**Attachment 1a: WHO Questionnaire**

The Public Health Service Act provides us with the authority to do this research (42 United States Code 242k). All information which would permit identification of any individual, a practice, or an establishment will be held confidential, will be used only by NCHS staff, contractors, and agents only when required and with necessary controls, and will not be disclosed or released to other persons without the consent of the individual or the establishment in accordance with section 308(d) of the Public Health Service Act (42 USC 242m) and the Confidential Information Protection and Statistical Efficiency Act (PL-107-347).

Public reporting burden for this collection of information is estimated to average 90 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road, MS D-24, Atlanta, GA 30333, ATTN: PRA (0920-0222).

OMB #0920-0222; Expiration Date: 06/30/2015

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| I want to understand the kinds of problems you experience in your life.  By problems I mean not getting things done or not getting things done in the way you want to.  These problems may arise because of a health condition or because of the environment you live in. These problems may also arise because of the attitudes or behaviours of people around you.  Please think about the last 30 days taking both good and bad days into account.  Please keep in mind everything that makes it easier or harder to get things done.  I will begin with some questions about these things. |

|  |  |  |  |
| --- | --- | --- | --- |
| I3001 | Do you have someone to assist you with your day to day activities? | 1 Yes  5 No |  |
| I3002 | Do you use any assistive devices such as glasses, hearing aids, mobility aids [e.g. cane, crutch, wheelchair, walking frame, prosthesis or orthopaedic devices] or aids for self-care [e.g. hand, arm brace or grasping tool]? | 1 Yes  5 No |  |
| I3003 | Do you take medication for symptom control, such as for pain, sleep disturbances or high blood pressure? | 1 Yes  5 No |  |
| I3004 | Are there any assistance or modifications that make it easier for you to be at home [e.g. modifications at home], to work [e.g. accessible offices, adapted work hours], to get education [e.g. extra time for exams] or to participate in community [e.g. accessible public transportation]? | 1 Yes  5 No |  |
| **For all the questions I am now going to ask you, please take into account people who help you, any assistive devices you use or any medication you take.** | | | |

|  | | **1**  **Not at all** | **2**  **Yes, a little** | **3**  **Yes, to some extent** | **4**  **Yes, to a moderate extent** | **5**  **Yes, extreme** | **8**  **Don’t Know** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **MOBILITY** | | | | | | | |
| I3005 | Does standing up from sitting down pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3006 | Does standing for long periods such as 30 minutes pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3007 | Is getting out of your home a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3008 | Is walking a short distance such as a 100m a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3009 | Is walking a kilometre a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3010 | Is engaging in vigorous activities, such as [add country specific examples] a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3011 | Is getting where you want to go a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3012 | Does using public or private transportation pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **HAND AND ARM USE** | | | | | | | |
| I3013 | Is doing things that require the use of your hands and fingers, such as picking up small objects or opening a container a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3014 | Is lifting an object over your head a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **Once again, please take into account people who help you, any assistive devices you use or any medication you take.** | | | | | | | |
| **SEEING** | | | | | | | |
| I3015 | Is seeing things at a distance such as across the street a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3016 | Is seeing an object at arm's length a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **HEARING** | | | | | | | |
| I3017 | Is hearing soft sounds a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3018 | Is hearing loud sounds a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **PAIN** | | | | | | | |
| I3019 | Is having pain a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **ENERGY AND DRIVE** | | | | | | | |
| I3020 | Does sleep pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3021 | Is not having enough energy a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **BREATHING** | | | | | | | |
| I3022 | Does shortness of breath pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3023 | Is coughing or wheezing a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **AFFECT (DEPRESSION AND ANXIETY)** | | | | | | | |
| I3024 | Do you feel sad, low or depressed? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3025 | Do you feel worried, nervous or anxious? | 1 | 2 | 3 | 4 | 5 | 8 |
| **Please continue taking into account people who help you, any assistive devices you use or any medication you take.** | | | | | | | |
| **SELF-CARE** | | | | | | | |
| I3026 | Does getting clean and dressed pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3027 | Does eating and drinking pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3028 | Does toileting pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3029 | Does cutting your toenails pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3030 | Is looking after your health, eating well, exercising or taking your medicines a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **INTERPERSONAL RELATIONSHIPS** | | | | | | | |
| I3031 | Is getting along with people who are close to you, including your family and friends, a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3032 | Does dealing with people you do not know pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3033 | Is initiating and maintaining friendships a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3034 | Is having an intimate relationship a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **HANDLING STRESS** | | | | | | | |
| I3035 | Is handling stress, such as dealing with the important things in your life a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **Please remember to take into account people who help you, any assistive devices you use or any medication you take.** | | | | | | | |
| **COMMUNICATION** | | | | | | | |
| I3036 | Is being understood a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3037 | Is understanding others a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **COGNITION** | | | | | | | |
| I3038 | Is forgetfulness a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3039 | Does remembering to do the important things in your day to day life a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3040 | Is finding solutions to day to day problems a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| **HOUSEHOLD TASKS** | | | | | | | |
| I3041 | Does getting your household tasks done pose a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |
| I3042 | Is managing your money a problem for you? | 1 | 2 | 3 | 4 | 5 | 8 |

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|  | | **1**  **Not at all** | **2**  **Yes, a little** | | **3**  **Yes, to some extent** | **4**  **Yes, to a moderate extent** | **5**  **Yes, extreme** | **8**  **Don’t Know** | **9**  **Not applicable** |
| **CARING FOR OTHERS** | | | | | | | | | |
| I3043 | Does providing care or support for others pose a problem for you? | 1 | 2 | | 3 | 4 | 5 | 8 | 9 |
| **WORK & SCHOOLING** | | | | | | | | | |
| I3044 | Is getting things done as required at work a problem for you? | 1 | | 2 | 3 | 4 | 5 | 8 | 9 |
| I3045 | Is getting things done as required at school a problem for you? | 1 | | 2 | 3 | 4 | 5 | 8 | 9 |
|  | | | | **1**  **Not at all** | **2**  **Yes, a little** | **3**  **Yes, to some extent** | **4**  **Yes, to a moderate extent** | **5**  **Yes, extreme** | **8**  **Don’t Know** |
| **RECREATION, LEISURE, & COMMUNITY PARTICIPATION** | | | | | | | | | |
| I3046 | Is doing things for relaxation or pleasure a problem for you? | | | 1 | 2 | 3 | 4 | 5 | 8 |
| I3047 | Is joining in community activities, such as festivities, religious or other activities a problem for you? | | | 1 | 2 | 3 | 4 | 5 | 8 |
| **CITIZENSHIP** | | | | | | | | | |
| I3048 | Do you have the freedom to make choices about where you live, where you work, and who your friends are? | | | 1 | 2 | 3 | 4 | 5 | 8 |
| I3049 | Do you participate in local and community affairs? | | | 1 | 2 | 3 | 4 | 5 | 8 |
| I3050 | Do you participate in political parties and in civil society organisations, such as labour unions and non governmental organizations? | | | 1 | 2 | 3 | 4 | 5 | 8 |
| I3051 | Does living with dignity pose a problem to you? | | | 1 | 2 | 3 | 4 | 5 | 8 |
| I3052 | Generally, do you exercise your right of voting? | | | 1 | 2 | 3 | 4 | 5 | 8 |

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| I have asked you many questions about the kinds of problems you experience in your life.  I now want to ask you a few more questions even though some of them might seem to be questions I have asked you already. I would very much appreciate your answering them. |

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| --- | --- | --- | --- | --- | --- |
| **GENERAL FUNCTIONING** | | | | | |
| The next questions ask about difficulties you may have doing certain activities because of a HEALTH PROBLEM. | | | | | |
|  | | **No - no difficulty** | **Yes – some difficulty** | **Yes – a lot of difficulty** | **Cannot do at all** |
| I3053 | Do you have difficulty seeing, even if wearing glasses? | 1 | 2 | 3 | 4 |
| I3054 | Do you have difficulty hearing, even if using a hearing aid? | 1 | 2 | 3 | 4 |
| I3055 | Do you have difficulty walking or climbing steps? | 1 | 2 | 3 | 4 |
| I3056 | Do you have difficulty remembering or concentrating? | 1 | 2 | 3 | 4 |
| I3057 | Do you have difficulty (with self-care such as) washing all over or dressing? | 1 | 2 | 3 | 4 |
| I3058 | Using your usual (customary) language, do you have difficulty communicating, for example understanding or being understood? | 1 | 2 | 3 | 4 |

**Health Insurance Exchange Questions**

**E1**

|  |  |
| --- | --- |
| What kind of health insurance or health care coverage do you have? INCLUDE those that pay for only one type of service (nursing home care, accidents, or dental care). EXCLUDE private plans that only provide extra cash when hospitalized.   1. Private health insurance 2. Medicare 3. Medi-Gap 4. Medicaid 5. SCHIP (CHIP/Children’s Health Insurance Program) 6. Military health care (TRICARE/VA/CHAMP-VA) 7. Indian Health Service 8. State-sponsored health plan 9. Other government program 10. Single service plan (e.g. dental, vision, prescriptions) 11. No coverage of any type 12. Don’t Know |  |

**E2 [SKIP if E1=k or l]**

Under your health insurance or health care coverage plan, is there an enrollment fee or premium?

1. Yes
2. No
3. Don’t Know

**E3 [SKIP if E1=k or l AND E2= b or c]**

Is the fee or premium paid for this plan based on income?

1. Yes
2. No
3. Don’t Know