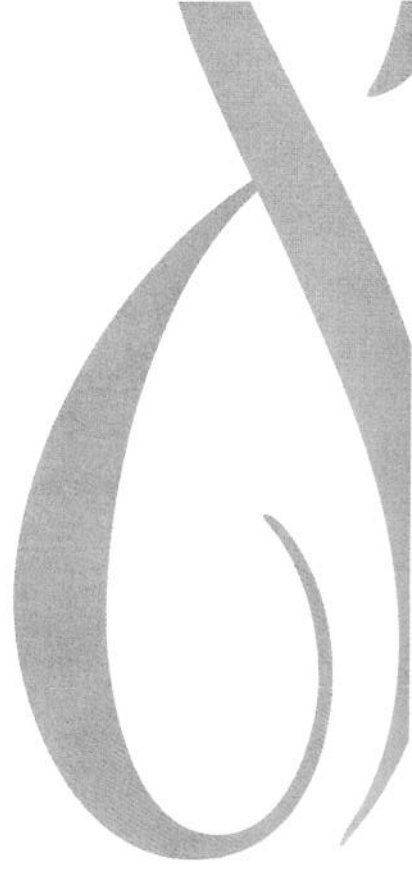
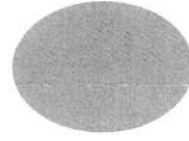




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[www.TheLLF.org](http://www.TheLLF.org)

## Support Resources:

Local and National  
Support Groups



## MARYLAND SUPPORT GROUPS

This is just a selection of support groups and organizations throughout Maryland that assist individuals in dealing with the grief process. Your funeral home, hospice center, health department, spiritual leader, local hospital, insurance, or employer may be able to offer additional information about other resources in your area.

### Central Maryland:

#### **Center for Grief and Loss at Stella Marris, Inc**

Phone: 410-252-4500

#### **Hospice of Baltimore – Gilchrist Center**

Phone: 443-849-8200  
[www.gilchristhospice.org](http://www.gilchristhospice.org)

#### **Family Bereavement Center**

(Homicide support groups)  
Phone: 410-396-7351

#### **Pathways Bereavement Support Group**

Carroll Hospital Center  
Phone: 410-871-7231

#### **Franklin Square Hospital Center**

Phone: 443-777-7657

#### **Community Hospice of Maryland**

Phone: 410-248-3003

#### **St. Agnes Hospital Hospice**

Phone: 410-368-2840

#### **St. Josephs Hospital**

(For widows and widowers)  
Phone: 410-337-1535

#### **Heartland Hospice**

Phone: 410-719-8670

#### **Hospice of Baltimore**

Phone: 410-849-8251

#### **Seasons**

(Loss of a loved one from suicide)  
Phone: 410-803-2098

### Eastern Maryland:

#### **Peninsula Regional Medical Center – Grief Support Groups**

Phone: 410-453-7157

#### **Compassionate Friends, Delmarva Chapter**

(Loss of a child)

Phone: 410-943-8844

### Southern Maryland:

#### **Compassionate Friends, Southern Maryland Chapter**

(Loss of a child)

Phone: 301-855-3068

#### **St. Mary's County Hospice**

Phone: 301-475-2023

### Western Maryland:

#### **Hospice of Frederick County**

(Support groups for adults)  
Phone: 301-694-6444

#### **Compassionate Friends, Frederick Chapter**

(Loss of a child)

Phone: 301-662-5511

#### **Bereavement Parents of USA Alleghany County**

(Loss of a child)

Phone: 301-722-0018

#### **Hospice of Washington County, Inc.**

Phone: 301-791-6360

### Northern Maryland:

#### **Northern Chesapeake Hospice/Seasons**

Phone: 410-398-7304

## **ONLINE GRIEF RESOURCES AND NATIONAL SUPPORT GROUPS**

### General Resources for all loss and all ages:

#### **ADEC: The Thanatology Association**

[www.adec.org/coping/index.cfm](http://www.adec.org/coping/index.cfm)

#### **National Donor Family Council**

(Donor families)

[www.kidney.org/transplantation/donor\\_families/index.cfm](http://www.kidney.org/transplantation/donor_families/index.cfm)

#### **Hospice**

(Resources for all ages)

[www.hospicenet.org/index.html](http://www.hospicenet.org/index.html)

#### **AARP Grief and Loss Programs**

[www.aarp.org/families/grief\\_loss](http://www.aarp.org/families/grief_loss)

#### **Griefnet**

[www.griefnet.org](http://www.griefnet.org)

#### **Groww: Friends helping friends**

(resources and online support community)  
[www.groww.org](http://www.groww.org)

### Death of a child:

#### **The Compassionate Friends**

[www.compassionatefriends.org](http://www.compassionatefriends.org)

#### **First Candle: Sudden Infant Death Syndrome Alliance**

[www.sidsalliance.org](http://www.sidsalliance.org)

### **SHARE**

(Pregnancy and Infant Loss Support)  
[www.nationalshareoffice.com](http://www.nationalshareoffice.com)

### **Alive Alone**

(Online support community for parents who have lost an only child or all children)  
[www.alivealone.org](http://www.alivealone.org)

### **Bereaved Parents of the USA**

(Online support community for parents who have lost a child)  
[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

### Homicide:

#### **National Organization of Parents of Murdered Children**

[www.pomc.com](http://www.pomc.com)

#### **National Organization for Victims Assistance**

[www.trynova.org](http://www.trynova.org)

### Loss from Suicide:

#### **American Association of Suicidology**

[www.suicidology.org](http://www.suicidology.org)

#### **Survivors of Suicide**

[www.survivorsofsuicide.com](http://www.survivorsofsuicide.com)

### Loss of someone in the Armed Services:

#### **Tragedy Assistance Program for Survivors**

[www.taps.org](http://www.taps.org)