



DEPLOYMENT EXPERIENCES PART I

This survey contains questions regarding your experiences before, during, and after military deployment. No one has had exactly the same experiences that you have had, so your input is very important. There are no right or wrong answers.

Be sure to answer every statement, and press firmly on the page when circling your responses. If you want to change your response, please place an "X" over your original answer, and then circle the more appropriate response.

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DEPLOYMENT EXPERIENCES PT I

SECTION A: PRE-DEPLOYMENT LIFE EVENTS

The statements below refer to events you may have experienced AT ANY TIME BEFORE YOUR MOST RECENT DEPLOYMENT. Please circle "Yes" or "No" for each question below.

| Before I was deployed, I experienced... | | |
|--|-------------------------|-------------------------|
| 1. ...a natural disaster (for example, a flood or hurricane), a fire, or an accident in which I was hurt or my property was damaged. | Yes | No |
| 2. ...exposure to a toxic substance (such as dangerous chemicals, radiation). | Yes | No |
| 3. ...combat or exposure to a war zone (in the military or as a civilian). | Yes | No |
| 4. ...the mental illness (for example, clinical depression, anxiety disorder), or life-threatening physical illness (for example, cancer or heart disease) of someone close to me. | Yes | No |
| 5. ...a parent who had a problem with drugs or alcohol. | Yes | No |
| 6. ...the death of someone close to me. | Yes | No |
| Before I was deployed, I had... | | |
| 7. ...been through a divorce or been left by a partner or significant other. | Yes | No |
| 8. ...witnessed someone being assaulted or violently killed. | Yes | No |
| 9. ...been robbed or had my home broken into. | Yes | No |
| 10. ...lost my job. | Yes | No |
| 11. ...been emotionally mistreated (for example, shamed, embarrassed, ignored, or repeatedly told I was no good). | Yes | No |
| 12. ...seen or heard physical fighting between my parents or caregivers. | Yes | No |
| 13. ...been physically punished by a parent or primary caregiver. | Yes | No |
| 14. ...been physically injured by another person (for example, hit, kicked, beaten up). | Yes | No |
| 14a. [IF YES] did this occur (circle all that apply): | in childhood | in adulthood |
| 15. ...experienced unwanted sexual activity as a result of force, threat of harm, or manipulation. | Yes | No |
| 15a. [IF YES] did this occur (circle all that apply): | in childhood | in adulthood |
| Before I was deployed: | | |
| 16. ...I experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage. | Yes | No |
| 17. ...someone close to me experienced serious physical or mental health problems. | Yes | No |
| 18. ...a close family member or friend experienced a serious drug or alcohol problem. | Yes | No |
| 19. ...I witnessed someone being seriously assaulted or killed. | Yes | No |
| 20. ...I lost my job or was demoted. | Yes | No |
| 21. ...I was emotionally mistreated by a family member or other loved one (for example, ignored or repeatedly told I was no good). | Yes | No |
| 22. ...I experienced serious financial problems. | Yes | No |
| 23. ...I experienced serious physical or mental health problems. | Yes | No |

| | | |
|--|--------------|--------------|
| 24. ...I experienced combat or exposure to a war zone in the military or as a civilian (e.g., prior deployment). | Yes | No |
| 25. ...I was seriously physically injured by another person (for example, hit or beaten up). | Yes | No |
| 25a. [IF YES] did this occur (circle all that apply): | In childhood | In adulthood |

SECTION B: CHILDHOOD EXPERIENCES

The sentences below refer to **YOUR FAMILY WHEN YOU WERE GROWING UP**. Please read each statement and describe how often it was true for your family by circling the number that best fits your choice. If you spent time in more than one family setting, please answer these questions about the family in which you spent the greatest part of your childhood.

| | Almost none of the time | A few times | Some of the time | Most of the time | Almost all of the time |
|---|-------------------------|-------------|------------------|------------------|------------------------|
| 1. People in my family did things together. | 1 | 2 | 3 | 4 | 5 |
| 2. Family members got on each other's nerves (annoyed each other). | 1 | 2 | 3 | 4 | 5 |
| 3. Family members felt uncomfortable with each other. | 1 | 2 | 3 | 4 | 5 |
| 4. Family members were there for each other during difficult times. | 1 | 2 | 3 | 4 | 5 |
| 5. Family members felt very close to each other. | 1 | 2 | 3 | 4 | 5 |
| 6. Family members avoided each other. | 1 | 2 | 3 | 4 | 5 |
| 7. When problems arose, family members compromised. | 1 | 2 | 3 | 4 | 5 |
| 8. Family members were afraid to say what was on their minds. | 1 | 2 | 3 | 4 | 5 |
| 9. There was fighting among family members. | 1 | 2 | 3 | 4 | 5 |
| 10. Family members yelled when they were angry with each other. | 1 | 2 | 3 | 4 | 5 |
| 11. Family members discussed their personal problems with each other. | 1 | 2 | 3 | 4 | 5 |
| 12. Family members shared household responsibilities. | 1 | 2 | 3 | 4 | 5 |
| 13. Family members were affectionate with each other. | 1 | 2 | 3 | 4 | 5 |
| 14. Family members got on each other's nerves. | 1 | 2 | 3 | 4 | 5 |
| 15. Family members insulted or swore at each other. | 1 | 2 | 3 | 4 | 5 |
| 16. Family members were critical of each other. | 1 | 2 | 3 | 4 | 5 |

SECTION C: FAMILY'S PREPAREDNESS FOR DEPLOYMENT

Below are several statements about different preparations military personnel who have spouses or significant others and/or children may make prior to deployment, if time allows. Please circle "Yes," "No," or "NA" (Not Applicable) for each statement below. PLEASE SKIP TO SECTION D IF YOU DID NOT HAVE A SPOUSE OR SIGNIFICANT OTHER AND/OR CHILDREN WHEN YOU DEPLOYED.

Before I deployed:

| | | | |
|--|-----|----|----|
| 1. ...a tentative plan was made for how my family would stay in touch (for example, phone, mail, video, etc.). | Yes | No | NA |
| 2. ...family members were told who to contact to get information about my unit's safety. | Yes | No | NA |

| | | | |
|--|-----|----|----|
| 3. ...my family discussed what was and was not OK to talk about during the deployment (for example, exposure to dangerous situations in the war-zone, problems at home). | Yes | No | NA |
| 4. ...a plan was made for how household maintenance tasks would be managed. | Yes | No | NA |
| 5. ...arrangements were made to ensure that there would be enough money to cover expenses at home. | Yes | No | NA |
| 6. ...a plan was made for how to handle any financial problems that might come up. | Yes | No | NA |
| 7. ...my family agreed on how money would be spent. | Yes | No | NA |
| 8. ...my family discussed where to get help for different problems that might come up (for example, if home or car repairs were needed). | Yes | No | NA |
| 9. ...my family talked about how we would manage any conflicts that came up. | Yes | No | NA |
| 10. ...my family discussed where they should go for help (for example, another family member or friend) in case there was an emergency. | Yes | No | NA |
| 11. ...a backup childcare or other care plan was made for family dependents (for example, who would care for child(ren) if family members were unable to). | Yes | No | NA |
| 12. ...my spouse or significant other and I explained what was going to happen during the deployment to our child(ren). | Yes | No | NA |
| 13. ...my spouse or significant other and I talked to our child(ren) about how their activities or responsibilities would change during the deployment. | Yes | No | NA |

SECTION D: DEPLOYMENT ENVIRONMENT

The next set of statements is about the conditions of day-to-day life DURING DEPLOYMENT. Please read each statement and describe what amount of time you were exposed to each condition over the course of the entire time you were deployed. Circle the number that best fits your choice.

| | Almost none of the time | A few times | Some of the time | Most of the time | Almost all of the time |
|---|-------------------------|-------------|------------------|------------------|------------------------|
| 1. The climate was extremely uncomfortable. | 1 | 2 | 3 | 4 | 5 |
| 2. I had to deal with annoying animals, insects, or plants during my deployment. | 1 | 2 | 3 | 4 | 5 |
| 3. I had access to clean clothing when I needed it. | 1 | 2 | 3 | 4 | 5 |
| 4. I could get a cold drink (for example, water, juice, etc.) when I wanted one. | 1 | 2 | 3 | 4 | 5 |
| 5. The food I had to eat was of very poor quality (for example, bad or old MREs). | 1 | 2 | 3 | 4 | 5 |
| 6. The conditions I lived in were extremely unsanitary. | 1 | 2 | 3 | 4 | 5 |
| 7. I had access to bathrooms or showers when I needed them. | 1 | 2 | 3 | 4 | 5 |
| 8. I got as much sleep as I needed. | 1 | 2 | 3 | 4 | 5 |
| 9. The living space was too crowded. | 1 | 2 | 3 | 4 | 5 |
| 10. I was able to get enough privacy. | 1 | 2 | 3 | 4 | 5 |
| 11. The workdays were too long. | 1 | 2 | 3 | 4 | 5 |
| 12. I got the R&R (rest and relaxation) that I needed. | 1 | 2 | 3 | 4 | 5 |
| 13. I got my mail in a timely manner. | 1 | 2 | 3 | 4 | 5 |

| | Almost none of the time | A few times | Some of the time | Most of the time | Almost all of the time |
|---|-------------------------|-------------|------------------|------------------|------------------------|
| 14. I was exposed to awful smells. | 1 | 2 | 3 | 4 | 5 |
| 15. I was subjected to loud noises. | 1 | 2 | 3 | 4 | 5 |
| 16. I had to hassle with putting on and taking off NBC equipment. | 1 | 2 | 3 | 4 | 5 |
| 17. I had the equipment or supplies to do what I needed to do. | 1 | 2 | 3 | 4 | 5 |
| 18. My daily activities were restricted because of local religious or ethnic customs. | 1 | 2 | 3 | 4 | 5 |
| 19. I felt comfortable living in the culture or cultures where I was deployed. | 1 | 2 | 3 | 4 | 5 |
| 20. Pressure to conform to the local culture made it difficult for me to do my job. | 1 | 2 | 3 | 4 | 5 |
| 21. I was able to get some rest when I needed it. | 1 | 2 | 3 | 4 | 5 |
| 22. I could email home when I needed to. | 1 | 2 | 3 | 4 | 5 |
| 23. I could call home when I needed to. | 1 | 2 | 3 | 4 | 5 |
| 24. I had to hassle with putting on and taking off heavy or annoying gear. | 1 | 2 | 3 | 4 | 5 |
| 25. I was exposed to insects, parasites, or other creatures that could harm me. | 1 | 2 | 3 | 4 | 5 |
| 26. The local culture made it difficult for me to do my job. | 1 | 2 | 3 | 4 | 5 |
| 27. I had enough time to myself. | 1 | 2 | 3 | 4 | 5 |
| 28. I was not allowed to do the things I needed to do to get my job done. | 1 | 2 | 3 | 4 | 5 |
| 29. The nature of my work or routine was often very boring. | 1 | 2 | 3 | 4 | 5 |
| 30. My activities during deployment were meaningful to me. | 1 | 2 | 3 | 4 | 5 |
| 31. I had adequate shelter from uncomfortable living conditions (for example, heat, cold, wet, etc.). | 1 | 2 | 3 | 4 | 5 |

SECTION E: MISSION CHALLENGES

Please rate the extent to which you agree with the following statements about your deployment experience. Indicate your agreement with each statement by circling the response that best fits your experience.

| | Not applicable | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|----------------|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. I was confused by the rules of engagement. | 0 | 1 | 2 | 3 | 4 | 5 |
| 2. I was concerned that the locals could not be trusted. | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. I felt as if our humanitarian efforts didn't make a difference. | 0 | 1 | 2 | 3 | 4 | 5 |
| 4. I was frustrated by limits placed on when I could use my weapon. | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. I felt as if our efforts to rebuild war-torn areas were a waste of time. | 0 | 1 | 2 | 3 | 4 | 5 |
| 6. I felt as if efforts to help the locals (for example, | 0 | 1 | 2 | 3 | 4 | 5 |

| | Not applicable | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|----------------|-------------------|-------------------|----------------------------|----------------|----------------|
| providing food and supplies) didn't make a difference. | | | | | | |
| 7. I was concerned that civilians might actually be combatants in disguise. | 0 | 1 | 2 | 3 | 4 | 5 |
| 8. I worried that enemy combatants would target civilians as punishment for their contact with American personnel. | 0 | 1 | 2 | 3 | 4 | 5 |
| 9. I felt as if the locals did not want the help of American forces. | 0 | 1 | 2 | 3 | 4 | 5 |
| 10. I felt as if our mission was a waste of time, money, or lives. | 0 | 1 | 2 | 3 | 4 | 5 |
| 11. I worried that I would be criticized by my superiors for not following the rules of engagement. | 0 | 1 | 2 | 3 | 4 | 5 |
| 12. I was concerned that I would be punished by the military for trying to do my job. | 0 | 1 | 2 | 3 | 4 | 5 |
| 13. I was concerned that locals who were supposed to be helping us were actually working against us. | 0 | 1 | 2 | 3 | 4 | 5 |
| 14. I was frustrated by repeated changes to the rules of engagement. | 0 | 1 | 2 | 3 | 4 | 5 |
| 15. I felt as if we made little or no positive impact on civilians' lives. | 0 | 1 | 2 | 3 | 4 | 5 |
| 16. I was concerned about being trapped in the crossfire of local nationals. | 0 | 1 | 2 | 3 | 4 | 5 |
| 17. I felt that our humanitarian efforts were not appreciated. | 0 | 1 | 2 | 3 | 4 | 5 |
| 18. The rules of engagement made it hard for me to do my job. | 0 | 1 | 2 | 3 | 4 | 5 |

SECTION F: COMBAT EXPERIENCES

The statements below are about your combat experiences during deployment. As used in these statements, the term "unit" refers to those you lived and worked with on a daily basis during deployment. Please circle "yes" if the statement is true or "no" if the statement is false.

While deployed:

| | | |
|--|-----|----|
| 1. I went on combat patrols or missions. | Yes | No |
| 2. I or members of my unit encountered land or water mines and/or booby traps. | Yes | No |
| 3. I or members of my unit received hostile incoming fire from small arms, artillery, rockets, mortars, or bombs. | Yes | No |
| 4. I or members of my unit received "friendly" incoming fire from small arms, artillery, rockets, mortars, or bombs. | Yes | No |
| 5. I was in a vehicle (for example, a truck, tank, APC, helicopter, plane, or boat) that was under fire. | Yes | No |
| 6. I or members of my unit were attacked by terrorists or civilians. | Yes | No |
| 7. I was part of a land or naval artillery unit that fired on the enemy. | Yes | No |
| 8. I was part of an assault on entrenched or fortified positions. | Yes | No |
| 9. I took part in an invasion that involved naval and/or land forces. | Yes | No |
| 10. My unit engaged in battle in which it suffered casualties. | Yes | No |
| 11. I personally witnessed someone from my unit or an ally unit being seriously wounded or killed. | Yes | No |

| | | |
|--|-----|----|
| 12. I personally witnessed soldiers from enemy troops being seriously wounded or killed. | Yes | No |
| 13. I was wounded or injured in combat. | Yes | No |
| 14. I fired my weapon at the enemy. | Yes | No |
| 15. I killed or think I killed someone in combat. | Yes | No |

Please describe how often you experienced each circumstance by circling the number that best fits your choice.

| | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
|---|-------|------------------------------------|------------------------|-----------------------|-----------------------|
| While deployed: | | | | | |
| 16. I encountered land or water mines, booby traps, or roadside bombs (for example, IEDs). | 1 | 2 | 3 | 4 | 5 |
| 17. My unit received hostile incoming fire. | 1 | 2 | 3 | 4 | 5 |
| 18. My unit received "friendly" incoming fire. | 1 | 2 | 3 | 4 | 5 |
| 19. I was in a vehicle (for example, a "humvee," helicopter, or boat) or part of a convoy that was attacked. | 1 | 2 | 3 | 4 | 5 |
| 20. I was part of a land or naval artillery unit that fired on enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 21. My unit suffered casualties. | 1 | 2 | 3 | 4 | 5 |
| 22. I personally witnessed enemy combatants being seriously wounded or killed. | 1 | 2 | 3 | 4 | 5 |
| 23. I personally witnessed civilians (for example, women and children) being seriously wounded or killed. | 1 | 2 | 3 | 4 | 5 |
| 24. I was wounded in combat. | 1 | 2 | 3 | 4 | 5 |
| 25. I fired my weapon at enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 26. I wounded or think I wounded someone during combat operations. | 1 | 2 | 3 | 4 | 5 |
| 27. I killed or think I killed someone during combat operations. | 1 | 2 | 3 | 4 | 5 |
| | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
| While deployed: | | | | | |
| 28. I was involved in locating or disarming explosive devices. | 1 | 2 | 3 | 4 | 5 |
| 29. I was involved in searching or clearing homes or buildings. | 1 | 2 | 3 | 4 | 5 |
| 30. A unit member I knew went missing in action or was taken prisoner/hostage. | 1 | 2 | 3 | 4 | 5 |
| 31. I participated in hand-to-hand combat. | 1 | 2 | 3 | 4 | 5 |
| 32. I experienced a "close call" or attack by an enemy combatant (for example, an insurgent) disguised as a civilian. | 1 | 2 | 3 | 4 | 5 |

SECTION G: POST-BATTLE EXPERIENCES

Next are statements about your exposure to the consequences of warfare. As used in these statements, the term "unit" refers to those you lived and worked with on a daily basis during deployment. Please indicate if you ever experienced the following events anytime while you were deployed by circling either "yes" or "no."

| | | |
|--|-----|----|
| 1. I observed homes or villages that had been destroyed. | Yes | No |
| 2. I saw refugees who had lost their homes and belongings as a result of battle. | Yes | No |
| 3. I saw people begging for food. | Yes | No |
| 4. I or my unit took prisoners of war. | Yes | No |

| | | |
|--|-----|----|
| 5. I interacted with enemy soldiers who were taken as prisoners of war. | Yes | No |
| 6. I was exposed to the sight, sound, or smell of animals that had been wounded or killed from war-related causes. | Yes | No |
| 7. I took care of injured or dying people. | Yes | No |
| 8. I was involved in removing dead bodies after battle. | Yes | No |
| 9. I was exposed to the sight, sound, or smell of dying men and women. | Yes | No |
| 10. I saw enemy soldiers after they had been severely wounded or disfigured in combat. | Yes | No |
| 11. I saw the bodies of dead enemy soldiers. | Yes | No |
| 12. I saw civilians after they had been severely wounded or disfigured. | Yes | No |
| 13. I saw the bodies of dead civilians. | Yes | No |
| 14. I saw Americans or allies after they had been severely wounded or disfigured in combat. | Yes | No |
| 15. I saw the bodies of dead Americans or allies. | Yes | No |

Please indicate if you ever experienced the following events anytime while you were deployed by circling either “Yes” or “No” for each question below.

| | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
|---|-------|------------------------------------|------------------------|-----------------------|-----------------------|
| 16. I observed homes or communities that had been destroyed. | 1 | 2 | 3 | 4 | 5 |
| 17. I saw refugees who had lost their homes and belongings. | 1 | 2 | 3 | 4 | 5 |
| 18. My unit took detainees or prisoners of war. | 1 | 2 | 3 | 4 | 5 |
| 19. I interacted with detainees or prisoners of war. | 1 | 2 | 3 | 4 | 5 |
| 20. I was exposed to the sight, sound, or smell of dead or dying animals. | 1 | 2 | 3 | 4 | 5 |
| 21. I was involved in handling human remains. | 1 | 2 | 3 | 4 | 5 |
| 22. I saw enemy combatants after they had been severely wounded or disfigured. | 1 | 2 | 3 | 4 | 5 |
| 23. I saw the bodies of dead enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 24. I saw Americans or allies after they had been severely wounded or disfigured. | 1 | 2 | 3 | 4 | 5 |
| 25. Someone I cared about was killed. | 1 | 2 | 3 | 4 | 5 |

SECTION H: EXPOSURE TO NUCLEAR, BIOLOGICAL, CHEMICAL AGENTS

Next are some statements about nuclear, biological, and chemical agents (NBCs) that you may have been exposed to during the time you were preparing for deployment or during your deployment. Please circle “Yes,” “No,” or “Don’t know” for each question below.

| | | | |
|---|-----|----|------------|
| <u>Either in preparation for or during my deployment...</u> | | | |
| 1. ...I took pyridostigmine or little white pills in foil packets, sometimes called NAPPs, which are used to protect against nerve gas. | Yes | No | Don't know |

| | | | |
|--|-----|----|------------|
| 2. ...I received preventative vaccinations by injection (for example, to prevent anthrax or botulism). [Note: for women, preventative vaccinations may include deprovera (birth control).] | Yes | No | Don't know |
| 3. ...I took preventative pills (for example, to protect against nerve gas). | Yes | No | Don't know |
| 4. ...I received preventative vaccinations by injection (for example, to prevent anthrax or botulism). | Yes | No | Don't know |

While I was deployed, I was exposed to...

| | | | |
|---|-----|----|------------|
| 5. ...nerve gas agents (for example, sarin). | Yes | No | Don't know |
| 6. ...mustard gas or other blistering agents. | Yes | No | Don't know |
| 7. ...environmental pesticides (for example, from "fogger" trucks). | Yes | No | Don't know |
| 8. ...pesticides in uniforms. | Yes | No | Don't know |
| 9. ...pesticides in flea collars. | Yes | No | Don't know |
| 10. ...government-issued DEET-containing insect repellents. | Yes | No | Don't know |
| 11. ...non-government issued insect repellents (for example, Avon Skin-So-Soft, Off). | Yes | No | Don't know |
| 12. ...smoke or other air pollution. | Yes | No | Don't know |
| 13. ...diesel or other petrochemical fuel on my skin. | Yes | No | Don't know |
| 14. ...fumes or exhaust from heaters or generators, including heaters in tents. | Yes | No | Don't know |
| 15. ...depleted uranium in munitions. | Yes | No | Don't know |
| 16. ...burning trash or burning feces. | Yes | No | Don't know |
| 17. ...chlorine gas. | Yes | No | Don't know |
| 18. ...pesticides (for example, in flea collars, uniforms, or the environment). | Yes | No | Don't know |
| 19. ...local food other than that provided by the Armed Forces. | Yes | No | Don't know |
| 20. ...poisoned food. | Yes | No | Don't know |

While I was deployed...

| | | | |
|--|-----|----|------------|
| 21. ...I was within 1 km of an exploding artillery shell. | Yes | No | Don't know |
| 22. ...I was within 5 km of an exploding missile. | Yes | No | Don't know |
| 23. ...I entered an enemy bunker or military facility. | Yes | No | Don't know |
| 24. ...I climbed inside an enemy tank that had been abandoned or burned out. | Yes | No | Don't know |
| 25. ...I was exposed to chemical or biological weapons. | Yes | No | Don't know |
| 26. ...I was within 5 km of an exploding missile or mortar, or attack by a rocket-propelled grenade (RPG). | Yes | No | Don't know |

SECTION I: DEPLOYMENT CONCERNS

The statements below are about the amount of danger you felt you were exposed to while you were deployed. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. I thought I would never survive. | 1 | 2 | 3 | 4 | 5 |
| 2. I felt safe. | 1 | 2 | 3 | 4 | 5 |
| 3. I was extremely concerned that the enemy would use nuclear, biological, chemical agents (NBCs) against me. | 1 | 2 | 3 | 4 | 5 |
| 4. I felt that I was in great danger of being killed or wounded. | 1 | 2 | 3 | 4 | 5 |
| 5. I was concerned that my unit would be attacked by the enemy. | 1 | 2 | 3 | 4 | 5 |
| 6. I worried about the possibility of accidents (for example, friendly fire or training injuries in my unit). | 1 | 2 | 3 | 4 | 5 |
| 7. I was afraid I would encounter a mine or booby trap. | 1 | 2 | 3 | 4 | 5 |
| 8. I felt secure that I would be coming home after the war. | 1 | 2 | 3 | 4 | 5 |
| 9. I thought that vaccinations I received would actually cause me to be sick. | 1 | 2 | 3 | 4 | 5 |
| 10. I was concerned that the tablets I took to protect me would make me sick. | 1 | 2 | 3 | 4 | 5 |
| 11. I felt that I would become sick from the pesticides or other routinely used chemicals. | 1 | 2 | 3 | 4 | 5 |
| 12. I was concerned about the health effects of breathing bad air. | 1 | 2 | 3 | 4 | 5 |
| 13. I thought that exposure to depleted uranium would negatively affect my health. | 1 | 2 | 3 | 4 | 5 |
| 14. I was afraid that the equipment I was given to protect me from nuclear, biological, chemical agents (NBCs) would not work. | 1 | 2 | 3 | 4 | 5 |
| 15. I worried about getting an infectious disease. | 1 | 2 | 3 | 4 | 5 |
| 16. I was extremely concerned that I would be exposed to nuclear, biological, or chemical agents (NBC) agents. | 1 | 2 | 3 | 4 | 5 |
| 17. I felt I was in great danger of being wounded (for example, losing a limb). | 1 | 2 | 3 | 4 | 5 |
| 18. I was concerned that my unit would be attacked. | 1 | 2 | 3 | 4 | 5 |
| 19. I was concerned that I would encounter an explosive device (for example, a roadside bomb, mine, or booby trap). | 1 | 2 | 3 | 4 | 5 |
| 20. I was concerned that the medicine I was given to protect me from illness would make me sick. | 1 | 2 | 3 | 4 | 5 |
| 21. I felt that I would become sick from pesticides (for example, bug spray) or other routinely used chemicals. | 1 | 2 | 3 | 4 | 5 |
| 22. I was concerned about the effects of breathing bad air. | 1 | 2 | 3 | 4 | 5 |
| 23. I worried about exposure to depleted uranium in munitions. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 24. I feared that the protective gear I was given would not work. | 1 | 2 | 3 | 4 | 5 |
| 25. I worried that I would be intentionally hurt by one of my own. | 1 | 2 | 3 | 4 | 5 |
| 26. I was concerned that I would be attacked while on convoy or patrol. | 1 | 2 | 3 | 4 | 5 |
| 27. I was concerned that a rocket or mortar would hit our living quarters. | 1 | 2 | 3 | 4 | 5 |
| 28. I worried that others in my unit could not keep me safe. | 1 | 2 | 3 | 4 | 5 |
| 29. I spent a lot of time worrying about the bad things that could happen to me. | 1 | 2 | 3 | 4 | 5 |
| 30. I worried that someone I thought I could trust would turn against me. | 1 | 2 | 3 | 4 | 5 |
| 31. I worried that I might be taken hostage. | 1 | 2 | 3 | 4 | 5 |

SECTION J: TRAINING AND DEPLOYMENT PREPARATION

Below are several statements about how well prepared you were by the military for your deployment. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. I had the supplies and equipment needed to get my job done. | 1 | 2 | 3 | 4 | 5 |
| 2. The equipment I was given functioned the way it was supposed to. | 1 | 2 | 3 | 4 | 5 |
| 3. I received adequate training on how to use my equipment. | 1 | 2 | 3 | 4 | 5 |
| 4. I knew how to treat animal bites, insect stings, or allergic reactions to plants in the region. | 1 | 2 | 3 | 4 | 5 |
| 5. I received adequate training on what to do in case of a nuclear, biological, or chemical (NBC) attack. | 1 | 2 | 3 | 4 | 5 |
| 6. I had enough gear to protect myself in case of a nuclear, biological, or chemical (NBC) attack. | 1 | 2 | 3 | 4 | 5 |
| 7. I received adequate training on how to perform daily life activities while wearing nuclear, biological, or chemical (NBC) protective gear. | 1 | 2 | 3 | 4 | 5 |
| 8. I was adequately prepared to deal with the region’s climate. | 1 | 2 | 3 | 4 | 5 |
| 9. I was accurately informed about what to expect from the enemy. | 1 | 2 | 3 | 4 | 5 |
| 10. I saw as much combat as I expected. | 1 | 2 | 3 | 4 | 5 |
| 11. I was informed about the role my unit was expected to play in the deployment. | 1 | 2 | 3 | 4 | 5 |
| 12. When I was deployed I had a pretty good idea of how long the mission would take to complete. | 1 | 2 | 3 | 4 | 5 |
| 13. I was accurately informed of what daily life would be like during my deployment. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 14. I was adequately trained to work the shifts required of me during my deployment. | 1 | 2 | 3 | 4 | 5 |
| 15. I had enough gear to protect myself in case of an attack. | 1 | 2 | 3 | 4 | 5 |
| 16. I received adequate training for the nature of the deployment I experienced. | 1 | 2 | 3 | 4 | 5 |
| 17. I was accurately informed about what to expect from enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 18. I was trained by people who were knowledgeable and well-informed about the topics they were covering. | 1 | 2 | 3 | 4 | 5 |
| 19. I had a pretty good idea of how long my deployment would last. | 1 | 2 | 3 | 4 | 5 |
| 20. I was accurately informed of what daily life would be like. | 1 | 2 | 3 | 4 | 5 |
| 21. My military duties and assignments were what I expected. | 1 | 2 | 3 | 4 | 5 |
| 22. My unit was prepared to operate as a team during deployment. | 1 | 2 | 3 | 4 | 5 |

SECTION K: UNIT SUPPORT

The statements below are about your relationships with other military personnel while you were deployed. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. My unit was like family to me. | 1 | 2 | 3 | 4 | 5 |
| 2. I felt a sense of camaraderie between myself and other soldiers in my unit. | 1 | 2 | 3 | 4 | 5 |
| 3. Members of my unit understood me. | 1 | 2 | 3 | 4 | 5 |
| 4. Most people in my unit were trustworthy. | 1 | 2 | 3 | 4 | 5 |
| 5. I could go to most people in my unit for help when I had a personal problem. | 1 | 2 | 3 | 4 | 5 |
| 6. My commanding officer(s) were interested in what I thought and how I felt about things. | 1 | 2 | 3 | 4 | 5 |
| 7. I was impressed by the quality of leadership in my unit. | 1 | 2 | 3 | 4 | 5 |
| 8. My superiors made a real attempt to treat me as a person. | 1 | 2 | 3 | 4 | 5 |
| 9. The commanding officer(s) in my unit were supportive of my efforts. | 1 | 2 | 3 | 4 | 5 |
| 10. I felt like my efforts really counted to the military. | 1 | 2 | 3 | 4 | 5 |
| 11. The military appreciated my service. | 1 | 2 | 3 | 4 | 5 |
| 12. I was supported by the military. | 1 | 2 | 3 | 4 | 5 |
| 13. I felt a sense of camaraderie with other members of my unit. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 14. Others in my unit understood me. | 1 | 2 | 3 | 4 | 5 |
| 15. Other unit members appreciated my efforts. | 1 | 2 | 3 | 4 | 5 |
| 16. Other unit members were there to "back me up" if things went wrong. | 1 | 2 | 3 | 4 | 5 |
| 17. Unit leaders were interested in what I thought and how I felt about things. | 1 | 2 | 3 | 4 | 5 |
| 18. Unit leaders made a real attempt to treat me as a person. | 1 | 2 | 3 | 4 | 5 |
| 19. Unit leaders supported the decisions I made during deployment. | 1 | 2 | 3 | 4 | 5 |
| 20. I felt like my efforts really counted to the military leadership. | 1 | 2 | 3 | 4 | 5 |
| 21. My service was appreciated by the military leadership. | 1 | 2 | 3 | 4 | 5 |
| 22. I was supported by the military leadership. | 1 | 2 | 3 | 4 | 5 |

SECTION L: RELATIONSHIPS WITHIN UNIT

The next set of questions is again about your relationships with other military personnel while deployed. Please describe how often you experienced each circumstance by circling the number that best fits your choice.

| While I was deployed, military leaders or other service members: | Never | Once or twice | Sometimes | Many times |
|---|-------|---------------|-----------|------------|
| 1. ...treated me in an overly critical way. | 1 | 2 | 3 | 4 |
| 2. ...behaved in a way that was uncooperative when working with me. | 1 | 2 | 3 | 4 |
| 3. ... treated me as if I had to work harder than others to prove myself. | 1 | 2 | 3 | 4 |
| 4. ... questioned my abilities or commitment to perform my job effectively. | 1 | 2 | 3 | 4 |
| 5. ... acted as though my mistakes were worse than others. | 1 | 2 | 3 | 4 |
| 6. ...tried to make my job more difficult to do. | 1 | 2 | 3 | 4 |
| 7. ..."put me down" or treated me in a condescending way. | 1 | 2 | 3 | 4 |
| 8. ... gossiped about my sex life or spread rumors about my sexual activities. | 1 | 2 | 3 | 4 |
| 9. ... made crude and offensive sexual remarks directed at me, either publicly or privately. | 1 | 2 | 3 | 4 |
| 10. ... offered me some sort of reward or special treatment to take part in sexual behavior. | 1 | 2 | 3 | 4 |
| 11. ... threatened me with some sort of retaliation for not being sexually cooperative (for example, the threat of a negative review, physical violence, or to ruin my reputation). | 1 | 2 | 3 | 4 |
| 12. ... made unwanted attempts to stroke or fondle me (for example, stroking my leg or neck). | 1 | 2 | 3 | 4 |
| 13. ...made unwanted attempts to have sex with me. | 1 | 2 | 3 | 4 |
| 14. ...forced me to have sex. | 1 | 2 | 3 | 4 |

| While I was deployed, military leaders or other service members: | Never | Once or twice | Sometimes | Many times |
|--|-------|---------------|-----------|------------|
| 15. ...threatened my physical safety. | 1 | 2 | 3 | 4 |
| 16. ...spread negative rumors about my sexual activities. | 1 | 2 | 3 | 4 |
| 17. ...pressured me into unwanted sexual activity. | 1 | 2 | 3 | 4 |
| 18. ...threatened me with some sort of retaliation for not being sexually cooperative (for example, the threat of a negative review or physical violence). | 1 | 2 | 3 | 4 |

SECTION M: LIFE & FAMILY CONCERNS

The following set of statements refers to concerns you may have had related to your life and family back home while you were deployed. These questions do not ask if these events actually occurred, but only how concerned you were that they might happen while you were deployed. Please describe how concerned you were by circling the number that best fits your choice.

| While I was deployed, I was concerned about: | Not applicable | Not at all | A little | Moderately | A great deal |
|--|----------------|------------|----------|------------|--------------|
| 1. ...missing out on a promotion at my job back home. | 0 | 1 | 2 | 3 | 4 |
| 2. ...missing out on opportunities to start a career while I was away. | 0 | 1 | 2 | 3 | 4 |
| 3. ...damaging my career because I was overseas for a long time. | 0 | 1 | 2 | 3 | 4 |
| 4. ...losing touch with my co-workers or supervisors back home. | 0 | 1 | 2 | 3 | 4 |
| 4. ...being unable to financially support my family while I was away. | 0 | 1 | 2 | 3 | 4 |
| 6. ...harming my relationship with my spouse/significant other. | 0 | 1 | 2 | 3 | 4 |
| 7. ...being left by my spouse/significant other. | 0 | 1 | 2 | 3 | 4 |
| 8. ...missing out on my children's growth and development while I was away. | 0 | 1 | 2 | 3 | 4 |
| 9. ...losing touch with my friends. | 0 | 1 | 2 | 3 | 4 |
| 10. ...missing important events at home such as birthdays, weddings, funerals, graduations, etc. | 0 | 1 | 2 | 3 | 4 |
| 11. ...the well-being of my family or friends while I was away. | 0 | 1 | 2 | 3 | 4 |
| 12. ...my inability to help my family or friends if they had some type of problem. | 0 | 1 | 2 | 3 | 4 |
| 13. ...my inability to directly manage or control family affairs. | 0 | 1 | 2 | 3 | 4 |
| 14. ...the care that my children were receiving while I was away. | 0 | 1 | 2 | 3 | 4 |
| 15. ...damaging my career because I was deployed for a long time. | 0 | 1 | 2 | 3 | 4 |
| 16. ...the care that my child(ren) or other dependents were receiving. | 0 | 1 | 2 | 3 | 4 |
| 17. ...the care that my pet(s) were receiving. | 0 | 1 | 2 | 3 | 4 |
| 18. ...being cheated on by my spouse or significant other. | 0 | 1 | 2 | 3 | 4 |
| 19. ...the safety and well-being of a loved one who was also deployed. | 0 | 1 | 2 | 3 | 4 |

| While I was deployed, I was concerned about: | Not applicable | Not at all | A little | Moderately | A great deal |
|---|----------------|------------|----------|------------|--------------|
| 21. ...my family's ability to manage their stress and worries about my safety. | 0 | 1 | 2 | 3 | 4 |
| 22. ...my spouse or significant other's ability to manage the household (for example, chores, bills, home repairs, etc.). | 0 | 1 | 2 | 3 | 4 |
| 23. ...how my finances were being managed. | 0 | 1 | 2 | 3 | 4 |

SECTION N: FAMILY EVENTS

The next set of statements refers to stressful family events that you may have experienced during your deployment. Please circle "Yes" or "No" for each question below.

While I was deployed:

| | | |
|---|-----|----|
| 1. ...I had serious problems getting in touch with a family member or other loved one. | Yes | No |
| 2. ...a family member or other loved one suffered a serious physical illness or mental health crisis. | Yes | No |
| 3. ...a family member or other loved one had serious legal problems. | Yes | No |
| 4. ...a family member or other loved one was injured. | Yes | No |
| 5. ...a family member or other loved one was severely mistreated. | Yes | No |
| 6. ...a family member or other loved one passed away. | Yes | No |
| 7. ...my family had serious money problems. | Yes | No |
| 8. ...a spouse or significant other cheated on me. | Yes | No |
| 9. ...a spouse or significant other heard that I had cheated on him/her. | Yes | No |
| 10. ...my relationship with a spouse or significant other ended. | Yes | No |
| 11. ...I had a major conflict with a family member or other loved one. | Yes | No |
| 12. ...I stopped hearing from a family member or other loved one. | Yes | No |
| 13. ...my family or other loved ones had serious difficulty adjusting to my absence. | Yes | No |
| 14. ...my home was robbed or broken into. | Yes | No |
| 15. ...my money or belongings were stolen. | Yes | No |
| 16. ...a family member or other person I trusted stole or wasted my money. | Yes | No |
| 17. ...I learned that a loved one was doing things I disapproved of. | Yes | No |
| 18. ...a family member or other loved one was also deployed. | Yes | No |
| 19. ...a family member got into serious trouble at home, at school, or in the community. | Yes | No |

SECTION O: SUPPORT FROM FAMILY/FRIENDS

The next set of statements refers to social support from family or friends during your deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| During my deployment: | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. ...I was carefully listened to by family members or friends. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| During my deployment: | | | | | |
| 2. ...I had family members or friends back home who were proud of my service to my country. | 1 | 2 | 3 | 4 | 5 |
| 3. ...Among my friends or relatives, there was someone who made me feel better when I was feeling down. | 1 | 2 | 3 | 4 | 5 |
| 4. ...I had problems that I could not discuss with family or friends. | 1 | 2 | 3 | 4 | 5 |
| 5. ...Among my friends or relatives, there was someone I could talk to when I needed good advice. | 1 | 2 | 3 | 4 | 5 |
| 6. ...People at home just did not understand what I was going through. | 1 | 2 | 3 | 4 | 5 |
| 7. ...My friends and family respected my role in the Armed Forces. | 1 | 2 | 3 | 4 | 5 |
| 8. ...I had friends or relatives to look out for my family or other dependents (including pets), or take care of my finances, property, or belongings if needed. | 1 | 2 | 3 | 4 | 5 |
| 9. ...I was disappointed by how little communication I got from home. | 1 | 2 | 3 | 4 | 5 |
| 10. ...I was disappointed by how little support I got from home. | 1 | 2 | 3 | 4 | 5 |
| 11. ...There were people at home who cared about me. | 1 | 2 | 3 | 4 | 5 |
| 12. ...I had friends or family members I could talk to about my deployment experiences. | 1 | 2 | 3 | 4 | 5 |

SECTION P: POSTDEPLOYMENT REINTEGRATION

You have completed the questions about your deployment. The next set of statements relates to experiences that you may have had in the process of readjusting/reintegrating into life at home after deployment. Please describe how much you agree or disagree with each statement as it reflects your experiences IN THE FIRST THREE MONTHS AFTER YOU RETURNED FROM DEPLOYMENT by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. The transition back from deployment went smoothly. | 1 | 2 | 3 | 4 | 5 |
| 2. I was frustrated by people asking me questions about my deployment. | 1 | 2 | 3 | 4 | 5 |
| 3. Finding a job or returning to work or school was difficult for me. | 1 | 2 | 3 | 4 | 5 |
| 4. I was happy at work or school. | 1 | 2 | 3 | 4 | 5 |
| 5. I had trouble getting along with others at work or school. | 1 | 2 | 3 | 4 | 5 |
| 6. Other people's complaints about their daily lives irritated me. | 1 | 2 | 3 | 4 | 5 |
| 7. I felt more comfortable talking to my military buddies than my friends or family. | 1 | 2 | 3 | 4 | 5 |
| 8. I had trouble dealing with people who reminded me of the enemy. | 1 | 2 | 3 | 4 | 5 |
| 9. I didn't feel needed by friends, family, or coworkers anymore. | 1 | 2 | 3 | 4 | 5 |
| 10. I felt like I was in the way around my friends and family. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 11. I no longer fit in with my friends and family. | 1 | 2 | 3 | 4 | 5 |
| 12. I had trouble relaxing around friends and family. | 1 | 2 | 3 | 4 | 5 |
| 13. I enjoyed doing the things I used to do. | 1 | 2 | 3 | 4 | 5 |
| 14. I spent a lot of time watching TV shows, listening to radio programs, or reading articles about the war. | 1 | 2 | 3 | 4 | 5 |
| 15. It was hard for me to stop thinking about things that happened during the deployment. | 1 | 2 | 3 | 4 | 5 |
| 16. People bothered or annoyed me more than they used to. | 1 | 2 | 3 | 4 | 5 |
| 17. People voiced opinions about the deployment that made me angry. | 1 | 2 | 3 | 4 | 5 |
| 18. I found it hard to be around old friends. | 1 | 2 | 3 | 4 | 5 |
| 19. I had an easy time making new friends. | 1 | 2 | 3 | 4 | 5 |
| 20. Someone I once relied on for support was no longer around. | 1 | 2 | 3 | 4 | 5 |

SECTION Q: POSTDEPLOYMENT SUPPORT

You have completed the questions about your deployment. The next set of statements refers to social support after deployment. Please decide how much you agree or disagree with each statement and circle the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. The reception I received when I returned from my deployment made me feel appreciated for my efforts. | 1 | 2 | 3 | 4 | 5 |
| 2. The American people made me feel at home when I returned. | 1 | 2 | 3 | 4 | 5 |
| 3. When I returned, people made me feel proud to have served my country in the Armed Forces. | 1 | 2 | 3 | 4 | 5 |
| 4. I am carefully listened to and understood by family members or friends. | 1 | 2 | 3 | 4 | 5 |
| 5. Among my friends or relatives, there is someone who makes me feel better when I am feeling down. | 1 | 2 | 3 | 4 | 5 |
| 6. I have problems that I can't discuss with family or friends. | 1 | 2 | 3 | 4 | 5 |
| 7. Among my friends or relatives, there is someone I go to when I need good advice. | 1 | 2 | 3 | 4 | 5 |
| 8. People at home just don't understand what I have been through while in the Armed Forces. | 1 | 2 | 3 | 4 | 5 |
| 9. There are people to whom I can talk about my deployment experiences. | 1 | 2 | 3 | 4 | 5 |
| 10. The people I work with respect the fact that I am a veteran. | 1 | 2 | 3 | 4 | 5 |
| 11. My supervisor understands when I need time off to take care of personal matters. | 1 | 2 | 3 | 4 | 5 |
| 12. My friends or relatives would lend me money if I needed it. | 1 | 2 | 3 | 4 | 5 |
| 13. My friends or relatives would help me move my belongings if I needed to. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 14. When I am unable to attend to daily chores, there is someone who will help me with these tasks. | 1 | 2 | 3 | 4 | 5 |
| 15. When I am ill, friends or family members will help out until I am well. | 1 | 2 | 3 | 4 | 5 |
| 16. The reception I received from my family made me feel appreciated for my efforts. | 1 | 2 | 3 | 4 | 5 |
| 17. The reception I received from members of my community made me feel appreciated for my efforts. | 1 | 2 | 3 | 4 | 5 |
| 18. The people I work with respect the fact that I served my country. | 1 | 2 | 3 | 4 | 5 |
| 19. I am carefully listened to by family members or friends. | 1 | 2 | 3 | 4 | 5 |

SECTION R: POSTDEPLOYMENT FAMILY EXPERIENCES

The sentences below refer to family experiences for military personnel who are **CURRENTLY** married or living with other family members. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice. If you spend time in more than one family setting, please answer these questions about the family in which you spend the greatest amount of time.

PLEASE SKIP TO SECTION S IF YOU ARE NOT MARRIED OR LIVING WITH OTHER FAMILY MEMBERS.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. People in my family do things together. | 1 | 2 | 3 | 4 | 5 |
| 2. Family members get on each other's nerves. | 1 | 2 | 3 | 4 | 5 |
| 3. Family members feel uncomfortable with each other. | 1 | 2 | 3 | 4 | 5 |
| 4. Family members are there for each other during difficult times. | 1 | 2 | 3 | 4 | 5 |
| 5. Family members feel very close to each other. | 1 | 2 | 3 | 4 | 5 |
| 6. Family members avoid each other. | 1 | 2 | 3 | 4 | 5 |
| 7. When problems arise, family members compromise. | 1 | 2 | 3 | 4 | 5 |
| 8. Family members are afraid to say what is on their minds. | 1 | 2 | 3 | 4 | 5 |
| 9. There is fighting among family members. | 1 | 2 | 3 | 4 | 5 |
| 10. Family members yell when they are angry with each other. | 1 | 2 | 3 | 4 | 5 |
| 11. Family members discuss their personal problems with each other. | 1 | 2 | 3 | 4 | 5 |
| 12. Family members share household responsibilities. | 1 | 2 | 3 | 4 | 5 |
| 13. Family members are affectionate with each other. | 1 | 2 | 3 | 4 | 5 |
| 14. Family members insult or swear at each other. | 1 | 2 | 3 | 4 | 5 |
| 15. Family members are critical of each other. | 1 | 2 | 3 | 4 | 5 |

SECTION S: POST-DEPLOYMENT LIFE EVENTS

The next statements refer to events you may have experienced SINCE RETURNING FROM YOUR DEPLOYMENT. These questions are similar to the items you've answered previously about events before your deployment. For this page, please circle "Yes" or "No" for each question below.

Since returning home, I have experienced...

| | | |
|--|-----|----|
| 1. ...a natural disaster (for example, a flood or hurricane), a fire, or an accident in which I was hurt or my property was damaged. | Yes | No |
| 2. ...exposure to a toxic substance (such as dangerous chemicals or radiation). | Yes | No |
| 3. ...combat or exposure to a war-zone (in the military or as a civilian). | Yes | No |
| 4. ...a serious operation. | Yes | No |
| 5. ...a mental illness (for example, clinical depression or anxiety disorder), or life-threatening physical illness (for example, cancer or heart disease) of someone close to me. | Yes | No |
| 6. ...the death of someone close to me. | Yes | No |

Since returning home, I have...

| | | |
|---|-----|----|
| 7. ...experienced stressful legal problems (for example, being sued or suing someone else). | Yes | No |
| 8. ...witnessed someone being assaulted or violently killed. | Yes | No |
| 9. ...been robbed or had my home broken into. | Yes | No |
| 10. ...had a family member with a serious drug or alcohol problem. | Yes | No |
| 11. ...been unemployed and seeking employment for at least 3 months. | Yes | No |
| 12. ...been emotionally mistreated (for example, shamed, embarrassed, ignored, or repeatedly told I was no good). | Yes | No |
| 13. ...experienced unwanted sexual activity as a result of force, threat of harm, or manipulation. | Yes | No |
| 14. ...been physically injured by another person (for example, hit, kicked, or beaten up). | Yes | No |
| 15. ...lost my job. | Yes | No |
| 16. ...gone through a divorce or been left by a partner or significant other. | Yes | No |
| 17. ...had problems getting access to adequate healthcare. | Yes | No |

Since returning home:

| | | |
|--|-----|----|
| 18. ...I have experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage. | Yes | No |
| 19. ...someone close to me has experienced serious physical or mental health problems. | Yes | No |
| 20. ...a close family member or friend has experienced a serious drug or alcohol problem. | Yes | No |
| 21. ...I have witnessed someone being seriously assaulted or killed. | Yes | No |
| 22. ...I have lost my job or been demoted. | Yes | No |
| 23. ...I have been emotionally mistreated by a family member or other loved one (for example, ignored or repeatedly told I was no good). | Yes | No |
| 24. ...I have experienced serious financial problems. | Yes | No |

| | | |
|---|-----|----|
| 25. ...I have experienced serious physical or mental health problems. | Yes | No |
| 26. ...I have experienced stressful legal problems (for example, being sued, suing someone else, or being in a custody battle). | Yes | No |
| 27. ...I have been seriously physically injured by another person (for example, hit or beaten up). | Yes | No |

SECTION U: POST-DEPLOYMENT DISTRESS

The following statements refer to feelings you may have had since returning from your deployment. Please think about the event or events that were most disturbing to you while you were deployed and respond to the statements about experiences or feelings you have had IN THE LAST THREE MONTHS. Circle the number that best fits your choice.

| In the last three months I have been bothered by... | Not at all | A little bit | Moderately | Quite a bit | Extremely |
|--|------------|--------------|------------|-------------|-----------|
| 1. ...repeated, disturbing memories of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 2. ...repeated, disturbing dreams of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 3. ...suddenly acting or feeling as if my military experiences were happening again. | 1 | 2 | 3 | 4 | 5 |
| 4. ...feeling very upset when something happened that reminded me of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 5. ...trouble remembering important parts of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 6. ...loss of interest in activities that I used to enjoy. | 1 | 2 | 3 | 4 | 5 |
| 7. ...feeling distant or cut off from other people. | 1 | 2 | 3 | 4 | 5 |
| 8. ...feeling emotionally numb, or being unable to have loving feelings for those close to me. | 1 | 2 | 3 | 4 | 5 |
| 9. ...feeling as if my future will somehow be cut short. | 1 | 2 | 3 | 4 | 5 |
| 10. ...trouble falling or staying asleep. | 1 | 2 | 3 | 4 | 5 |
| 11. ...feeling irritable or having angry outbursts. | 1 | 2 | 3 | 4 | 5 |
| 12. ...having difficulty concentrating. | 1 | 2 | 3 | 4 | 5 |
| 13. ...being "super alert," or watchful or on guard. | 1 | 2 | 3 | 4 | 5 |
| 14. ...feeling jumpy or easily startled. | 1 | 2 | 3 | 4 | 5 |
| 15. ...having physical reactions when something reminds me of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| In the past three months, I have tried to: | | | | | |
| 16. ...avoid thinking about my military experiences, or avoid having feelings about them. | 1 | 2 | 3 | 4 | 5 |
| 17. ...avoid activities or situations because they reminded me of my military experiences. | 1 | 2 | 3 | 4 | 5 |

SECTION V: ADDITIONAL SURVEY INFORMATION

Please check the appropriate response or fill in the required information.

1. What is your gender?

- Male
 Female

2. What is your age? _____

3 Are you of Hispanic or Latino origin or descent?

- Yes, Hispanic
 No, not Hispanic or Latino

4. In which of the following categories do you feel that you belong? (Please check all that apply)

- Pacific Islander or Native Hawaiian Black or African/American
 American Indian or Alaskan Native White
 Asian Other (Please specify) _____

5. What is the highest level of education you have attained?

- 8th grade or less Some college
 Some high school Four-year college graduate
 High school graduate Some graduate or professional school
 Vocational or technical training Graduate or professional degree

6. What is your current marital status?

- Married Divorced
 Living as a couple Widowed
 Separated Single/Never married

7. Which of the following categories best describes your 2006 household income before taxes?

- \$15,000 or less \$50,001 to \$75,000
 \$15,001 to \$25,000 \$75,001 to \$100,000
 \$25,001 to \$35,000 Over \$100,000
 \$35,001 to \$50,000

8. Are you currently serving in the military either on active duty or with the National Guard or Reserves?

- Yes
 No

8a. (If Yes) Are you currently:

- Regular active duty
 National Guard
 Reserves

9. Have you ever or are you currently applying for service-connected disability status?

- Yes
 No

9a. (If yes, in past) Did you receive service-connected disability status?

- Yes
 No

10. During what time period was your most recent deployment to Iraq or Afghanistan?

From ___/___/___ (month/day/year)

To ___/___/___ (month/day/year)

11. Was this most recent deployment in support of:

___ OEF (Operation Enduring Freedom)

___ OIF (Operation Iraqi Freedom)

12. When you were deployed, were you:

___ Regular active duty

___ National Guard

___ Reserves

13. What was your branch of the military when you were deployed?

Marines___ Army___ Navy___ Air Force___ Coast Guard___

14. What was your military rank when you were deployed (e.g., E-5, O-6)? _____

15. What was your primary military occupation (MOS, SSI, Rating or NEC, NOBC, or AFSC) when you were deployed? _____

16. Please briefly describe what duties your unit performed (e.g. transportation, moving equipment from ports to front lines).

17. Where were you stationed?

18. What was your marital status when you deployed?

___ Married ___ Divorced

___ Living as a couple ___ Widowed

___ Separated ___ Single/Never married

19. Did you have any children when you deployed?

___ Yes

___ No

20. Have you had children since you deployed?

___ Yes

___ No

21. IF YES TO EITHER 18 OR 19: How many children do you have and what are their ages?

21. Do you think that you have in the past or are currently suffering from deployment-related illnesses?

___ No, never

___ Yes, in the past

___ Yes, currently



DEPLOYMENT EXPERIENCES PART II

This survey contains questions regarding your experiences before, during, and after military deployment. No one has had exactly the same experiences that you have had, so your input is very important. There are no right or wrong answers.

Be sure to answer every statement, and press firmly on the page when circling your responses. If you want to change your response, please place an "X" over your original answer, and then circle the more appropriate response.

The survey was prepared with support from the Veterans Affairs Health Services Research & Development Service, Dr. Dawne S. Vogt, Principal Investigator, the Department of Defense, Drs. Daniel W. King and Lynda A. King, Co-Principal Investigators, and the National Center for PTSD. For inquiries or further information, please contact Dr. Dawne Vogt at NCPTSD, 116B-3, VA Boston, 150 S. Huntington Ave., Boston, MA 02130; Phone: 617-232-9500, ext. 45976; Email: Dawne.Vogt@va.gov.

The Paperwork Reduction Act of 1995 requires us to notify you that this information collected is in accordance with the clearance requirements of section 3507 of this Act. The public reporting burden for this collection of information is estimated to average 60 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. No person will be penalized for failing to furnish this information if it does not display a currently valid OMB control number. This collection of information is intended to fulfill the need identified by the Department of Veterans Affairs in their call for the development, improvement, and/or validation of measures for screening, detection, and diagnosis. Response to this survey is voluntary and failure to furnish this information will have no effect on any of your benefits.

Privacy Act: The execution of this form does not authorize the release of information other than that specifically described below. The information requested on this form is solicited under Title 38, U.S.C., Part I, Chapter 5, Section 527. Information from the data collection will become part of a system of records that complies with the Privacy Act of 1974. This system is identified as "Veteran, Patient, Employee and Volunteer Research and Development Project Records-VA (34VA11)" as set forth in the Compilation of Privacy Act Issuances via online GPO access at <http://www.gpoaccess.gov/privacyact/index.html>.

DEPLOYMENT EXPERIENCES PART II

SECTION A: THOUGHTS AND ACTIONS

Listed below are a number of statements about how you think and do things. Please read each statement and decide how true or false it is for you personally. Please circle the number that best fits your choice.

| | Very false | Somewhat false | Neither true nor false | Somewhat true | Very true |
|---|------------|----------------|------------------------|---------------|-----------|
| 1) I'm always willing to admit it when I make a mistake. | 1 | 2 | 3 | 4 | 5 |
| 2) No matter whom I'm talking to, I'm always a good listener. | 1 | 2 | 3 | 4 | 5 |
| 3) I am always courteous, even to people who are disagreeable. | 1 | 2 | 3 | 4 | 5 |
| 4) It is sometimes hard for me to go on with my work if I am not encouraged. | 1 | 2 | 3 | 4 | 5 |
| 5) I sometimes feel resentful when I don't get my way. | 1 | 2 | 3 | 4 | 5 |
| 6) On a few occasions, I have given up doing something because I thought too little of my ability. | 1 | 2 | 3 | 4 | 5 |
| 7) There have been times when I felt like rebelling against people in authority even though I knew they were right. | 1 | 2 | 3 | 4 | 5 |
| 8) There have been occasions when I took advantage of someone. | 1 | 2 | 3 | 4 | 5 |
| 9) I sometimes try to get even rather than forgive and forget. | 1 | 2 | 3 | 4 | 5 |
| 10) I have never been irked when people expressed ideas very different from my own. | 1 | 2 | 3 | 4 | 5 |
| 11) There have been times when I was quite jealous of the good fortune of others. | 1 | 2 | 3 | 4 | 5 |
| 12) I am sometimes irritated by people who ask favors of me. | 1 | 2 | 3 | 4 | 5 |
| 13) I have never deliberately said something that hurt someone's feelings. | 1 | 2 | 3 | 4 | 5 |

SECTION B: PREDEPLOYMENT LIFE EVENTS

The statements below refer to events you may have experienced AT ANY TIME BEFORE YOUR MOST RECENT DEPLOYMENT. Please circle "Yes" or "No" for each question below.

Before I was deployed:

| | | |
|--|-----|----|
| 1. ...I witnessed someone being seriously assaulted or killed. | Yes | No |
| 2. ...I was exposed to a toxic substance (such as dangerous chemicals or radiation). | Yes | No |
| 3. ...someone close to me experienced serious physical or mental health problems. | Yes | No |
| 4. ...someone close to me died. | Yes | No |
| 5. ...a close family member or friend experienced a serious drug or alcohol problem. | Yes | No |
| 6. ...I went through a divorce or was left by a significant other. | Yes | No |
| 7. ...I experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage. | Yes | No |
| 8. ...I was robbed or had my home broken into. | Yes | No |
| 9. ...I lost my job or was demoted. | Yes | No |

| | | |
|--|--------------|--------------|
| 10. ...I was emotionally mistreated by a family member or other loved one (for example, ignored or repeatedly told I was no good). | Yes | No |
| 11. ...I experienced serious financial problems. | Yes | No |
| 12. ...I experienced serious physical or mental health problems. | Yes | No |
| 13. ...I experienced combat or exposure to a war zone in the military or as a civilian (e.g., prior deployment). | Yes | No |
| 14. ...I saw or heard physical fighting between my parents or caregivers. | Yes | No |
| 15. ...I was physically punished by a parent or primary caregiver. | Yes | No |
| 16. ...I was seriously physically injured by another person (for example, hit or beaten up). | Yes | No |
| 16a. [IF YES] did this occur (circle all that apply): | In childhood | In adulthood |
| 17. ...I experienced unwanted sexual activity as a result of force, threat of harm, or manipulation. | Yes | No |
| 17a. [IF YES] did this occur (circle all that apply): | In childhood | In adulthood |

SECTION C: CHILDHOOD EXPERIENCES

The sentences below refer to YOUR FAMILY WHEN YOU WERE GROWING UP. Please read each statement and describe how often it was true for your family by circling the number that best fits your choice. If you spent time in more than one family setting, please answer these questions about the family in which you spent the greatest part of your childhood.

| | Almost none of the time | A few times | Some of the time | Most of the time | Almost all of the time |
|---|-------------------------|-------------|------------------|------------------|------------------------|
| 1. People in my family did things together. | 1 | 2 | 3 | 4 | 5 |
| 2. Family members got on each other's nerves. | 1 | 2 | 3 | 4 | 5 |
| 3. Family members felt uncomfortable with each other. | 1 | 2 | 3 | 4 | 5 |
| 4. Family members were there for each other during difficult times. | 1 | 2 | 3 | 4 | 5 |
| 5. Family members felt very close to each other. | 1 | 2 | 3 | 4 | 5 |
| 6. Family members avoided each other. | 1 | 2 | 3 | 4 | 5 |
| 7. When problems arose, family members compromised. | 1 | 2 | 3 | 4 | 5 |
| 8. Family members were afraid to say what was on their minds. | 1 | 2 | 3 | 4 | 5 |
| 9. There was fighting among family members. | 1 | 2 | 3 | 4 | 5 |
| 10. Family members yelled when they were angry with each other. | 1 | 2 | 3 | 4 | 5 |
| 11. Family members discussed their personal problems with each other. | 1 | 2 | 3 | 4 | 5 |
| 12. Family members shared household responsibilities. | 1 | 2 | 3 | 4 | 5 |
| 13. Family members were affectionate with each other. | 1 | 2 | 3 | 4 | 5 |
| 14. Family members insulted or swore at each other. | 1 | 2 | 3 | 4 | 5 |
| 15. Family members were critical of each other. | 1 | 2 | 3 | 4 | 5 |

SECTION D: FAMILY’S PREPAREDNESS FOR DEPLOYMENT

Below are several statements about different preparations military personnel who have spouses or significant others and/or children may make prior to deployment, if time allows. Please circle “Yes,” “No,” or “NA” (Not Applicable) for each statement below. PLEASE SKIP TO SECTION D IF YOU DID NOT HAVE A SPOUSE OR SIGNIFICANT OTHER AND/OR CHILDREN WHEN YOU DEPLOYED.

Before I deployed:

| | | | |
|--|-----|----|----------------|
| 1. ...a tentative plan was made for how my family would stay in touch (for example, phone, mail, video, etc.). | Yes | No | Not applicable |
| 2. ...family members were told who to contact to get information about my unit’s safety. | Yes | No | Not applicable |
| 3. ...my family discussed what was and was not OK to talk about during the deployment (for example, exposure to dangerous situations in the war-zone, problems at home). | Yes | No | Not applicable |
| 4. ...a plan was made for how household maintenance tasks would be managed. | Yes | No | Not applicable |
| 5. ...arrangements were made to ensure that there would be enough money to cover expenses at home. | Yes | No | Not applicable |
| 6. ...a plan was made for how to handle any financial problems that might come up. | Yes | No | Not applicable |
| 7. ...my family agreed on how money would be spent. | Yes | No | Not applicable |
| 8. ...my family discussed where to get help for different problems that might come up (for example, if home or car repairs were needed). | Yes | No | Not applicable |
| 9. ...my family talked about how we would manage any conflicts that came up. | Yes | No | Not applicable |
| 10. ...my family discussed where they should go for help (for example, another family member or friend) in case there was an emergency. | Yes | No | Not applicable |
| 11. ...a backup childcare or other care plan was made for family dependents (for example, who would care for child(ren) if family members were unable to). | Yes | No | Not applicable |
| 12. ...my spouse or significant other and I explained what was going to happen during the deployment to our child(ren). | Yes | No | Not applicable |
| 13. ...my spouse or significant other and I talked to our child(ren) about how their activities or responsibilities would change during the deployment. | Yes | No | Not applicable |

SECTION E: DEPLOYMENT ENVIRONMENT

The next set of statements is about the conditions of day-to-day life DURING DEPLOYMENT. Please read each statement and describe what amount of time you were exposed to each condition over the course of the entire time you were deployed. Circle the number that best fits your choice.

| | Almost none of the time | A few times | Some of the time | Most of the time | Almost all of the time |
|---|-------------------------|-------------|------------------|------------------|------------------------|
| 1. The climate was extremely uncomfortable. | 1 | 2 | 3 | 4 | 5 |
| 2. I had to deal with annoying animals, insects, or plants during my deployment. | 1 | 2 | 3 | 4 | 5 |
| 3. I had access to clean clothing when I needed it. | 1 | 2 | 3 | 4 | 5 |
| 4. I could get a cold drink (for example, water, juice, etc.) when I wanted one. | 1 | 2 | 3 | 4 | 5 |
| 5. The food I had to eat was of very poor quality (for example, bad or old MREs). | 1 | 2 | 3 | 4 | 5 |
| 6. The conditions I lived in were extremely unsanitary. | 1 | 2 | 3 | 4 | 5 |

| | Almost none of the time | A few times | Some of the time | Most of the time | Almost all of the time |
|---|-------------------------|-------------|------------------|------------------|------------------------|
| 7. I had access to bathrooms or showers when I needed them. | 1 | 2 | 3 | 4 | 5 |
| 8. I got as much sleep as I needed. | 1 | 2 | 3 | 4 | 5 |
| 9. The living space was too crowded. | 1 | 2 | 3 | 4 | 5 |
| 10. I was able to get enough privacy. | 1 | 2 | 3 | 4 | 5 |
| 11. The workdays were too long. | 1 | 2 | 3 | 4 | 5 |
| 12. I was able to get some rest when I needed it. | 1 | 2 | 3 | 4 | 5 |
| 13. I got my mail in a timely manner. | 1 | 2 | 3 | 4 | 5 |
| 14. I could email home when I needed to. | 1 | 2 | 3 | 4 | 5 |
| 15. I could call home when I needed to. | 1 | 2 | 3 | 4 | 5 |
| 16. I was exposed to awful smells. | 1 | 2 | 3 | 4 | 5 |
| 17. I was subjected to loud noises. | 1 | 2 | 3 | 4 | 5 |
| 18. I had to hassle with putting on and taking off heavy or annoying gear. | 1 | 2 | 3 | 4 | 5 |
| 19. I was exposed to insects, parasites, or other creatures that could harm me. | 1 | 2 | 3 | 4 | 5 |
| 20. My daily activities were restricted because of local religious or ethnic customs. | 1 | 2 | 3 | 4 | 5 |
| 21. The local culture made it difficult for me to do my job. | 1 | 2 | 3 | 4 | 5 |
| 22. I had enough time to myself. | 1 | 2 | 3 | 4 | 5 |
| 23. I was not allowed to do the things I needed to do to get my job done. | 1 | 2 | 3 | 4 | 5 |
| 24. The nature of my work or routine was often very boring. | 1 | 2 | 3 | 4 | 5 |
| 25. My activities during deployment were meaningful to me. | 1 | 2 | 3 | 4 | 5 |
| 26. I had adequate shelter from uncomfortable living conditions (for example, heat, cold, wet, etc.). | 1 | 2 | 3 | 4 | 5 |

SECTION F: MISSION CHALLENGES

Please rate the extent to which you agree with the following statements about your deployment experience.

Indicate your agreement with each statement by circling the response that best fits your experience.

| | Not applicable | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|----------------|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. I was confused by the rules of engagement. | 0 | 1 | 2 | 3 | 4 | 5 |
| 2. I was concerned that the locals could not be trusted. | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. I felt as if our humanitarian efforts didn't make a difference. | 0 | 1 | 2 | 3 | 4 | 5 |

| | Not applicable | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|----------------|-------------------|-------------------|----------------------------|----------------|----------------|
| 4. I was frustrated by limits placed on when I could use my weapon. | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. I felt as if our efforts to rebuild war-torn areas were a waste of time. | 0 | 1 | 2 | 3 | 4 | 5 |
| 6. I felt as if efforts to help the locals (for example, providing food and supplies) didn't make a difference. | 0 | 1 | 2 | 3 | 4 | 5 |
| 7. I was concerned that civilians might actually be combatants in disguise. | 0 | 1 | 2 | 3 | 4 | 5 |
| 8. I worried that enemy combatants would target civilians as punishment for their contact with American personnel. | 0 | 1 | 2 | 3 | 4 | 5 |
| 9. I felt as if the locals did not want the help of American forces. | 0 | 1 | 2 | 3 | 4 | 5 |
| 10. I felt as if our mission was a waste of time, money, or lives. | 0 | 1 | 2 | 3 | 4 | 5 |
| 11. I worried that I would be criticized by my superiors for not following the rules of engagement. | 0 | 1 | 2 | 3 | 4 | 5 |
| 12. I was concerned that I would be punished by the military for trying to do my job. | 0 | 1 | 2 | 3 | 4 | 5 |
| 13. I was concerned that locals who were supposed to be helping us were actually working against us. | 0 | 1 | 2 | 3 | 4 | 5 |
| 14. I was frustrated by repeated changes to the rules of engagement. | 0 | 1 | 2 | 3 | 4 | 5 |
| 15. I felt as if we made little or no positive impact on civilians' lives. | 0 | 1 | 2 | 3 | 4 | 5 |
| 16. I was concerned about being trapped in the crossfire of local nationals. | 0 | 1 | 2 | 3 | 4 | 5 |
| 17. I felt that our humanitarian efforts were not appreciated. | 0 | 1 | 2 | 3 | 4 | 5 |
| 18. The rules of engagement made it hard for me to do my job. | 0 | 1 | 2 | 3 | 4 | 5 |

SECTION G: COMBAT EXPERIENCES

The statements below are about your combat experiences during deployment. As used in these statements, the term "unit" refers to those you lived and worked with on a daily basis during deployment. Please describe how often you experienced each circumstance by circling the number that best fits your choice.

| | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
|---|-------|------------------------------------|------------------------|-----------------------|-----------------------|
| While deployed: | | | | | |
| 1. I went on combat patrols or missions. | 1 | 2 | 3 | 4 | 5 |
| 2. I encountered land or water mines, booby traps, or roadside bombs (for example, IEDs). | 1 | 2 | 3 | 4 | 5 |
| 3. My unit received hostile incoming fire. | 1 | 2 | 3 | 4 | 5 |
| 4. My unit received "friendly" incoming fire. | 1 | 2 | 3 | 4 | 5 |
| 5. I was in a vehicle (for example, a "humvee," helicopter, or boat) or part of a convoy that was under fire. | 1 | 2 | 3 | 4 | 5 |

| While deployed: | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
|---|-------|------------------------------------|------------------------|-----------------------|-----------------------|
| 6. I was part of a land or naval artillery unit that fired on enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 7. I took part in an assault on entrenched or fortified positions. | 1 | 2 | 3 | 4 | 5 |
| 8. I took part in an invasion that involved naval or land forces. | 1 | 2 | 3 | 4 | 5 |
| 9. My unit suffered casualties. | 1 | 2 | 3 | 4 | 5 |
| 10. I personally witnessed someone from my unit or an ally unit being seriously wounded or killed. | 1 | 2 | 3 | 4 | 5 |
| 11. I personally witnessed enemy combatants being seriously wounded or killed. | 1 | 2 | 3 | 4 | 5 |
| 12. I personally witnessed civilians (for example, women and children) being seriously wounded or killed. | 1 | 2 | 3 | 4 | 5 |
| 13. I was wounded in combat. | 1 | 2 | 3 | 4 | 5 |
| 14. I fired my weapon at enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 15. I wounded or think I wounded someone during combat operations. | 1 | 2 | 3 | 4 | 5 |
| 16. I killed or think I killed someone during combat operations. | 1 | 2 | 3 | 4 | 5 |
| 17. I was involved in locating or disarming explosive devices. | 1 | 2 | 3 | 4 | 5 |
| 17. I was involved in searching or clearing homes or buildings. | 1 | 2 | 3 | 4 | 5 |
| 18. A unit member I knew went missing in action or was taken prisoner/hostage. | 1 | 2 | 3 | 4 | 5 |
| 19. I participated in hand-to-hand combat. | 1 | 2 | 3 | 4 | 5 |
| 20. I experienced a “close call” or attack by an enemy combatant (for example, an insurgent) disguised as a civilian. | 1 | 2 | 3 | 4 | 5 |

SECTION H: POST-BATTLE EXPERIENCES

Next are statements about your exposure to the consequences of warfare. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please indicate if you ever experienced the following events anytime while you were deployed by circling either “Yes” or “No” for each question below.

| | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
|--|-------|------------------------------------|------------------------|-----------------------|-----------------------|
| 1. I observed homes or communities that had been destroyed. | 1 | 2 | 3 | 4 | 5 |
| 2. I saw refugees who had lost their homes and belongings. | 1 | 2 | 3 | 4 | 5 |
| 3. I saw people begging for food. | 1 | 2 | 3 | 4 | 5 |
| 4. My unit took detainees or prisoners of war. | 1 | 2 | 3 | 4 | 5 |
| 5. I interacted with detainees or prisoners of war. | 1 | 2 | 3 | 4 | 5 |
| 6. I was exposed to the sight, sound, or smell of dead or dying animals. | 1 | 2 | 3 | 4 | 5 |

| | Never | A few times over entire deployment | A few times each month | A few times each week | Daily or almost daily |
|---|-------|------------------------------------|------------------------|-----------------------|-----------------------|
| 7. I took care of injured or dying people. | 1 | 2 | 3 | 4 | 5 |
| 8. I was involved in handling human remains. | 1 | 2 | 3 | 4 | 5 |
| 9. I was exposed to the sight, sound, or smell of dying men or women. | 1 | 2 | 3 | 4 | 5 |
| 10. I saw enemy combatants after they had been severely wounded or disfigured. | 1 | 2 | 3 | 4 | 5 |
| 11. I saw the bodies of dead enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 12. I saw civilians after they had been severely wounded or disfigured. | 1 | 2 | 3 | 4 | 5 |
| 13. I saw the bodies of dead civilians. | 1 | 2 | 3 | 4 | 5 |
| 14. I saw Americans or allies after they had been severely wounded or disfigured. | 1 | 2 | 3 | 4 | 5 |
| 15. I saw the bodies of dead Americans or allies. | 1 | 2 | 3 | 4 | 5 |
| 16. Someone I cared about was killed. | 1 | 2 | 3 | 4 | 5 |

SECTION I: EXPOSURE TO NUCLEAR, BIOLOGICAL, OR CHEMICAL AGENTS

Next are some statements about nuclear, biological, and chemical agents (NBCs) that you may have been exposed to during the time you were preparing for deployment or during your deployment. Please circle “Yes,” “No,” or “Don’t know” for each question below.

Either in preparation for or during my deployment:

| | Yes | No | Don’t know |
|--|-----|----|------------|
| 1. ...I took preventative pills (for example, to protect against nerve gas). | | | |
| 2. ...I received preventative vaccinations by injection (for example, to prevent anthrax or botulism). | | | |

While I was deployed, I was exposed to:

| | Yes | No | Don’t know |
|---|-----|----|------------|
| 3. ...nerve gas agents (for example, sarin). | | | |
| 4. ...mustard gas or other blistering agents. | | | |
| 5. ...chlorine gas. | | | |
| 6. ...pesticides (for example, in flea collars, uniforms, or the environment). | | | |
| 7. ...government-issued DEET-containing insect repellents. | | | |
| 8. ...smoke or other air pollution. | | | |
| 9. ...diesel or other petrochemical fuel on my skin. | | | |
| 10. ...fumes or exhaust from heaters or generators, including heaters in tents. | | | |
| 11. ...depleted uranium in munitions. | | | |
| 12. ...burning trash or burning feces. | | | |

| | | | |
|---|-----|----|------------|
| 13. ...local food other than that provided by the Armed Forces. | Yes | No | Don't know |
| 14. ...poisoned food. | Yes | No | Don't know |

While I was deployed:

| | | | |
|--|-----|----|------------|
| 15. ...I was within 1 km of an exploding artillery shell. | Yes | No | Don't know |
| 16. ...I was within 5 km of an exploding missile or mortar, or attack by a rocket-propelled grenade (RPG). | Yes | No | Don't know |
| 17. ...I was exposed to chemical or biological weapons. | Yes | No | Don't know |

SECTION J: DEPLOYMENT CONCERNS

The statements below are about the amount of danger you felt you were exposed to while you were deployed. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. I thought I would never survive. | 1 | 2 | 3 | 4 | 5 |
| 2. I felt safe. | 1 | 2 | 3 | 4 | 5 |
| 3. I was extremely concerned that I would be exposed to nuclear, biological, or chemical agents (NBC) agents. | 1 | 2 | 3 | 4 | 5 |
| 4. I felt I was in great danger of being wounded (for example, losing a limb). | 1 | 2 | 3 | 4 | 5 |
| 5. I was concerned that my unit would be attacked. | 1 | 2 | 3 | 4 | 5 |
| 6. I worried about the possibility of accidents (for example, “friendly” fire or training injuries in my unit). | 1 | 2 | 3 | 4 | 5 |
| 7. I was concerned that I would encounter an explosive device (for example, a roadside bomb, mine, or booby trap). | 1 | 2 | 3 | 4 | 5 |
| 8. I felt secure that I would be coming home after the war. | 1 | 2 | 3 | 4 | 5 |
| 9. I was concerned that the medicine I was given to protect me from illness would make me sick. | 1 | 2 | 3 | 4 | 5 |
| 10. I felt that I would become sick from pesticides (for example, bug spray) or other routinely used chemicals. | 1 | 2 | 3 | 4 | 5 |
| 11. I was concerned about the effects of breathing bad air. | 1 | 2 | 3 | 4 | 5 |
| 12. I worried about exposure to depleted uranium in munitions. | 1 | 2 | 3 | 4 | 5 |
| 13. I feared that the protective gear I was given would not work. | 1 | 2 | 3 | 4 | 5 |
| 14. I worried about getting an infectious disease. | 1 | 2 | 3 | 4 | 5 |
| 15. I worried that I would be intentionally hurt by one of my own. | 1 | 2 | 3 | 4 | 5 |
| 16. I was concerned that I would be attacked while on convoy or patrol. | 1 | 2 | 3 | 4 | 5 |
| 17. I was concerned that a rocket or mortar would hit our living quarters. | 1 | 2 | 3 | 4 | 5 |
| 18. I worried that others in my unit could not keep me safe. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 19. I spent a lot of time worrying about the bad things that could happen to me. | 1 | 2 | 3 | 4 | 5 |
| 20. I worried that someone I thought I could trust would turn against me. | 1 | 2 | 3 | 4 | 5 |
| 21. I worried that I might be taken hostage. | 1 | 2 | 3 | 4 | 5 |

SECTION K: TRAINING AND DEPLOYMENT PREPARATION

Below are several statements about how well prepared you were by the military for your deployment. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. I had the supplies and equipment needed to get my job done. | 1 | 2 | 3 | 4 | 5 |
| 2. The equipment I was given functioned the way it was supposed to. | 1 | 2 | 3 | 4 | 5 |
| 3. I received adequate training on how to use my equipment. | 1 | 2 | 3 | 4 | 5 |
| 4. I knew how to treat animal bites, insect stings, or allergic reactions to plants in the region. | 1 | 2 | 3 | 4 | 5 |
| 5. I received adequate training on what to do in case of a nuclear, biological, or chemical (NBC) attack. | 1 | 2 | 3 | 4 | 5 |
| 6. I had enough gear to protect myself in case of an attack. | 1 | 2 | 3 | 4 | 5 |
| 7. I received adequate training for the nature of the deployment I experienced. | 1 | 2 | 3 | 4 | 5 |
| 8. I was adequately prepared to deal with the region’s climate. | 1 | 2 | 3 | 4 | 5 |
| 9. I was accurately informed about what to expect from enemy combatants. | 1 | 2 | 3 | 4 | 5 |
| 10. I was trained by people who were knowledgeable and well-informed about the topics they were covering. | 1 | 2 | 3 | 4 | 5 |
| 11. I was informed about the role my unit was expected to play in the deployment. | 1 | 2 | 3 | 4 | 5 |
| 12. I had a pretty good idea of how long my deployment would last. | 1 | 2 | 3 | 4 | 5 |
| 13. I was accurately informed of what daily life would be like. | 1 | 2 | 3 | 4 | 5 |
| 14. My military duties and assignments were what I expected. | 1 | 2 | 3 | 4 | 5 |
| 15. My unit was prepared to operate as a team during deployment. | 1 | 2 | 3 | 4 | 5 |

SECTION L: UNIT SUPPORT

The statements below are about your relationships with other military personnel while you were deployed. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. My unit was like family to me. | 1 | 2 | 3 | 4 | 5 |
| 2. I felt a sense of camaraderie with other members of my unit. | 1 | 2 | 3 | 4 | 5 |
| 3. Others in my unit understood me. | 1 | 2 | 3 | 4 | 5 |
| 4. Most people in my unit were trustworthy. | 1 | 2 | 3 | 4 | 5 |
| 5. I could go to most people in my unit for help when I had a personal problem. | 1 | 2 | 3 | 4 | 5 |
| 6. Other unit members appreciated my efforts. | 1 | 2 | 3 | 4 | 5 |
| 7. Other unit members were there to “back me up” if things went wrong. | 1 | 2 | 3 | 4 | 5 |
| 8. Unit leaders were interested in what I thought and how I felt about things. | 1 | 2 | 3 | 4 | 5 |
| 9. I was impressed by the quality of leadership in my unit. | 1 | 2 | 3 | 4 | 5 |
| 10. Unit leaders made a real attempt to treat me as a person. | 1 | 2 | 3 | 4 | 5 |
| 11. Unit leaders supported the decisions I made during deployment. | 1 | 2 | 3 | 4 | 5 |
| 12. I felt like my efforts really counted to the military leadership. | 1 | 2 | 3 | 4 | 5 |
| 13. My service was appreciated by the military leadership. | 1 | 2 | 3 | 4 | 5 |
| 14. I was supported by the military leadership. | 1 | 2 | 3 | 4 | 5 |

SECTION M: RELATIONSHIPS WITHIN UNIT

The next set of questions is again about your relationships with other military personnel while deployed. Please describe how often you experienced each circumstance by circling the number that best fits your choice.

| While I was deployed, military leaders or other service members: | Never | Once or twice | Sometimes | Many times |
|--|-------|---------------|-----------|------------|
| 1. ...treated me in an overly critical way. | 1 | 2 | 3 | 4 |
| 2. ...behaved in a way that was uncooperative when working with me. | 1 | 2 | 3 | 4 |
| 3. ...treated me as if I had to work harder than others to prove myself. | 1 | 2 | 3 | 4 |
| 4. ...questioned my abilities or commitment to perform my job effectively. | 1 | 2 | 3 | 4 |
| 5. ...acted as though my mistakes were worse than others’. | 1 | 2 | 3 | 4 |
| 6. ...tried to make my job more difficult to do. | 1 | 2 | 3 | 4 |
| 7. ..."put me down" or treated me in a condescending way. | 1 | 2 | 3 | 4 |

| While I was deployed, military leaders or other service members: | Never | Once or twice | Sometimes | Many times |
|--|-------|---------------|-----------|------------|
| 8. ...threatened my physical safety. | 1 | 2 | 3 | 4 |
| 9. ...spread negative rumors about my sexual activities. | 1 | 2 | 3 | 4 |
| 10. ...made crude and offensive sexual remarks directed at me, either publicly or privately. | 1 | 2 | 3 | 4 |
| 11. ...pressured me into unwanted sexual activity. | 1 | 2 | 3 | 4 |
| 12. ...offered me some sort of reward or special treatment to take part in sexual behavior. | 1 | 2 | 3 | 4 |
| 13. ...threatened me with some sort of retaliation for not being sexually cooperative (for example, the threat of a negative review or physical violence). | 1 | 2 | 3 | 4 |
| 14. ...made unwanted attempts to stroke or fondle me (for example, stroking my leg or neck). | 1 | 2 | 3 | 4 |
| 15. ...made unwanted attempts to have sex with me. | 1 | 2 | 3 | 4 |
| 16. ...forced me to have sex. | 1 | 2 | 3 | 4 |

SECTION N: LIFE AND FAMILY CONCERNS

The following set of statements refers to concerns you may have had related to your life and family back home while you were deployed. These questions do not ask if these events actually occurred, but only how concerned you were that they might happen while you were deployed. Please describe how concerned you were by circling the number that best fits your choice.

| While I was deployed, I was concerned about: | Not applicable | Not at all | A little | Moderately | A great Deal |
|--|----------------|------------|----------|------------|--------------|
| 1. ...missing out on opportunities to start a career. | 0 | 1 | 2 | 3 | 4 |
| 2. ...missing out on a promotion at my job back home. | 0 | 1 | 2 | 3 | 4 |
| 3. ...damaging my career because I was deployed for a long time. | 0 | 1 | 2 | 3 | 4 |
| 4. ...losing touch with my co-workers or supervisors back home. | 0 | 1 | 2 | 3 | 4 |
| 5. ...being unable to financially support my family. | 0 | 1 | 2 | 3 | 4 |
| 6. ...harming my relationship with my spouse/significant other. | 0 | 1 | 2 | 3 | 4 |
| 7. ...being left by my spouse/significant other. | 0 | 1 | 2 | 3 | 4 |
| 8. ...missing out on my children's growth and development. | 0 | 1 | 2 | 3 | 4 |
| 9. ...losing touch with my friends. | 0 | 1 | 2 | 3 | 4 |
| 10. ...missing important events at home such as birthdays, weddings, funerals, graduations, etc. | 0 | 1 | 2 | 3 | 4 |
| 11. ...my inability to help my family or friends if they had some type of problem. | 0 | 1 | 2 | 3 | 4 |
| 12. ...my inability to directly manage or control family affairs. | 0 | 1 | 2 | 3 | 4 |
| 13. ...the care that my child(ren) or other dependents were receiving. | 0 | 1 | 2 | 3 | 4 |
| 14. ...the care that my pet(s) were receiving. | 0 | 1 | 2 | 3 | 4 |

| While I was deployed, I was concerned about: | Not applicable | Not at all | A little | Moderately | A great Deal |
|---|----------------|------------|----------|------------|--------------|
| 15. ...being cheated on by my spouse or significant other. | 0 | 1 | 2 | 3 | 4 |
| 16. ...the safety and well-being of a loved one who was also deployed. | 0 | 1 | 2 | 3 | 4 |
| 17. ...sharing information with my family or other loved ones that would cause them to worry. | 0 | 1 | 2 | 3 | 4 |
| 18. ...my family's ability to manage their stress and worries about my safety. | 0 | 1 | 2 | 3 | 4 |
| 19. ...my spouse or significant other's ability to manage the household (for example, chores, bills, home repairs, etc.). | 0 | 1 | 2 | 3 | 4 |
| 20. ...how my finances were being managed. | 0 | 1 | 2 | 3 | 4 |

SECTION O: FAMILY EVENTS

The next set of statements refers to stressful family events that you may have experienced during your deployment. Please circle "Yes" or "No" for each question below.

While I was deployed:

| | | |
|--|-----|----|
| 1. ...I had serious problems getting in touch with a family member or other loved one. | Yes | No |
| 2. ...a family member or other loved one suffered a mental health crisis. | Yes | No |
| 3. ...a family member or other loved one had serious legal problems. | Yes | No |
| 4. ...a family member or other loved one was injured. | Yes | No |
| 5. ...a family member or other loved one was severely mistreated. | Yes | No |
| 6. ...a family member or other loved one passed away. | Yes | No |
| 7. ...my family had serious money problems. | Yes | No |
| 8. ...a spouse or significant other cheated on me. | Yes | No |
| 9. ...a spouse or significant other heard that I had cheated on him/her. | Yes | No |
| 10. ...my relationship with a spouse or significant other ended. | Yes | No |
| 11. ...I had a major conflict with a family member or other loved one. | Yes | No |
| 12. ...I stopped hearing from a family member or other loved one. | Yes | No |
| 13. ...my family or other loved ones had serious difficulty adjusting to my absence. | Yes | No |
| 14. ...my home was robbed or broken into. | Yes | No |
| 15. ...my money or belongings were stolen. | Yes | No |
| 16. ...a family member or other person I trusted stole or wasted my money. | Yes | No |
| 17. ...I learned that a loved one was doing things I disapproved of. | Yes | No |
| 18. ...a family member or other loved one was also deployed. | Yes | No |
| 19. ...a family member got into serious trouble at home, at school, or in the community. | Yes | No |

SECTION P: SUPPORT FROM FAMILY/FRIENDS

The next set of statements refers to social support from family or friends during your deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| During my deployment: | | | | | |
| 1. ...I was carefully listened to by family members or friends. | 1 | 2 | 3 | 4 | 5 |
| 2. ...I had family members or friends back home who were proud of my service to my country. | 1 | 2 | 3 | 4 | 5 |
| 3. ...Among my friends or relatives, there was someone who made me feel better when I was feeling down. | 1 | 2 | 3 | 4 | 5 |
| 4. ...I had problems that I could not discuss with family or friends. | 1 | 2 | 3 | 4 | 5 |
| 5. ...Among my friends or relatives, there was someone I could talk to when I needed good advice. | 1 | 2 | 3 | 4 | 5 |
| 6. ...People at home just did not understand what I was going through. | 1 | 2 | 3 | 4 | 5 |
| 7. ...My friends and family respected my role in the Armed Forces. | 1 | 2 | 3 | 4 | 5 |
| 8. ...I had friends or relatives to look out for my family or other dependents (including pets), or take care of my finances, property, or belongings if needed. | 1 | 2 | 3 | 4 | 5 |
| 9. ...I was disappointed by how little communication I got from home. | 1 | 2 | 3 | 4 | 5 |
| 10. ...I was disappointed by how little support I got from home. | 1 | 2 | 3 | 4 | 5 |
| 11. ...There were people at home who cared about me. | 1 | 2 | 3 | 4 | 5 |
| 12. ...I had friends or family members I could talk to about my deployment experiences. | 1 | 2 | 3 | 4 | 5 |

SECTION Q: POSTDEPLOYMENT REINTEGRATION

You have completed the questions about your deployment. The next set of statements relates to experiences that you may have had in the process of readjusting/reintegrating into life at home after deployment. Please describe how much you agree or disagree with each statement as it reflects your experiences **IN THE FIRST THREE MONTHS AFTER YOU RETURNED FROM DEPLOYMENT** by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. The transition back from deployment went smoothly. | 1 | 2 | 3 | 4 | 5 |
| 2. I was frustrated by people asking me questions about my deployment. | 1 | 2 | 3 | 4 | 5 |
| 3. Finding a job or returning to work or school was difficult for me. | 1 | 2 | 3 | 4 | 5 |
| 4. I was happy at work or school. | 1 | 2 | 3 | 4 | 5 |
| 5. I had trouble getting along with others at work or school. | 1 | 2 | 3 | 4 | 5 |
| 6. Other people's complaints about their daily lives irritated me. | 1 | 2 | 3 | 4 | 5 |
| 7. I felt more comfortable talking to my military buddies than my friends or family. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 8. I had trouble dealing with people who reminded me of the enemy. | 1 | 2 | 3 | 4 | 5 |
| 9. I didn't feel needed by friends, family, or coworkers anymore. | 1 | 2 | 3 | 4 | 5 |
| 10. I felt like I was in the way around my friends and family. | 1 | 2 | 3 | 4 | 5 |
| 11. I no longer fit in with my friends and family. | 1 | 2 | 3 | 4 | 5 |
| 12. I had trouble relaxing around friends and family. | 1 | 2 | 3 | 4 | 5 |
| 13. I enjoyed doing the things I used to do. | 1 | 2 | 3 | 4 | 5 |
| 14. I spent a lot of time watching TV shows, listening to radio programs, or reading articles about the war. | 1 | 2 | 3 | 4 | 5 |
| 15. It was hard for me to stop thinking about things that happened during the deployment. | 1 | 2 | 3 | 4 | 5 |
| 16. People bothered or annoyed me more than they used to. | 1 | 2 | 3 | 4 | 5 |
| 17. People voiced opinions about the deployment that made me angry. | 1 | 2 | 3 | 4 | 5 |
| 18. I found it hard to be around old friends. | 1 | 2 | 3 | 4 | 5 |
| 19. I had an easy time making new friends. | 1 | 2 | 3 | 4 | 5 |
| 20. Someone I relied on for support was no longer around. | 1 | 2 | 3 | 4 | 5 |

SECTION R: POSTDEPLOYMENT SUPPORT

The next set of statements refers to social support AFTER DEPLOYMENT. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. The reception I received from my family made me feel appreciated for my efforts. | 1 | 2 | 3 | 4 | 5 |
| 2. The reception I received from members of my community made me feel appreciated for my efforts. | 1 | 2 | 3 | 4 | 5 |
| 3. The American people made me feel at home when I returned. | 1 | 2 | 3 | 4 | 5 |
| 4. When I returned, people made me feel proud to have served my country in the Armed Forces. | 1 | 2 | 3 | 4 | 5 |
| 5. I am carefully listened to by family members or friends. | 1 | 2 | 3 | 4 | 5 |
| 6. Among my friends or relatives, there is someone who makes me feel better when I am feeling down. | 1 | 2 | 3 | 4 | 5 |
| 7. I have problems that I can't discuss with family or friends. | 1 | 2 | 3 | 4 | 5 |
| 8. Among my friends or relatives, there is someone I go to when I need good advice. | 1 | 2 | 3 | 4 | 5 |
| 9. People at home just don't understand what I have been through while in the Armed Forces. | 1 | 2 | 3 | 4 | 5 |
| 10. There are people to whom I can talk about my deployment experiences. | 1 | 2 | 3 | 4 | 5 |

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|--|-------------------|-------------------|----------------------------|----------------|----------------|
| 11. The people I work with respect the fact that I served my country. | 1 | 2 | 3 | 4 | 5 |
| 12. My supervisor would understand if I needed time off to take care of personal matters. | 1 | 2 | 3 | 4 | 5 |
| 13. My friends or relatives would lend me money if I needed it. | 1 | 2 | 3 | 4 | 5 |
| 14. My friends or relatives would help me move my belongings if I needed to. | 1 | 2 | 3 | 4 | 5 |
| 15. If I were unable to attend to daily chores, there is someone who would help me with those tasks. | 1 | 2 | 3 | 4 | 5 |
| 16. When I am ill, friends or family members help out until I am well. | 1 | 2 | 3 | 4 | 5 |

SECTION S: POSTDEPLOYMENT FAMILY EXPERIENCES

The sentences below refer to family experiences for military personnel who are CURRENTLY married or living with other family members. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice. If you spend time in more than one family setting, please answer these questions about the family in which you spend the greatest amount of time.

PLEASE SKIP TO SECTION U IF YOU ARE NOT MARRIED OR LIVING WITH OTHER FAMILY MEMBERS.

| | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. People in my family do things together. | 1 | 2 | 3 | 4 | 5 |
| 2. Family members get on each other's nerves. | 1 | 2 | 3 | 4 | 5 |
| 3. Family members feel uncomfortable with each other. | 1 | 2 | 3 | 4 | 5 |
| 4. Family members are there for each other during difficult times. | 1 | 2 | 3 | 4 | 5 |
| 5. Family members feel very close to each other. | 1 | 2 | 3 | 4 | 5 |
| 6. Family members avoid each other. | 1 | 2 | 3 | 4 | 5 |
| 7. When problems arise, family members compromise. | 1 | 2 | 3 | 4 | 5 |
| 8. Family members are afraid to say what is on their minds. | 1 | 2 | 3 | 4 | 5 |
| 9. There is fighting among family members. | 1 | 2 | 3 | 4 | 5 |
| 10. Family members yell when they are angry with each other. | 1 | 2 | 3 | 4 | 5 |
| 11. Family members discuss their personal problems with each other. | 1 | 2 | 3 | 4 | 5 |
| 12. Family members share household responsibilities. | 1 | 2 | 3 | 4 | 5 |
| 13. Family members are affectionate with each other. | 1 | 2 | 3 | 4 | 5 |
| 14. Family members insult or swear at each other. | 1 | 2 | 3 | 4 | 5 |
| 15. Family members are critical of each other. | 1 | 2 | 3 | 4 | 5 |

SECTION T: POSTDEPLOYMENT LIFE EVENTS

The next statements refer to events you may have experienced SINCE RETURNING FROM YOUR DEPLOYMENT. These questions are similar to the questions you’ve answered previously about events before your deployment. Please circle “Yes” or “No” for each question below.

Since returning home:

| | | |
|---|-----|----|
| 1. ...I have experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage. | Yes | No |
| 2. ...I have been exposed to a toxic substance (such as dangerous chemicals or radiation). | Yes | No |
| 3. ...someone close to me has experienced serious physical or mental health problems. | Yes | No |
| 4. ...someone close to me has died. | Yes | No |
| 5. ...a close family member or friend has experienced a serious drug or alcohol problem. | Yes | No |
| 6. ...I have gone through a divorce or been left by a significant other. | Yes | No |
| 7. ...I have witnessed someone being seriously assaulted or killed. | Yes | No |
| 8. ...I have been robbed or had my home broken into. | Yes | No |
| 9. ...I have lost my job or been demoted. | Yes | No |
| 10. ...I have been emotionally mistreated by a family member or other loved one (for example, ignored or repeatedly told I was no good). | Yes | No |
| 11. ...I have experienced serious financial problems. | Yes | No |
| 12. ...I have experienced serious physical or mental health problems. | Yes | No |
| 13. ...I have experienced stressful legal problems (for example, being sued, suing someone else, or being in a custody battle). | Yes | No |
| 14. ...I have been unemployed and seeking employment for at least 3 months. | Yes | No |
| 15. ...I have had problems getting access to adequate healthcare. | Yes | No |
| 16. ...I have been seriously physically injured by another person (for example, hit or beaten up). | Yes | No |
| 17. ...I have experienced unwanted sexual activity as a result of force, threat of harm, or manipulation. | Yes | No |

SECTION U: FEELING AND EMOTIONS

Next is a set of statements about feelings you may or may not have experienced IN THE LAST THREE MONTHS. Please read each statement and indicate the extent to which you agree or disagree with each statement by circling the number corresponding to your response choice.

| In the last three months... | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 1. ...I have felt sad. | 1 | 2 | 3 | 4 | 5 |
| 2. ...I have felt discouraged about the future. | 1 | 2 | 3 | 4 | 5 |
| 3. ...I have felt like a failure. | 1 | 2 | 3 | 4 | 5 |
| 4. ...I haven’t gotten as much satisfaction out of things as I used to. | 1 | 2 | 3 | 4 | 5 |
| 5. ...I have been disappointed in myself. | 1 | 2 | 3 | 4 | 5 |

| In the last three months... | Strongly disagree | Somewhat disagree | Neither agree nor disagree | Somewhat agree | Strongly agree |
|---|-------------------|-------------------|----------------------------|----------------|----------------|
| 6. ...I have been critical of myself for my weaknesses or mistakes. | 1 | 2 | 3 | 4 | 5 |
| 7. ...I have had thoughts about killing myself. | 1 | 2 | 3 | 4 | 5 |
| 8. ...I have been unable to relax. | 1 | 2 | 3 | 4 | 5 |
| 9. ...I have had a fear of the worst happening. | 1 | 2 | 3 | 4 | 5 |
| 10. ...I have felt terrified. | 1 | 2 | 3 | 4 | 5 |
| 11. ...I have felt nervous. | 1 | 2 | 3 | 4 | 5 |
| 12. ...I have had a fear of losing control. | 1 | 2 | 3 | 4 | 5 |
| 13. ...I have had a fear of dying. | 1 | 2 | 3 | 4 | 5 |
| 14. ...I have felt scared. | 1 | 2 | 3 | 4 | 5 |

SECTION V: POST-DEPLOYMENT DISTRESS

The following statements refer to feelings you may have had since returning from your deployment. Please think about the event or events that were most disturbing to you while you were deployed and respond to the statements about experiences or feelings you have had IN THE LAST THREE MONTHS. Circle the number that best fits your choice.

| In the last three months I have been bothered by... | Not at all | A little bit | Moderately | Quite a bit | Extremely |
|--|------------|--------------|------------|-------------|-----------|
| 1. ...repeated, disturbing memories of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 2. ...repeated, disturbing dreams of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 3. ...suddenly acting or feeling as if my military experiences were happening again. | 1 | 2 | 3 | 4 | 5 |
| 4. ...feeling very upset when something happened that reminded me of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 5. ...trouble remembering important parts of my military experiences. | 1 | 2 | 3 | 4 | 5 |
| 6. ...loss of interest in activities that I used to enjoy. | 1 | 2 | 3 | 4 | 5 |
| 7. ...feeling distant or cut off from other people. | 1 | 2 | 3 | 4 | 5 |
| 8. ...feeling emotionally numb, or being unable to have loving feelings for those close to me. | 1 | 2 | 3 | 4 | 5 |
| 9. ...feeling as if my future will somehow be cut short. | 1 | 2 | 3 | 4 | 5 |
| 10. ...trouble falling or staying asleep. | 1 | 2 | 3 | 4 | 5 |
| 11. ...feeling irritable or having angry outbursts. | 1 | 2 | 3 | 4 | 5 |
| 12. ...having difficulty concentrating. | 1 | 2 | 3 | 4 | 5 |
| 13. ...being "super alert," or watchful or on guard. | 1 | 2 | 3 | 4 | 5 |
| 14. ...feeling jumpy or easily startled. | 1 | 2 | 3 | 4 | 5 |
| 15. ...having physical reactions when something reminds me of my military experiences. | 1 | 2 | 3 | 4 | 5 |

| | Not at all | A little bit | Moderately | Quite a bit | Extremely |
|--|------------|--------------|------------|-------------|-----------|
| In the past three months, I have tried to: | | | | | |
| 16. ...avoid thinking about my military experiences, or avoid having feelings about them. | 1 | 2 | 3 | 4 | 5 |
| 17. ...avoid activities or situations because they reminded me of my military experiences. | 1 | 2 | 3 | 4 | 5 |

SECTION W: CURRENT HEALTH

The following questions ask about your current health. Please circle the response corresponding to the most appropriate option.

| | Excellent | Very good | Good | Fair | Poor |
|---|--------------|------------|------------------------|-----------------------|--------------------|
| 1. In general, would you say your health is: | | | | | |
| 2. Does your health now limit you in moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf? | | | No, not limited at all | Yes, limited a little | Yes, limited a lot |
| 3. Does your health now limit you in climbing several flights of stairs? | | | No, not limited at all | Yes, limited a little | Yes, limited a lot |
| 4. In the past four weeks, have you accomplished less than you would like as a result of your physical health? | | | | Yes | No |
| 5. In the past four weeks, have you been limited in your work or other activities as a result of your physical health? | | | | Yes | No |
| 6. In the past four weeks, have you accomplished less than you would like as a result of any emotional problems (such as feeling depressed or anxious)? | | | | Yes | No |
| 7. In the past four weeks, have you not done work or other activities as carefully as usual as a result of any emotional problems? | | | | Yes | No |
| 8. During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? | A little bit | Moderately | Quite a bit | Extremely | |

How much of the time during the past four weeks...

| | A little of the time | Some of the time | A good bit of the time | Most of the time | All of the time |
|--|----------------------|------------------|------------------------|------------------|-----------------|
| 1. ...have you felt calm and peaceful? | | | | | |
| 2. ...did you have a lot of energy? | | | | | |

How much of the time during the past four weeks...

| | A little of the time | Some of the time | A good bit of the time | Most of the time | All of the time |
|--|----------------------|------------------|------------------------|------------------|-----------------|
| 3. ...have you felt downhearted and blue? | | | | | |
| 4. ...has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.?) | | | | | |

SECTION X: ALCOHOL USE

The following questions relate to your use of alcohol. Please circle the response corresponding to the most appropriate option.

| | No | Yes, before I was deployed | Yes, at some time after deployment | Yes, in the last 3 months |
|---|----|----------------------------|------------------------------------|---------------------------|
| 1. Have you felt you ought to cut down on drinking? | 1 | 2 | 3 | 4 |
| 2. Have people criticized your drinking? | 1 | 2 | 3 | 4 |

| | No | Yes, before I was deployed | Yes, at some time after deployment | Yes, in the last 3 months | | |
|---|-------|----------------------------|------------------------------------|---------------------------|------------------------|-------------------|
| 3. Have you felt bad or guilty about your drinking? | 1 | 2 | 3 | 4 | | |
| 4. Have you had a drink first thing in the morning to steady your nerves or get rid of a hangover (an “eye-opener”)? | 1 | 2 | 3 | 4 | | |
| 5. In the past three months how often have you had a drink containing alcohol? | Never | Monthly or less | 2 to 3 times a month | 2 to 3 times a week | 4 or more times a week | |
| 6. In the past three months, how many drinks containing alcohol have you had on a typical day when you were drinking? | None | 1 or 2 | 3 or 4 | 5 or 6 | 7 or 9 | More than 5 years |

SECTION Y: HEALTH-CARE USE

The next statements refer to your use of health care SINCE RETURNING FROM YOUR MOST RECENT DEPLOYMENT TO OEF/OIF. Please circle “Yes” or “No” for each question below.

Since returning home:

| | | |
|---|-----|----|
| 1. Have you had a physical health problem that required health care? | Yes | No |
| 2. Have you had an emotional problem that required health care? | Yes | No |
| 3. Have you gotten any <i>medical care</i> for yourself? For example, hospital stays, doctor’s visits, urgent care, routine exams, medical tests, or shots? | Yes | No |
| 3a. If yes, did you go to a Department of Veterans Affairs (VA) health-care facility for any of this care? | Yes | No |
| 4. Have you seen a professional for help with an emotional problem? These professionals could be psychologists, therapists, counselors, or psychiatrists, and could include groups led by professional counselors and visits for medication for emotional problems? | Yes | No |
| 4a. If yes, did you go to a Department of Veterans Affairs (VA) health-care facility for any of this care? | Yes | No |

SECTION Z: ADDITIONAL SURVEY INFORMATION

Please check the appropriate response or fill in the required information.

1. What is your gender?

- Male
 Female

2. What is your age? _____

3. Are you of Hispanic or Latino origin or descent?

- Yes, Hispanic
 No, not Hispanic or Latino

4. In which of the following categories do you feel that you belong? (Please check all that apply)

- Pacific Islander or Native Hawaiian Black or African/American
 American Indian or Alaskan Native White
 Asian Other (Please specify) _____

5. What is the highest level of education you have attained?

- 8th grade or less Some college
 Some high school Four-year college graduate
 High school graduate Some graduate or professional school
 Vocational or technical training Graduate or professional degree

6. What is your current marital status?

- Married Divorced
 Living as a couple Widowed
 Separated Single/Never married

7. Which of the following categories best describes your 2006 household income before taxes?

- \$15,000 or less \$50,001 to \$75,000
 \$15,001 to \$25,000 \$75,001 to \$100,000
 \$25,001 to \$35,000 Over \$100,000
 \$35,001 to \$50,000

8. Are you currently serving in the military either on active duty or with the National Guard or Reserves?

- Yes
 No

8a. (If Yes) Are you currently:

- Regular active duty
 National Guard
 Reserves

9. Have you ever or are you currently applying for service-connected disability status?

- Yes
 No

9a. (If yes, in past) Did you receive service-connected disability status?

- Yes
 No

10. During what time period was your most recent deployment to Iraq or Afghanistan?

From ___/___/___ (month/day/year)

To ___/___/___ (month/day/year)

11. Was this most recent deployment in support of:

- OEF (Operation Enduring Freedom)
 OIF (Operation Iraqi Freedom)

12. When you were deployed, were you:

- Regular active duty
 National Guard
 Reserves

13. What was your branch of the military when you were deployed?

Marines___ Army___ Navy___ Air Force___ Coast Guard___

14. What was your military rank when you were deployed (e.g., E-5, O-6)? _____

15. What was your primary military occupation (MOS, SSI, Rating or NEC, NOBC, or AFSC) when you were deployed? _____

16. Please briefly describe what duties your unit performed (e.g. transportation, moving equipment from ports to front lines).

17. Where were you stationed?

18. What was your marital status when you deployed?

Married Divorced
 Living as a couple Widowed
 Separated Single/Never married

19. Did you have any children when you deployed?

Yes
 No

20. Have you had children since you deployed?

Yes
 No

21. IF YES TO EITHER 18 OR 19: How many children do you have and what are their ages?

22. Do you think that you have in the past or are currently suffering from deployment-related illnesses?

No, never
 Yes, in the past
 Yes, currently

Please take a minute to go back through the survey and make sure you haven't skipped any pages.

Thank you for your participation!