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Attachment CC:

Student Program Fidelity 7th Grade Session 3

Dating Matters: Strategies to Promote Healthy Teen Relationships™ Initiative

Division of Violence Prevention
National Center for Injury Prevention and Control
Centers for Disease Control and Prevention

Student Curriculum – 7th Grade, Session 3 – Review

Attendance Log

Implementer Name: _____ Implementer ID: _____

School ID: _____ Session ID: _____

Classroom ID: _____ Program Year: _____

Please have each student sign initials next to their name to indicate attendance to the session

Student Names (Pre-Typed)	Student ID (pre-typed)	Student Initials for Present

Student Curriculum – 7th Grade, Session 3 – Review

Implementer Name: _____ Implementer ID: _____

School ID: _____ Session ID: _____

Classroom ID: _____

Program Year: _____ Time lesson began: _____

Date: _____ Time lesson ended: _____

Please indicate if you completed the following activities:

Activity	Yes	Yes w/ changes	No
1. Briefly reviewed Session 2	☐	☐	☐
2. Reviewed the homework assignment from Session 2	☐	☐	☐
3. Explained that Session 3 will cover upsetting feelings and how we respond to them	☐	☐	☐
4. Read Scenarios 1-4 and ensured that students circled their responses on the handout	☐	☐	☐
5. Discussed comfortable and uncomfortable feelings	☐	☐	☐
6. Explained that there are both helpful and harmful responses to uncomfortable feelings	☐	☐	☐
7. Gave instructions for Activity 1	☐	☐	☐
8. Ensured that students came up with both helpful and harmful responses in Activity 1	☐	☐	☐
9. Emphasized that responding to feelings in a helpful way or in a harmful way is a choice	☐	☐	☐
10. Explained that healthy coping strategies help people calm down and think more clearly when they have upsetting feelings	☐	☐	☐
11. Led class through Blowing Bubbles coping strategy	☐	☐	☐
12. Led class through Robot to Ragdoll coping strategy	☐	☐	☐
13. Led class through Pause for Positives coping strategy	☐	☐	☐
14. Recapped Session 3	☐	☐	☐
15. Previewed the concept of unhealthy coping, emphasizing drug and alcohol use, for Session 4	☐	☐	☐

Describe any changes you made to the session activities (please identify which activity you are describing by number).

Please indicate if you experienced any of these challenges that interfered with implementing today's session. *Check all that apply.*

1. Not enough time	☐
2. I did not have the needed materials	☐
3. I was uncomfortable discussing some of the topics	☐
4. Students were uncomfortable discussing some of the topics	☐
5. Some part of the session was difficult for students (e.g., role plays, reading aloud, worksheets)	☐
6. Classroom behavior management issues	☐
7. Other more pressing classroom demands	☐
8. Other – please specify _____	☐

Please check the extent to which the students were engaged in today's lesson on the following measures:

<i>Most students...</i>	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
Asked relevant questions.	☐	☐	☐	☐	☐
Suggested solutions to scenario problems.	☐	☐	☐	☐	☐
Responded correctly to questions.	☐	☐	☐	☐	☐
Distracted other students.	☐	☐	☐	☐	☐
Participated extensively in discussions.	☐	☐	☐	☐	☐
Discouraged other students from participating.	☐	☐	☐	☐	☐

Please think about today's session and tell us your answers to the following questions. Circle the number that shows your opinion about each question.

1. How well do you think the students understood the session material?

- 1 *Not at all*
- 2 *A little*
- 3 *A lot*
- 4 *Completely*

2. How well did the session material fit into the allotted time period?

- 1 *Session was too packed/not enough time to complete all activities*
- 2 *Session was somewhat packed/able to complete most but not all*
- 3 *Session was just right*
- 4 *Not enough material/session ended before class period completed*