [elementary, middle, high] in the district with regard to implementation of the nutrition components of the wellness policy? READ ANSWERS.
- Less fully implemented than most.....1
About the same as most.....2
More fully implemented than most.....3
There are no other schools at our level in the district.....4
REFUSED.....7
DON'T KNOW.....8
- D13. How often did your school health or wellness council, committee, or team meet during the past 12 months? READ ANSWERS.
- Did not meet.....1
1-2 times.....2
3-4 times.....3
5-6 times.....4
>6 times.....5
N/A – we have only a district level health/ wellness committee.. (SKIP TO C24).....6
N/A – we have no district or school level health/ wellness committee....(SKIP TO C24)...7
REFUSED.....97
DON'T KNOW.....98
- D14. For how many years has this school health or wellness
- NUMBER YEARS.....

council, committee, or team been meeting on a regular basis?

REFUSED.....97
DON'T KNOW.....98

D15. Currently, does someone in your district or school coordinate school health or wellness, for example, a school health coordinator? READ ANSWERS.

At both.....1
At district only.....2
At school only.....3
At neither.....4
REFUSED.....97
DON'T KNOW.....98

D16. How long has this school had someone in this position?

NUMBER YEARS.....
NUMBER MONTHS.....
REFUSED.....97
DON'T KNOW.....98

I would now like to ask you some additional questions about your school's policies and practices related to physical activity and/or physical education.

In the past 12 months, has your school...

D17a. Sought positive media attention for physical education?

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

D17b. Provided families of all students with information on physical activity?

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

D17c. Offered school-wide physical activity or sports events, such as fun runs, to families of all students?

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

D17d. Provided awards or recognition for outstanding physical activity programs, such as intramural or interscholastic sports programs?

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

During the past 12 months, has your school collaborated on physical activity programs with any of the following?

D18a. A local health department.

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

D18b. A local hospital.

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

D18c. A local mental health or social services agency.

YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8

D18d. A health organization, such as the American Heart Association or American Cancer Society.

YES.....1
NO.....2
REFUSED.....7

	DON'T KNOW.....8
D18e. A local college or university.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18f. A local business.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18g. A local parks or recreation department.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18h. A local youth organization, such as the Boys and Girls Clubs.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18i. Alliance for a Healthier Generation.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18j. A local service club, such as the Rotary Club.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18k. A local health or fitness club.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18l. A local professional sports team.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18m. A local department of transportation or public works.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
D18n. A local law enforcement agency.	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8

The next questions ask about the use of physical activity as punishment or bad behavior and excluding students from physical activity or physical education as punishment for bad behavior.

D19. Has your school adopted a policy that prohibits teachers from excluding students from all or parts of recess as punishment for bad behavior or failure to complete class work?	YES.....1 NO.....2 REFUSED.....7 DON'T KNOW.....8
---	--

HEALTHY COMMUNITIES STUDY

- | | |
|--|--|
| D20. Has your school adopted a policy that prohibits teachers from using physical activity, for example running/walking laps or pushups, to punish students for bad behavior? | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D21. Has your school adopted a policy prohibiting physical education teachers from excluding students from all or part of physical education as a punishment for bad behavior? | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |

The last few questions ask about your school's active transport policies and practices.

Does your school do any of the following activities to support or promote walking or biking to and from school?

- | | |
|---|--|
| D22a. Use paid or volunteer crossing guards. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22b. Use a walking school bus (a walking school bus is a group of children walking to or from school with one or more adults). | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22c. Use law enforcement officials to promote traffic safety near the school. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22d. Use law enforcement officials to prevent crime near the school. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22e. Provide bicycle racks at school. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22f. Provide promotional materials to students or parents such as safety tips or maps of bicycle or walking routes to schools. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22g. Use traffic calming devices to slow driving speeds near the school. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D22h. Use reduced speed limits in a specified school zone during peak school travel times. | YES.....1
NO.....2
REFUSED.....7
DON'T KNOW.....8 |
| D23. On an average school day, what percent of students walk or bike TO your school in the morning?
READ ANSWERS. | 0-20%.....1
21-40%.....2
41-60%.....3
61-80%.....4
More than 80%.....5 |

	REFUSED.....	7
	DON'T KNOW.....	8
D24. On an average school day, what percent of students walk or bike home (or to some other destination) FROM your school in the afternoon? READ ANSWERS.	0-20%.....	1
	21-40%.....	2
	41-60%.....	3
	61-80%.....	4
	More than 80%.....	5
	REFUSED.....	7
	DON'T KNOW.....	8
D25. Does your school prohibit students from walking or biking to or from school?	YES.....	1
	NO.....	2
	REFUSED.....	7
	DON'T KNOW.....	8

This is the last of the questions that I have for you. I really appreciate your time today. If you think of anything else, please feel free to contact me. Here is my card. When I get back to my office, I will be reviewing the notes I have made. If I have any additional questions, I will contact you via the information you provided at the beginning of this interview. Again, thank you very much for your time. The information you have provided is very useful, and we are very appreciative of your time. Good bye!

* RECORD TIME INTERVIEW ENDED : AM / PM

Key Informant Interview

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